

EDITORIALS

OPINIONS OF GREAT PAPERS ON IMPORTANT SUBJECTS

The Rest Cure.

AFTER work comes rest. When they alternate perfectly a man may prepare to enjoy real happiness. When they alternate perfectly a man will enjoy both the work and the rest that follows it.

Nature is a just old lady. She seldom gives a man more than he needs. If he elects to live a lazy life she lets his muscles get flabby and his brain go sleepy. She never permits him to long possess a faculty or a nerve or a muscle or a sinew that he does not use.

The proper way to keep your muscles or your brains is to use 'em up and let nature provide you with a fresh supply. Nature is assisted in this work by rest. One may rest sometimes by seeking a change in labor. Labor thus becomes a recreation—recreation.

To live happily in this world it is not enough to know how to work; a man must also know how to rest. The man who knows only how to work will soon wear out. If he doesn't wear out immediately his work will suffer in some way. No man can do his best work unless he alternates it with a little play or a little rest.

A man who can't drop his work from his mind as readily as he can drop his tools from his hands had better take a few weeks off to study the rest question. His nerves are not what they should be.

If a man wishes to keep his nerve let him avoid nerves. —Pittsburgh Dispatch.

Education.

E DUCATION is good for any man or woman who accept it simply as intellectual enlightenment and as a means of intellectual pleasure. But education has an economical as well as an intellectual aspect. It gives a man or woman an appetite as well as pleasures. It creates in the individual a need and desire for brain work and a distaste for manual labor. It arouses a wish for luxuries and social position that only wealth can bring. It drives men and women into those few occupations which social prejudice leaves open to educated persons. There is no room in these professions for the crowd. Consequently, a multitude of the less competent among college graduates fall in their work and become dissatisfied.

It would be well if the higher education were confined to those only who through superior powers of mind seem fitted for it and give promise of being able to employ it in the intellectual professions. Every graduating class at every university contains a large percentage of students who barely pass the tests, and who have no natural aptitude for intellectual occupation. These are dumped upon the market with lofty ideas and insufficient ability to back them up. Education to them is a curse instead of a blessing. It makes them take up work at which they cannot succeed, and despite and shun work for which God made them. Even if they find out their mistake after leaving college, it is commonly too late to mend. The years in which they might have been learning a trade or a business are gone. They can do everything in general, but nothing in particular; and the man that succeeds to-day is the one who can do something in particular and do it especially well. —San Francisco Bulletin.

Forest fires.

I T is estimated by the United States Department of Agriculture, in its Bureau of Forestry, that the annual loss from forest fires is above \$25,000,000. The probabilities are that the present year will show an exceptional loss reaching nearly or quite double those figures. Last year, within two weeks, over \$12,000,000 worth of timber and property was destroyed by forest fires in the two States of Oregon and Washington alone. This year the loss from fires in the Adirondack region reached certainly \$10,000,000, and probably much more. The Bureau of Forestry has recently undertaken a thorough study of the fire problem, hoping to show that these terrible losses are not inevitable. The whole country has been divided into districts, and these have been assigned to investigating

agents. These agents will study the local dangers as well as general danger, and at the same time will co-operate with the Warden Systems of the States and the railroad protective systems. As soon as each section is thoroughly studied, and the problem well understood, the bureau will suggest forest-fire legislation requisite to the case in hand. At the same time the bureau is prepared to co-operate with large owners of tree lands to establish economic methods of forest cutting and forest growing. —New York Independent.

The Pace That Kills.

A CCORDING to paragraphs that appear from time to time in the papers, sometimes backed up by more or less elaborate statistics, heart disease and paralysis are increasingly prevalent and fatal. It is not to be wondered at. This is a strenuous age, so strenuous that men are hurried along with its rapid current at so terrific a speed and with such constant application to work that body and mind are taxed beyond their powers of endurance. Our grandfathers, may, even our fathers, knew nothing of the stress of life as we feel it, who are engaged in its dice struggle to-day. No wonder that often the rupture of an engorged blood vessel in the brain, or the failure of a sorely taxed valve in the heart, suddenly puts a stop to it all, and the man who thought that business must be attended to, no matter at how great a cost of hurry and wear and tear, finds some day that business has to go on without him. There are physical sins as well as spiritual sins, and many men ruin their bodies, who would not dream of doing damage to their souls. The plea of necessity is not a valid one either, for no man is compelled to sin against either his body or his soul. And yet, as we said just now, in this strenuous age it is no wonder that heart disease and paralysis are on the increase. Men rush—and drop. Other men rush past them a little farther—and drop in their turn. It would be better to slacken the pace, and hold out longer. We should get more done, and do it better. —Christian Guardian.

Reforming Funerals.

T HAT there is great need of reform in funeral ceremonies is undeniable. While it is true that some of the costly excesses of earlier days, especially the endless procession of carriages that used to block street crossings and interrupt all travel, have been abandoned, there yet remains abundant room for the hand of the judicious reformer to work beneficially. This, at any rate, is the opinion of the Atlanta Evangelical Ministers' Association, and that body of clergymen is trying to do work on the reform line. What they propose is thus summarized:

"That funeral sermons and orations be discarded; that there be no eulogy of the dead, except in extraordinary cases; that there be less extravagance in the conduct of funerals; that the practice of wearing mourning be discouraged; that no funeral services or burials be conducted on the Sabbath except in cases of emergency, and that the removal of hats at the grave be discouraged."

Not all of these recommendations will meet universal acceptance, but it would be difficult to frame a strong argument in opposition to either of them. Except in rare instances, "funeral sermons and orations" are not conducive to any good end. Many of them are positively and seriously objectionable. There is greater solemnity and dignity in funeral services that omit preaching. Extravagance in funerals ought to be repressed, and the rich should set the example. It is unseemly to make a display of wealth on such an occasion. Only an ancient custom can be pleaded in support of wearing mourning. The Atlanta Constitution gives its unqualified indorsement to the entire program of the local clergy, and closes its comments thereon with the remark that "what the world needs is more independence of precedent and more common sense in such matters. There is no danger of a material, practical age declining to give death its due in the matter of the last offices, but there is every reason why an age that discards superfluities should adopt a more sensible, consistent funeral program." —Washington Post.

FAMOUS WESTERN CHARACTER.

"Calamity Jane," Noted Woman Scout, Who Recently Died.

"Calamity Jane" is dead. She was a border character whose exploits have furnished material around which the novelist has woven Western romance. She is said to have inspired Bret Harte to write his popular story, "The Luck of Roaring Camp," in which she is alleged to have been the original of the character of Cherokee Sal. She bore the scars of a dozen

married passed a certain stage she was laid upon the shelf, and the shelf is a poor place for any human plant to retain its sap and foliage. Another foreign visitor, this time an Italian, comes forward to congratulate America on the happy aspects of her youth. Late marriage, which is so often regretted by conventional philosophers among us, seems to this Italian educator the result not only of a healthy sense of responsibility, but of the ability of our women to remain young longer than is possible in some other nations. In this secret of extending woman's youth through some additional factors, our foreign visitor finds the secret of our good fortune. "Some factors" is a big thing. It can hardly mean less than fifteen years, and yet it does not seem exaggerated. This extension of woman's youth is obtained partly by exercise and diet, but far more by wisdom and opportunity, by work, by abundance of life. The way to live long is to live much, and one of the wisest things young America has done is to throw open the doors of opportunity and of lasting youth to womanhood. —Collier's Weekly.

During her career as scout "Calamity Jane" took part in many engagements with the Indians and figured in a number of thrilling adventures. She fought in the campaign against the Nez Perce Indians in 1875, accompanied General Crook to the Black Hills, where the Sioux were threatening. In 1875, and was with Custer, Miles and Terry in the Big Horn country in 1876. In this campaign she performed the perilous feat of carrying dispatches through a hostile country. Exposure brought on pneumonia and she was granted a furlough, which undoubtedly saved her life, as not long afterward occurred the Custer massacre on the Little Big Horn.

In 1878 she was honorably discharged from the army and had since wandered from place to place in the West. She was married to Clinton Burk at El Paso in 1884 and they had one daughter. Her husband died in 1886. "Calamity Jane's" death occurred in Deadwood.

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Interests Are Too Narrow—Need for Broad Activities.

Women who grow old most quickly are those whose interests are the narrowest. Those who stay young longest are those whose minds and spirits are fed by action and by changing impressions. Those who are youngest at 30 are the most intelligent. Climate helps in the temperate zone, but that climate does little, without customs, is shown in the face of the blighted American woman who at 25 looks older than her free and enlightened compatriot at 40. One of the reasons that man has grown older later than woman is that he has had a more free and active role to play. One of the reasons that married women were formerly the only ones who had a chance of escaping early age was that when the un-

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In 1878 she was honorably discharged from the army and had since wandered from place to place in the West. She was married to Clinton Burk at El Paso in 1884 and they had one daughter. Her husband died in 1886. "Calamity Jane's" death occurred in Deadwood.

WHY THEY GROW OLD.

Interests Are Too Narrow—Need for Broad Activities.

Women who grow old most quickly are those whose interests are the narrowest. Those who stay young longest are those whose minds and spirits are fed by action and by changing impressions. Those who are youngest at 30 are the most intelligent. Climate helps in the temperate zone, but that climate does little, without customs, is shown in the face of the blighted American woman who at 25 looks older than her free and enlightened compatriot at 40. One of the reasons that man has grown older later than woman is that he has had a more free and active role to play. One of the reasons that married women were formerly the only ones who had a chance of escaping early age was that when the un-

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