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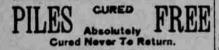


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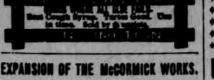
boon to sufferers. Acts like magic A boon to sufferers. Acts like magic. In reach of everybody. A home treat-ment that can be handled to perfec-tion in the most humble home. Why suffer so long when you can find out how to be cured at home by address-fing Loudon Pile Cure Co. Cordova, 12th & Penn, Kansas City .Mo.

Please mention this paper.

Some people enjoy Rheumatism or Neralgia-if they did not they would use Hamiln's Wizard Oll.

They who love melancholy live in misery.

Some people would drown with a life-preserver at hand; they suffer from Rheumatism whe nthey can get Wizard Oil and be cured.



Owing to the unprecedented demand for MoCormick machines, the McCormick Harvesting Machine Co., Chicago, has found it necessary to erect a number of new buildings to secure the larger capacity needed to meet the increased requirement. Following are the dimensions of the more important additions made to the mammoth works during 1901: Tempering room, 15x30 feet, one story high; press room, 28x40 feet, one story/ high; oil tanks, 33x57 feet, one story high; foundry, 541238 feet, one story high; blacksmith shop, 92x190 feet, one story high; malleable works, 200x320 feet, two stories high; paint and packing room, 83x60 feet, five stories high; paint mill,60x120 feet, five stories high; warehouse, 84x160 feet, five stories high; twine mill addition, 150x200 feet, six stories high. These buildings furnish upwards of tweive acres of additional floor space, which materially increases the capacity of the plant; and forty-eight acres of ground have been recently purchased for the purpose of further expand-

ing the great McCormick Works. During 1901 more than 360,000 McCormick machines were made and sold, but this enormous output was insufficient to meet the demand of the world's agriculturists. With the additions enumerated above, the capacity of the McCormick works now is one complete machine every twenty seconds, or three machines a minutesuch is the marvellous rapidity with which McCormick machines are manufactured for 1902. It requires this im mense output from the world-centre works to supply the agriculturists with machines for harvesting the grain and grass crops of the world.

Brooklyn Life: "I wonder who this man is who wants to know whether or not life is worth llving." "Oh, probably some fellow who has more money than he knows what to do with."

#### \$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh ly, acting directly upon the blood and mucous surfaces of the system, there-by destroying the foundation of the disease and giving the patient strength by building up the constitution and assisting nature in doing its work. The assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testi-monials. Address. F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c. Halls' Family Pills are the best.

### McKinley's Last Resting Place. The Food Value of Potatoes,

NCLE SAM has been prying into whole and the cortical layer \$.5 per the inner life of the humble po- cent.

tato and after a most thorough and rigid investigation declares in the year book of the department of agriculture that the potato is a deserving and extremely valuable member of the community.

Scientific investigation has shown that the practice, which has become so general, of serving potatoes with meat and other similar foods which contain liberal amounts of protein is based upon correct principles, one food supplying the deficiences of the other. Potatoes and other foods containing carbohydrates are sometimes objected to on the ground that they are starchy foods and do not supply much nitrogenous matter. It should be remembered, however, that the potato does contain a by no means inconsiderable amount of protein and further that carbo-hydrates are an essential part of a well regulated diet. The digestion experiment referred to shows that potatoes properly cooked furnish much material in a digestible form. They have been a staple article of diet for many years without harmful results and therefore the conclusion that under ordinary circumstances they are other than a useful and wholesome

food seems unwarranted. POTATO AN AMERICAN PRODUCT. The potato, called in different regions white potato, Irish potato, English potato, or round potato, was first introduced into Europe between 1589 from which theer are wide variations and 1585 by the Spanlards and after- in individual specimens. Though the ward by the English about the time of skin, cortical layer and flesh differ Raleigh's voyages to Virginia. It is somewhat in composition, they al lrecommonly believed to be a native of semble more or less closely that of the Chill. Wild potato plants closely re- whole tuber. sembling those cultivated today are still found there, though it is a fact worthy of mention that as the potato made at the Michigan agricultural exhas been modified by cultivation it periment station, this amounted to 11.5 has largely lost the power of produc- per cent when they were kept in storing seeds, and the cultivated potato age from September 20 to May 1. This differs from the wild in seidom pro- shrinkage is probably due to a loss ducing seed-bearing fruits.

When first visited by Europeaus the aborigines in Chili and adjacent regions cultivated the potato for its into the United States, especially Virginia and North Carolina, toward the not surprising that the new foodstuff should have grown rapidly into public yield, superior keeping qualities, case of propagation and agreeable flavor.

The potato tuber is in reality a modified stem, being shortened and thickened to serve as a storebause for reserve materal for the propagation of new plants. The outer skin, which is dry in appearance and usual-IT gray or brown in color, corresponds digestic ejuices and so improve the to the bark of the rest of the plant. flavor. The portion underneath the skis when exposed to the sunlight turns green and gives the plant an unpleasant made the subject of investigation. In flavor. The outer and inner skin are potatoes, as in other foods, the cooked usually removed when the potato is starch is more agreeable to the taste peeled. The fiesh makes up the bulk than raw. In the raw potato the

ITS VALUE RECOGNIZED.

It is difficult to peel potatoes so that the skin only is removed. Whether both skin and cortical layer or only the former should be called refuse in

our current sense of the word is perhaps a question. As potatoes are commonly eaten a good deal of the flesh, or edible portion, is rejected with the skins. When they are baked with the skins on the amount of edible pretion thus thrown away may be small When they are pared for boiling the amount wasted may be much larger. When they are rough from defects in growth or from shrinking or shriveling after keeping over winter the amount of flesh cut off in peeling is still larger. Just how much this loss of the edible portion of potatoes will average in the ordinary household no one can say exactly. It may be estimated at 20 per cent of the whole.

ITS CHEMICAL PROPERTIES. The edible portion of the potato is made up of 78.2 per cent water, 2.2 per cent protein (total nitrogenous matter) 1 per cent fat, 18.4 per cent carbohydrates (principally starch) and 1 per cent ash or mineral matter. Of the carbohydrates .4 per cent is made up of crude fiber and materials, which in some of their modifications constitute the cell walls of plants and gives them a rigid structure. These figures, like others for composition of food materials, represent general averages,

When potatoes are stored they undergo a shrinkage. According to tests of water by evaporation.

The potato contains some protein,but as the principal ingredient in it is starch it may be properly classed as edible tubers and had apparently long carbohydrate food. As in the case done so. It was probably introduced with all carbohydrate foods, it is chiefly valuable in the diet to supply the body with energy. The potato has a end of the sixteenth century. It is fuel value of 385 calories to the pound -that is, when burned in the body, as all foods must be to be utilized, it favor, when we remember its prolide yields energy equal to the amount named.

> COOKING THE TUBERS. The principal ways of cooking potatoes are baking, boiling and frying, or some modification of these processes The objects sought are principally to soften the tissues and render them more susceptible to the action of the

Just why cooking changes the flavor as it does has apparently never been separate starch grains are inclosed in cells with walls composed of crude The valuable qualities of the potato fiber, a material resistant to digestive If potatoes were eaten raw th

THE mound where the body of day, there is a stream of visitor William McKinley will eventual- the vault.

ly lie and above which will be the United States is in the farthest Canton, O.

Without question it is the most beautiful spot in the cemetery. Senator Charles W. Fairbanks of Indiana, tomb is built and the national hegirs. one o fthe trustees of the McKinley begins, there will be a line to the National Memorial Association, which , cemetery itself.

is raising the funds for the memorial tomb, said when he first beheld it country, comprising some sixty-five that it was "the finest spot out of doors in all the world."

Lying there William McKinley can look with a spiritual eye upon the Where are has stepped in, it has been town of Canton, whose chief glory he was; he can see from the eyrie of his monument the house where he was so leys retain their first curvings and happy and within whose stricken walls are still covered with native onks, rests his devoted widow. And as he some of giant size and all impres i. a turns his gaze over the country, it with the dignity of age and fitners. will light on the graceful little marble figure-a boy with a basket of flowers-that keeps watch and ward over the tiny graves at its feet. There is a long stretch of years between these little mounds and the great one that looks down upon them, but in all the time that elapsed from the day that he first turned and left his babies in their graves to the glad on when he lay in the same cemetery be side them, William McKinley's hear was ever asking for these little girls. Back of these pathetic little graves lie those of his father and mother and sister. Butween them-a link in death as in life-William McKinley would have reposed himself had not the love and the honor of the nation willed otherwise. Until the memorial tomb is built the

body of William McKnley will lie in the public receiving vault, where it them, was placed in September, encircled by the folds of the Stars and Stripes. This vault is a simple but effective bit of mortuary architecture. It was a gift to Westlawn Cemetery a number of years ago by Mrs. Frank Mason Werts of Canton in honor of her husband. It is of Romanesque design. constructed of rock-faced and dressed Massillon sandstone, at a cost of \$5,000. and is built into the hillside. Night and day it is guarded by a detail of United States soldiers, forty-five in number.

These soldiers find their principal occupation in warding off relic hunt- therefore, be safely estimated at \$22-Every day and all hours of the ers.

West Lawn cemetery is practically reared the memorial of the people of on the outskirts of Canton, though an active man or an athletic girl of the section of West Lawn cemetery, at day could walk it in twenty minutes. Should one care to ride the electric

Statistics and a state of the second

cars take him within five minutes of the gates, and when the memorial

West Lawn is a Sne bit of rolling acres of well diversified ground. Nature has done much for it, and, in the main, nature has been let wisely alone complement, not to contradict, as so often the case. Its hills and val-

The character and size of the m morial tomb cannot be determined, of course, until all the money has been collected. It will, however, be architecturally worthy the great dead' it honors and the still greater nation that honors him. It will typify the strength and grandeur of both; it will teach, with the enduring eloquence of stone, the lesson of good citizenship and stalwart Americanism he lived and preached, and it will show to all the countries of the earth how well this nation loves a man who loved by The McKinley National Memorial association, which has its headquarters at Cleveland, in raising funds for this memorial tomb at Canton, 0., seeks the offerings of the many rather than the gifts of the few. William McKinley was the people's president and his memorial should come from

The officers of the McKinley National Memorial association are: WBiiam R. Day, Canton, O., president; Marcus A. Hanna, Washington, vice president; Myron T. Herrick, Cleveland, treasurer, and Ryerson Ritchie, Cleveland, secretary.

Seven thousand negroes in the Creek nation own 1,120,000 acres of land. Under any form of government which would permit of improvements being made this land would sell in the open market for an average of \$20 an acre. The wealth of those 7,000 negroes can, 000,000.

## Some Queer Superstitions.

THE most persistent superstitions | unlucky, and the children cry in the world are those that are they hear him cawing, "Eat your based upon the habits of ani- head whole" The crow, in fact, has the distinction of being almost the male

In this country Maryland is, per- only member of the animal kingdom haps, the most credulous state with who has a sinister reputation in all regard to animal portends and be- lands. Even the snake fares better liefs. If one is walking at night and In Turkey the partridge is determined a spider web brushes the face it is because once it betrayed the prophet supposed to mean that a ghost is to his enemies, and its legs are rea following, but in the daytime it tells because they were dipped in the

Established 1878 Hides, Pelts, The Oldest Hide House in Nebraska, Furs, Wool. Pays the highest market prices no commission charged prompt returns. THOS, McCULLOCH DIE Q Street. Lincoln, Nebr. of the potato.

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#### COUNTRY PUBLICHERS CO., OMAHA, Vol. 5-No. 3-100

Obloage Tribune: The irritable maswaking from nap and bearing no not sirs, called out to his daughter: mes here five or six evenings in the rek, knows what I think of him?" Tes, sir," answered the cheerful voice of a young than in the hall below. "I think he does."

When you have learned to be a true your home, heaven will take

Rev. W. A. Bartlett of Chicago 4 aday distributed among his congre ration a fine set of half-tone pictures which are to Minstrate a series of serment be will preach. The first peture a, I wonder is that make whe squire of a Caddleigh whe here five or six evenings in the by W. A. Bouguereau, entitled "The knows what I think of him?" Mother and Child."

> "Loslie M. Shaw," says a friend a the new cabinet official, "will be the David Harum of Roosevelt's administration. What I mean is that Mr. Shaw is a natural born man of affairs and the personification of shrewdness

are early records of attempts to determine its food value by means of ported "experiments and observations on the constituent parts of the potato ] ront." alyses of the potate, as did also Vauquelin in 1817. In America analyses of the potato were reported some fitty years ago by Emmons. These investigations were useful at the time although they were not made by the

method usually followed today. This was necessarily the case, as the subject of the chemistry of nutrition is of comparatively recent growth.

In later years many studies of the omposition and fodo value of the potate have been made in this and othe countries. As shown by recent analyes, the skin of the potato constitutes

digestive juices would not reach the starch as easily unless the cell walls chemical analysis. In 1795 Pearson re- happened to be ruptured mechanically, as in mastication. To obtain the highest food value po-Einhof in 1805 published an- tatoes should not be peeled before

fore cooking and placed directly in hot water and boiled rapidly less loss of material is sustained than when they are cooked in water cold at the start. The wholesomeness of potatoes cooked in different ways is largey a matter which each must decide for himself the general experience being that for men in health most of the

methods followed are satisfactory. Congressman Eddy of Minnesota

"Do you really think one commits

Father-What is that soft, scratch;

After the dance is through,

Baough for a year or two

souther. In his seconditions way.

tin't." ventured N. Pork. "She's al-

Which would you rather do. Jer

"Her eres, of course,

er, kiss a girl on her lips or on her

Professor (to new student)-- You man

"That's our church. It's orful 'ich

"This is surely the latest wrinkle.

'as mating." "Hor, that sin't nuf-

have to do it twice to sover

Woman." began the corafed phil

10.7

7.00

the

After the ball is over.

Come dressmaker bills,

eresture of many moods."

And deutor's pills.

ways in the imperative."

8786 ....

round."

says that a congressman does not earn \$5,000 a year. He ought to know, as on an average 2.5 per cent of the he is serving his fourth term.

## Island Inhabited By Cranes,

WHO ever heard of a piece of on the adjacent islands Crane Island land deed to animal or fowl? will go down to posterity as one spot Yet such has been done by on earth to sucred to the crane and popular consent. In Minnesota there his progeny,

a picturesque island that is uninhabited by man and given up to sin to ride a blcycle?" "Well, I've seen When the Indiana held full cranes. bicycle riders who were far from upsway these birds decided upon this right. spot for a summer resort. As time went on and no white man had the noise in the next romo, which sounds temerity to disturb them they became tole owners, until now this island is like something ripping? Mother-Oh. pointed out from passing boats as one that's Maria learning to scratch match on her bloomers of the curionities of the country.

It is estimated that three thousand oranes make their home there in the mmmer season, and they out be seen wading out in the water, ducking their ong nochs, and heard emitting a peular speak to wars off intruders.

The nexts are made of very large tioks, are often the size of a bushe sasket, and are usually built on some substantial tree. In the years that and since this region was first ALVE DO settled by white men only one or two attempts have been made to land on the mland, and these have resulted disantronely.

One man, more venturesome take that chair. Student-Please, sir, the rest, captured with difficulty a young crane and carried home. When where do you wish me to take it? hibiting his trophy to the family the dignant bird thrust out its long fink. We 'as carpets. beak, and before its captor guesse its intention plucked out his eyes sald Miss B- as she put some or These birds guard their property so alously that though elegant summer plexion salve to a new place omes have been erected all around cheek

tells disaster, but a cat coming to the house is an omen of good import. The neigh of a horse is a portent of cooking. When potatoes are peeled bedeath, which will come from the quarter to which his head is pointing when he neighs.

A curious and inexplicable proverb says: "It is good luck to see Mr. Elephant swing on Mr. Rabbit's eyetooth the 'Three Night's Ball.' The hair of a dog, the skin of snake and the pelt of a black cat are believed to possess medicinal qualities.

while the handling of a toad is said to give warts.

German-Canadians are full of superstition. A white spider, crawling toward one, the howling of a dog, the neighing of a horse, the sight of a

anake are the portents of death. The killing of a toad or the crowing of a hen foretells rain. "If the wild geese By high look out for a gale."

has the power of seeing ghosts.

To kill a spider on one's person means HI luck.

If the cat washes her face it means that visitors are coming. "If a bee sting kills him, the wound will not swell."

The back tooth of a hog and the blood of a black hen have curative powers.

In New England the sallors carry as a talisman a bone taken from i living turtle, a pebble from a fish hawk's nest, or a small bone from the head of a cod.

In Newfoundland and Labrador eramps are said to be guarded against by earrying a cod's head or a bone from a' haddock, eaught without touching the boat.

In Toxas superstitious people earry a small bone from a fish's head, but the luck only comes after the charm has been lost.

In Massachusetts the most common tallamane are the claw of a erab and the left hind elaw from a crow's foot. Superstitious New Terkets carry a email round voal bone for good luck.

Mentucky negroes believe that the enterpillar brings fever.

Perhaps Asia Minor is m these crude and interesting fancies than any other country. When children hear an owl booting from the cypress groves they cry, "Good news for us; good messages for you." If they catch an owl they hold it up by the beak and chant, "Palm Sunday owl, how does your mother dance?

The meaning of the rite is lost, but the habit lingers. The crow is here looked upon

that a stranger is coming. It is wide- blood of Hassan. If a man kille ly believed in Maryland that a horse panther he is imprisoned for 24 hours and then is handsomely rewarded A black cat crossing one's path fore- The crane is respected, and it is a crime to kill it.

Poland has a wealth of animal saperstitions. The goat is there considred the best harbinger of luck, while the wolf, crow and pigeon are looked upon as unlucky. The skin of a car worn on the chest, is alleged to rune consumption. "To cure cataract in the eye, take a black cock, make him look at the sun, look at it yourself, then throw the cock on the ground, jump on a fence and crow three times."

In Lincolnshire the belief is current that the wearing of a toad's breast bone commands the obedience of all animals. To keep witches away they stick an animal's heart full of pins and keep it in the house as a tallsman.

#### HE HADN'T THOUGHT OF THAT.

Our ranking in the world, depends on what we do, not on what can do, and so a shabbily dressed young man discovered when he applied to the manager of a large department store for employment.

"What can you do?" asked the manager abruntly.

"'Most anything," answered the applicant.

"Can you dust?" "Yes. Indeed."

"Then why don't you begin on your bat?"

The young man hadn't thought of that.

"Can you clean leather goods" "O, yes."

"The uit's carelessness on your part that your shees are not clean." The young man hadn't thought of that, either.

"Well, ean you serub?

"Yes, indeed, was the rapid.

"Phen I can give you something to

to. Go out and try your strength on that collar you have on. But don't come back.

American delegates who represe us at the Methodist Beumenical Connow far the British Westerans are behind our Church on the question of drinking and selling intoxicante. There are English ministers who have be and wine on their tables, local preach ers who keep "public houses," or sa loons, and young Church members both sezes who "tend bar."

If your religion does not sanctify your life your life will secularise yo religion.