"It Seems as Though my Back Would Break."

Is it not true? Women suffer, feel the very life crushed out of them, grow old before their time. Each morning wake up determined to do so much before the day ends, and yet—

Before the morning is very old the dreadful BACKACHE attacks them, the brave spirit sinks back in affright; no matter how hard they struggle, the "clutch" is upon them and they fall upon the couch crying:

"Why should I suffer so? What can I do?"

The answer is ready, your cry has been heard, and a woman is able to restore you to health and happiness.

Backache is only a symptom of more fatal trouble—heed its warning in time.

Lydia E. Pinkham's Vegetable Compound will stop your torture and restore your courage. Your pains come from unnatural menstruation or some derangement of the womb. Let those who are suffering read Mrs. Morton's letter and be guided by her experience.

AN OPEN LETTER TO WOMEN.

"DEAR MRS. PINKHAM:—I have been so delighted with **Lydia E. Pinkham's Vegetable Compound** I thought I would write and thank you. My system was entirely run down. I suffered with terrible backache in the small of my back and could hardly stand upright; was more tired in the morning than on retiring at night. I had no appetite. Since taking your Compound I have gained fifteen pounds, and am gaining every week. My appetite has improved, have no backache, and I look better than I ever looked before.

"I shall recommend it to all my friends, as it certainly is a wonderful medicine."—MRS. E. F. MORTON, 826 York St., Cincinnati, O.

When a medicine has been successful in restoring to health more than a million women, you cannot well say, without trying it, "I do not believe it will help me." If you are ill, don't hesitate to get a bottle of Lydia E. Pinkham's Vegetable Compound at once, and write Mrs. Pinkham, Lynn, Mass., for special advice—it is free.

$5000 REWARD Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank, of Lynn, Mass., $5,000, which will be paid to any person who can show that the above testimonial is not genuine, or was published before obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

WINCHESTER

GUN CATALOGUE FREE

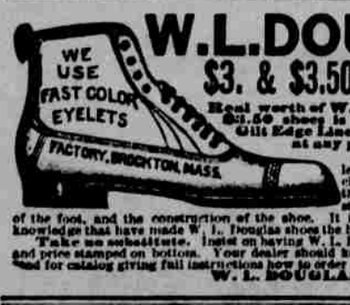
Tells all about Winchester Rifles, Shotguns, and Ammunition

Send name and address on a postal now. Don't delay if you are interested.

WINCHESTER REPEATING ARMS CO.

120 WINCHESTER AVENUE . . . . NEW HAVEN, CONN.

W.L.DOUGLAS $3. & $3.50 SHOES UNION MADE.



Real worth of W. L. Douglas $3 and $3.50 shoes is $4 to $5. My $4 Gilt Edge Line cannot be equalled at any price.

It is not alone the best leather that makes a first class shoe it is the brains, that have planned the best style, lasts a perfect model of the foot, and the construction of the shoe. It is mechanical skill and knowledge that have made W. L. Douglas shoes the best in the world for men. Take no substitute. Insist on having W. L. Douglas shoes with name and price stamped on bottom. Your dealer should keep them, if he does not, send for catalog giving full instructions how to order by mail.

W. L. DOUGLAS, Brockton, Mass.

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED

FARMS IN WESTERN CANADA FREE

If you take up your home in Western Canada, the land of plenty. Illustrated pamphlets, giving experiences of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Bldg., Omaha, Neb.

$50 REWARD will be paid for a case of backache, nervousness, sleeplessness, weakness, loss of vitality, incipient kidney, bladder and urinary disorders that can not be cured by

KID-NE-OIDS

the great kidney, liver and blood medicine. 50c At all Druggists. Write for free sample. Address KID-NE-OIDS, St. Louis, Mo.

When Answering Advertisements Kindly Mention This Paper.

W. N. U.—OMAHA No. 20—1901

Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

An actor's ripe experience doesn't prevent his getting green from jealousy.

Private Mailing Card.

Private Mailing Card with colored views of scenery on the Chicago, Milwaukee & St. Paul Railway sent on receipt of ten (10) cents in stamps. Address F. A. Miller, General Passenger Agent, Chicago, Ill.

The inventor of tailor-made garments furnished us with proof that figures will lie.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa.

No man can stand on top because he is put there.

Nature's Priceless Remedy DR. O. PHELPS BROWN'S **PRECIOUS HERBAL OINTMENT** It Cures Through the Pores Address Dr. O. P. Brown, 90 B'way, Newburgh, N.Y.

Rheumatism, Neuralgia, Weak Back, Sprains, Burns, Sores and all Pain. Special Get it of your druggist, 25c. If he does not sell it, send us his name, and for your trouble, we will Send You a Trial Free.

For Top Prices Ship Your GAME AND POULTRY To Headquarters G. W. Behen & Company, Butter, Eggs, Veal, Hides and Furs. Potatoes. Onions in Carload Lots. Omaha, Nebraska.

WHY WOOLEN GOODS BAG.

Carelessness in the American Manufacturing Process Is the Cause.

Nearly all woolen goods, especially those made in America, have the reputation of bagging at the point of greatest strain when made into garments and in some cases tailors make it a point to call their customers' attention to the fact that they will not guarantee American-made goods from bagging at the knees and elbows, at the same time bringing forth a piece of goods that they claim to be imported, and which they will guarantee against bagging for a limited time. In some cases the goods are of foreign manufacture, but as often they were made in the United States, but by claiming to have imported them a better price can be obtained and bagging is the means used to induce the customer to pay the higher price. In some instances the claim in just that certain goods will become baggy when subjected to the strain of wearing, but it is unjust to claim that all American woolens will bag. There are various reasons why American goods or any other make will bag, the principal ones being improper mixing of stock, soft twist and defects in weaving. In order to cheapen the cost the goods of wool are mixed and if the operation is properly performed the goods will not bag, but if the various grades are not thoroughly incorporated bagginess will result, for the cheaper grades have very little felting properties, while the grade that does possess felting properties is intended to close up the fibers during fulling, so that all danger of bagging will be removed. Thus if one grade lacks felting properties, the second is medium and the third is good, the stock must be uniformly mixed or some parts of the finished fabric will be loose in texture, while other parts will be well felted. On the cheaper grades of fabrics there is no pretense of claiming that they will not bag, owing not so much to errors in manufacturing as to the substitution of inferior stock. With the high grade of goods made for men's wear with a fair grade of stock bagginess can be prevented by careful attention to the various details of manufacturing.—Chicago Chronicle.

PARIS IS DRINKING MILK.

Has Taken to the Lacteal Fluid as a Substitute for Absinthe.

Paris is rapidly becoming the greatest milk-drinking city in the world. The increase of the milk habit has recently called for extended comment from the local press. It has now become the habit of Parisians to drink a glass or two of milk at the period before dinner known as the "aperitif" hour. The change that has gradually been wrought in substituting milk for absinthe is said to be owing to the increase in open air exercise among Frenchmen, which produces a "craving for milk rather than for liquor." Most of the cafes, particularly those on the way to the Bois, are now supplied with sealed bottles of milk, and in some places a cow is kept in the window, with a sign informing the thirsty bicyclist or automobilist that "milk made on the premises is the purest in Paris." Under these circumstances it is natural that the subject of milk adulteration is just now receiving the attention of the health authorities of Paris, and Dr. H. De Rothschild has recommended that special inspectors be employed to examine all milk sold, although he deems that the danger of tuberculosis infection from milk drinking is really less than is commonly imagined. On the other hand, he showed that Paris milk is adulterated to a great extent and is full of impurities. He further recommends that a measure should be instituted making it obligatory to have all milk sterilized according to the Pasteur method.—Paris Corre. Chicago Chronicle.

Where Sarsaparilla Comes From.

During the summer many boys and girls—and grown people, too—line up before the soda fountains in our cities and call for sarsaparilla without stopping to think, and perhaps without knowing what that extract is that gives a rich brown color to the beverage. Sarsaparilla is taken from the root of several species of smilax, a great vine that grows in South American forests. Jamaica, Mexico and Central America also export quantities of the smilax or the extract. One species of smilax grows to prodigious size in the great forests of the valley of the Amazon, and the Indians of that region sell large quantities of it to white merchants. The Indians dig the root of this smilax, which sometimes reaches nine feet in length, growing horizontally from the stem. It is then dried and is usually shipped in that state, the sarsaparilla being extracted by manufacturers. These Indians of the Amazon, however, although far down in the scale of civilization, place great faith in the medicinal qualities of the juice, and perhaps the nature of the region in which they abide is responsible for this. They show much skill in extracting the sarsaparilla, which is done through a process of boiling.

Detective's Scheme Worked Well.

A detective was recently employed by one of London's West End clubs to discover a certain pilferer, who had caused much annoyance to the members by helping himself to cigars and other articles from their overcoat pockets. The disciple of Sherlock Homes smeared a number of cigars with aniline dyes, placed them in the pockets of several overcoats, and next morning carefully scrutinising the mouths of the club servants, with the result that the culprit was found and persuaded to confess.

You'll find watered silk in the dry goods department and dry champagne among the wet goods.

A Month's Test Free.

If you have Rheumatism, write Dr. Shoop, Racine, Wis., Box 143, for six bottles of his Rheumatic Cure, express paid. Send no money. Pay $5.50 if cured.

Where they pay attention to the little things—in the orphan asylum.

California Rates Open to Everyone.

The low rates to San Francisco which the Burlington Route has made for the Epworth League meeting in that city in July are open to everyone. They are the lowest ever known. From Omaha, for example, the round trip rate to San Francisco will be only $45. Return limit, August 31. Through cars will be run and stop-overs allowed, going and returning.

It is not too early to make your plans for the trip. To obtain full information about it write to J. Francis, General Passenger Agent, Burlington Route, Omaha, Neb.

A man can be too confiding in others, but never too confident in himself.

The well posted druggist advises you to use Wizard Oil for pain, for he knows what it has done.

Astronomy has nothing to do with the way one theatrical star eclipses another.

Try Grain-O! Try Grain-O!

Ask your Grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. ¼ the price of coffee. 15c and 25c per package. Sold by all grocers.

Many an old toper who has never been in Cork has seen a great many drawings of it.

South Dakota Farms

Is the title of an illustrated booklet just issued by the Chicago, Milwaukee & St. Paul Railway, descriptive of the country between Aberdeen and the Missouri River, a section heretofore unprovided with railway facilities, but which is now reached by a new line of the Chicago, Milwaukee & St. Paul Railway. Everyone contemplating a change of location will be interested in the information contained in it, and a copy may be had by sending a two-cent stamp to F. A. Miller, General Passenger Agent, Chicago, Ill.

After effect—the kind word that makes a dog's tail wag.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Most appropriate name for a dentist—Phil Pullman.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Youth has a perseverance all its own, but the trouble is it never knows when to stop.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

There are no elevators in the house of success.

Drugs have their use, but don't store them in your stomach. Beeman's Pepsin Gum aids the natural forces to perform their functions.

There's no egg so large that it cannot be beaten.

Big Cameras Barred at Buffalo.

"Camera fiends" who are intending to take everything in sight at the Pan-American exposition will do well to remember that the regulations restricting the use of cameras on the grounds of the Pan-American exposition, under the concessions granted to a private party, provide that no camera exceeding four or five inches shall be allowed within the gates. Stereoscopic cameros and tripods will not be admitted under and circumstances. The fee for the admission of cameras four by five inches or under will be 50 cents for a day or $1.50 for a week.

A man can be too confiding in others, but never too confident in himself.

Hall's Catarrh Cure

Is a constitutional cure. Price, 75c.

A mock trial—the mimic's first appearance.

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

Sometimes a man thinks himself a rare genius, but his neighbors call him "half baked."

Ask your grocer for DEFIANCE STARCH, the only 16 oz. package for 10 cents. All other 10-cent starch contains only 12 oz. Satisfaction guaranteed or money refunded.

FRAGRANT **SOZODONT** a perfect liquid dentifrice for the **Teeth and Mouth**

New Size SOZODONT LIQUID, 25c
SOZODONT TOOTH POWDER, 25c
Large LIQUID and POWDER, 75c
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At all Stores, or by Mail for the price.
HALL & RUCKEL, New York.

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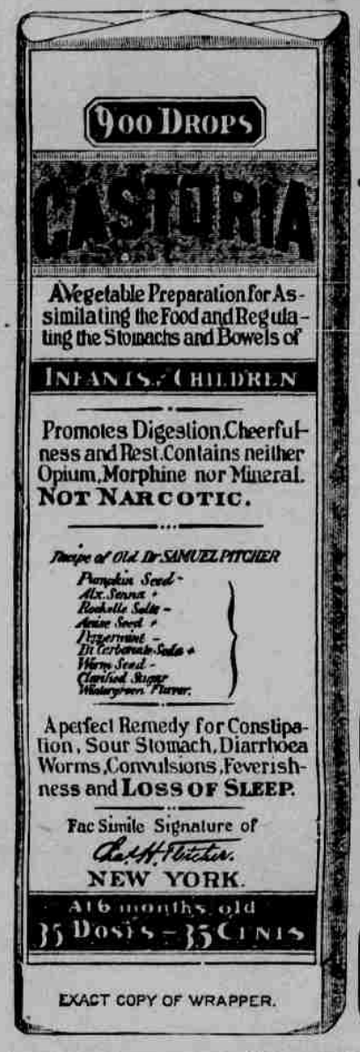
Keep Out the Wet

Sawyer's Slickers

Sawyer's "Excelsior Brand" Suits and Slickers are the best waterproof garments in the world. Made from the best materials and warranted waterproof. Made to stand the roughest work and weather. Look for the trade mark. If your dealer does not have them, write for catalogue. H. M. SAWYER & SON, Sole Mfrs., East Cambridge, Mass.

SIXTY DOLLARS worth of staple goods free to one intelligent man or woman in every county of the U. S. Write quick. NEW JERSEY MFG. CO., Jersey City, N. J.



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CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher.

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

POOR LITTLE JOHNNY! AND HIS "TUMMY"!

Small boys, and many times large ones, and occasionally girls, too, big and little, suffer terribly from convulsive pains or "cramps" in the bowels and stomach—pain so violent that it "doubles up" the ones attacked, and makes it impossible for them to stand up.

Some people call it colic, but most honest, plain-spoken people call it "belly-ache" and very properly, for the seat of the trouble is in the bowels, and caused by the violent efforts of the bowels to rid themselves of something which doesn't belong there. The small boy usually gets it from over-eating or from eating forbidden fruit, and suffers mostly in the summer time.

It's spring now, and "in times of peace, prepare for war." Let the boys and girls and the big folks, too, for that matter, clean out the clogged channels filled with winter bile and putrid undigested food, strengthen the 30-feet of bowel canal, liven up the liver, and "summer belly-aches" will have no terrors, because they won't happen. The way to make the body ache-proof is to use *CASCARETS*, gentle, sweet, fragrant *CASCARETS*, the perfect system cleaners and bowel strengtheners. For fear that anybody in the family should ever be attacked by belly-ache, keep a box of *CASCARETS* in the house always, and remember that all pains and troubles in your insides are

QUICKLY CURED BY

Cascarets LIVER TONIC

BEST FOR THE BOWELS

10c. 25c. 50c.

ALL DRUGGISTS.

NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go buy today, two 50c boxes, give them fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start to-day. Health will quickly follow and you will bless the day you first started the use of CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.