

Only Thirty and Gray

How is this? Perhaps sleepless nights caused it, or grief, or sickness, or perhaps it was care. No matter what the cause, you cannot wish to look old at thirty. Gray hair is starved hair. The hair bulbs have been deprived of proper food or proper nerve force.

Ayer's Hair Vigor

Increases the circulation in the scalp, gives more power to the nerves, supplies missing elements to the hair bulbs.

Used according to directions, gray hair begins to show color in a few days. Soon it has all the softness and richness of youth and the color of early life returns. Would you like our book on the Hair? We will gladly send it to you.

Write us!

If you do not obtain all the benefits you expected from the Vigor, write the doctor about it. He may be able to suggest something of value to you. Address, Dr. J. C. Ayer Co., Lowell, Mass.

In Other Words, to Hibernians.
Mrs. Wallace—it is the ambition of your life, I suppose, to do without work. Perry Pateatic—Not to do, mum; to be.

The Spanish Way.
"Stand by your guns!" the captain said. "Stand till the last brave man falls dead!" For well the captain knew, that day, that Spain owed eight or nine months' pay to each of these ragged, bleeding men, and never wanted to see them again!

The Best Time.
No autumn or winter is so good but may be had for Rheumatism. The worst time for it is the best time to buy and use St. Jacobs Oil to cure it, because it cures promptly.

A Comforting Test.
The late Mayor Howland, of Toronto, called one day on a poor, sick woman and as usual read a portion of scripture and offered prayer. On leaving he named a passage of scripture which he thought would give comfort. The husband of the sick woman was incensed that Mr. Howland should have left no more substantial evidence of sympathy and gave expression to his anger in vigorous language. After a little the Bible was opened again, and a \$10 bill was found. The angry man went at once to Mr. Howland and offered his humble apologies, and at the funeral of his benefactor there was not a more sincere mourner than the one who had failed to understand that there is more than one way of bestowing charity.

Dr. Thomas Popham, Philadelphia:
Your Popham's Asthma Specific has nearly cured me. I have been afflicted with asthma since infancy, (29 years). For two years previous to the use of your medicine the disease had become periodical, coming on every morning in severe paroxysms. I used every asthma medicine I heard of, without success. I had become very weak and disheartened; had almost despaired of receiving any benefit from medicine; saw your medicine advertised in the paper and sent for some immediately; used it twice a day for one year, and have had but one paroxysm for the past six months. Yours truly,
ADDIE ELLIOTT,
Sheridan, Iowa.

There is a bold ridge of gray volcanic mountains in the Cape Verde Islands, the crest of which is said to form an exact likeness of George Washington.

How's This.
We offer One Hundred Dollars reward for any case of cataract that can not be cured by Hall's Cataract Cure.

F. J. CHENEY & CO., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm. **WEST & THOMAS, Wholesale Druggists, Toledo, O., WARD, KINGS & MARVIN, Wholesale Druggists, Toledo, O.**
Hall's Cataract Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all Druggists.

The Tattler.
Elizabeth Brewer, who died near Kingston, Ont., not very long ago, was said to be the oldest Quakeress in the country.

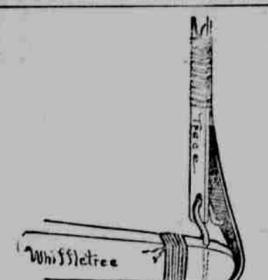
The prohibitionists of Idaho have nominated for governor of that state Mrs. L. P. Johnson, a business woman of Idaho Falls.

Mr. Edward Harris, who resides near Richmond, Mo., gave birth to twin boys a few weeks ago. She has given birth to twins seven times, and all are living. Mrs. Harris is 53 years old.

FARM AND GARDEN



Cultivating in an Orchard.
Young fruit trees greatly need to have the soil about them cultivated. In working about trees, however, the whitetree is almost sure to bruise the bark, sometimes quite spoiling the tree, unless the greatest care is exercised. The cut shows a neat little device for avoiding this difficulty. A bit of old



Whiffletree trace is tied to the whitetree and carrier about its end, as shown. It is then tied to the tree, when it will prevent the whitetree iron or wood from bruising the bark of any tree it happens to strike. The importance of preventing injury to young trees is recognized by but few. If badly hurt, the tree never fully recovers.

Farm Poultry Houses.
It is much better where large numbers of fowls are to be kept to build several houses for them, and to make them light enough so that they can be drawn on a stone sled from place to place, thus avoiding contamination of soil and the disease which will almost certainly follow if the same land is used for a hen run. From twenty to thirty hens are enough for a single house. If more are kept they will be in each other's way, and it will be strange if egg eating or other bad habits do not become contagious among them. The most important thing about the location of the poultry houses is that all the land around them shall be underdrained. This will enable the plow or cultivator to be used almost any time when the ground is unfrozen. Drained land is much dryer for poultry than the hill-side or knoll which is often recommended for that purpose.

Houses for Winter.
The cut shows a method of securing great warmth in a house that can be used either for poultry or for the storage of fruit in winter. An excavation



is made in a side-hill, as shown in the first picture. A stone foundation wall is then laid and the house shown in the second illustration erected. Not a great amount of excavating is required, as the earth that is thrown out helps build up the bank that is to protect the house on all sides. A drain laid below the



foundation, and brought around to the south entrance, will take care of the water that comes down from the higher ground.

Late Pigs.
Pigs farrowed during September will get a good start before winter. Late pigs are liable to be checked by severe cold. The most profitable pigs, however, are those farrowed in the spring and slaughtered late in the fall, as they need not be kept over winter. Farmers do not now give much attention to raising pigs farrowed in the fall unless they are patrons of a creamery and have an abundance of material for feeding, which only the pigs will consume.

During Corn's Feel.
It is a mistake to suppose that only after corn has grazed it is fit to be saved for seed. It will grow equally quickly if in the milky stage, provided due care is taken to dry it out before it is frozen. This utriple corn loses a great deal while drying, and makes a very shrunken appearance. But the germ is in it, and it will sprout more quickly than grain that has a larger amount of starch. But the germ is not so strong as that from well-ripened corn that has been well cared for, and the latter is therefore always to be preferred in saving seed. There are some

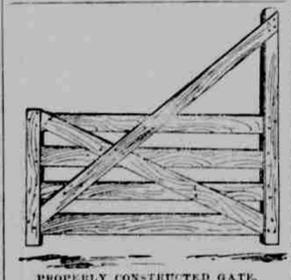
times seasons when it is hard to find well-ripened corn for seed, and it may interest some to know that utriple corn can be used for seed in such cases.

Harnesses to Fit Horses.
Whenever a horse is sold the harness in which it has been used to working ought always to go with the bargain. No two harnesses were ever made to fit alike, and especially where the pressure comes on the shoulder or neck in drawing. The skin under the old harness has been gradually toughened by pressure on one spot. But with the new harness the pressure is shifted. It may be only an inch or two, but it comes where the skin is tender and will quickly break when exposed to the collar. If the whole harness cannot go, be at least sure to secure the collar with any new horse purchased, so that the animal can work without being tortured. The collar once used for one horse never ought to be used for another.

Uncleanly Milking.
The souring of milk is caused by bacteria which are in the dirt on the cow's udder, milkers' hands, pails, strainer and cans and in the dust in the air. Under favorable conditions these bacteria double every twenty minutes, and a single germ in a pail of warm milk increases to eight germs in an hour, sixty-four in two hours, 4,096 in four hours, and at the end of twelve hours, if the growth was unchecked, it would require eleven figures to write the number of bacteria springing from a single germ. With careless milking 500,000 germs have been found in a cubic inch of fresh milk.—United States Bulletin.

To Propagate Gooseberries.
Gooseberries are propagated to some extent by cutting, but generally by layers. The earth is heaped in a mound around the bushes and the young sprouts will strike roots. They should be planted in rows 4 by 4 on a rich heavy soil, well cultivated and heavily pruned. The fruit grows on the buds formed on a 2-year-old wood, and on spurs and buds of older growth. Pruning should be directed to cutting back the new growth and occasionally cutting out extra shoots. Some cultivate in low tree form, but the shrub form is the more natural way of growing.—Denver Field and Farm.

A Gate that Will Not Sag.
Most farm gates begin to sag at the outer end after a little use, thus caus-



ing oftentimes much inconvenience. If the upright at the hinges can be kept rigidly in place there is no reason why a gate should sag if it is properly constructed. A proper construction is shown in the accompanying illustration, two braces being used, both of which hold the outer end of the gate rigidly in place. Farm gates are often made of material too light to be strongly pinned at the ends of the bars. This is a mistake, as secure pinning is necessary in order to give the braces a chance to do their work.

Orchard and Garden.
Look out for the black knot on the plum trees.
Cherry culture is the simplest of all fruit culture.
Wood ashes is a valuable fertilizer for the raspberry.

Worm fruit in the orchard is the best disposed of by sheep.
Cutting of roses may be made as the wood acquires firmness.
Cut out every cane affected with rust among the blackberries.
Cutting out is about the only sure remedy for the peach borer.
Old bones buried near trees or grape vines will have a good effect.
Luck in planting is the result of good common sense and judgment.

In budding, the seasons should always be of the current season's growth.
Cut off and burn all branches found affected with the tent caterpillar.
Clear the raspberries and blackberries out well, treating all useless sprouts as weeds.
Every farm should have one orchard for home purposes, proportioned to the needs of the family.

A mound of earth built up hard and sharp around the stem of young trees will help to protect them from mice.
The orchard may be made to serve two purposes, one the production of fruit and the other as a range for poultry.

If the trees need pruning, it is easier to prune as soon as the necessity shows itself than after several seasons of neglect.

It is rather poor economy to produce fine fruit, and then, by bad packing and careless marketing, lose the proper reward.
Where the old berry canes are removed in the fall always burn them, to destroy any disease or insect pests that may be on them.
Plants that appear healthy and yet make no growth are very often starved. Give them a good mulching of manure after stirring the ground.

One objection to late cultivating both in the orchard and among small fruits is that it tends to induce a late growth that does not have time to ripen.
A good shaped tree has much to do with the appearance of the orchard and the earlier they are looked after the easier will be the work of properly caring for them.

THREE HAPPY WOMEN.



Each Relieved of Periodic Pain and Backache. A Trio of Fervent Letters.

Before using Lydia E. Pinkham's Vegetable Compound, my health was gradually being undermined. I suffered untold agony from painful menstruation, backache, pain on top of my head and ovarian trouble. I concluded to try Mrs. Pinkham's Compound, and found that it was all any woman needs who suffers with painful monthly periods. It entirely cured me.—Mrs. GEORGE WASS, 923 Bank St., Cincinnati, O.

For years I had suffered with painful menstruation every month. At the beginning of it was impossible for me to stand up for five minutes, I felt so miserable. One day of Mrs. Pinkham's was thrown into my lap, I sat right down and read it. I then got a box of Lydia E. Pinkham's Vegetable Compound and can heartily say that to-day I feel like my monthly suffering is a thing of the past. I always praise the Vegetable Compound done for me.—Mrs. MARGARET ANDERSON, Lewiston, Me.

menstrua more than little book house, and some of Lydia Liver Pills. I a new woman; past. I shall for what it has 363 Lisbon St.

Lydia E. Pinkham's Vegetable Compound has cured me of painful menstruation and backache. The pain in my back was dreadful, and the agony I suffered during menstruation nearly drove me wild. Now this is all over, thanks to Mrs. Pinkham's medicine and advice.—Mrs. CARRIE V. WILLIAMS, South Mills, N. C.

The great volume of testimony proves, conclusively that Lydia E. Pinkham's Vegetable Compound is a safe, sure and almost infallible remedy in cases of irregularity, suppressed, excessive or painful monthly periods.

"The present Mrs. Pinkham's experience in treating female ills is unparalleled, for years she worked side by side with Mrs. Lydia E. Pinkham, and sometime past has had sole charge of the correspondence department of the great business, treating by letter as many as a hundred thousand ailing women during a single year."

Lydia E. Pinkham's Vegetable Compound: A Woman's Remedy for Woman's Ills

Mrs. Ingersoll's Explanation.
A good story is told of the wife of Col. Robert Ingersoll. She was recently spending an evening with a friend. About eight o'clock, after ineffectually attempting to smother several yawns, Mrs. Ingersoll apologized as follows: "You really must excuse me, but you know, dear, that I have accompanied the colonel on a recent lecture tour and have in consequence got into the habit of falling asleep at about eight o'clock every evening."

Uncle Sam's War Month.
April is a month made notable by great events in American history. The first great struggle for American liberties broke into hostilities at Lexington and Concord about the middle of April, 1775; the war between the confederate states and the United States began in April, 1861; in April, 1862, Farragut captured New Orleans, and in April, 1865, came the surrender of the army of Northern Virginia at Appomattox Courthouse.



"No use for a duster—there's no dust on Battle Ax Plug. It sells too fast!"

Every dealer who has handled Battle Ax knows this to be a fact. There is no old stock of Battle Ax anywhere:—nothing but fresh goods, as Battle Ax sells five times more than any other brand in the world. All who chew it never change.

Remember the name when you buy again.

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SAPOLIO



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A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
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For Infants and Children.
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FISO'S CURE FOR GOUTS WHEN ALL ELSE FAILS.
Best Gout Remedy. Tastes Good. Use in Teaspoon. Sold by Druggists.

CURE YOURSELF! Use Big 50 for unusual discharges, inflammation, irritation or soreness. In a case of gonorrhoea, syphilis, and all venereal diseases, use Big 50. Sold by Druggists, or sent in plain wrapper by express, prepaid, 10¢ per bottle, 50¢ per dozen.

Curious Phenomenon in Weights.
The shellless limpet pulls 1,384 times its own weight when in the air, and about double when measured in the water. Fleas pull 1,403 times their own dead weight. The Mediterranean cockle, Venus verrucosa, can exert a pulling power equal to 2,071 times the weight of its own body. So great is the power possessed by the oyster that to open it a force equal to 1,319.5 times the weight of its shellless body is required. If the human being possessed strength as great in proportion as that of these shell fish the average man would be able to lift the enormous weight of 2,978,000 pounds, pulling in the same degree as the limpet. And if a man pulled in the same proportionate degree as the cockle he would sustain a weight of no less than 5,108,500 pounds.
The husband ceases to talk chop when his wife begins to talk shopping.

Some people die eating and others by eating.