

HTS Permanently Cured. No other symptoms. In the first day's use of Dr. Williams' Catarrh Cure. Sold by F. H. E. Co., 221 N. 1st St., Philadelphia, Pa.

The Spanish cruiser Almirante Oquendo, pronounced Almirante Oquendo, was named in honor of Admiral Oquendo.

Hall's Catarrh Cure is taken internally. Price 75 cents.

The man above you is always in danger. Good breeding is manifested by what we read.

Before and After. Before the wedding she's the one who hates to let the people see that she has any love for him—She's prone to hold about, while he is free to let the fact be known. That he is here and she is here. But after they are man and wife. The she that wants the world to know that she is his and he is hers. And that they love each other so while he is all unwilling, then, To show his love to other men.

Have You a Son, Brother, Husband or lover in the army or navy? Mail him to-day a 25c package of Allen's Foot-Ease, a powder for the feet. All who march, walk or stand need it. It cures itching, tired, sore, swollen, sweating feet, and makes hot, tight or new shoes easy. Feet can't blister, get sore or callous where Allen's Foot-Ease is used. 10,000 testimonials. All druggists and shoe stores sell it. 25c. Sample sent FREE. Address Allen S. Olmsted, Le Roy, N. Y.

SYRUP OF FIGS



NEVER IMITATED IN QUALITY.

THE EXCELLENCE OF SYRUP OF FIGS is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP CO. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP CO. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP CO. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company—

CALIFORNIA FIG SYRUP CO. SAN FRANCISCO, CAL. LOUISVILLE, KY. NEW YORK, N. Y.

Sour Stomach

"After I was induced to try CASCARETS, I will never be without them in the house. My liver was in a very bad shape, and my head ached and I had stomach trouble. Now, since taking Cascarets, I feel fine. My wife has also used them with beneficial results for sour stomach."

CANDY CATHARTIC



Cascarets

REGULATE THE COLON

Prevents Piles, Constipation, Headache, Stomach Trouble, Indigestion, Biliousness, and all the ailments of the bowels.

CURE CONSTIPATION.

50-CENT BOTTLES Sold and distributed by all druggists and grocers.

Burlington Route

Summer Tourist Rates

now in effect to Colorado, Yellowstone Park, Black Hills, Montana, and Utah. Surprisingly low—only \$25 for the round trip Omaha to Denver, Colorado Springs, or Pueblo; \$35 to Salt Lake City; \$50 to Helena or Butte. Get full information from nearest ticket agent or write to

J. Francis, General Passenger Agent, Omaha, Neb.

P. S. If you go west via Omaha and the Burlington Route, you can stop off and see the Trans-Mississippi Exposition.

DR. J. C. AYER'S EYE WATER

MADE ONLY BY WALTER BAKER & CO. LTD., Dorchester, Mass.

You Will Stand the Heat

Much more easily and comfortably by putting and keeping your body in trim condition by taking Hood's Sarsaparilla. It makes good blood, promotes proper circulation and keeps every organic operation free from friction.

Hood's Sarsaparilla

is America's Greatest Medicine.

Hood's Pills are gentle, mild, effective. All druggists. 25c.

The Kinetoscope. It seems appropriate that a southern hero should have led on a ship called the Merrimack. Under the new tariff you will pay the same price for your cigar, but you won't get the same cigar. The heavy cannonading heard in western Nebraska is only the corn shooting out of the ground. Is it a step toward an English alliance that the geographical board has dropped the "h" in "Spring's strait"?

Life and the Liver. "Success in life depends upon the liver" is the way Chas. Lamb, the poet and punster, put it. Medical science has proven that nine-tenths of the ailments of living have their origin in the liver, and in constipation caused by its derangement. Keep the liver lively and all will be well. Modern science points out Cascarets as the only perfect, gentle, positive liver regulator fit to be used in the delicate human organism. All druggists sell Cascarets 10c, 25c, 50c, and we recommend them most heartily.

If it is a good thing to give thanks unto the Lord, it is surely a bad thing not to do it.

Try Allen's Foot-Ease. A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and gives rest and comfort. Over ten thousand testimonials. Try it to-day. Sold by all druggists and shoe stores for 25c. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

The Spanish cruiser Vizcaya, originally spelled Biscaya and pronounced Vee-thash-ee-shah, derives its name from the Basque province of Biscay, bordering on the bay of the same name.

Mrs. Winslow's SOOTHING SYRUP for children teething, soothes the gums, reduces inflammation, allays pain, cures wind colic. 25c bottle.

Cardenas, where Ensign Bagley and there lost their lives and where the Winslow sustained serious damage, is pronounced Kar-das-nas, accent on the first syllable. It means "of a purple color."

PERIODS OF PAIN.

Menstruation, the balance wheel of woman's life, is also the bane of existence to many because it means a time of great suffering.

While no woman is entirely free from periodical pain, it does not seem to have been nature's plan that women otherwise healthy should suffer so severely. Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition that produces so much discomfort and robs menstruation of its terrors. Here is proof: **DEAR MRS. PINKHAM:**—How can I thank you enough for what you have done for me? When I wrote to you I was suffering untold pain at time of menstruation; was nervous, had headache all the time, no appetite, that tired feeling, and did not care for anything. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound, one of Blood Purifier, two boxes of Liver Pills, and to-day I am a well person. I would like to have those who suffer know that I am one of the many who have been cured of female complaints by your wonderful medicine and advice. —Miss JENNIE R. MILLS, Leon, Wis.

If you are suffering in this way, write as Miss Mills did to Mrs. Pinkham at Lynn, Mass., for the advice which she offers free of charge to all women.

Baker's Chocolate

Established 1790.



celebrated for more than a century as a delicious, nutritious, and health-forming beverage, has our well-known Yellow Label on the front of every package, and our trade-mark, "La Belle Chocolatiere," on the back.

MADE ONLY BY WALTER BAKER & CO. LTD., Dorchester, Mass.

TOPICS FOR FARMERS

A DEPARTMENT PREPARED FOR OUR RURAL FRIENDS.

The Meadow Should Have Proper Care—Value of a Storm House—Profits in Cattle Raising—How to Handle a Colt.

The Meadow. The meadow provides more food in proportion to what it receives in the form of manure or fertilizer than any other portion of the farm. It is more neglected, receives less aid and is expected to produce heavier than the cultivated fields. But meadows and pastures give out in time, as such lands are not inexhaustible, and the farmer then finds that he cannot quickly recover the loss. The United States Agricultural Department has given the subject its special attention, and issued a bulletin that is sent free to farmers and which will be found valuable. The first requisite, it claims, in starting a permanent meadow, is to have the land in good condition, as the meadow should last from four to six years and yield an average of three to four tons of hay per acre each year. Such yields are not realized, however, on many meadows, but if the meadow is well plowed, the weeds destroyed and the soil put in the best possible condition for the seed, the stand of grass will be good and the advantages in favor of large yields greatly increased thereby.

Storm Houses for Distant Fields. Summer storms often come up quickly. If the farm is a large one it is usually impossible for men at work in distant fields to run to the house or barn for shelter. A tree does not, except for a very few minutes, afford any protection, as the steady drip from its leaves is nearly or quite as bad as being out in the storm. Years ago we knew a farmer whose farm was long and narrow, with the house and buildings on the public highway at one end. Near the other he built what he called a storm house. 14x14, with a good roof and large enough doors so that the teams could be run under it in time of sudden shower. It was also a shelter for tools at night. Such a storm house did not cost very much, and was much better than getting men and teams wet, or to save themselves from this by taking shelter under trees, which in thunderstorms is about the most dangerous shelter that any one can seek.—Exchange.

Profits in Cattle Raising. Those who receive the highest prices for cattle get them into market in the shortest period of time, as the object is to save a year in feeding. It is a loss to keep an animal four years if it can be gotten into market when 3 years old, for the year's time saved means labor and food as well as interest on capital invested. With the use of such beef-producing breeds as the short-horns, Herefords, Angus and Galloways, an average weight of 2,000 pounds per animal has been obtained in four years, while 3-year-olds have reached 1,800 pounds, and 2-year-olds 1,400 pounds, the daily increase being over two pounds for the yearling up to 2 years old, and from one and a half pounds to one and three-fourths pounds for older animals. The live weights only are given, but animals have dressed 67 1/2 per cent, when in prime condition. Experiments showing such results have been frequently made, and should convince all farmers that they can produce steers that will weigh 1,500 pounds, live weight, in three years if they will use proper breeds. Profit is made by using the best animals for the purposes desired.

Handling a Colt. In handling a colt, its instincts and tendencies should never be lost sight of, such as kicking, striking and running away from anything it conceives to be dangerous. Its faculties of seeing, smelling and hearing are very acute, and are given it for self-preservation, which is the first law of nature. The experienced trainer will be patient, and not require too much of a colt at a start, but gradually bring him in contact with all imaginary dangers, until it learns from experience that they are harmless. No thoughtful or intelligent person will ever abuse a colt for being afraid of anything, for it simply intensifies its fear and makes matters worse.—Farmers' Review.

Weeds Indicating Soil. Much about the character of soil may be told by experienced farmers if they can see the kinds of weeds that grow upon it. There are many weeds that are never found on very poor soil, and others that will perhaps grow but will not amount to much unless the soil is very rich. The pigweed and purslane, which is often called chickweed, is very abundant in old gardens, and always shows the presence of a large amount of available nitrogen. So rich are these weeds in nitrogenous nutrition that they are often pulled up and fed to pigs, which will eat them in preference to grass, as they are more nutritious. The common ragweed grows in all kinds of soils. But if the land is poor, it will blossom and seed at a few inches from the ground, while in rich soil it grows a foot and a half to two feet high. The mullen in pastures usually marks the running out of the grass, and probably that the land is poor.—American Cultivator.

Successful Gardening. Following are some of the things necessary to success in the garden: (1) careful preparation of the soil; (2) liberal fertilizing; (3) good seed; (4) good tillage; (5) eradication of weeds. By observing these points we always have a profitable garden. To have in their season plenty of fresh vegetables for the table and a surplus to sell at a good price makes the garden as profitable

as any portion of the farm. The possibilities of the garden are great, and no farmer can afford to neglect it. Instead of a few rows of beans, corn, etc., scattered over the farms as if land for a garden were begrudged, the vegetables are planted in a plot set apart for the purpose, in orderly rows, hills, etc. The weeds are kept out, the soil well cultivated; the profit begins with the first green peas, continues until melons and onions are gathered in the fall and on through the winter while these last. We profitably market our surplus peas, beans, beets, sweet corn, cucumbers, onions, etc. And last, but not least, its profit from last year's gardening we have just dug a quantity of the large parsnips for market, besides having plenty for home use. There is plenty of salafy when we want to use it. By planting with liberal hand and bestowing all necessary care and labor, our garden is always a success.—Practical Farmer.

Brown's Example. "There," said Brown, with a shake of his head, "I've painted the house and the barn and shed! The fence has been fixed, and the lawn's been mowed. But I do wish the town would fix up that road. It's a shame, I call it, just plain and flat. That we have to drive over roads like that! I'll wait no longer, I'll start to-day and fix my part of it anyway."

Now, Brown was one of those fellows who when they start a thing, just "rush it through." And a week or two after, as Neighbor Jones was driving home with his pair of roans, Brown's road was dry, while his own, next door, was mud to the depth of a foot or more. "By George," said Jones, "I'll let Brown see that I can build roads as well as he!"

Now, Neighbor Smith, who lived below, saw Jones repairing his road, and so he fixed up his, to be "in the game." And Neighbor Robinson did the same, and soon every household in town was trying his best to "beat out Brown." And now, when the town committee meets to talk of roads, they call them "streets."

The moral this tale to the reader brings applies to roads and other things. Reforms like snowballs, will keep on growing. If somebody only sets them going.—Farmers' Voice.

Crop Rotation. To grow the same crop upon a field year after year is the very worst way of treating the soil. Every plant has its own peculiar habit of life. It feeds more heavily upon one substance than upon another; it attacks the soil particles in its own characteristic manner; its peculiar root system will use only a certain portion of the soil, and will exhaust the land, making it weak and worn in one way, leaving it fertile in all other ways. When new weeds settle upon the lands, those having habits different from the crop grown will find a rich soil for their growth and will flourish, always with great detriment to the crop desired by the husbandman, and often with its total destruction. The first consideration, therefore, in a system of rotation of crops is to exhaust the soil as uniformly as possible. This may be done by following, for instance, a shallow rooted with a deep rooted crop, in order to exhaust the upper and lower layers alike.—Utah Experiment Station Bulletin.

Clover for Sandy Soil. On all kinds of sandy soil, when fully grown, is a benefit. Its roots break up the heavy clay soils and make them permeable to air and moisture. But on sandy soils a clover growth as often as every two or three years is a necessity. It is only thus that what vegetable matter it contains can be kept from being washed or burned away and wasted. It is often difficult to get a clover catch on sandy soil. Clover needs mineral fertility, both potash and phosphate of lime. In both these sandy soil is generally deficient. There is no better single manure for sandy soil than wood ashes. If from hard wood these will also furnish some lime and phosphate.

Harrowing Spring Grain. There is one caution which every grain-growing farmer should heed. That is, to harrow the soil when the seed has been cast, not only when it is sown, but after every rain heavy enough to compact the surface and make a crust of soil as it dries out. If this is done once or twice before the grain comes up, the grain will grow rapidly and will itself prevent further packing of the surface by rains.

Poultry Notes. Lack of grit, overfeeding and idleness cause liver trouble. Purplish red edges of comb and wattles indicate lack of condition. The poultry business is much easier than the dairy business, and quite as profitable. It costs no more to take good care of a good fowl than it does to take care of a dunghill. Listen in the hen-house after dark, and if you hear wheezing you have roun on hand. In cleaning a hen-house everything that is movable should be taken outdoors and cleaned. If cut very fine and cooked, clover is a good thing to add to the morning meal for poultry. Bones that have marrow in them, when ground, make an exceedingly reliable food for fowls. The Chinese boil eggs hard and then wrap them in soft clay. They will keep for ever, it is said. There has been a great improvement in poultry, but there is plenty of room for more improvement.

STONE IN HER STOMACH.

From the Gazette, Blandville, Mo.

The wife of the Rev. A. R. Adams, pastor of the Bedford Christian Church at Blandville, Mo., was for years compelled to live a life of torture from disease. Her case baffled the physicians, but to-day she is alive and well, and tells the story of her recovery as follows: "About six years ago," said Mrs. Adams, "I weighed about 140 pounds, but my health began to fail and I lost flesh. My food did not agree with me and I felt like a stone in my stomach. I began to vomit all over until I thought I had dropped."

"I had pains and soreness in my left side which extended clear across my back and also into the region of my heart. During these spells a hard ridge would appear in the left side of my stomach and around the left side. These attacks left me sure and exhausted. All last summer I was so nervous that the children laughing and playing nearly drove me wild. I suffered also from female troubles and doctored with ten different physicians without receiving any help."

"My husband having read in the newspaper of Dr. Williams' Pink Pills for Pale People, induced me to try them. I began taking them last November but experienced no relief until I had taken six boxes. I am now taking the eleventh box and have been greatly benefited."

"I was also troubled with nervous prostration and numbness of my right arm and hand so that at times I could hardly endure the pain, but that has all passed away. I now have a good appetite and am able to do my own work. I have done more this summer than in the past four years put together. Dr. Williams' Pink Pills for Pale People cured me and I think it my duty to let other sufferers know it."

Is Health Worth Ten Cents? Man suffers many mysterious ailments from unknown causes, and nine-tenths of them have their origin in the digestive canal somewhere. It does any person good to clean out this canal occasionally in a rational way, provided it is not done in a violent manner. The proper cleansing and disinfecting preparation is Cascarets Candy Cathartic, which are very gentle, but at the same time thoroughly effective. A 10c box will purify the whole system and in most cases remove the cause of ill health. When "feeling bad," take Cascarets. They will do you good, and can do you no harm.

Alfred Nobel.—Alfred Nobel, the inventor of dynamite, who recently died, has been honored by a beautiful monument to his memory at Hamburg, erected by his friend, Max A. Philipp. It represents the final triumph of the humane, enlightening idea of peace over the rough and brutal impulses of the world. It was Nobel's greatest sorrow that the dynamite which he invented and devoted to works of utility was so commonly applied to the cruel purpose of war and anarchy.

Piso's Cure for Consumption has saved me large doctor bills. C. L. Baker, 428 Regent St., Philadelphia, Pa., Dec. 8, '02. Cultivation in the garden, like planning, will not admit of any unnecessary delay. A sack of black-pigged tulle is very effective on a gown of one's favorite.

Did you ever See a Snow Storm in Summer?

We never did; but we have seen the clothing at this time of the year so covered with dandruff that it looked as if it had been out in a regular snow-storm.

No need of this snowstorm. As the summer sun would melt the falling snow so will

Ayer's Hair Vigor

melt these flakes of dandruff in the scalp. It goes further than this: it prevents their formation. It has still other properties: it will restore color to gray hair in just ten times out of every ten cases.

And it does even more: it feeds and nourishes the roots of the hair. Thin hair becomes thick hair; and short hair becomes long hair.

We have a book on the Hair and Scalp. It is yours, for the asking.

If you do not obtain all the benefits you expect from the use of the Vigor, write the doctor about it. Probably there is some difficulty with your general system, which may be easily removed. Address: DR. J. C. AYER, Lowell, Mass.

Vegetable Items

The stamp clerk often weighs other people's words.

The fewer acquaintances a man has the less he is bored.

Our gossamer would be more popular if dealers would cut prices.

A man is seldom interested in the weight of another man's burden.

Rumor is gossip's strong fort and truth is the dynamite gun that reduces it.

CURE YOURSELF!

Use Big G for constant discharges, inflammation, irritation or ulceration of the urethra, gonorrhoea, catarrh, and all other ailments of the urinary tract.

Sold by Druggists, or sent in plain wrapper by express, prepaid. Price, 50c per bottle, 10c per packet.

A Beautiful Present

ELASTIC STARCH

FREE for a few months to all users of the celebrated ELASTIC STARCH, (Flat Iron Brand). To induce you to try this brand of starch, so that you may find out for yourself that all claims for its superiority and economy are true, the makers have had prepared, at great expense, a series of four

GAME PLAQUES

exact reproductions of the \$10,000 originals by Muville, which will be given you ABSOLUTELY FREE by your grocer on conditions named below. These Plaques are 40 inches in circumference, are free of any suggestion of advertising whatever, and will ornament the most elegant apartment. No manufacturing concern ever before gave away such valuable presents to its customers. They are not for sale at any price, and can be obtained only in the manner specified. The subjects are:

American Wild Ducks, American Pheasant, English Quail, English Snipe.

The birds are handsomely embossed and stand out natural as life. Each Plaque is bordered with a band of gold.

ELASTIC STARCH

has been the standard for 25 years.

TWENTY-TWO MILLION packages of this brand were sold last year. That's how good it is.

ASK YOUR DEALER to show you the plaques and tell you about Elastic Starch. Accept no substitute.

How To Get Them!

All purchasers of three 10 cent or six 5 cent packages of Elastic Starch (Flat Iron Brand), are entitled to receive from their grocer one of these beautiful Game Plaques free. The plaques will not be sent by mail. They can be obtained only from your grocer.

Every Grocer Keeps Elastic Starch. Do not delay. This offer is for a short time only.

"Say Aye 'No' and Ye'll Ne'er Be Married." Don't Refuse All Our Advice to Use

SAPOLIO

TOOTH PASTE