## Spring Cleaning "Let the and enriched, and thus sustain

house take care of itself." But the con- nerves and all the bodily functions, prientions wife feels bound to risk health "I take Hood's Sarsapavilla every spring. and strength in shis annual struggle and it is the only medicine I use through with dust and dirt. The consequence of the year. It enables me to do my hous her teverish anxiety over extra work is cleaning and farm work all through the depletion of the blood, the source of all summer. It helped me very much for life and strength, manifested in that palpitation of the heart. I think Hood's weak, tired, nervous condition too preva-lent at this season and very dangerous and all who take it will never be without if allowed to continue. What every man it. I have also used Hood's Pills and and woman needs in the spring is Hood's they are the best I ever tried." Mus. F. Sarsaparilla It keeps the blood vitalized H. ANDERWS, S. Woodstock, Ct.

DOUGLAS

CORDOVAN,

3 NO FINE CALF & KANGAROO

3. POLICE, 3 SOLES.

SHOE IS THE BEST.

# Hood's Sarsaparilla Is the Only True Blood Purifier

Beecham's pills are for biliousness, sick headache, dizziness, dyspepsia, bad taste in the mouth, heartburn, torpid liver, foul breath, sallow skin, coated tongue, pimples, loss of appetite, etc., when caused by constipation; and constipation is the most frequent cause of all of them.

One of the most important things for everybody to learn is that constipation causes more than half the sickness in the world, especially of women; and it can all be prevented. Go by the book, free at your druggist's or write B.F. AllenCo., 365Canal St., New York. Pills, 10¢ and 25¢ a box.

Annual sales more than 6,000 boxes. The Greatest Medical Discovery

#### of the Age.

## **KENNEDY'S** MEDICAL DISCOVERY.

#### DONALD KENNEDY, OF ROXBURY, MASS.,

Has discovered in one of our common pasture weeds a remedy that cures every kind of Humor, from the worst Scrofula down to a common Pimple.

He has tried it in over eleven hundred cases, and never failed except in two cases (both thunder humor). He has now in his possession over two hundred certificates of its value, all within twenty miles of Boston. Send postal card for book.

A benefit is always experienced from the first bottle, and a perfect cure is warranted when the right quantity is taken. When the lungs are affected it causes shooting pains, like needles passing through them; the same with the Liver or Bowels. This is caused by the ducts being

stopped, and always disappears in a week after taking it. Read the label. If the stomach is foul or bilious it will

cause squeamish feelings at first. No change of diet ever necessary. Eat the test you can get, and enough of it. Dose, one tablespoonful in water at bed-



Song of the Roads. looked to the east, I looked to the west I saw a man with a "jag" on, A-whipping four horses, all pulling their

And hauling an empty wagon.

CHORUS. Pull off the road, boys; Tear the fence down. The road is too had to travel. Pull off your coat, boys, All mired down:

Get out and pry out and walk into town. It rained in the north, it rained in the

south. It stalled ev'ry man with a load.

They all were whipping and working their mouths, For the bottom was out of the road.

An old farmer started to cross a bridge

To fight the road tax levy. The bridge broke down, and I saw hit drown.

His road tax was so heavy.

I saw an old hat move along on the mud; It made me watch and wonder My pet pointer pup, he picked it up And found the owner under.

Five hundred farmers all go to town. The time that each one loses A-miring in mud and swimming a flood

Would fix up the road he uses. A stranger went out to buy a farm.

He slipped when walking a rall-A shrick and a roll in a big mudhole-And the farmer he lost the sale.

The river is just as pure as the things That live on the banks and throng it. The road or the street is just as neat As the people who live along it. -Good Roads.

Government Favors Wide Tires. The Agriculture Department has issued a bulletin complied by Roy Stone. special agent in charge of road inquiry containing information concerning the use of wide tires on wagon wheels. Mr. Stone regards it of special importance in the maintenance of public highways that the vehicles used on them shall have tires of greater width than are now in general use. Extracts from State laws respecting the width of tire to be used on vehicle are given, some of which offer a rebate of a portion of the highway tax on wagons with rims or tires not less than three and three and a half inches in width. The results of experiments with wide tires in various States are also given.

#### For the Benefit of Good Roads.

The New York State meet of American wheelmen will probably be held often tolerated, and is enjoyed more at Coney island and will include a race than clear beef tea. meet, a theater party, a dance and one or more runs. The profits of the meet to be utilized with the sick wherever will be devoted entirely to the improve possible. Hot water promotes secrement of side paths or the erection of tion better than cold, and is at all times guide boards on Long Island, or the a stimulant of no mean value. The Chipublication of a special guide book for | nese are said to have numerous hot wheelmen of the New York district, as may be determined by the members of where this beverage is sold to an ap the L. A. W. residing in Kings County. | preclative public. It would be well if It is proposed that the net profits of such a beverage were to become popular all league meets in New York State shall be turned over to the good roads fund for the benefit of the wheelmen in the county where the meets are held and not to the club treasuries as here. tofore. This scheme originated in New York and will doubtless be imitated

can preach a sermon that will go straight to a human heart, or if he can frame a good and just law, who cares whether he was born in a log cabin or a palace? I really believe there is something about a town that enfeebles -that as men obtain outward polish, inward strength declines. Certainly few men worthy of montion have been conventional in all things. Statesmen or preachers, inventors or artists, they all seem to be fashioned on a strictly original plan, while the average city

#### man is as much like his neighbor as one pea is like another. Now to take up another point in the letter: The isolation of the country. Whether the country seems lonely or not, depends, I suppose, on the mind, When I am shut up in town I always feel as though there had been no summer in my year. This fall, the first snow storm came as a disagreeable surprise. I could hardly realize that the autumn days were gone. No pleas-

ant hours had there been for me this year, looking out all over a world bathed in golden light and color. I belleve the best place in the world for a mother to bring up children is the country, and the mother who can live there without fret and worry, ought to be thankful. It is something to have no fear for the morrow; to be sure of shelter and food and freedom. I do not know what advantage a city could offer to a woman to toll in an office all day. compared to these. And there is the constant fear of loss of employment and that other twin horror-debt. If my advice is good for anything.

take it and stay in the country. You at least will not starve nor grow bitter with many failures and disappointments.-Womankind.

Diet for the Sick. Milk is a diet in universal favor, and should never be forgotten as a food at once highly nutritive and easy of digestion. Some persons who, while well, are unable to take milk, have no such difficulty while sick. There are few patients who cannot take milk either hot, cold, cooked, raw, with Vichy, on with lime water.

In diseases of the kidneys milk is always a valuable article of diet. Sometimes it is better taken skimmed, or after the extraction of the butter it contains, in the form of buttermilk.

In spite of some adverse criticism, beef tea holds its place as a stimulant and nutrient for the sick. Unfortunately it is seldom properly made. The beef should first be finely ground, then placed to simmer where it will not apwhethe boiling point too closely, unthe raw beer has changed to a delicate pink with a brown exterior. This groups should occupy about twenty inutes. The beef should not be cooked to a gruy color, which color indicates a congulation of some of the soluble and nutritious albumens.

Good beef, finely ground, is itself almost the essence of nutrition, and in cases of chronic wasting diseases, it is as a rule digestible by the weakened stomach, and is in the highest degree nourishing to the wasted tissues.

Ground meat may be gently pressed into cakes which, when carefully broiled, make a most palatable article of diet for the sick. Even in fevers a small quantity of finely ground beef is

### FACTS FOR FARMERS.

THE AGRICULTURISTS.

Oxford Down Sheep as a Mutton Breed -How to Properly Construct a Plank Sidewalk-A Brooder for Pigs Profit in Hiring Farm Help.

#### A Good Breed.

The history of the sheep industry in this country is one of almost censeless fluctuations between a boom and a panie. With almost evelical regularity one has followed the other. The present depression in the wool market has created increased interest in the heavy mutton breeds of sheep. However cheaply wool may be imported, the mutton supply must be mainly produced at home. True, the prices for mutton have also declined, but the outlook for mutton is more hopeful than



for wool in the immediate future. While the holders of fine-wool sheep must sell out on low markets, or hold on at little profit, if not absolute loss, until the return of better times, the holders of middle and long wooled sheep may reasonably expect fairly remunerative prices for carcasses, whatever may be the condition of the wool market. Besides, the heavy breeds of sheep are generally held in comparatively small flocks, a few on each farm, and do not constitute the leading industry of their holders, as in many cases do fine-wooled sheep. Holders of mutton sheep seem largely disposed to hold their flocks and keep right along raising lambs and mutton. An indication of this was visible at the last Chicago fat-stock show, where the entries in the down and long wooled sheep classes compared favorably with the exhibits of more prosperous years. The display of Southdowns, Chropshires and Oxfords was particularly good, while long wools and merinos were quite fairly represented. Of the Oxford classes the entries of R. J. Stone, of Illinois, were specially fine, and took all the prizes but one. His yearling wether, "Stone," a portrait of which is shown in the accompany-

ing illustration, was awarded first in his class, and was at the head of the premium pen.-Orange Judd Farmer.

#### Improving Worn-Out Lands.

In 1884 I bought a farm of fifty acres, mostly poor land, and by the use of stable manure I have brought it up so it brings good crops. I have been keeping the average of about six head of cattle and horses, and I have supported them from what I raised on my own and, and sold some hay and corn

established before the dry season sets in. A week or two is quite an advantage with strawberries. After plowing the land and harrowing it well, apply HELPFUL SUGGESTIONS FOR wood ashes and ground bone, and then harrow it again before putting out the new plants.

#### Cropping Orchards.

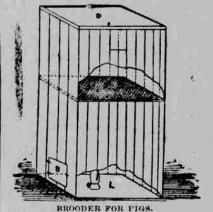
An orchard in bearing ought never to be cropped. All the fertility that the soil contains is worth more to be used in developing fruit than for anything else that can be grown. Renovating crops to be plowed under may, however, be sown even in bearing orchards. If young orchards are making wood instead of fruit when they are large enough to bear, a seeding with clover and plowing in midsummer after a clover growth has been taken off, will often bring them into condition to bear fruit. The clover while growing is a check to growth, and the cutting of the roots in midsummer is a further check. This will cause a great many fruit spurs to form late in summer, and these will produce a large crop of fruit the next year. This is a severe remedy, but if the tree has a good supply of mineral fertilizer it will continue to bear from that time. It may be that a tree treated thus will not be so long lived as is one whose growth has not been checked, but it is not often the very largest trees that are the most profitable.

Profit in Hiring Help.

The rate of farm wages is, we hear, a litter lower than a year ago; but those who are known to be faithful and skillful can get old prices. There is not the difference made that there should be, It is very easy for a careless hired man to destroy implements or injure stock by ill treatment to an extent that would make his services too dear if he worked for nothing. Neither can a farmer afford to hire the slow and unskillful, for these are just as like as not to set the pace for others that he employs. It is impossible for the farmer to always work with his men, and when he is away the work will suffer. It always pays when a really faithful hand can be secured to give him some extra pay and make him the leader, holding him responsible for the amount of work and the way it is done.

#### A Pig Brooder.

C. J. Gray, of Ashtabula County, Ohio, sends to the Ohio Farmer a sketch and description of a device he uses to save pigs that are littered in cold weather. It is a shoebox set on end; a door cut at top to put in and take out the pigs; a door cut at bottom (D) to put in and take out lantern or lamp (L); and a frame over which is stretched phosphate sacking (P), on which the pigs





# Scott's Emulsion

THE N. K. FAIRBANK COMPANY, Chicago.

of Cod-liver Oil, with Hypophosphites of Lime and Soda, is a constructive food that nourishes, enriches the blood, creates solid flosh, stops wasting and gives strength. It is for all

## **Wasting Diseases**

like Consumption, Scrofuls, Anamia, Marasmus; or for Congis and Colds, Sore Throat, Bronchitis, Weak Lungs, Less of Fissh and General Debility. Scott's Emulsion has no equal as

Nourishment for Babies and Growing Children.

Buy only the genuine put up in salmon-colored wrapper.

Send for pamplet on Scott's Emulsion. FREE. Boott & Bowne, N. Y. All Druggists. 50 cents and \$1.

#### Good Roads, Better Prices.

elsewhere if successful.

The longing of many young men and women to escape from the farm is largely traceable to the isolation caused by the mud embargoes. Good roads mean better prices for the farmers located a few miles away from the market town, because the present condition of the highways compels the marketing of the products of such farms at the times when the roads are good and the market prices usually lowest. Good roads would permit the average purchaser of farm products living in towns and cities to buy his stock of such articles at a lower price than at present.

#### TOWN OR COUNTRY.

Two Views of Life Which May Carry a Lesson to Some.

I have just received a letter from a reader living in the country. To quote a few words: "Here I am six months in the year, isolated from all the world, generally snow bound. I would like to go to a large town or city, where I could not only enjoy better advantages | milk, fresh air and exercise and often myself, but give my boys the benefit of a good school. But alas! I am poor. Do you know of anything I could do to earn a living? I have a good common school education and am a fair penman. I own a little home here, and we are at least sure of a living, but if we remain I am afraid my boys will never be anything but farmers."

A worse fate than that of a farmer might befall a boy. Few men of note came from the city. The plow, the ax and the blacksmith's hammer may not be polished tools, but men who had to commence life with no other have found their way to the pulpit, the Senate and the Presidential chair. Difference in mind is not caused by differences in latitude. A boy who is really bright will come to the front somehow, even if he was born in the backwoods. This world has work waiting to be done, and the man who can do it will be welcomed, no matter what his con-dition, aspect, or color may be. If he or."-Chicago Record.

The stimulating value of hot water is

water shops in many of their cities, with us.

Dry bread, at least two days old, is more easily digested, and more nutritions, than almost any other article of food, because it consists largely of starch. Rice and taploca thoroughly boiled closely follow in ease of digestion and nutritive value. Sugar, except in very small quanti-

ties, makes poor food for the sick on account of its proneness to fermentation. Fruits, with few exceptions, contain large percentages of sugar and of fruit acids, which later, except in specific cases, are distinctly detrimental. Fruits and thoroughly cooked vegetables are allowed only in convalescence and then only in limited quantities.

The Value of Light.

A sunbeam is a small thing, yet it has a power to fade the carpet and curtains, to rot the blinds, and for this reason folks carefully exclude the sunshine. What is the result? The family is always alling, the young girls have a waxen white skin and a weary, pinched expression of countenance. Their appetites fall, they fall into such

a bad state of health that the doctor is called in. In olden days he would have shaken his head, perhaps, and friends would have whispered that dreaded word "decline!" Nowadays he notes the pale gums and waxen skin and "annemia;" prescribes iron and Says a change. If he knows nothing about the darkened rooms, he will be puzzled as to why no permanent improvement manifests Itself, and, possibly, the pa-

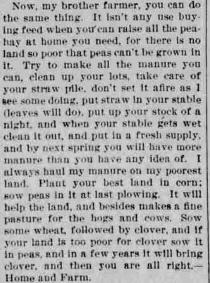
#### A Munificent Bequest,

Monthly.

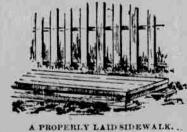
Eighteen years ago Peter B. Brigham, a native of Vermont, gave \$1, 000,000 for a free public hospital for Boston, to bear his name, on the condition that the bequest should remain untouched and draw interest twentyfive years. When it becomes available, seven years hence, the trustees will have nearly \$3,000,000 in their hands.

"Eustace has been cured of his habit of boasting." "How was that miracle accomplished?" "He was dilating on the size of his income the other evening in a mized crowd when one of the persons present spoke up and remark-

sides.



Constructing a Plank Sidewalk. In many villages and farming communities the sidewalks are constructed entirely of planks, says the American Agriculturist. . When this is the case It is of the greatest importance that they be properly laid, or decay or a tilting walk will soon follow construction. The sidewalk must be laid up from the ground and it must have a



broader, firmer foundation than is usually given it. if it is to remain useful for any length of time. The illustlent will seek other advice.-Medical tration shows a sidewalk, and its foundation, that is now in actual use and is standing very firm and true. Lengthwise strips of 3x4 inch stuff are laid upon flat rocks well bedded in the ground, the broader these rocks and the more firmly established the better. Crosswise over the lengthwise strips. are laid strips of 8x4 inch stuff just the width of the walk, upon which the planks are laid lengthwise. A sidewalk should never be laid with crosswise planks. Such a walk is a continual source of annoyance.

> Planting Strawberries. Get the new strawberry land in condition. New beds should have the plants in position before April 15, if is lost. If grass seed is to be sown on is which to get a start and become well with a harrow, seeded and rolled.

rest. The top (D) can be made into a lid, to open and shut. The door at side, at top, serves for ventilation. Mr. Gray says: "As soon as the plgs drop I put them in on this sacking. They soon dry and are ready to suck. They are safe from being tramped on or chilled. I have kept the pigs in this brooder three or four days, taking them out only long enough to suck, once in two hours. The greatest loss is usually inside of four days."

States and a state of the state

#### Cows Holding Back Milk.

One of our dairy exchanges says that when the cow is frightened or injured she holds back the butter fats in her milk From this it argues properly in favor of giving the cow kind treatment, and relieving as soon as possible any sores on her teats, which are the usual cause of milk being held up. This is all right, but we doubt whether the cow discriminates to hold back the richer parts of her milk that in milking always comes last. When the cow is restless and kicks at the milker, she is apt to be left with more or less milk in her udder. As it is towards the last of the milking, this retained milk will naturally be richer without any volition on the cow's part to make it so .--American Cultivator

Not All the Same.

There never was a stable where all the creatures should be fed exactly alike. Some run to fat, others to milk, one is dainty, another is hearty, or here is a thief bound to steal all she can reach before she cleans her own, some are cutting teeth, others shedding them. this one is excitable, another naturally quiet. To many a cow is a cow, but there is much more we find when we attempt to keep each doing her best at the milk pail.

#### Rolling Wheat.

The wheat field should be rolled after a heavy frost, so as to press the plants into the soil if they have been thrown up. Where a field is somewhat damp from insufficient drainage, and heavy frosts occur, the plants are liable to be thrown up until their roots are exposed. The roller should be put on the field as soon as the condition of the ground will permit.

#### Covering Seed.

Seed should be covered. It is true that clover seed, sown on the snow and allowed to remain on the ground, grows and makes a good stand sometimes, but it is safe to claim that the larger portion of the seed never germinates,