THE NEBRASKA INDEPEDENT

Feb. 11 1897

Much in Little

Is especially true of Hood's Pills, for no medicine ever contained so great curative power in so small space. They are a whole medicine

sick headache, jaundice, constipation, etc. 25c. The only Pills to take with Hood's Sarsaparilla.

one sufe, sure, reliable "Regulator that Regulates" all cases of functional irregularities pecaliar to your sex-that is guaranteed better thau auy other kind-MRS. DR. D. A. EALE'S

Removes all Irregularities From Whatever Cause-Never

Sold at the price of dangerous imitations: No. 2 \$2 (8 for \$5): No. 1, \$1, DALE MEDICINE CO., Ind. 10, St. Louis, Mo.

Attorney and Solicitor. Room 23 and 24 Richards Block, Lincoln Neb. Counsel for Nebraska Law & Collection Company

COMMERCIAL ACADEMY

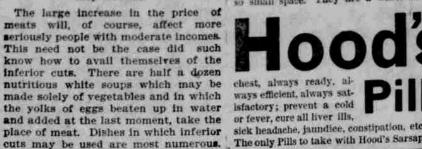
HALTER BLK., COR. 13th & P Sts., LINCOLN, NEBR.

C. D. GRIFFIN, Prop.

PENMANSHIP. BOOKKEEPING

Full shorthand and business courses. Before deciding what school to attend Academy. Take elevator at P street entrance.





ARRIED LADIES there est portions of beef and mutton may an upright earthern not some salt pork. When the fat has all been extracted,

NO. 2 "EGYPTIAN" BRAND PENNYROYAL COTTONROOT PILLS

Fails.

INO. S. KIRKPATRICK,

CAPITAL CITY .

. 9

SHORTHAND, TYPEWRITING. TELEGRAPHY, ETC.

Special actention given to preparatory work for high school and university. write for full information or call at



Says, la the Best Bealer and Drugs Are of Little Use-How to Preserve Health.



Every Thursday evening a tourist physician, and, like the ex-Chancellor, is extremely blunt and outspoken. He to and Los Angeles leaves Omasttan; has spring seats and backs, and prescribes his favorite course of treat-ment, in which the use of water plays is, soap, etc. An experienced exmursion conductor land a uniformed tions are obeyed, and not even Prince Pullman porter accompany it through Bismarck ventures to disregard them. to the Pacific coast.

CRE Spermaterrites, Varie of RESTORE Last Viger.

Lise it and pavil sufficiel

VON MOHL CO., 304 E.

SteelTanks

E. B. WINGER.

(F) s hienga.

McNerney & Eager

AT LAW,

ATTORNEYS

Room 8 Newman Blk. Lincoln, Nebr-

12-21

While neither an expensively furnished nor as fine to look at as a palace sleeper It is just as good to ride in. Second ckets are honored, and the price of a berth, wide enough and big enough

for two is only \$5. For a folder giving full particulars call at the B. & M. depot or city office, corenth and O streets.

G. W. BONNELL, C. P. and T. A.

It is Just Wonderful

The time the Union Pacific "Overland" FAST MAIL No. 3 makes to Ogdes, Salt Lake, Butte, Helens, Portland, Seattle' San Francisco and Los Angeles. This DAILY METEOR has the finest equipment consisting of Pullman Palace and Upholstered Tourist Sleepers, Free Reclining Chair Cars, and Diner. For full informa-tion call on or address E. B. Slosson, General Agent, 1044 O St., or J. T. Masin. C. T. A.



HERE is a good deal of commotion in medical circles at present in consequence of a lecture which was recently delivered by Dr. 1 1 Dr. has

Prince Bismarck's has strong convictions, and never takes and Lincoln via the Burlington the trouble to conceal them. When he the trouble to conceal them. When he a leading part, he sees that his instruc-In a word, the Doctor is a man of striking individuality, and hence his opinion on any subject is interesting. Especially worthy of notice are his views on medicine, as this is the subject to which he has devoted the best years of his life.

> In his lecture, the Doctor spoke of manner that will astonish all conservative physicians. We have no more physicians, he said, but in their place we have a host of specialists. Medical men of the old school have passed away, making room for men of a younger generation, each of whom, instead of laboring to acquire a thorough knowledge of medicine in all its a sufficient knowledge of one branch to enable him to style himself a special-

> Equally radical are his views in regard to the new therapeutical methods of treating various diseases. Scrotherapy, in his opinion, will have outlived its usefulness within the next half century, and the practice of vaccination should only be tolerated and should under no circumstances be made compulsory. To many modern "fads" the Doctor is decidedly opposed, and he says, without fear of consequences, that cycling is the cause of many ills. He goes even further. Our modern dress is not pleasing to his eyes, and he insists that men and women cannot enjoy perfect health as long as the latter wear corsets and the former hats. "Away with hats and corsets," is his persistent cry. And he tells us why he is convinced that these articles of apparel are injurious to human health.

sician was made many years ago, and his views, therefore, on this vital subject are entitled to every consideration. Even those who disapprove of them must admit that they are exceedingly original and interesting.

IN PRAISE OF THE WHEEL. **Upon Which Age Itself Rides Back to**

Youth. Blessed be the man, say I, who invented bicycles! He builded better than he knew. When he fashioned the first wheel he unconsciously gave women the long sought for secret of perennial youth. This thought came irresistibly upon me Sunday morning as waited at Broad street station for a belated train. While standing there a woman passed whom I knew to be a grandmother. I had to look a second time. Clad in her bicycle costume she looked not a day over 25; her divided skirt and perfectly fitting jacket, opening over a white blouse, were of soft gray serge; on her feet were dainty patent leather shoes and the trimmest of gray cloth gaiters outlined the girlish slenderness of her shapely legs. A white stock at her threat and a sailor hat completed this costume, as chic and modest and as lady like as the most adverse bicycle critic could desire. And she a grandmother. Shades of Martha Washington and our colonial ancestors!

Then at the pretty "Wheel," the popular bicycle club of Marion, new revelations awalted me. There was a digmedicine and doctors of medicine in a nified matron in divided skirt and leggings who rode gayly in with her husband and two boys, and as she jumped off her wheel and tripped across the lawn one would have sworn 16 was the limit of her years. Truly, yes, the inventor of the bicycle builded better than he knew, and let us hope that he was no hater of women-that, indeed, would be the refinement of cruelty if branches, is satisfied if he can acquire the power of rejuvenation had been given woman by some crusty critic of her sex. But after all wouldn't that be what is called poetical justice?-Philadelphia Record.

The King of Stars.

The great star Arcturus, which shiues in the farthest heavens, rushes through space at the rate of 197,000 miles an hour, or 4,728,000 miles a day. Just think of that! How far do you think this star is away from the earth? Only 1,069,500,000,000,000,000,000 miles-an inconceivable distance. We see it in the heavens because its size is so immense, for it is no less than 551,000 times greater than the sun. It gives out seven thousand times as much heat as the sun. If the earth could be moved through space toward Arcturus, the spectacle that would be presented to its inhabitants as they approached that great star would be of indescrib-The popular opinion is that corsets are able magnificence. When we had arlikely to prove injurious on account of rived within something less than 8,000,-

A DEADLY OCCUPATION.

Death Valley of the great American

desert. There the longest teams in the world are employed. Scientists declare that the fierce heat in this narrow rent in the cracked surface of the earth is not equaled elsewhere in the world. Where the thermometer often registers 140 degrees of heat, unrelieved by even a breath of air; where men sleep at night in hollow ditches filled with water in order to avoid dying from collapse, the necessity for the longest teams of mules and horses ever harnessed to draw the great borax-laden wagons is apparent. The desert team is the longest in the world. and the percentage of deaths among the horses is greater than that of domestic animals used in any other calling. Forty to sixty horses are often hitched to one of the lumbering vehicles in which the borax is slowly dragged across the sun baked alkali plains. The average life of even the sturdiest horses used in this work is six months, for in this length of time they either become broken winded, consumptive from in-

haling the deadly dust of the desert or are driven crazy by the frightful heat. A man there, though protected by the wagon awnings from the sun's rays, can not go an hour without water without danger of death. When a team breaks down and the water supply becomes depleted, the men ride at top speed for the nearest source of supply, and often when they return they find that the remaining horses, made mad by thirst, have broken from the harness and dashed off, only te find death in the desert. The boray wagons weigh 8,000 pounds, and carry 20,000 pounds at a load. Behind each wagon is a tank containing hundreds of gallons of water. The horses are harnessed in pairs, the trained ones in the lead, and the next in intelligence just ahead of the tongue, while the unruly and the youngsters are hitched be-

tween. The nigh leader has a bridle with the strap from the left jaw shorter than the other, and from the bridle runs a braided rope which the driver. perched on the wagon seat, holds in his right hand. The rope is called the "jerk line," and is a little longer than the team, which stretches out several hundred feet in front of the wagon. During the busy season the borax wagons make an almost continuous train, and the horses alone, if placed in single file, would make a team more than 100 miles long. Besides a little food and water, the poor animals get no care. They curry themselves by rolling in the burning sand. After a few months of the killing labor the poor creatures become unfit for service. A kindly rifle ball then ends their

agony, and their emaciated carcasses the pressure which they bring to bear 000,000 miles, its light and heat would are left alongside the trail to furnish upon a delicate portion of the body, but be equal to that which we get from scant picking for the hovering vultur ~California Letter.

Bringing Out Borax From the Rifts is How High Prices Now Asked for Meal May Be Met. Death Valley The deadliest occupation for men c. The large increase in the price of horses is teaming in the borax fields of meats will, of course, affect more

CHEAP SOUPS.

In the marmite, for example, the cheap-

be employed. To concoct this, fry in

pour it off and remove all sediments

which may have been precipitated. Re-

turn the fat to the pot, then add in

alternate lavers meat, onions, carrots,

most cover this with salt, seal the lid

of the pot with pasted paper, so that

no steam may escape, then place in a

hot oven and allow to cook for six hours

at least. The meat and vegetables are

then removed, and the gravy which re-

mains put in a sauce pan with a can of

evaporated cream. Season with salt and

pepper and a pinch of sugar. When it

comes to a boil thicken with a little

corn starch mixed in cold water. In the

meantime beat up the volks of three of

four eggs in cold water, a teaspoonful

to each yolk. Stir in these while the

sauce is hot, but not boiling, pour over

the meat and vegetables and serve.

The cheapest portions of veal may be

made into a most palatable dish with

even less trouble. Fry pleces of veal

in a little butter until brown on both

sides, turning frequently. Then add

water, so as not to quite cover the meat.

Cover and allow to simmer for two

hours. To the gravy which will result

add precisely the same ingredients as

in the sauce for the marmite. In these,

as in all recipes, a dexterous hand and

discriminating palate account for the

difference between success and failure.

Farmers, Attention!

A No. 1 hard variety of the Red River

Valley, produced by careful cultivation

and study, producing a flour unexcelled

We believe this wheat can be success-

fully grown throughout the wheat-pro-

Try our Golden Gem seed wheat.

by any known variety.

riety.

name in full.

and great yielding qualities.

turnips, and potatoes cut in slices. Al-

GREAT BOOK ISLAND ROUTE. Playing Oards.

more packs they will be sent you post should, the result being a general ten-

Orders containing 60 cents in stamps or postal note for same amount will se cure five packs by express, charges paid.

SULPHO-SALINE **Bath House and Sanitarium** 1115 1.12.16月1月 Corner 14th & M Sta., LINCOLN, NEBRASKA.

Open at All Hours Day and Night

All Forms of Baths. Turkish, Russian, Roman, Electric. With Special attention to the application of

NATURAL SALT WATER BATHS.

Several times stronger than see water.

Bhoumatism, Skin, Blood and Nerveus Dis-mess, Liver and Kidney Trothes and Chronis aliments are treated successfully.

Sea Bathing .

by be enjoyed at all seasons in our large SALT WIMMING POOL, 502142 feet, 5 to 10 feet deep. Winded to uniform temperature of 80 degrees.

Drs. M. H. & J. O. Everett,

Managing Physiciana.



Chicago, Rock Island &

Pacific Railway.

The Rock Island is foremost in adopting any plan calculated to improve speed and give that impry, safety and comfort that the popular patronage demands. Its equipment is thorough-y complete with Vestibuled Trains.

BEST DINING CAR SERVICE IN THE WORLD.

s, Chair Cars, all the most ele-recently improved patterns. Its specialties are

FAST TIME, COURTEOUS EMPLOYES, FIRST-CLASS EQUIPM'T and first-class SERVICE

given particulars as to Tickets, Maps, Rates, ay ecupon ticket agent in the United ada, or Mexico, or address

> JOHN SEBASTIAN, G.P.A., Chicago.

Dr. Schweninger, on the contrary, our sun at a distance of only 93,000,maintains that they are injurious not 000 miles. When we approached it as because they fit too tightly round the close as Neptune, the intensity of its Send 12 cents in stamps to John Se-bastian, Gen'l Pass. Agent C., R. I. & P. R'y, Chicago, for the slickest pack of playing cards you ever handled, and on receipt of such remittance for one or vent the air from circulating as it body, but because they are too heavy. heat would begin to be unbearable. dency to baldness. The modern fashion of wearing the hair short is also distasteful to him, and he warns us that

At the distance of Jupiter it would smite the earth with the resistless energy of its radiation. The forests would burn, the oceans rise from their beds in vapor, the ground would smoke, and, before we could approach as close as the earth is to the sun, our health is not improved thereby. He would much rather see us wear our

the whole of our globe would be melted and dissipated in steam! Truly, Arcturus is king among stars, and our sun, great and brilliant as it is, if dropped into the blazing photosphere of that great planet, would be instantly swallowed up, and the only visible evidence of its fate would be a sudden flash. If a devil fish had been born at the same date as Julius Caesar, June 12, 100 B. C., with a tentacle 1,069,500,-000,000,000 miles long, and on the day of its birth had placed one claw upon the fervid surface of Arcturus, it would yet require the lapse of several thousand years beyond the present date before the sensation of the burn would enter the creature's consciousness-upon the supposition that sensation trav-

DR. SCHWENINGER.

hair long, after the fashion of the old at it left the star many thousands of Merovingians and the modeun athletes. years ago. It will be seen that on all these points

the Doctor is a reactionary, a pronounced laudatur temporis acti. As regards the benefits of medicine,

he is decidedly sceptical. Know thyself is his advice, and then, if you take proper care of yourself, you will not need any medicine. Should some disease unexpectedly attack you, the best anywhere else. thing you can do is to wait patiently until it leaves you. As a rule, he claims that drugs and dectors prove of little service.

The Doctor, as will be seen, is in many respects a true disciple of Hippocrates. The latter believed firmly in the healing power of nature - the words natura medicatrix were ever on his lips-and the former Chancellor's physician is also a firm believer in the same power. He reminds us somewhat, too, of Galen and Paracelsus, and there is no doubt that he has learned much from these ancient worthies.

His views on medicine and other matters are certainly novel, but it would be rather rash to assume from them that the Doctor is utterly opposed to all modern methods of treating the sick. He rather seems to urge us not to have recourse to drugs on every trifling occasion, but to accept nature as our healer. He says no harsh words about physicians, and it is evident that he would give his best support to those brethren of his own profession who would be willing to take Hippocrates and nature as their guides, and to abandon many of our vaunted modern druge and so-called panaceas. In conclusion, it may be said that

Dr. Schweninger's reputation as a phy- you.

Instantaneous Water Heater.

A greater boon to the housekeeper can hardly be imagined than a quick means of heating water. A water heater which has just made its appearance appears to have many good points. It is automatic in action, and takes care of itself night or day, stopping the consumption of gas needed to heat the water as soon as its work is done. This heater combines quickness of action and very high thermal efficiency, with a complete circulating system controlled by a thermostatic regulator. The tank as it is heated goes to a storage tank or boiler (sowhich the regulator is set, the gas is hot. The house pipes are connected of this discovery grew, and soon the When warm water is drawn, cold water the cold water, and then stops, as be- the diamond-bearing soil and getting els with the same speed as light, 186,-000 miles per second. This means also that the little twinkle of light which Arcturus gives out when we look jections to gas stoves for general use. subjected to search. The city of Kimforty-seven feet of gas, and much better results can be obtained by precautions to save the loss in radiation. It is also stated that the heater will utilize from 95 to 98 per cent of the total

Science Takes Another Step.

The successful use of a new tetanus antitoxin in a New York hospital seems to show that remedy for lockjaw has been discovered at last. Heretofore Lord they wouldn't have to talk so that comparatively common affliction has been considered necessarily fatal. because the physicians had no means of relieving it. If an effectual remedy has at last been found, the science of medicine has added another to the many great strides it has taken in recent years .- Philadelphia Ledger.

> A Political Reason. "He is so very rich," said he, "He well might scorn the place; And hard indeed it is to see Just why he runs the race!"

"Let not that problem give you pause: These campaign tricks are cunning; He only runs, my friend, because The other fellow's running."

-Atlanta Constitution.

A Boston barber advertises "a separate room upstairs for dying," ignorantly omitting the letter "e" from the last word.

the Costliest Paving on Record in Kimberley, South Africa.

MACADAMIZED WITH GEMS.

ENGLISH & CO.,

Fertile, Polk Co., Minn.

without doubt, that which once paved the streets of Kimberley, South Africa, and which was so thickly studded with diamonds that millions of dollars' worth of gems were taken from it, says Literary Digest. How this princely roadbed came to be laid down is related in an interesting note in Cosmos (Paris, November 14), which we translate below: "The South African diamond mines were discovered thirty years ago quite accidentally. A peddler who was traveling from farm to farm on his business noticed a brilliant stone amid the pebbles with which some children were playing on a farm situated near the Vaal. The idea occurred to him called), and as soon as the temperature that perhaps it might have some value. in this boiler reaches the degree for He sent it in an unsealed letter to Dr. Atherstone of Grahamstown, who was automatically reduced. so that only so something of a geologist; he recognized much is burned as will keep the water in the stone a fine diamond. The fame with this boiler, as usual, so that warm diamond fever led many into the fields. water can be drawn in the bath room or Mines were discovered and a camp was at the various basins about the house. quickly formed, which received the name of Kimberley. Water was scarce flows in to take its place, and the regu- near these mines and, nevertheless, it lator at once turns on the gas to heat was almost indispensable for washing fore. This heating system insures a the precious gems out easily. Many full supply of warm water at any mo- workmen tried to do without it and to ment, night or day, and at any part of find their diamonds in the dry earth, the premises. It also reduces the con- with the result that a great number of sumption of gas to a minimum, and the stones remained in the debris of it removes one of the most serious ob- the diamond-bearing soil that had been It is claimed that this appliance will berley, growing rapidly, soon had a heat twenty-four gallons of water with municipal council, which, among other things, undertook to macadamize its streets. The debris that was in the miners' way was found excellent for this purpose. The city undertook, to the great satisfaction of great numbers of workmen, to rid them of their rubhish heaps."

A Good Opportunity for Girls in City or Country to Make Money at

Home.

If you will write us, enclosing stamped envelope with your name and address plainly written on it, we will send you ull particulars how to make good wages at home by doing plain needle work for us by a new and very easy method, and to become our agent to instruct others. Address "New Method Co., Suite 11. Adams Express Bldg., Chicago, Ill. Mention this paper.



Optician's diplomas granted; six weeks' course thorough, practical; business remunerative, un limited. Open to any ambitious man or woman who wishes to become what every town needs-an Expert Optician. Fees low. Enclose stamp

PROF. M. B. KETCHUM, M.D. Oculist and Aurist. LINCOLN, MEBRASKA BLOOK.



1878-Good crop. 1879-Good crop. 1880-Short crop. 1881-Good erop. 1882-Good crop. 1883-Good crop. 1884-Good crop. 1885-Goud crop. 1886-Good crop. 1887-Short crop. 1888-Good crop. 1889-Big crop. 1890-Failure. 1891-Good crop. 1892-Good crop. 1893-Short crop. 1894-Failure. 1895-Fair crop. 1896-Big crop.

turlinétan

Route

I nok at the record for 22 years. What ste can show a better one. Cut this out and mail it to your friends in the east and tell them the Burlington is the direct line to Nebraska.

G. W. BONNELL, C. P. and T. A Lincoln, Neb.



Iss't it strange that so many men

think they can do most for the Lord where the pay is best? The woman who marries a man to

reform him, has no time to take proper care of her complexion. It is better to believe that there is

some good in everybody, than that there is no good in anybody.

The real Christian will not shut up his Bible and quit, because things fail to go as he wants them to go.

Find a man who loves God with all his heart, and he will be found working for him with all his might.

Look at it this way: The world and everything in it is yours to help you make a true man of yourself.

Call the devil by any name that sounds well, and how quick he will pull in his claws and shake hands with

Of course the figures bewilder one, but, as far as they can be, they have been proved correct. BLASTS FROM THE RAM'S HORN It is doubtful if the church loafer weighs any more for good than a loafer

The man who would be strong in the heat of the ges.

Lord always, must not feed his soul on mouldy bread. The Bible says that Job sinned not

with his toague, but it fails to say the same about his wife.

If some men would get nearer to the loud when they pray.