# Medical Director Warns of **Swimming Dangers**

4th of July Approaching Brings a Warning of Dangers for the Holiday Swimmers.

Predicting that there will probably be more swimmers in the water on the Fourth of July than on any other day of the summer, Dr. Robert A. Fraser, chief medical director of the New York Life Insurance company offers three simple rules which should go far in preventing the large number of swimming accident which occur every year during the summer months.

Dr. Fraser has been making a special study of hot weather accidents and disablements. "If everyone," he says, "will remember the following three rules many lives will be spared and much sorrow avoided: First. never go swimming alone; second, keep out of the water for at least one full hour after a meal; third, never dive into water until you are sure of its depth.

"They are just 'common sense rules." Dr. Fraser said, "yet failure to observe them probably accounted for the great majority of the 5,500 swimming fatalities estimated by the National Safety Council for the year 1935 the latest figures that are avail-

"Many people are drowned every year because they insist on going swimming alone and are powerless to help themselves when seized with a cramp or faced with some other sudden emergency.

"As for keeping out of the water directly after eating, a life guard at one of the large semi-public pools here in the east tells me that he and the other guards know that their busy period will occur in the hour between two and three o'clock every day, when diners rush from the table into the lungs. This is very importinto the water and are seized with ant and must be accomplished. other time during the day.

Two Common Emergencies gerous to fight the force of the wa- air into the lungs. ter. Better, pick out a spot on shore, yourself to land, letting the current tion with the count of "one"; with announced here.

hold the breath and go through it. Repeat the cycle of movements though records of early years do not hoppers in this trap. merged.

side and swim as best you can, rest- nothing to lose."

mers should not attempt long dis- three" count. tances, or go far from shore, unless accompanied by a boat, Dr. Fraser advises. The fact that a particular course was covered safely in the past is no guarantee that the individual disaster unless there is a boat close Survey has reported. by with assistance ready.

#### Learn How to Apply Artificial Respiration

of artificial respiration is advocated in 1936; gold, \$18.433,000; silver, Alsace, by practically all life saving agencies \$369,000; copper, \$3,720,000; lead. and medical authorities and is the \$99,500; coal, \$573,700, and miscelone that everyone should understand laneous, including platinum and tin, among the famous professors who nesday afternoon, July 7. As far as and be able to use. "Don't roll a \$398,800. The gold output in 1935 drowned person over a barrel or hold was valued at \$15,940,000. him up by the heels for the water to run out," Dr. Fraser warns. "Such UNIVERSITY GRADUATES practices are dangerous."

In administering artificial respiration, place the patient face down on the ground, one arm extended for- twins were among the graduates at ward, the other bent to form a cush- the University of Colorado this year. ion for the head which is turned on They were: Elizabeth and Mar-

mouth, assuring free passage of air jects.



400-Year Span

for University

France Sends Invitations to 1938

Strasbourg Celebration-Es-

tablished in 1538.

By PETER C. RHODES

Louis Pasteur, world famous sci-

VACATIONING IN WEST

Look Out!

1938

POLITICAL FIRE WORKS

cramps. More people get into diffi- Now straddle one of the patient's culty during that hour than at any knees, facing the same direction as the patient, placing yourself just be-"And finally, the dangers of div- hind the buttocks. Place your palms ing into water without first knowing on the small of the back with fingthe depth are obvious to every one." ers pointing down over the two lower ribs.

A large percentage of swimming | Keep the arms straight and bend fatalities are the result of the swim- forward so that your entire weight mer losing his head when faced with is gradually brought to bear on the an emergency. It is imperative to patient. Then swing yourself smartkeep a steady head. When suddenly ly backward, removing all weight caught in a swift current, Dr. Fraser from the patient's ribs quickly, while points out that it is foolish and dan- the thorax expands and draws fresh

County While You Do It

the count of "two" let the weight | Strasbourg University was estab- | Marion Kellogg and Emmett Friend

thus conserving strength. Work your and keep on repeating for three or exist, it is highly probable that John Mr. and Mrs. Alfred Hutchinson way slowly to shore, resting fre- four hours if necessary, getting in Calvin, one of the leaders of the Re- and Francis, Mr. and Mrs. Ellis ation," Dr. Fraser reminds those giv- from 1538 to 1541. Most arm and leg cramps pass off ing it. "Keeping everlasting at it is Developing into an academy with- Charles Holmes and daughter. very quickly, according to Dr. Fraser, even more important than being a in 30 years the original gymnase had The wheat, harvested with grain

worse it becomes and you will soon with a friend, taking turns bein pa- incladed a faculty of Catholic Theo- able damage to the grain crops. exhaust yourself and be in serious tient and rescuer, until you have mas- logy which still is active.

#### ALASKA SINCE '80 YIELDS \$722,222,000 IN WEALTH

WASHINGTON (UP), The value will be so fortunate again. Wind, of minerals produced in Alaska since current, temperature, the swimmer's 1880 has reached \$722,222,000-

Mines produced \$23,594,000 worth of minerals in 1936 as against \$18,-312,000 in 1935, the survey showed. The "Prone," or Schafer method The value of the output by minerals of church and state still persists in

Boulder, Col (UP). Three sets of

one side. The body should lie on a garet Cather, of Cheyenne, Wyo.; From Saturday's Dailydistinct pitch, the head being lower Jean and Jane Martin, of Denver, and Mr. and Mrs. W. C. Soennichsen Dorothy Mae and Dorrie Fae Gar- and daughter, Mary Pillis, are leav-Using your fingers, force the pa- wood, of Cortez, Col. Only the Gar- ing Sunday for a two week vacation. tient's tongue to the front of the wood twins majored in the same sub- They plan to visit the Yellowstone National park.

epoch-making work.

# Alvo News

Russell Bornemeier of Lincoln to be Marked spent Sunday with his parents and

> Ellis Mickle was unfortunate last Friday to the extent of losing a very nice milk cow with bloat.

Large crowds have been attending the free shows given by the Alvo United Press Staff Correspondent | business people on Saturday evenings. Paris, July 2 (UP). The Univer- Mr. and Mrs. Earl Bright of Linsity of Strasbourg is preparing to coln were Sunday guests at the home celebrate its 400th anniversary and of Mrs. Bright's parents, Mr. and has sent invitations to leading uni- Mrs. August Johnson.

versity heads throughout the world The Busy Knot Tiers held their well down stream, and let the water Learn to apply artificial respiration to attend the celebrations early in fourth meeting in the church basebear you along while you slowly work by "count." Place your palms in posi- 1938, the Ministry of Education has ment Tuesday evening. The boys are very busy tying knots.

When unexpectedly caught in come forward on your stiffened arms; lished as a "gymnase" or German- have the system for catching grassrough water, do not try to ride over with the count fo "three" remove model high school in 1538, and was hoppers. They built a trap and fastbrated humanist, Jacob Sturm. Al- drive through the fields and catch the

quently. Lie flat, don't try to stand from 12 to 15 complete cycles to the formation, collaborated with Sturm Hutchinson, all of Cedar Hills and on the water, and keep the chin sub- minute. "Two hours is the minimum in the early development of the relatives from western lowa, and Mr. period for applying artificial respir- school. Calvin lived in Strasbourg and Mrs. Glenn Dimmitt and son spent Sunday with Mr. and Mrs.

"Do not 'fight' such a cramp," Dr. highly skilled operator. Remember, become a full fledged university by binders is very nearly all in the shock Fraser warns, "but turn over on your you have everything to gain and 1621, with four faculties or colleges. in this part of the county, while The university has been called "a those harvesting with combines are ing the 'cramped' member. The more One good way to become proficient daughter of the Reformation," al- just beginning. Many believe the hot you 'fight' this kind of a cramp, the in the "prone" method is to work though almost from the start it has winds two weeks ago did consider-

tered the simple movements and have The university achieved the distance tween the railroad and school house long. the only university in the world where the wheat was quite green and deep into the marshlands of south- 1937, at ten o'clock a. m. where men are trained equally for was soon put out. The fire crew ern Calcastieu Parish to prevent tickthe priesthood and the ministry. turned out to help.

Strasbourg University is the only The Jolly Stitchers will hold their Sabine river when it is low in sum-French university where Theology third meeting Thursday at the home mer. remains in the curriculum, Marshal of Paula Mae Bradley. The afternoon Dr. E. P. Flower, secretary of the physical condition, there are many 100 times the price paid Russia for Joffre having given a solemn promise will be spent judging. The girls will Louisiana Livestock Sanitary Board, tue of an Order of Sale issued by the factors beyond control that may bring the country in 1867—the Geological to this effect when French troops reoccupied the "lost province after the by then which is a sport dress. Next Texas side of the fence to stamp out County. Nebraska, in an action war. As a result of the French they will make another dress as the fever tick. But, he added, the Owners' Loan Corporation, a corpopromise to respect the customs and semble a complete outfit. traditions of the province the union

# Ladies' Aaid to Meet.

The Ladies' Aid society will hold entist, was perhaps the best known its regular July meeting next Wedhave held chairs at Strasbourg. It the committee could announce, the

> about to close the reports for this open. year and hope a good report can be McLaughlin's assistants also disgiven. So far the attendance has closed McLaughlin is attempting to been very good.

faced roads and other improvements as we went.

TEXAS ORDERS GAS ODOR-ORDERS GAS ODORIZED AS A SAFETY AID Nebraska Girl

Austin, Tex. (UP). Recurrence of disasters liek the explosion at the New London public school on March 18, will be guarded against in orders for gas odorization drafted by the utilities division.

Except for a sour gas in the Texas Panhandle used chiefly for manufacturing carbon black, Texas natural gas is odorless. It can accumulate in large quantities without detection, until a spark explodes it.

supply. Concerns will be permitted tinues to improve. to submit their own type for aping, all odor must be destroyed. worthy performances. There are numerous maiodorants ficials said.

#### STRANGE NAMES LISTED ON OLD INDIAN BALLOT

cords here.

Interest in the election of 1887, it liously. was found, centered on the legislative contest.

by the implication of his name that track meet at Peru this spring. he could do the most good for his been equally well qualified, but their style in the least," Gilkeson observed. to Nebraska. names were less appealing. They were Old-Man-Who-Cusses - Without Principle and Young-Man-With-High She is a crack softball player and has No. 3270: Up-Ambitions.

Old-Necessity was victorious in the leyball. race for justice of peace over Man-Afraid-of-Two-Deuces and Young- reached its climax with the Lancas- that said petition has been set tor Man-Who-Got-Thirty-Days.

for election as constable.

### PLAN 'CASH BASIS' COUNTY

Gering, Neb. Scottsbluff county commissioners completed plans Wed- traction, is the daughter of Mr. and nesday to put the county on a cash Mrs. Omar Jung of Garland, Neb. basis immediately and to retire all outstanding bond issues by July 1,

They called a special election for August 3 to decide if the county shall issue \$85,000 in bonds to pay off warrants against the general fund totaling \$54.557.16 with interest. The not bonds shall be issued to pay a 3268: judgment of \$20,351,99, awarded

The regular bond levy of 2.4 mills will not have to be raised to retire all bonds by 1942, Leonard Harrison, (Seal) j21--3w county clerk said. Of the original issues which totaled \$638,000, only \$101,000 remains outstanding.

## LOUISIANA BUILDS FENCE 200 MILES ALONG TEXAS

infested Texas cattle from wading the (Seai) jy5-3w

# PROJECT REMAINS CLOSED

was while holding the chair of chem- meeting will be held in the church Charles McLaughlin, said the works urday, July 17, 1937, at 2 o'clock istry there that Pasteur won recog-nition, after his discovery of isonition, after his discovery of iso- er, Dick Elliott, Roy Coatman, Haupt- advised him a recreational project in ka, offer and sell at public auction allegations therein will be taken as THREE SETS OF TWINS thermism. It was in there that Pas- man on the entertaining committee. Omaha will remain closed tempor- the following described real estate, condended with the prover of cold teur carried out many of the experi- It is hoped that all the ladies will arily but that an investigator will to-wit: be able to attend as the society is determine if and when it should re-

continue the work camp at Carter lake, north of Omaha. The project Cass county has no nonded in- was due to close Wednesday but a 15 debtedness, as, like the state, we day extension was granted by the nahave paid cash for our hard sur- tional park service. The project is

# Rises Swiftly as a Track Star

and Broad Jumper-Attends Peru Teachers College.

By JOSEPH W. MILLER United Press Staff Correspondent Lincoln, Neb. (UP), A Nebraska (Seal) j28-3w farm girl may succeed Babe Didrik-By Aug. 1, the commission expects son and Helen Stephens as a star in to have a malodorant in every gas women's track and field if she con-

Her name is Leota Jung, She is proval. It must be harmless, neither 20 years old, about 5 feet 7 inches estate of Gayle Rusk, deceased, No. toxic nor nauscating. It must be non-tall and weighs 130 pounds. With corrosive for steel, iron, bronze, brass little coaching, she has cleared 4 feet, been filed praying for administraor leather, and must be insoluble in 10 inches in the high jump, leaped tion of said estate and appointment water. It must also be of such con- 15 feet, 21/2 inches in the broad of Wilbur E. Rusk as Administrawater. It must also be of such con-stituents that it will be retained in jump and has clipped off 120 yards in for hearing before said Court on the the gas for a long period. Upon burn- 15.4 seconds — considered praise- 23rd day of July, 1937, at ten

Miss Jung completed her high Dated June 23, 1937. that will meet the requirements, of school course in 1934 at Malcolm, a (Seal) j28-3w village of 125 population in Lancaster county. She entered Peru State Teachers College last fall.

Coaching Only Started

There she came under the eye of To the creditors of the estate facts of an election conducted on and Miss Phyllis Davidson, director 3270; begun to take track and field ser- 25, 1937; that a hearing will be

Gilkeson arranged a training program but training is no problem for pose of examining, hearing, allowing The victor, chosen from a field of her. She high jumped 4 feet, 10 and adjusting all claims or objecable candidates, was Man-Who- inches in the college gymnasium with tions duly filed. Makes-Sneak-on-Public - Institutions. tennis shoes and did 4 feet, 8 in an Dated June 25, 1937 Apparently, his election was inspired exhibition at the M-I-N-K high school (Seal) j28-3w

"When a girl jumps like that, I NOTICE OF ADMINISTRATION constituents. His opponents may have don't see any need for changing her

Talents Are Versatile Miss Jung is a versatile competitor. estate of Emma D. Smith, deceased.

ter county activities association meet 25th day of June, 1937, at 10 o'clock Young - Man - Who - Always - Gets. in 1934 when she high jumped 4 a. m. Licked emerged the victor in a race feet, 9% inches, rated a world's high Dated May 29th, 1937. school record by the association, and (Seal) m31-3w County Judge. ran the dash and broad jumped as noted previously. No application ever was made for recognition of the feat. Miss Jung, who is of German ex-

Rooms or Apartments can be

rented through our Want Ad department. Cost is small. NOTICE TO CREDITORS

In the County Court of Cass Coun-

election also will decide whether or William Patterson, deceased. No. Take notice that the time limited for the filing and presentation of

the waves. Keep low in the water all weight and return to the first headed at its opening by the cele- ened it to the front of their car and Omaha printing firms and other con- listh, 1937; that a hearing will be cerns holding warrants against the had at the County Court Room in county. The judgment was granted Plattsmouth on October 22nd, 1937 Wednesday by District Judge George at 10 a. m. for the purpose of examining, hearing, allowing and adjusting all claims or objections duly filed. June 19th, 1937.

A. H. DUXBURY. County Judge.

y. Nebraska.

estate of Mary Henrich, deceased jections duly filed. No. 3240: Take notice that the Executor New Orleans. (UP). Louisiana has of said estate has filed his final (Seal) jy5-3w

built a fence to keep the neighbors' report and a petition for exami-Mr. S. C. Boyles' wheat field be- cattle out. The fence is 200 miles nation and allowance of his administration accounts, determination Even experienced, competent swim- the little trick of the "one, two tinction, which it still holds, of hous- caught fire from the right-of-way- From Logansport, on the Texas said estate and for his discharge; of heirship, assignment of residue of ing both a Faculty of Catholic and but was soon extinguished because of border and 40 miles south of Shreve- that said petition and report will be Protestant Theology. It is perhaps the fire burning toward a low place port, the barbed wire barrier extends heard before said Court on July 30, Carl J. Schneider. Dated July 3, 1937.

A. H. DUXBURY. County Judge.

NOTICE OF SHERIFF'S SALE

therein pending wherein the Home notified that on June 25, 1937, the for another two years and the fence under and by virtue of the laws of was built to protect Louisiana live- the United States, with its princi-Washing to n. - Representative said cause rendered, I will on Sat- of Plattsmouth, Nebraska.

South half (S%) of the east half (E%) of Lot seven (7). and the south half (S14) of Lot eight (8), all in Block fortynine (49), in the Town of Weeping Water, Cass county, Nebraska

HOMER SYLVESTER. Sheriff of Cass County, Nebraska

Attorneys for Plaintiff. j14-5W NOTICE OF ADMINISTRATION

In the County Court of Cass Coun-

ty, Nebraska. To all persons interested in the estate of Mary Micin, deceased. No.

Take notice that a petition has been filed praying for administration of said estate and appointment of Texas Railroad Commission's gas Leota Jung Is Sprinter, Also High John M. Meisinger as Administrator; that said petition has been set for hearing before said Court, on

the 23rd day of July, 1937, at ten o'clock a. m. Dated June 24, 1937. A. H. DUXBURY,

NOTICE OF ADMINISTRATION

In the County Court of Cass County, Nebraska. To all persons interested in the

Take notice that a petition has

County Judge.

NOTICE TO CREDITORS

In the County Court of Cass Coun-

Pierre, S. D. (UP). The strange Glenn Gilkeson, athletic director, of Emma D. Smith, deceased. No. the Sisseton Indian reservation have of physical education for women and for the filing and presentation of been revealed in a search of old re- for the first time the girl athlete has claims against said estate is October

had at the County Court room in

County Judge.

In the County Court of Cass Coun-To all persons interested in the

Take notice that a petition has shown talent in basketball and vol- been filed praying for administration Her high school athletic career E. H. Schulhof as Administrator;

NOTICE TO CREDITORS

In the County Court of Cass County, Nebraska. To the creditors of the estate of Martha Baumeister, deceased. No.

Take notice that the time limited or the filing and presentation of laims against said estate is Novemper 1, 1937; that a hearing will be had at the County Court room in Plattsmouth on November 5, 1937, at ten o'clock a, m., for the purpose of examining, hearing, allowing and To the creditors of the estate of adjusting all claims or objections

Dated July 2, 1937. A. H. DUXBURY, Seal) jy5-3w County Judge.

NOTICE TO CREDITORS

In the County Court of Case Coun-To the creditors of the estate of George P. Meisinger, deceased. No.

Take notice that the time limited for the filing and presentation of claims against said estate is November 1, 1937; that a hearing will be NOTICE OF FINAL SETTLEMENT | had at the County Court room in Plattsmouth on November 5, 1937, In the County Court of Cass Coun- at ten o'clock a. m., for the purpose of examining, hearing, allow-To all persons interested in the ing and adjusting all claims or ob-

Dated July 2, 1937 A. H. DUXBURY. County Judge.

LEGAL NOTICE

In the District Court of Cass

NOTICE

County, Nebraska Plaintiff

Henry A. Lamphear and Edith S. Lamphear.

Defendants, To Henry A. Lamphear

You and each of you are hereby

ticks probably won't be eradicated owners Loan Corporation, a corpo-District Court of Cass County, Nebraska, praying for judgment in the pal place of business located in the sum of \$219.18 plus interest from City of Washington, District of Co- June 23, 1937, and costs of suit. lumbia, is plaintiff, and George L. An order of attachment has been Spohn, et al., are defendants, and to levied on Lots 6 and 7 in Block 1 satisfy the judgment and decree in in Stadelman's Addition to the City

You and each of you are required cordance with the prayer of said

CARL J. SCHNEIDER.

Plaintilf.

J. Howard Davis, His Attorney.

Small factories will find welcome and the opportunity to expand (through river transportation) in Plattsmouth.

Daily Journal, 150 per week.