

A Word to the Wives of Plattsmouth!

200 HOUSEWIVES IN NEBRASKA CITY ARE USING

Perfection Cookers



HERE'S WHY---

You know the man who invented the Perfection Cooker did so to save his own life. Physicians had told him that the food he ate was not cooked so that all the oils, fats and nourishing juices were released, hence besides being unable to satisfy his taste and appetite, he was unable to get the necessary stimulation to excite the salivary glands, which had become paralyzed. So you see this man forced his stomach to do all the work.

Experimenting, he found that foods cooked under steam pressure—regulated steam pressure—were cooked right to aid digestion and stimulate appetite, they tasted so mighty good. So you see necessity again became the mother of invention and gave to a waiting world the most practical cooking utensil it had ever known.

Saves All the Flavor

The flavor in your food, no matter what you may eat, is contained in minute cells which must be broken up so that the digestive juices of the mouth can act on them, and the more these flavor cells are broken up, the better tasting is everything you eat.

Digestion's Greatest Aid

The greatest aid to digestion is food so prepared that when it reaches the stomach it is in a form easily acted on by the digestive fluids and readily absorbed by the system. Foods cooked in a Perfection Cooker are so prepared for ready digestion. Why, then, suffer from indigestion, blues, grouchiness or kindred ailments which generally come from a deranged stomach, when you can have a Perfection Cooker placed in your kitchen, learn how to use it, and pay for it on as EASY TERMS AS YOU DESIRE?

Saves Fuel As Well As Food

A Perfection Cooker will cook the toughest fowl or meat in one-third the time that is required by the ordinary boiling kettle, thus materially reducing your fuel bill. A Perfection Cooker does save you fuel and time.

Pays for Itself

We could devote pages of space to telling you about all the good things a Perfection Cooker will do for you, but rather believe you would like to see one for yourself and have its many merits explained to you. We guarantee it absolutely to do everything we claim for it—SAVE TIME, SAVE FOOD, SAVE FUEL, SAVE FLAVOR, SAVE MONEY AND WASTE NOTHING.

2,500 PERFECTION COOKER USERS IN LINCOLN

3,000 PERFECTION COOKER USERS IN OMAHA

200 PERFECTION COOKER USERS IN NEBRASKA CITY

HOW MANY PLATTSMOUTH HOUSEWIVES ARE GOING TO TAKE ADVANTAGE OF THE

Special Price and Free Demonstration at

Bestor & Swatek's,

Plattsmouth, Nebraska

FOR THE NEXT 10 DAYS ONLY BEGINNING

Monday, April 14th

EATS HIS WAY TO HEALTH

Lincoln Man Discovers Way to Improve Food.—Says Pressure Cooking Saved His Life.

His name is William Gray and his wonderful invention he has called the Perfection Cooker—a truly marvelous piece of mechanism, so simple in its construction and so far-reaching in its usefulness that its value to the world can hardly be estimated.

When we think of the untold human misery caused by eating improperly cooked food, it is impossible to estimate the worth of a simple, inexpensive device which insures that every particle of food put into it will be properly cooked, retaining all of the flavor and nutritive elements, and in a fraction of the time required by any other known method.

That necessity is the mother of invention was no less true in the case of Mr. Gray's Perfection Cooker than in hundreds of other great inventions. Listen to his own interesting story as to how the idea was conceived and put into execution:

"It was about eight years ago, and I had just undergone a severe surgical operation. The use of the anesthetic had left the salivary glands paralyzed, which, of course, made the digestion of food impossible. My physician said that some means would have to be found to stimulate the glands and induce a normal flow of saliva. Now, I knew, as everyone else does, that food, properly cooked and palatable, acts as a stimulant to the salivary glands. I thought that if I could just get the food I craved and have it cooked in a different manner, that it, cooked absolutely perfect, my condition would be remedied and I would again be able to enjoy eating."

"I knew that my trouble, as in the case of thousands of others, had been caused primarily by eating improperly prepared and indigestible foods. I knew that food, as ordinarily prepared, loses much of its nutritive value by being cooked in an open vessel, or kettle, which allows much of the flavor and substance to escape and prevents the heat element from reaching all parts of the food at the same time, which results in the food being unevenly cooked. When food thus partially cooked is taken into the stomach it imposes a severe strain on the digestive apparatus, resulting in chronic indigestion and many attendant ills.

"While lying in bed at the hospital, I began to think out a way to prepare food as I know it should be prepared. When I had recovered sufficiently to go to my home, I asked my wife to prepare a piece of meat by placing it between a hot skillet and a hot flat iron, so that it would cook from both sides at the same time. This crude experiment brought very satisfactory results, and the meat thus prepared tasted the best of any that I had ever eaten. It was because the heat element in cooking had been evenly distributed, allowing time to cook on the bottom side and top at the same time and at the same degree of temperature. The meat juices and the flavor had all been retained, because there was no way for it to escape.

"Following this crude device, I made a cooker of cast iron material which, though an improvement over the skillet and flat iron affair, still lacked perfection in every detail. After several years of experimenting I discovered that an aluminum kettle, with a steel cover, clamped down by a single screw, and equipped with a safety valve, answered every requirement of a perfect cooker. The biggest problem was to produce a safety valve that would allow the food to be cooked at a given degree of heat and temperature and at the same time warn the operator of the cooker when a sufficient amount of steam had been raised. This was finally solved through the use of a small steel ball about an inch in diameter, which fits on top of the escape valve, allowing the heat to be limited or increased to twenty pounds pressure, or 275 degrees Fahrenheit. When the required amount of heat has been attained, the ball begins to dance from the exhaust steam, as a warning to the operator who merely turns down the fire under the cooker to the proper degree.

"There is no circulation of steam within the vessel, which allows different articles of food, such as rice and onions, to be cooked at the same time without the slightest taint of mixed flavors. Simply place a cover over each article, and the concentrated steam pressure from all sides of the vessel prevents any escape of flavor or odors. All sorts of food may be perfectly

cooked in this manner, in a fraction of the time and at much less expense than by the old method of the ordinary pot or kettle.

"I firmly believe that I owe the fact that I am alive today to the discovery of this means of cooking food in an absolutely perfect manner, which makes any article of food easily digestible and at the same time makes it far more palatable and nutritious than any other known method."—Adv.

EBERT IS RAPIDLY LOSING STRENGTH

GRADUAL WEAKENING OF EXISTING GOVERNMENT IN GERMANY.

Paris, April 10.—Germany is one country in the enemy coalition in which the American commission to negotiate peace maintains no information service. A special mission sent to Germany during the early days of the conference to provide the commission with reliable news of political developments was withdrawn in March. Thus the peace commission is without direct information concerning developments at Munich, Magdeburg and other storm centers in Germany.

Press reports announcing the proclamation of a soviet republic in Bavaria, a corresponding movement in northern Germany and the arrest of Minister Landsberg, intellectual leader of the majority socialist governing group, are taken by those studying the German political conditions as symptomatic of what is to be expected in case the present government falls—namely, the establishment of a new regime based, not like at present on universal suffrage and democratic elections, but on the action of the proletariat at the elimination from the body politic of the bourgeois population.

All information received through the legation in the countries adjacent to Germany indicates the gradual loss of prestige by the existing government and the weakening of its power and authority, although it is still able to control the situation at the capital and in the greater part of the country by virtue of Minister Noske's force of disciplined troops.

All reports from Germany indicate that the Weimar government will not venture on any attempt of active intervention in Munich, for which, parenthetically, the forces at its disposal are entirely inadequate, and will confine itself, like the majority socialists of Bavaria to an attitude of passive disapproval. It is felt here that all its strength will have to be reserved to combat the tendency for the extension in other directions of the movement for the establishment of a proletarian republic.

WILL SEE THE NEW BABY.

From Saturday's Daily. Julius Neilson, wife and two children, Charles and Charlotte, were all passengers to Omaha this afternoon, where they go to visit with their daughter Mr. F. P. McMahon, to whom the stork has been very kind by bringing a nice little girl day before yesterday.

The children are happy to get to see the little niece and Grandpa and Grandma Neilson, Oh Go Along.

TWICE PROVEN

If you suffer backache, sleepless nights, tired, dull days and distressing urinary disorders, don't experiment. Read this twice-told testimony. It's Plattsmouth evidence—doubly proven.

Mrs. F. S. Brinkman, Eleventh & Pearl Sts., says: "For several years I had been bothered by my kidneys. My back often pained me severely. Headaches and dizziness were common and my sight became affected so badly I couldn't read. I was also troubled by my kidneys acting irregularly. I got Doan's Kidney Pills from Edward Rynott & Co.'s Drug Store and they benefited me greatly in a short time." (Statement given April 10, 1912).

"On February 22, 1916 Mrs. Brinkman said: 'I still consider Doan's Kidney Pills a fine kidney medicine. I gladly confirm my former endorsement.'"

Price 60c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Brinkman had. Foster-Milburn Co., Mfgs., Buffalo, N. Y.

Are You Happy?

To be happy you must be well. If you are frequently troubled with constipation and indigestion you cannot be altogether happy. Take Chamberlain's Tablets to correct these disorders. They are prompt and effectual, easy and pleasant to take.

PRESIDENT IS ABOUT TO CALL EXTRA SESSION

WILSON MAY START SESSION GOING WHILE ON OTHER SIDE AND NOT RETURN TILL END OF JUNE.

Paris, April 10.—While the sessions of the council of four are occupying the chief attention of President Wilson yet, those close to the president who have seen him in recent days say he is giving serious consideration to the conditions of public affairs in the United States, particularly the situation created by the failure of the appropriation bills and the necessity of calling an extra session of congress.

It is known that some of the president's advisers are of the opinion that a call should be issued at a very early day, so as to permit the new congress to assemble in perfect organization by June 1, and complete the appropriation bills before the end of the fiscal year. Should this prevail, it would require an early call in order to permit the usual period for assembling, but it is not known that it will prevail, for while the president is listening to these councils, he has given no intimation of the course he intends to pursue.

Several new factors have recently entered into the consideration of this subject here. One is the departure of the military committee of the new congress for Europe and it is foreseen that the committee, which is chiefly interested in the appropriation bills, cannot make the visit and get back much before June.

New Bills Necessary.

Another phase is the conclusion that the usual method of extending appropriations beyond June 30, by concurrent resolution of congress, would not suffice in the present case, as conditions are so entirely changed from a war to a peace basis that the former appropriations are not applicable to the present conditions. This, it is believed, will make necessary entirely new appropriation bills, requiring considerable time for their detailed elaboration.

The fact that the United States transport George Washington has been ordered to proceed to Brest has given rise to the suggestion that it was the situation at home, rather than in Europe, which might require the early return of President Wilson to America. But, according to the view of those in the confidence of the president, his physical presence in Washington is not essential to the meeting of congress or until the end of June when the appropriation bills will be ready for his signature. It is contended that the call for an extra session can be issued here and the work of the new congress can proceed without the president's attendance.

Wilson Creates President.

It is pointed out that no president had personally appeared before congress until President Wilson created the new departure, and it is said he could revert to the custom of his predecessors in issuing calls and transmitting messages, without his personal presence.

The final decision depends largely on the progress of the peace conference, as the situations at Washington and Paris are so linked together that they are more or less dependent on each other.

President Wilson attended the morning and afternoon sessions of the council today. The council had under consideration the remaining details of the Saar settlement and the Rhine frontier.

There were reports that the Italians were disposed to accept the plan for the Adriatic settlement, which had not previously been satisfactory to them. Should this compromise be effected, it would remove one of the last large obstacles to the consummation of the treaty, though many lesser subjects still remain open.

Interest in Labor Report.

The plenary session of the peace conference tomorrow for the consideration of the labor report is awaited with much interest because of the dissatisfaction existing among the smaller nations. Indications are that there may be interpolations concerning the secrecy with which the big four is surrounding itself, and rumors that negotiations may open with the Germans without fully advising all the peace delegations of the terms of the treaty. Without exception, the smaller nations are said to be displeased at being kept in the dark.

The labor report is to be presented for open discussion and consequently there will be opportunity

for general debates unless steps are taken to prevent it.

Opposed to Publication.

The council of four is strongly opposed to official publication of the peace treaty before its submission to the Germans. It maintains that it is allowing positive decisions to be announced and that consequently the public will be advised on all the main points before the treaty is signed.

This piecemeal and incomplete publication is unsatisfactory to many of the delegates, who are urging that the people of the allied countries shall have the text of the peace treaty from their officials before the Germans announce it with their interpretations.

MANY FAVORITES IN "BLUE JEANS" CAST

Robert Walker, Clifford Bruce and Sally Crute in Metro Company's Special Production.

Charming Viola Dana, star of Metro's special production de luxe, "Blue Jeans," is surrounded by a superior cast, in this adaptation of Joseph Arthur's famous melodrama. Miss Dana plays June, the delightful heroine, and opposite her in the role of Perry Bascom, is Robert H. Walker. Mr. Walker has appeared in leading parts in nearly all of the Metro wonderplays starring Miss Dana, and was formerly in her support with the Edison company, as was Augustus Phillips, who has the part of Jack Bascom.

Clever Sally Crute has the important part of Sue Eudaly, the adventuress. Miss Crute appeared as Mrs. Gaden in "A Wife by Proxy" with Mabel Taliaferro, and as Mary in "The Beautiful Lie." She has had a distinguished career on the stage



VIOLA DANA in "BLUE JEANS"

and screen and is one of cinema's favorite "vampires." She is by birth a southerner, but gained her first experience on the stage in a Denver stock company.

Clifford Bruce, who has the part of Ben Boone, is another Metro favorite and has appeared as a star in his own right in "The Devil at His Elbow" and other productions and he played opposite Mabel Taliaferro in "The Barricade." Mr. Bruce is a Canadian and was educated at Toronto University.

The part of Col. Henry Clay Riser is in the hands of Henry Hallam, who will be remembered as Captain Barnacle in "Aladdin's Other Lamp" with Miss Dana, and in other Metro wonderplays in her support. Formerly an operatic tenor, Mr. Hallam toured the world at the head of his own company, Russell Simpson and Margaret McWade are other members of a cast which has no weak spots.

This is one of the best feature pictures that has been billed to appear in the city for a considerable time, and the price is consistently low as compared with its merits.

MANY GIRLS JUST NOW.

From Saturday's Daily. There is rejoicing just at this time on the island just south of the big bridge of the Burlington over the Missouri river, for there has come to the home of Wm. Coon and wife the dearest little girl baby ever, and all are doing well as well as very happy.

School Day books in a large variety at the Journal office. You will want one for that graduation friend. Call and see the line.

DR. H. C. LEOPOLD
OSTEOPATHIC PHYSICIAN
Special Attention to Diseases of Women
ACUTE DISEASES TREATED
Eyes Tested and Glasses Fitted
Night Calls Answered—After Hours and Sundays by Appointment.
4.30 a. m. to 12:00—1:25 p. m. to 5:25
Courtesy Block
Plattsmouth, Neb