

## SLEEPING OUT OF DOORS IN THE SUMMER TIME

It Is Good Common Sense and Rapidly Growing in Favor Throughout the Country.

Sleeping outdoors is more than a fad. It is common sense. The habit of sleeping outdoors during the heated days of summer is one that is rapidly growing in all of the larger cities, until nowadays there is scarcely a good house built that does not have a sleeping porch or provisions for one in connection with the regular bedrooms. If the city man, with short hours and comparatively light physical labor, can sleep outdoors to advantage, all the more will the farmer benefit by it. His hours of labor in the summer are longer and more strenuous. He has less time for sleep and recuperation for the next day's labor. He must get the largest possible amount of rest in his sleeping hours in order to do his best.

At night, while at sleep, the body does the repairing and rebuilding of our worn-out muscles and stores up energy for the future—in other words, builds up the credit in the bank against which it can check the following day. It is during these hours of sleep that the body should be supplied with the most wholesome air. People who work all day in poorly ventilated factories and offices and under other unsanitary conditions, must inevitably, sooner or later, show the effect of such surroundings; but if they spend most of their other hours in the open air, it goes far toward mitigating the bad effects. The reverse is likewise true. The man who sleeps every night in a hot bedroom or with poor ventilation does not rest as well, and his sleep is not so refreshing, and the body suffers in consequence. If he spends his waking hours out in the open air, as does the farmer, the bad effects are not so noticeable; but if in addition to being outdoors all day, he would sleep in a well ventilated bedroom in cool weather, and sleep outdoors through the summer, he would enjoy more vigorous health, his sleep would be more refreshing and restful, and he would be better enabled to meet day by day the problems and the duties that come to him.

Everyone is familiar with the splendid physical results that follow a camping trip or a month spent in the woods or mountains, living in a tent or shack. Part of these good results of course come from a change of work and a change of scenery, but a very large proportion of the good comes because under such conditions we live outdoors practically day and night. Sleeping outdoors is recommended by every reputable physician in all cases of lung trouble and in many other diseases where the vitality is reduced to a low point. People who take colds easily find that outdoor sleeping renders them largely immune. The various nervous troubles, insomnia, etc., are often overcome by sleeping out in the open air. It is now well known that fresh air has wonderful curative powers, and that the effects are largely augmented if the fresh air is obtained while one sleeps.

A well known physician recently wrote: "We started to sleep outdoors last summer and liked it so well that we did not move into the house until January. We will move back to the tent in April. It has been a delightful summer. We awake from sound sleep greatly refreshed from the night spend in the cool air. You could not hire me to sleep in the house during the heated season. My family has never enjoyed better health, and we attribute it all to sleeping in the open air. I have recommended this to a number of my patients, who have derived a great deal of benefit from it. It is a valuable aid to the cure of disease as well as also being a preventive."

Sleeping outdoors is a habit that is easily acquired. All that is necessary is to spend a few of the hottest nights under such comfortable circumstances and then return to the house for one night and note the difference. In the house, one doesn't sleep so soundly, he doesn't rest so well, he is not so refreshed. Six and one-half hours of sleep in the open air is equivalent to seven and a half hours indoors. The person who once comes to know the sound and refreshing sleep that comes to the outdoor sleeper will never again be satisfied to swelter in the average summer bedroom. Occasionally there is a bedroom with windows and doors on all sides, so that the ventilation is good, but it is very rare. More often, the farm bedroom contains but a single window.

The screened porch, of course,

makes the ideal summer bedroom. For a two-story house, with all the regular bedrooms upstairs, the handiest place for the sleeping porch is also on the second story. It can be built over the roof of the porch, or if there is no porch convenient, a scaffold can be run up from the ground, and the sleeping porch can be built on this. It is not absolutely necessary that the outdoor porch be roofed. In stormy weather one can move back into the house. A canvas covering can be purchased for a few dollars, and it will make a very good roof and will shed water. Any tent-maker who has the measurements can make such a covering and fit it with eyelets so that it can be rolled down and buttoned fast in stormy weather and rolled up and out of the way on clear nights. A porch on the second story does not need to be screened, as mosquitoes do not bother except near the ground.

A side porch on the lower floor can easily be converted into a sleeping porch. Screens can be fitted, or, lacking these, a light framework built and covered with mosquito-bar.

Lacking a porch, an ordinary tent pitched in the yard makes a splendid summer bedroom. A regulation wall tent 10x12 feet can be bought complete at about \$14; one 12x14 sells for around \$18, and one 14x16 sells at \$26. A compartment tent with from two to five rooms is also part of the stock carried by every tent factory. A two-room compartment tent can be purchased new for about \$25; a three-room compartment for \$45. In the three and five-room compartments the center compartment can be used for a sort of living room or dining room, with bedrooms opening off each side. Used tents can often be purchased at considerably lower figures than those given above, and will answer every practical purpose.

A tent is hot in the daytime unless pitched in the shade, but it cools off quickly at night. If there is some shade convenient to the house, pitch the tent there, and let the children and the women folks spend the hot afternoons out in the cool draft that will circulate through the tent on the hottest days. A floor in the tent will add considerably to the comfort and pleasure, but it is not absolutely necessary; but unless floored, a tent is damp in rainy weather.

## AN AMUSING AND MIGHT HAVE PROVEN A SERIOUS INCIDENT AT THE PERKINS

From Wednesday's Daily.

Yesterday an incident occurred at the Perkins house that in it was furnished not a little amusement for the residents there. In the rear of the building is a well which is some thirty feet deep and has as a general thing some four feet of clear sparkling water in it. Yesterday, in an unguarded moment, the cover of the well was left open, and an adventurous hen mounted the curb and in her exploration fell into the open well. This was noticed by some of the neighbors and an alarm sounded in order to effect a rescue of the hen. A young man who is engaged in looking after the work around the hotel volunteered to bring forth the hen from the well, and started to descend into the well by means of a well rope, and when a little over half way down the rope broke and the young man hurriedly joined the hen in floundering around in the water. A ladder was finally procured, and by getting up on this, as well as with the assistance of one of the boarders at the hotel, the hen and the boy were both rescued from the deep, and the only damage done was a severe wetting. As soon as the hen reached dry land safely she proceeded to lay one large, fine egg, the first in several months. It required several hours to draw all the water out of the well, but it is now as good as ever.

## Wheat Looking Fine.

From Wednesday's Daily.

While the Burlington's weekly crop and soil report issued Monday showed winter wheat to be far better, than normal in all sections, this report adds, "the ghost of last year's Hessian fly seems to be causing some apprehension in southeastern Nebraska, but it is too early to know what, if any, damage will be done." Conditions for plowing have been excellent during the past week, and that for small grain is practically completed. The most promising winter wheat reports come from Merrick, Butler, York, Thayer, Nuckolls, Red Willow and Furnas counties.

## Fine Plants.

Pansies, 3c each; Tomatoes, Cabbage, Peppers and Egg Plants, 1c each. Sweet Potatoes, 30c per 100. Prices postpaid. C. E. Shall. College View, Neb. 4-22-4wks-wkly

Paints and Oils, Gering & Co.

## E. F. GRAY, NEBRASKA PIONEER ATTORNEY, PASSES AWAY

One of the First District Attorneys of the State and Father of Mrs. W. A. Robertson of This City.

E. F. Gray, dean of the Dodge County Bar association, died early Sunday morning at the home of his daughter, Mrs. E. O. Jones of Sioux Falls, S. D. The body will be brought to Fremont this afternoon on the Burlington at 3:30 o'clock and taken to the Masonic hall, where it will lie in state. Tuesday afternoon at 2:30 o'clock the funeral will be held under the auspices of the Masonic order and a Knight Templar escort. Burial will be at Ridge cemetery. Members of the Dodge County Bar association, of which Mr. Gray was for several years a member, will act as pallbearers.

Mr. Gray was forced to give up the practice of the legal profession about a month ago owing to ill-health. He closed up his business affairs and left Fremont for Sioux Falls to make his home with his daughter. He realized that he had but a short time to live when he left and bade good-bye to his many friends. He had been a sufferer with an affection of the throat for several months.

Mr. Gray for nearly half a century had been a conspicuous figure in court rooms of this district. His tall, gaunt figure, his white hair and beard, his ashen face, gave him an appearance that was striking. He possessed a voice that was peculiarly dry and firm that served to punctuate his earnest attitude. Withal, he had a grace of manner that was charming and a bearing that commanded the highest respect of all that met this interesting barrister of an early day, who carried the rugged practices of the pioneer practitioner into the modern court. His legal ability was great. Perhaps no other lawyer in Nebraska possessed a keener, quicker sense of law than did E. F. Gray.

For 48 years Mr. Gray had been a conspicuous member of the legal fraternity in Fremont and Dodge county. He came to Fremont from Idaho, where he served as district attorney for the territory of Idaho before that state was admitted to the union. He wrote the criminal code in use in Idaho at the present time. Mr. Gray was attracted to the California gold fields in 1859. The following year he went to Idaho where he studied law while a member of a surveying corps. He was admitted to the bar in Boise, Idaho, in 1862.

Mr. Gray's coming to Fremont dates back to 1867. While a resident of Boise he decided to visit his parents, Mr. and Mrs. A. W. Gray, among the pioneer residents of Johnson county. To make the trip from Idaho to Omaha Mr. Gray went by boat down the Columbia river, by steamer to the Panama canal, across the isthmus by rail and then by boat to New York City, where he took a train for Omaha.

For a third of a century he occupied the same quarters for offices in the Farmers and Merchants National bank building. For one term in 1901 he was city attorney for Fremont. Mr. Gray served as district attorney for this district from 1867 to 1873. While serving in this capacity he made the trips from one court to another on horseback. Mr. Gray was a member of the constitutional convention of 1871. Since 1871 he had given his entire attention to the practice of law.

He was a native of Wayne county, Pennsylvania, where he was born January 30, 1837. In 1846 he came with his parents to Rock county, Wis. Seven years later he removed to Minnesota, where he resided for six years before leaving for the west. He was married to Miss Marietta Hallebaugh, of Falls City, in 1868, who with three daughters, Mrs. E. O. Jones of Sioux Falls, S. D.; Mrs. W. A. Robertson of Plattsmouth, and Miss Vesta Gray of California survive.

Two of the conspicuously handsome homes of Fremont were built by Mr. Gray and occupied for periods by himself and family. One of them is the present Stoddard home at Sixth and Clarkson and the other stands near the end of Nye avenue.—Fremont Tribune.

## Take Care of the Children.

A lingering cold, distressing cough, sleepless nights, a raw, inflamed throat lead to a run-down condition in which the child is not able to resist contagious diseases. Foley's Honey and Tar is truly healing and prompt in action. It relieves coughs, colds, croup and whooping cough. Contains no opiates. Sold everywhere.

## Dandelions Very Plentiful.

The crop of dandelions this year seems to be the best for several seasons, and despite the efforts of the householders, there are millions of the gay golden blooms scattered throughout the lawns of the residents of the city. There has been many remedies suggested that are calculated to rid one of the dandelions, but the more warfare that is made on them the better they thrive, it would seem, and about the only way they can be gotten rid of is to dig them up by the roots and haul the plants away.

## IN PLATTSMOUTH FORTY YEARS AGO.

## One of the Early Floods.

We have already recorded that exceedingly heavy rains, accompanied by wind and lightning, prevailed in this region during Sunday and Monday nights, but Tuesday night, or rather Wednesday morning, capped the climax. Between 12 and 1 o'clock it commenced pouring down in perfect sheets of water. We never saw such a rain, and began to think that Frank Morrison was the only sensible man in town, for he had a boat most ready to save himself and Squire O'Neil.

Of course the creek which runs meandering through the town rose, rose big; got on its ear at the intemperate display of the elements, and rushed around on a jamboree that had not been equaled since the famous washout and deluge of the Brooks House several years ago. Great sections of sidewalk were washed out on Washington avenue, sweeping down by Howland's shop, it was met by the currents down Sixth street and Vine from Fifth street. It broke the doors of Dr. Schildknicht's stable in and rushed through the barn. Outside, in his lot it tore everything to pieces; took off the sidewalk above and below the house; demolished the fences near the creek; washed out the entire curbing and ruined the handsome yard the doctor had taken so much pains with.

Over on the other corner, Billy Neville's handsome trees are all broken by the debris thrown against them; the yard was flooded, garden ruined and sweeping on down the water, covered the rear of all the lots on Vine between Fifth and Sixth. An outbuilding lodged again under the end of the Saunders house in the culvert there and backwatered everything.

It swept through Fitzgerald's stable, carried off two cows and it is said tumbled them through the culvert on Main street, where they apparently climbed up the back at Waterman's lumber yard. It flooded the store cellars on Main street, Chrysler's place, the hotel basement and in the Temperance hall raised over the tables.

Mr. Shryock's hogs were washed away, a wagon of Fitzgerald's carried through the culvert on Main and lost in the Missouri. All the outbuildings on the creek are gone, great stones and chunks of brick wall from the hotel lay scattered down the creek.

In the country, reports say, the grain is down bad, and corn broken a good deal. Wheat may come up, but oats and barley are nearly ruined. Such persistent and violent rains were hardly ever known before. Bad washouts are reported on the line of the railroad and at Louisville and South Bend. Cold water is undoubtedly a good thing as a beverage, but as a floating medium over what should be dry land it is to say the least a most unpleasant body. Later—the reports from the country continue to show the grain badly damaged. The storm has been very extensive.

Billy Neville's cow stood in water up to her neck, just holding her nose out to breathe. Two of Mr. Gregory's hogs are gone for good; one came back. Mr. Shryock's hogs eventually returned. All the morning was spent in cleaning cellars and drying furniture by those on Vine and rear of Main streets. Jim Grace lay abed until the furniture began to float, when not liking so much cold water, he bounced out.

## Our "JITNEY" Offer—This and 5c.

DON'T MISS THIS. Cut out this slip, enclose with five cents to Foley & Co., Chicago, Ill., writing your name and address clearly. You will receive in return a trial package containing Foley's Honey and Tar Compound, for coughs, colds and croup, Foley Kidney Pills, and Foley Cathartic Tablets. Sold everywhere.

## For Sale.

Keystone Hay Loader and a Keystone Side Delivery Rake. Almost new. Can be seen at Hallstrom farm, south of this city, near Mockenhaupt brick yard. For further particulars see John Gonder. 4-29-3tw

## "THE WINNING OF BARBARA WORTH" MONDAY, MAY 3

In the better class of theatrical offerings of the present day, not only is a high order of merit expected from the presenting actors, but the rising small degree of expectancy on the part of regular theater-goers in the matter of scenery. In "The Winning of Barbara Worth," which comes to the Parmelee theater Monday evening, May 3, the producers have excelled all former efforts in the way of massive scenic splendor. To those who are familiar with Harold Bell Wright's great book from which the play is made, it will be easy to appreciate the opportunities offered the producers for magnificent stage spectacles. The prologue shows a vast desert scene, after a sand-storm, in which the parents of Barbara Worth have lost their lives. The second act of the play shows the city of Barba before the flood, and the last act shows the same city after the flood.

## CHIEF OF POLICE BARCLAY MAKES HIS FIRST ARREST

From Wednesday's Daily.

Yesterday afternoon Chief of Police Barclay made his first arrest, when he rounded up Charles Duffey and O. Andrews, two floaters who had drifted into the city, and placed them in the city jail. The men, with several companions, had been holding high revel at the spring near Happy Hollow and were well "lit up" with large and copious drinks of red-eye and were unable to give a clear statement as to their actions, but the appearance of the eye of one of the parties indicated that they had been staging a small reproduction of the Willard-Johnson mill, as the right "lamp" of Andrews was in a state of wreckage as though someone had hung one on him. This morning the men were brought before Judge Archer to have justice meted out to them, and they explained to the court that perhaps they might have been drinking some and did not remember clearly their actions, but they felt a call to move to other sections of the country, one desiring to return to Iowa, while Duffey, who is a chimney sweep by profession, desired to his himself to Geneva, Neb. The judge decided that they would add nothing to the city and accordingly let them go on their way, and they were escorted to the Burlington depot by Mr. Barclay and lost no time in shaking the dust of Plattsmouth from their feet.

If you check up the number of bottles used you will find Foley's Honey and Tar in greater demand than any other cough medicine. It is safe, prompt and effective for colds, croup, hoarseness, bronchial coughs, throat trouble and la grippe. It contains no opiates and is the preferred cough medicine for children. Sold everywhere.

## Wall Paper. Gering & Co.



## Plow Shoes!

The above cut shows you an out-going style shoe that is a cracker-jack for field wear. Made in brown mule skin—bellows tongue, (to keep the dirt out) low heel, single sole. Absolutely solid leather. Sizes 6 to 11.

\$2.00 per pair

Fetzer Shoe Company  
Parcel Post Paid

### Concrete Work Guaranteed!

We could not do that if we were not sure every time we do a piece of concrete work that it is done right.

### We Know How

or we would not take a chance on rebuilding our work. We know how to mix concrete and how to put it in, and every job we handle is there to stay.

### Silo, Water Tank, Water Storage Tank, Walls

—all built by us under an absolute guarantee to be of first-class material and workmanship and we stand back of it.

### Come in and See Us

if you are thinking of building anything this year. We have a number of new ideas about building that will interest you.

Just south of Postoffice on Fifth Street.

## Concrete Construction Co.,

Plattsmouth, - - - Nebraska

### AGENTS WANTED.

MAN OR WOMAN of good character in each town to distribute free goods as advertising; experience unnecessary; references required; \$15 a week to start. Address Hudson King & Co., Dept. 17 H., 9 South Clinton St., Chicago. 4-24-6t

Don't use harsh physics. The reaction weakens the bowels, leads to chronic constipation. Get Doan's Regulators. They operate easily. 25c at all stores.

A package containing children's hose and underwear was left at the Plattsmouth State bank. Owner may have same by calling at this office and paying for this advertisement.

Call your property by an ad in The office.

### Paints and Oils, Gering & Co.

### NOTICE TO CREDITORS.

STATE OF NEBRASKA, Cass County, ss.

In the Matter of the Estate of John Peter Kell, Deceased:

Notice is hereby given to the creditors of said deceased to present their claims, and one year for the administrator to settle said estate from the 2nd day of April, 1915, to the 2nd day of April, 1916, at 10 o'clock a. m. each day, for the purpose of presenting their claims for examination, adjustment and allowance.

Six months are allowed for the creditors of the said deceased to present their claims, and one year for the administrator to settle said estate from the 2nd day of April, 1915, to the 2nd day of April, 1916, at 10 o'clock a. m. each day, for the purpose of presenting their claims for examination, adjustment and allowance.

Witness my hand and seal of said County Court, at Plattsmouth, Nebraska, this 7th day of April, 1915.

(Seal) ALLEN J. BEESON, County Judge. 4-12-4wks

### NOTICE TO CREDITORS.

STATE OF NEBRASKA, Cass County, ss.

In the Matter of the Estate of Archibald M. Holmes, Deceased:

Notice is hereby given to the creditors of said deceased that hearings will be had upon claims filed against said estate, before me, County Judge of Cass County, Nebraska, at the County Court room in Plattsmouth, in said County, on the 8th day of May, 1915, and on the 9th day of November, 1915, at 9 o'clock a. m. each day for examination, adjustment and allowance.

All claims must be filed in said court on or before said last hour of hearing.

Witness my hand and seal of said County Court, at Plattsmouth, Nebraska, this 7th day of April, 1915.

(Seal) ALLEN J. BEESON, County Judge. 4-12-4wks

### NOTICE TO CREDITORS.

STATE OF NEBRASKA, Cass County, ss.

In the Matter of the Estate of John M. Melinger, Sr., Deceased:

To All Persons Interested:

You are hereby notified that there has been filed in this court the petition of Henry J. Melinger, alleging therein that the said John M. Melinger, Sr., has departed this life, leaving an heir, said instrument purporting to be his last will and testament, and praying that said instrument be allowed and probated as the last will and testament of the said deceased, and that Henry J. Melinger, Jr., be appointed executor of said estate.

That a hearing will be had upon said petition and purported will before this court at the Court House in the City of Plattsmouth, in said County, on the 22d day of May, 1915, at one o'clock p. m. That all objections, if any, must be filed on or before said day and hour of hearing.

Witness my hand and seal of said County Court, at Plattsmouth, Nebraska, this 10th day of April, 1915.

(Seal) ALLEN J. BEESON, County Judge. 4-15-4wks

### ATTACHMENT NOTICE.

Louis Obernough will take notice that on the 31st day of March, 1915, M. Archer, a justice of the peace, of Plattsmouth, Cass County, Nebraska, issued an order of attachment for the sum of \$40.00, in an action pending before him, wherein Adolph Wesch is plaintiff, and Louis Obernough is defendant, and that property of the defendant, consisting of one-quarter of beef, one meat rack, one roll of paper and one smoke house, has been attached under said order. Said cause was continued to the 17th day of May, 1915, at 9 o'clock a. m.

ADOLPH WESCH, Plaintiff. 4-15-3wks-wkly