

Slaves to Spring Catarrh Restored to Health By Pe-ru-na.

Honest People Tell Their Experiences.
Spring,—the Time to Cure Catarrh.



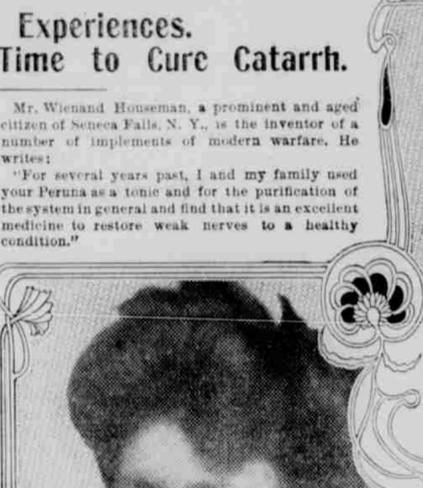
MRS. JOHN E. MILLS

Mrs. John E. Mills, 53 Mulberry St., Lynn, Mass., writes:
"I have been troubled with catarrh since I was ten years old. At times my head troubled me so that I was obliged to stay in a dark room. Nothing helped me and my physician said I could never be cured.
"I began taking Peruna this spring and find myself greatly benefited by it. I have not had an attack since I took my first bottle. I think in time it will cure me. It has already improved my appetite and my general health and I have gained twenty pounds in three months.
"I have recommended it to several of my friends, who also find it very beneficial. I advise any one troubled with catarrh to use Peruna."



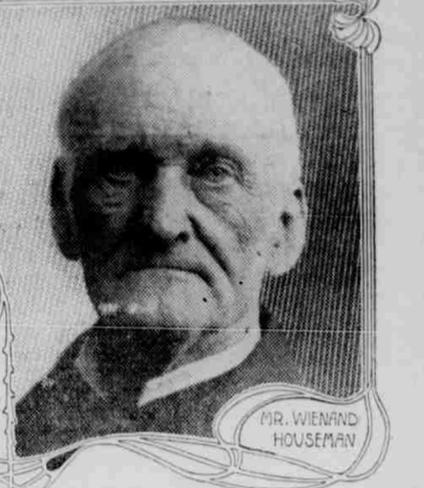
MR. J. Q. CRAIG

Mr. J. Q. Craig, a well-known athlete, whose home address is Bridgeton, N. J., writes from the Hotel Donavin, Delaware, Ohio, as follows:
"I can say of Peruna that, as a tonic for the spring of the year, it is the best for athletes, and as such I can give it a hearty recommendation."
Peruna does not fail to prevent the lassitude and languor incident to the approach of warm weather, if taken in time.



MRS. A. S. RUCKER

Mr. Wienand Houseman, a prominent and aged citizen of Seneca Falls, N. Y., is the inventor of a number of implements of modern warfare. He writes:
"For several years past, I and my family used your Peruna as a tonic and for the purification of the system in general and find that it is an excellent medicine to restore weak nerves to a healthy condition."



MR. WIENAND HOUSEMAN

Mrs. A. S. Rucker, 1824 Cedar street, Nashville, Tenn., writes:
"I wish to tell you what Peruna has done for me. In the spring of 1902 I was very sick and so weak I could scarcely be up. I was alarmed at my condition.
"I had a bad cough for some time and I tried several cough medicines, but grew worse all the time. I knew if I did not get relief, I would soon go into consumption.
"So I decided to try Peruna. I had confidence in it before I took it and found it was just the medicine I needed, for in a short time my cough ceased and my strength returned.
"I have enjoyed better health since taking it than I had for several years previous."

Spring Catarrh.

Almost every one has come to believe that spring is a season that brings derangements of the body dependent on blood impurities.

This belief is an old one, is nearly universal, and has arisen, not as the result of the teachings of the medical fraternity, but has been learned in the bitter school of experience.

Nervous Depression.

Depression of the nervous system at the approach of spring is a fertile source of blood impurities.

There are general lassitude, dull, heavy sensations, continual tired feelings, with irregular appetite, and sometimes loss of sleep.

That Tired Feeling.

That tired feeling, which is the natural result of the depressing effect of warm weather immediately after the invigorating cold of winter, quickly disappears when Peruna is taken.

The Correct Remedy.

Peruna meets every indication and proves itself to be perfectly adapted to all their varied peculiarities. Peruna invigorates the system, rejuvenates the feelings, restores the normal appetite and procures regular sleep.

Do Not Delay.

Get a bottle of Peruna when the first languid feelings make themselves apparent in the spring. Take it according to the directions on the bottle. Continue this treatment through the first months of spring.

This course of treatment is no experiment. It has helped thousands. Why should it not help you?

A Spring Tonic.

Almost everybody needs a tonic in the spring. Something to brace the nerves, invigorate the brain, and cleanse the blood. That Peruna will do this is beyond all question. Everyone who has tried it has had the same experience as

Mr. Warren M. Taylor, 1216 8th Ave., Brooklyn, N. Y., who, in a recent letter, writes:

"I suffered from a general feeling of lassitude, with occasional creeping chills, followed sometimes by fever and biliousness.

"These symptoms manifested themselves mostly in the spring and fall.

"I suffered this way for about seven years.
"Last spring I began using Peruna and followed the instructions as set forth in one of Dr. Hartman's booklets which I picked up in a drug store and to my great joy I noticed that within a week I was nearly cured.

"At the end of two months I was entirely cured and feel as though I have a new lease of life."

Nature's Assistance.

Spring is the best time to treat catarrh. Nature renews herself every spring. The system is rejuvenated by

spring weather. This renders medicines more effective.

A short course of Peruna, assisted by the balmy air of spring, will often relieve old, stubborn cases of catarrh that have resisted treatment for years.

A Word of Advice.

To those who have been afflicted with chronic catarrh we wish to say that the spring season affords you a splendid opportunity to get rid of your disease.

It may be you have been afflicted for several years; you may have tried different remedies. Perhaps you have become discouraged.

Now is Your Opportunity.

This failure was during the winter months. But now is your opportunity. Nature comes to your assistance at this season.

Just help her a little and she will bring you out of the quagmire in which you have been floundering so long. Give Nature a little assistance, let her struggle be in vain.

A Typical Case.

Geo. M. Fillmore, formerly 1st Lieut. 3rd U. S. Artillery, writes from 909 L. St., N. W., Washington, D. C., as follows:

"I brought forward from winter into spring a sickening case of catarrh which was making existence miserable for me, until I was induced to try a bottle of Peruna.

"An immediate improvement gave me hope, if not relief. I kept up taking Peruna and it has so strengthened and relieved me that I am now confident of a cure. I heartily endorse Peruna for catarrhal affections and as a tonic for their weakening effects."—Geo. M. Fillmore.

A short course of Peruna now will be just in time. During the month of April you will find the strategic time to rid yourself of chronic catarrh, one of the most persistent, stubborn diseases in the whole list of human ailments.

After you have tried it you will say Peruna is positively the best spring medicine you have ever used.

A great many years of extensive trials of this remedy in this class of derangements have demonstrated its efficiency.

Numerous Testimonials.

Thousands of cases might be quoted in which Peruna has rescued people from the ravages of spring catarrh, and put them on a good, solid foundation of health.

We can give our readers only a slight glimpse of the vast array of unsolicited endorsements Dr. Hartman is constantly receiving. No other physician in the world has received such a volume of enthusiastic letters of thanks.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio. All correspondence held strictly confidential.

The County Exchanges

Items of General Interest Selected from the Columns of Contemporaries

Union

From the Leader.

Dave LaRue and wife went to Omaha yesterday morning, the condition of Mrs. LaRue's eyes being such that further attention is required from the Omaha specialist who has been treating them.

John P. Todd and wife returned last Friday from Lincoln, and their numerous friends are much pleased to know that Mrs. Todd's health is steadily improving since her treatment in the hospital at Lincoln.

Herman Thomas went to Wabash Wednesday evening to take charge as station agent for the Missouri Pacific. He has been fitting himself for that profession, and there is no doubt as to his ability to "hold down" a station.

Ora Clark and Della Frans were quite sick last week, and upon the suspicion that scarlet fever might develop, the two families established a voluntary quarantine, and the children have almost fully recovered from their illness.

Agent W. M. Bell departed last Friday evening from Lenox, Iowa, having received a message stating that his father had died suddenly at his home in that town. Mr. Bell attended the funeral, and returned from there Tuesday.

While James Darrough was examining papers left by his father William Darrough, who died May 4, he found an ancient document, a \$2 county warrant issued thirty-six years ago. The warrant was signed "Isaac Pollard, County Clerk, by J. M. Beardley, Deputy," and by "James O'Neill, Chairman of Board."

The contract has been let for another building on the north side of main street, Mrs. M. E. Davis deciding to build on her lots that the fire made vacant two years ago. The building will be of manufactured stone blocks, 28x30 and two stories high, and will be arranged for residence purposes with four rooms on each floor. W. B. Banning has the contract to furnish the stone and complete the building, and Bert Carter is on the mason work.

Elmwood

From the Leader-Echo.

Geo. Stoehr had the misfortune to severely burn one of his hands a few days ago.

An Elmwood girl calls one of her fellows her "punched nickel" because she can't get rid of him.

Clate Rosencrans is in charge of the barber shop at Murdock this week, the proprietor, Jack Funk, having severely cut one of his hands with a pair of scissors.

Miss Florence Dovey, of Plattsmouth and Miss Nellie Stewart, of Nebraska City, came Wednesday to attend commencement exercises, and are guests at the home of Representative Deies Dernier.

John Weber is laying the foundation for a fine new residence on his farm southwest of town. The structure will be 28x32, one and a half stories high with a kitchen 14x14. George Adams is doing the mason work and James Durbin has the contract for the carpenter work.

Louise Rosa Nickel died at 2:30 Sunday morning, May 13, at the home of her parents, Mr. and Mrs. P. W. Nickel, about five miles northwest of Elmwood, from abscess of the brain, aged 15 years, 3 months, and 19 days. The funeral services were held from the home at 1 o'clock p. m., and at the German Lutheran church in Elmwood at 2:30 p. m., on Tuesday, May 15. They were conducted by her pastor and were largely attended. The remains were laid to rest in the beautiful Elmwood cemetery.

War Against Consumption.

All nations are endeavoring to check the ravages of consumption, the "white plague" that claims so many victims each year. Foley's Honey and Tar cures coughs and colds perfectly and you are in no danger of consumption. Do not risk your health by taking some unknown preparation when Foley's Honey and Tar is safe and certain in results. Ask for Foley's Honey and Tar and insist upon having it. Sold by F. G. Fricke & Co.

Eagle

From the Beacon.

John Frohlich was quite sick Sunday night, but is able to be out again.

Twelve members of the K. of P. lodge of Elmwood came up to attend the funeral of J. J. Reitter, Monday.

James Dysart and Allen Crabtree each shipped a car load of cattle to Omaha Tuesday evening and struck a good market.

Herman Thomas, formerly of Eagle, has been sent to Wabash to relieve J. W. Staton as station agent. Mr. Staton expects to move to Eagle soon to take charge of the store he purchased recently.

Dr. V. Anderson, of Bridgeport, Neb., came down from Lincoln Saturday evening and visited with his friend, Dr. Jester until Monday. Dr. Anderson had been in attendance at the Grand Lodge K. of P.'s.

Ed Williams has begun the work of improvement in town for this season by letting the contract to Jacob Hursh & Son, for two new buildings. One will be an addition 16x20 on the rear of the office building occupied by Dr. Jester. The other will be a dwelling house 20x22 on the lot just south.

Last Saturday afternoon Johnnie, the little 4-year-old son of Mr. and Mrs. Heigh Weaver was kicked on the forehead by one of their horses. His skull was fractured far about four inches and several small pieces of the bone were taken out. Although the little fellow was dangerously hurt he walked almost to the house after it happened. Dr. Dibel who was called to dress the wound reports that he is getting along nicely with favorable chances for recovery.

—Not a thing harmful in One Minute Cough Cure, but it relieves a cough quickly, cuts the phlegm. Healing and soothing. Sold by F. G. Fricke & Co. and Gering & Co.

Louisville

From the Courier.

E. C. Twiss is tearing down the old Nichols building on Main street and will put up a brick building in its place. There are a few more unsightly shacks that should be treated in a like manner.

The frost of ten days ago did not seem to have injured the fruit crop to any noticeable extent. With favorable

conditions from now on Nebraska will have the banner fruit crop of her existence as a state.

There is strong talk of a ferry being established at South Bend. This will afford an opportunity for Cass county people to visit the state fish hatcheries a privilege they have not enjoyed for a long time.

Mrs. H. E. Brown arrived Friday morning from Scottsbluff, having been called to the bedside of her sister, Mrs. Stevenson, who is laying near death's door with consumption. She is accompanied by her son Raymond.

Joe Cox, the Cedar Creek foreman, who was taken to the Burlington hospital at Lincoln last week suffering from erysipelas, returned home last Friday and is getting along as well as could be expected.

Ralph Twiss caught a fish in the Platte river a few days ago that attracted a great deal of attention. It had a head and mouth like a pike and its body resembled the eel. It was sent to the state fish hatcheries and Superintendent O'Brien pronounced it a lawyer and says they are found in abundance in Lake Michigan. The first one found in the waters of the Platte was captured about ten years ago, but he says they are becoming quite numerous here now. They are a species of the eel family and are said to be very toothsome. There are three of them in the aquarium at the state hatcheries for exhibition purposes.

It is Dangerous to Neglect a Cold.

How often do we hear it remarked: "It's only a cold," and a few days later learn that the man is on his back with pneumonia. This is of such common occurrence that a cold, however slight, should not be disregarded. Chamberlain's Cough Remedy counteracts any tendency of a cold to result in pneumonia, and has gained its great popularity and extensive sale by its prompt cures of this most common ailment. It always cures and is pleasant to take. For sale by F. G. Fricke & Co., and A. T. Fried.

Havelock.

(Times.)

George Strawn, a boiler maker from Grand Island, is one of the late additions to the skilled force at the shops.

W. E. Humphrey has accepted a position in the supply department, made vacant by the resignation of J. Malone.

Andy Perle, a former Master Mechanic of the Havelock shops, and now

holding that position at Wymore, was in the city last Wednesday.

John Gammel resigned his place at the shops and left last Monday for Milford, where he will visit his parents, after which he will probably go to work at Alliance.

Superintendent Ackerman has decided to try Japanese for unskilled labor in the shops. He has arranged for fifteen, who will be here soon. We think the move a wise one, as the Japs are intelligent, industrious and reliable.

The rush at the shops, which has made overtime necessary for several weeks, has been successfully met and the situation is gradually resuming its normal condition again. Except in extreme cases no overtime will be required hereafter and the shop will shut down at noon each Saturday to allow the men a little extra rest and recreation.

The judge rendered his decision in the case concerning license in our town last Wednesday morning. The decision was favorable to Mr. Brothers but against the other two. It was not a trial of the merits of the case,

but simply a passing on the applications, and the limited time allowed for preparation for trial. The decision being favorable to Mr. Brothers he opened his place of business that evening. It will be necessary for the other parties to re-advertise and make new applications which will cause about two weeks delay in their cases.

—For a painful burn there is nothing like DeWitt's Witch Hazel Salve. There are a host of imitations of DeWitt's Witch Hazel Salve on the market—see that you get the genuine. Ask for DeWitt's. Good, too, for sunburn, cuts, bruises, and especially recommended for piles. The name E. C. DeWitt & Co., Chicago, is on every box. Sold by F. G. Fricke & Co., and Gering & Co.

Dr. Elster, Dentist, Waterman Block

—Have you weakness of any kind—stomach, back or any organs of the body? Don't dope yourself with ordinary medicine. Hollester's Rocky Mountain Tea is the supreme curative power. 35 cents, Tea or Tablets. Gering & Co.

Growing Girls

Growing girls need care, advice and medicine, especially on reaching the age of puberty. A mother's tender care and words of caution will often accomplish wonders. As for medicine, a gentle, safe and reliable strengthening tonic is Wine of Cardui.

It will prevent and relieve pain, regulate the functions, clear the complexion and strengthen the constitution.

It is a valuable medicine for growing girls. It has tided thousands over a critical period, and saved them from years of suffering. It can never do harm and is sure to do good.

A relief or cure for all female disorders in girls and women.

At every druggist's in \$1.00 bottles. Try it.

WINE OF CARDUI