



Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period—how to avoid pain and suffering and remove the cause by using Lydia E. Pinkham's Vegetable Compound.

"To Young Women:—I suffered for six years with dysmenorrhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused by repeated and neglected colds.

"If young girls only realized how dangerous it is to take cold at this critical time, much suffering would be spared them. Thank God for Lydia E. Pinkham's Vegetable Compound, that was the only medicine which helped me any. Within three weeks after I started to take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment, and was cured a month later. I am like another person since I am in perfect health, my eyes are brighter, I have added 12 pounds to my weight, my color is good, and I feel light and happy."—Miss Agnes Miller, 25 Potomac Ave., Chicago, Ill.

The monthly sickness reflects the condition of a woman's health. Anything unusual at that time should have prompt and proper attention. Fifty thousand letters from women prove that Lydia E. Pinkham's Vegetable Compound regulates menstruation and makes those periods painless.

**READ WHAT MISS LINDBECK SAYS:**



"DEAR MRS. PINKHAM:—Lydia E. Pinkham's Vegetable Compound has greatly benefited me. I will tell you how I suffered. My trouble was painful menstruation. I felt as each month went by that I was getting worse. I had severe bearing-down pains in my back and abdomen.

"A friend advised me to try Mrs. Pinkham's medicine. I did so and am now free from all pain during my periods."—JESSIE C. LINDBECK, 1201 6th Street, Rockford, Ill.

**FREE ADVICE TO WOMEN.**

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice has restored to health more than one hundred thousand women. Why don't you try it, my sick sisters?

**\$5000** FOREFIT if we cannot forthwith produce the original letters and signature of above testifier, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Nature doesn't use self-made beautifiers for patterns.

Don't you know that Defiance Starch, besides being absolutely superior to any other, is put up 16 ounces in packages and sells at same price as 12-ounce packages of other kinds?

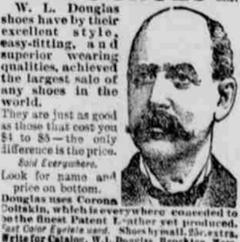
It is easier to endure failure than to bear success.

**Free to Twenty-Five Ladies.**

The Defiance Starch Co. will give 25 ladies a round trip ticket to the St. Louis Exposition, to five ladies in each of the following states: Illinois, Iowa, Nebraska, Kansas and Missouri who will send in the largest number of trade marks cut from a ten cent, 16-ounce package of Defiance cold water laundry starch. This means from your own home, anywhere in the above named states. These trade marks must be mailed to and received by the Defiance Starch Co., Omaha, Neb., before September 1st, 1904. October and November will be the best months to visit the Exposition. Remember that Defiance is the only starch put up 16 oz. (a full pound) to the package. You get one-third more starch for the same money than of any other kind, and Defiance never sticks to the iron. The tickets to the Exposition will be sent by registered mail September 5th. Starch for sale by all dealers.

A bald-headed man can't lose anything by trying a new patent hair restorer.

**W. L. DOUGLAS**  
\$3.50 & \$3 SHOES



W. L. Douglas shoes have by their excellent style, easy-fitting, and superior wearing qualities, achieved the largest sale of any shoes in the world.

They are just as good as those that cost you \$1 to \$3—the only difference is the price.

Look for name and price on bottom.

Douglas makes Coronation, Coltrick, which is every where considered to be the finest Patent Leather yet produced, but does not wear out.

Write for Catalog, W. L. Douglas, Brockton, Mass.

**FITS** permanently cured. No trace remains after first day's use of Dr. King's Great Peppermint Cure. Sold by all druggists.

Dogs and porous plasters are frequently attached to mankind.

All creameries use butter color. Why not do as they do—use JUNE TINT BUTTER COLOR.

Stationers are about the only men who are able to keep diaries.

Sensible Housekeepers will have Defiance Starch, not alone because they get one-third more for the same money, but also because of superior quality.

A man is as anxious to get away from a baby as a woman to get to it.

Am I in favor of expansion? Everything that grows expands. See how the State Farmers' Mutual Insurance Company of South Omaha has grown.

Jan. 1, 1896 we had.....	\$ 50,215.00
" " 1897 we had.....	438,850.00
" " 1898 we had.....	2,096,165.00
" " 1899 we had.....	4,224,375.00
" " 1900 we had.....	7,538,972.00
" " 1901 we had.....	10,480,482.00
" " 1902 we had.....	13,341,367.00
" " 1903 we had.....	16,413,869.00
" " 1904 we had.....	18,416,358.32

Don't you think you would like to belong to a live company like this? Write the Secretary, B. R. Stouffer, South Omaha, Neb.

Short prayers have the surest aim.

# EASTER MORNING.

BY NIXON WATERMAN.

Ring, joyous bells! Your glad song swells  
And tells the olden, golden story,  
As from the tomb of Lenten gloom  
Breaks forth the bloom of deathless glory.

On Easter morn, to spirits worn,  
A song is borne of life eternal;  
And from their throats in gladness float  
The bells' deep notes of joy supernal.

Above the mold so dark and cold  
The flowers unfold, in their comeliness,  
And lilacs bright in spotless white  
Stand all beauteous in grace and sweetness.

Grave pilgrims, bent and penitent  
With heaven-sent, sacrificial duty,  
From grief arise and lift their eyes  
To vernal skies of wondrous beauty.

On this glad day we roll away  
The stone that would our faith imprison,  
And praise, sing to God our King,  
For Christ, the Saviour, hath arisen.

**A Lenten Sacrifice**

There was an accusing voice in the swelling notes of the big pipe organ. Peal upon peal of denunciation rolled out into the dimly-lit church and reverberated back from the vaulted ceiling, all its solemn impeachment seeming finally to center itself in the pew occupied by the stately Miss Weyman. She trembled under the stormy arraignment. She looked back over her life with a shudder and realized for the first time its utter selfishness. There were no crimes of commission upon her spotless life, but what had she done to make the world brighter or better? Nothing. The answer seemed to come in mighty anger from the big organ, rather than from her own inner consciousness.

Bred in luxury and reared in idleness, what had she ever accomplished with the ten talents that the Master had given her? Her charities? She had given much out of her abundance, but she had never given so much as a crumb of bread that meant sacrifice of one moment's comfort. Selfishness, selfishness, selfishness! It was the keynote of her life—and the whole message of the big organ that morning.

The sun presently shone through a great stained-glass window that cast a flood of golden light athwart Miss Weyman's pew, and that same moment the thunderous rebuke of the organ ceased, and in its place came a strain of pleading harmony and then a sweet, clear note of humble praise with a sorrowful undertone that carried with it a suggestion of the agony of the cross.

She glanced up and a bright smile from the choir turned her cheeks aflame. There was her guilt of selfishness! She realized now that this was the thing that had lain dormant upon her conscience for so long. And there must be her sacrifice! She turned faint and almost cried out at the thought. He belonged to her! He belonged to her! For five long years they had been as good as betrothed and for two years she had worn his ring, waiting, waiting until his pride should be satisfied with the measure of success he had set himself to accomplish before marriage. And the time had almost come.

Two years. But in that time her younger sister, Grace, had suddenly blossomed into womanhood! She turned suddenly to the sister at her side. She, too, was looking up into the choir and exchanging a bright smile with the handsome young bass, Grace.

**Quaint Easter Customs**

The universal Easter rejoicings in olden times were not all because of the great event which Easter commemorates. Old records show that it was often because the long forty days' fast was over with a return to solid eating once more—not only to solid eating, but for the time to much feasting.

Anciently the paschal or Easter season extended from the Sunday before until the Sunday after Easter proper. On the Holy Thursday before, called Maundy or Shrove Thursday, there were services commemorative of Christ's washing the disciples' feet. The Pope at Rome, the archbishops in various countries, and the monarchs in England even through Elizabeth's time had test washing services, the necessary accompaniment of which was the giving of food and money to the poor.

On the last day of Lent everybody in Rome rushes to the Vatican. In Italy the "sepioliers" in the churches are watched night and day by people clad in deep mourning from the dawn of the Holy Thursday till midday on Saturday, when the body is supposed to rise from the grave. The resurrection is announced by the ring of cannon, the blowing of trumpets and the ringing of the bells which from the preceding Thursday have been carefully tied up to protect them from the power of the devil.

The ceremonies of Easter day itself are grand, long and many featured throughout Catholic Christendom, but anciently these were rarely over before secular performances began.

For many years, and perhaps even today, the first dish brought to the table on Easter day at Queen's college, Oxford, was red herring fixed to resemble a man, put astride a corn salad, riding away on horseback. This is said to be a remnant of the old pageants which were exhibited in the popular rejoicings that Lent was over.

Children in England, as at Washington, go out and roll eggs on a lawn or in a field, some rolling them like balls, some throwing them up in the air like balls. The chief glory of a paste egg to a boy who wants to win the championship in hard hitting is his hard shell. One who wishes to gain a conquest with his egg challenges a companion to give blow for blow. He is victor whose egg stands the attack, and he goes on challenging through the entire year.

**At Home on the Scaffold.**

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# THE EASTER LILY

REGAINS ITS POPULARITY

One Easter event for which lavish decorations are used, and yet one that is seldom mentioned in connection with this season of the year, is the Easter christening. This is usually held at the home, and the bow window or end of the room in which the ceremony is performed is arranged to resemble an altar. It is a pretty idea to build three Gothic arches and have the frames covered with tendrils of green for the foundation. This may be jeweled here and there with blossoms of innocence and purity, and great long bunches of them may be fastened with broad ribbons to the dividing pillars of the arches. The center arch should, of course, be a little higher than the two side ones and then in front of this should be arranged the little altar. For such a service when the tiny heir or heiress of the house is gowned in its finest laces to celebrate the first formal event of its life, it is the custom for some relative to present a handsome gold or silver christening chalice, which reposes upon the flower laden altar improvised for the occasion. The top of this altar may be hidden beneath a valance of lace covering and across the front and sides is draped a curtain of flowers and ferns. Sometimes this is solidly overlaid with tiny white lilies, which look as if they had been embroidered in a raised pattern,

**COCKTAILS AID TO EDUCATION.**

Unusual Point Brought Out in Lecture Before Body of Architects.

The fact that a knowledge of cocktails and dancing are requisite to a technical education in engineering and architecture was laid before members of the local chapter of architects at its meeting at Ohio Mechanics' Institute a few nights ago in a discussion on the subject of "Technical Education," led by Prof. Herman Schneider of the Cincinnati university.

The speaker, in making the statement, cited instances where inquiries had come to the Lehigh university for engineering graduates who knew how to drink cocktails, who could dance, and whose personal appearance was good and who possessed a good education in engineering.

The inquiry came from a large eastern bridge company, and two men answering the description were employed at \$150 per month, and Prof. Schneider stated that they were drawing \$4,000 a year.

"Engineers," said he, "must now have a broad education and be able to put up a good front and go into any kind of society. Firms want men who can go out to meet prospective big customers, entertain them and be able to talk intelligently about the wine they are drinking, social topics and also on engineering matters."—Cincinnati Enquirer.

**GRASS TO HOLD CANAL BANKS.**

Experiments Made by the Engineers in Charge of Ditch at Suez.

It has been discovered by the engineers who are occupied with the maintenance of the Suez canal that the best of all methods of protecting the banks from crumbling and decay is provided by the natural growth of reeds which fringe the channel for some distance below Ismailia on the African side, and some rather interesting attempts have been lately made to plant new beds in other parts of the canal.

It is stated that the local species of reed with which the experiment has been so far made will not live in salt or very brackish water in the early stages of its growth, though it will bear transplanting later, and that at present the servitiveness of the natural means of protection is consequently limited.

Where the water is sufficiently free from brine, however, the network of roots is found to put a facing on the loose soil of the banks more successful and permanent than a wall of brick or stone, and it would probably not be difficult to discover and establish some coarse sedge or other plant of the sea marshes.—Country Life.

**HAPPY WOMEN.**

Wouldn't any woman be happy, after years of backache suffering, days of misery, nights of unrest, the distress of urinary troubles, she finds relief and cure?

No reason why any reader should suffer in the face of evidence like this:

Mrs. Almira A. Jackson, of East Front St., Traverse City, Mich., says: "For twenty years I never knew what it was to have good health. Every physician consulted said I had liver trouble, but their medicines did me no good. Just before I began using Doan's Kidney Pills I was almost paralyzed. I could hardly stand on my feet because of the numbness and lack of circulation. Had a knife been thrust into my kidneys the pain could not have been more intense. My sleep was disturbed by visions of distorted figures, the kidney secretions were annoyingly irregular and I was tortured with thirst and always bloated. I used seven boxes of Doan's Kidney Pills. The bloating subsided until I weighed one hundred pounds less, could sleep like a child and was relieved of the pain and the irregularity of the kidney action. My circulation is good and I feel better in every way."

A FREE TRIAL of this great kidney medicine which cured Mrs. Jackson will be mailed on application to any part of the United States. Address: Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per box.

**Historic Site of Crap.**

A day or two before the funeral of Senator Hanna Postmaster Emerson, of Cleveland received by mail from C. J. Johnson, of Greenville, Texas, a small piece of crap which had been worn on several notable occasions. It is a part of the first that came out in the history of the Potomac, and was worn at the funerals of Lincoln, Grant, Garfield, Logan and several minor celebrities. The knot in the crap has never been untied. Postmaster Emerson wore it at the Hanna funeral and then sent it back to its owner in Texas.

**FREE TREATMENT to every Sufferer of Stomach, Heart and Nervous Disease.**

The Elm City Company, 550 Good Rock, Des Moines, Iowa, has discovered a new and wonderful medicine which they call "Elixir of Life," which affords immediate relief and permanently cures every case of Stomach, Heart or Nervous Disease that have tried it. They have made arrangements to give away 50,000 25-cent boxes of Elixir of Life in the United States to people afflicted with any disease of weakness of the Heart, Stomach or Nerves. They want every body to try it at their expense and no money or stamps, just write your name and address plain and say what paper you saw this in and send it to the Elm City Company, 550 Good Rock, Des Moines, Iowa, and they will get well and tell your friends that's all we want. Write today.

**Senator Hoar's Long Service.**

An anniversary of some interest to Massachusetts came on Friday last. Senator Hoar that day completed thirty-five years of continuous service in congress. In this respect his record surpasses that of any other Massachusetts statesman. Both John Quincy Adams and Daniel Webster were in public life many years, but their terms of service in executive office broke the continuity of their life in Washington, especially the legislative phase.

**GOOD HOUSEKEEPERS Use the Best.** That's why they buy Red Cross Ball Linoleum. At leading grocers, 2c.

**Classical Example of Cheek.**

Surely it will remain a classical example of "cheek" that is described in the following story, told by the Country Gentleman: One of the English generals, during the Boer war, having secured a turkey, asked his friends to dinner. When the day came the bird was disappeared. It was traced to the quarters of the naval brigade, and a young midshipman owned to having "pinched" it. The infuriated general exhausted his vocabulary in abuse of this delinquent, who replied: "I'm very sorry, sir! But you wouldn't have liked it, but it was so tough we had to throw it away. If I'd known you would have taken it so much to heart I'd have got the carpenter to make you another."

**10,000 Plants for 16c.**

This is a remarkable offer for the John A. Salzer Seed Co., La. Crose, Wis. makes. They will send you their big plant and seed catalog, together with enough seed to grow:

- 1,000 fine, solid Cabbages,
- 2,000 delicious Carrots,
- 2,000 blanching, nutty Celery,
- 2,000 butter-butter Lettuces,
- 1,000 splendid Onions,
- 1,000 rare, luscious Radishes,
- 2,000 gloriously brilliant Flowers.

This great offer is made in order to induce you to try their warranted seeds—for when you once plant them you will grow no others, and

**ALL FOR BUT 16c POSTAGE.**

providing you will return this notice, and if you will send them 2c in postage they will add to the above a package of the famous Berliner Cauliflower. (W. N. U.)

**The Smallest Coin.**

The smallest coin in the world having a genuine circulation is probably the Maltese "gajn," a tiny fragment of bronze about as big around as the top of a slate pencil, and worth only one-twentieth of a penny.

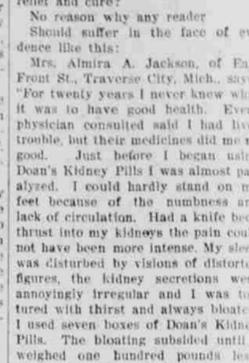
**Wiggle-Stick LAUNDRY BLUE**

Won't you buy Wiggle-Stick Laundry Blue. Costs 10 cents and equals 20 cents worth of any other bluing. If your grocer does not keep it send for sample to The Laundry Blue Co., 14 Michigan Street, Chicago.

**Make the best of the troubles you have and don't hunt more.**

**LEWIS' SINGLE BINDER**

STRAIGHT 5¢ CIGAR  
ANNUAL SALE OVER 5,600,000  
Full price of direct from factory, 5¢ each.



Not on the Mouth.

Nell—He has been very attentive to me and last night he tried to kiss me.

Belle—Well, it's all right to be attentive, but that was overdoing it.

Nell—Oh, no; he underdid it. He only succeeded in kissing me on the chin.

Overstepping the Limit.

When Meredith P. Gentry was defeated for the governorship of Tennessee by Andrew Johnson, afterward president, he was much chagrined, principally, he said, because he "had been run over by that great calf," as he contemptuously designated Johnson. Gentry's melancholy over the result of the election increased as time passed and he went into a decline. So some of his friends visited him in order to cheer him up and, as was the custom in those days, emptied several demijohns of whiskey during the evening. It was very late before they thought of retiring and then Gentry announced that as there was a clergyman present (Parson Brownlow), he would request him to offer up a prayer before the company went to bed. Brother Brownlow, whose specialty was exhortation, began to pray. He included everything in his petition and at last said: "and O Lord, if in thy infinite mercy it be possible, have mercy also upon Andrew Johnson."

**Lack of Cuss Words in Japan.**

The poor, benighted heathen cannot swear in Japan: They possess no ardent cuss words over there.

In Japan, when the wind blows off their hats, and when they slip and crack their skulls, "O I wonder what they do in Japan?"

Does the hammer never fall upon a thumb in Japan?

Do insolent bill collectors never come when they think they've got downstairs if the Jap man never swears, "O I wonder what they say in Japan?"

Do they never miss the last car out at night in Japan?

Do they never hit the sidewalk when they fall in Japan?

When they put in all their cash and are therefore brought to grief when the market goes to smash, "How do they obtain relief in Japan?"

Do the people never chance to step on tacks in Japan?

Do they never get their fingers caught in cracks in Japan?

When they don new clothes and find at the office, far away, that they've left their keys behind, "O I wonder what they say in Japan?"

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