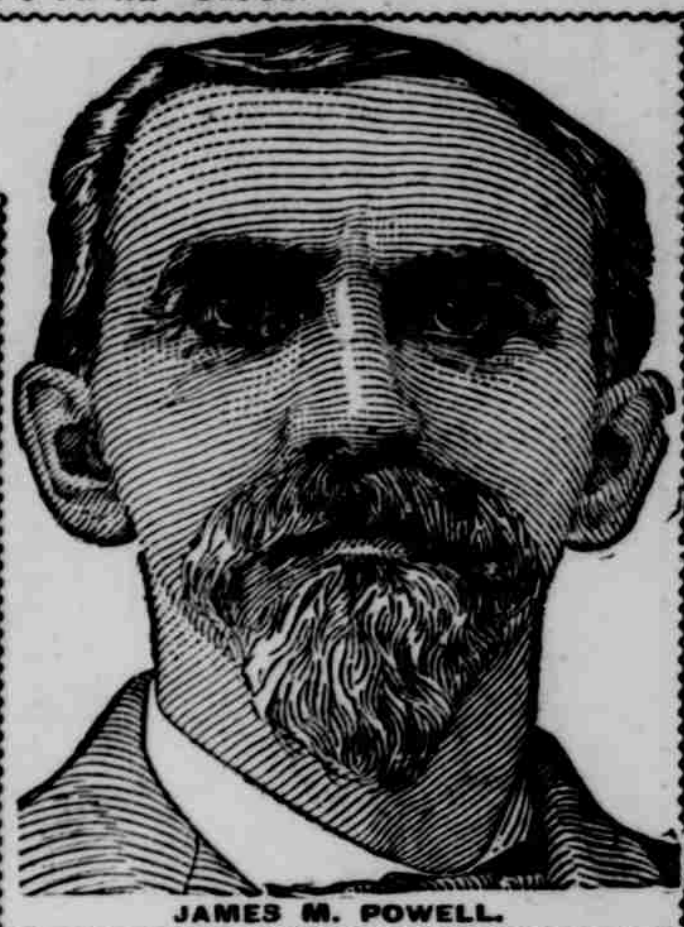


CATARRH DESTROYS THE KIDNEYS

Was Miserable---Could Not Stand Up or Walk---
Pe-ru-na Cured.

Many Persons Have
Catarrh and Don't
Know it.

Mr. James M. Powell, 633
Trost street, Kansas City,
Mo., Vice Grand of I. O. O. F., of Cherryville, Kans., writes:
"About four years ago I
suffered with a severe catarrh
of the bladder, which
caused continued irritation
and pain. I was miserable
and could not stand up or
walk for any length of
time without extreme
weariness and pain. I began
taking Peruna and it
greatly relieved me, and in
eleven weeks I was completely
cured and felt like
a new man."—James M.
Powell.



JAMES M. POWELL

Hundreds of Dollars Spent in
Vain.
Mr. Cyrus Hershman,
Sheridan, Ind., writes:
"Two years ago I was a
sick man. Catarrh had set-
tled in the pelvic organs,
making life a burden and
giving me little hope of re-
covery. I spent hundreds of dollars in
medicine which did me no good. I was
persuaded by a friend to try Peruna. I
took it two weeks without much im-
provement, but I kept on with it and soon began
to get well and strong very fast. Within
two months I was cured, and have been
well ever since. I am a strong advocate of
Peruna."—C. Hershman.

No other systematic catarrh remedy has as yet
been devised. Insist upon having Pe-
ru-na. There are no medicines that can be
substituted.
If you do not derive prompt and satisfac-
tory results from the use of Peruna, write
at once to Dr. Hartman, giving a full state-
ment of your case and he will be pleased to
give you his valuable advice gratis.
Address Dr. Hartman, President of The
Hartman Sanitarium, Columbus, Ohio.



GET A GRASP
ON OUR TRADE MARK.

GET TO KNOW IT WHEN YOU SEE IT
AND THEN NEVER BUY STARCH WITHOUT IT.
DEFIANCE STARCH IS WITHOUT EQUAL. IT IS GOOD.
IT IS BETTER. IT IS THE BEST AND MORE OF IT FOR TEN
CENTS THAN ANY OTHER STARCH. IT WILL NOT ROT THE
CLOTHES. YOUR GROCER HAS IT OR WILL GET IT IF YOU
ASK FOR IT.

SATISFACTION OR MONEY BACK.
MANUFACTURED BY
THE DEFIANCE STARCH CO.,
OMAHA, NEB.

When a doctor calls he always takes
the pot.

EDUCATIONAL.

THE UNIVERSITY OF NOTRE DAME,
NOTRE DAME, INDIANA.

FULL COURSES IN Classics, Letters, Economics and History, Journalism, Art, Science, Pharmacy, Law, Civil, Mechanical and Electrical Engineering, Architecture, Thorough Preparatory and Commercial Courses.

Rooms free to all students who have completed the studies required for admission into the Sophomore, Junior or Senior year of any of the College Courses.

A limited number of Candidates for the Ecclesiastical state will be received at special rates.

St. Edward's Hall, for boys under 15 years, is unique in the history of the world.

The 60th Year will open September 8, 1903.

Rooms to Rent, 150 S. D. Box 236.
REV. A. MORRISSEY, C. S. C., President.

ST. MARY'S ACADEMY

NOTRE DAME, INDIANA

One Mile West of Notre Dame University. Most beautiful and healthfully located. Conducted by the Sisters of the Holy Cross, Chartered 1855. English is a national language. Thorough English, Classical, Scientific and Commercial Courses. Advanced Chemistry and Pharmacy. Regular College Degree. Preparatory Department trains Physical Laboratory well equipped.

The Conservatory of Music is conducted on plans of the best Conservatories. The Art Department, modeled after leading Art Schools, Minims Department for children under twelve years. Physical Culture under direction of graduate of St. Margaret's Normal School of Chicago.

The best modern educational advantages for fitting young women for life of usefulness. The constant growth of the Academy has again necessitated the erection of additional fine buildings with latest Hygienic equipment. Moderate cost. New school year begins September 7. Write for circulars. For catalogue and special information apply to The Directors of **ST. MARY'S ACADEMY,** Notre Dame, Indiana.

CHAMPION TRUSS EASY TO FIT.

ASK YOUR PHARMACEUTICAL BOOKSELLER. Philadelphia Truss Co., 819 Locust St., Phila., Pa.

PUTNAM FADELESS DYES

are as far ahead of the old fashioned Dyes as electricity is of a kunk light candle. Putnam Fadeless Dyes are clean, as they neither stain the hands nor spot the kettle. One lot package colors either silk, wool or cotton equally well, and is guaranteed to give perfect results. Putnam Fadeless Dyes are for sale by all good druggists everywhere, or mailed direct at 10c a package. **MONROE DRUG CO., Unionville, Mo.**

When Answering Advertisements
Kindly Mention This Paper.

WISONS CURE FOR TUBERCULOSIS

Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

LEWIS' SINGLE BINDER

STRAIGHT CIGAR ALWAYS READY.
Your jobber or direct from Factory, Peoria, Ill.

Lipton's "Lucky Man."

Sir Thomas Lipton has faith in the luck of the individual, and this year for the first time, he will be joined in America by his mascot. This is Mr. Carmichael, the secretary of the Lipton company, whom Sir Thomas calls his "lucky man." Mr. Carmichael has been associated with the owner of Shamrock III, since almost the beginning of his business career, and has helped in the growth of the business which began in a small shop in a mean street of Glasgow. He sails for New York early next month, and, like everyone associated with Sir Thomas, is confident that at the third time of asking the cup will cross the Atlantic.

Willing to Wait.

On a recent occasion at Princeton, Paul Van Dyke told this story as a joke on his brother, Henry, the famous author and professor of English at Princeton: "It was when we were boys, said Mr. Paul Van Dyke, 'we had been out hunting all day and had not had a shot at anything. Finally along toward evening we spied a covey of partridges in the long grass at the end of a frozen pond. We were both excited and Henry began to run around the edge of the ice toward the partridges. 'Don't shoot 'em on the run!' I w-w-went!' stammered Henry in his excitement. 'I'll w-w-wait till they set up.'"

West Point's Oldest Graduate.

The oldest graduate of West Point is Colonel John Beardsley, now living in Athens, N. Y. He was born in Fairfield, N. Y., in 1816, and graduated from West Point in the class of 1841. He was appointed Lieutenant in the Eighth regiment of Infantry, and served the semiole war in Florida, afterward in the war with Mexico and was wounded in the battle of Molino del Rey and compelled to resign his commission on account of inflammation of his eyes, which threatened loss of sight. When the civil war broke out he was appointed colonel of the Ninth New York volunteer cavalry and served as such.

The J. P.'s Agree.

Stanton, Ark., Aug. 21st.—News comes from Dan, Seney Co., this state, that Mr. T. E. Reeves, a justice of the Peace at that place, has written a letter recommending Dodd's Kidney Pills in which he says:
"I think Dodd's Kidney Pills can't be beat for Kidney Trouble, and I wish them every success."
The local J. P. Mr. B. Cox agrees with his brother Justice on this point for he says:
"I had a bad case of Kidney Trouble and was not able to do a day's work without great distress. I bought six boxes of Dodd's Kidney Pills and after I had used three boxes I was all right. I am as well as ever, and I cannot praise Dodd's Kidney Pills too highly."
"I have given the other three boxes to some friends of mine who had found out what it was that had cured me so satisfactorily and quickly and they all speak highly of Dodd's Kidney Pills."
No one disputes this unanimous verdict.

Much of our happiness depends upon the amount of affection we are capable of inspiring.
Love is like snatpox. Sometimes you escape, but it often leaves awful scars.
Storekeepers report that the extra quantity, together with the superior quality of Defiance Starch makes it next to impossible to sell any other brand.
When you ride on a self-acting trolley it is sometimes hard to control the brakes.

Mrs. Winslow's soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough, croup, and bronchitis.

Y. M. C. A.'s Funder.

The founder of the first Young Men's Christian association is a fine looking man of 82, living at No. 13 Russell Square, London. He is Sir George Williams, knighted in 1894, the fiftieth anniversary of the Y. M. C. A. He and a few fellow clerks in the employ of Hitcock & Rogers, now Hitcock, Williams & Co., banded themselves together for purposes of domestic worship and mutual help, and from that small beginning grew the great society of today in Europe and America. Of course, Williams, being a good boy and faithful employee, fell in love with Hitcock's daughter Helen and married her, becoming later a member of the firm. The possibilities are that the society would have failed but for his gift of \$25,000 to hire a hall and speed the work of the organization.

GOOD HOUSEKEEPERS

Use the best. That's why they buy Red Cross Ball Blue. At leading grocers, 5 cents.

Mother-wit is hereditary. School-wit is a matter of education. Mothers can teach things that the schools forget.
Don't you know that Defiance Starch besides being absolutely superior to any other, is put up 16 ounces in package and sells at same price as 12-ounce packages of other kinds?
It may not be easier to coax a woman than it is to drive her, but it's safer.

MITCHELL'S EYE SALVE

When the eye is in trouble use a reliable remedy.

The Solution of Difficulties

A judge was recently looking over some of my subjects and trying to select something to take with him on his vacation.
He ran his finger along the list till he came to one which read, "The True Solution of Our Difficulties."
"Give me something to read under that subject," was his request. I had to reply that while every printed thing I had might come under this subject yet I had nothing with this title.
He selected several things to read and I resolved to think on difficulties and try to write.
For some time I have known that a very good plan to follow when in any kind of trouble is that which I would suggest to a friend.
You can see through a difficulty so much better if it happens to be on the other fellow.
In solving difficulties it may benefit some individuals to stop and in-

qure of number one what would be done if number one only knew twice as much.
A Cleveland merchant said in a talk to men that when he was perplexed over anything he reasoned pro and con, and then weighed the whole subject.
But another man told me that when ever he reasoned on any subject he always reasoned it into the ground.
I do not believe it would injure anyone to spend a thousand seconds every morning thinking on "Know thyself and know thyself."
One is Pauline and the other Socratic, though I am not sure which is which.
This I do know: I can bat ball when I pitch the ball. My arms are long and my bat is long and light.
To stand and bat flies is my best recreation, and it improves my reputation among those who watch the ball go.
But to throw a ball nearly paralyzes my arm every time I do it.
Now, don't you think I would be very foolish to stop batting ball and try throwing it for my sport?

He talks and she listens during the courtship, but after marriage the plan is reversed.
Some men achieve fame, some have it thrust upon them, and others are fortunate enough to escape it altogether.

For the Individual

1796 1872 1952

INDIVIDUAL SOURCES OF BETTER METHODS

THE ARCADE INDEX

WHERE OTHERS GIVE UP IS JUST WHERE WE GET OUR SECOND BREATH.

THIS ACCURACY REVIEW DEPARTMENT

worth of business for a certain concern, after which his employer put him on a salary of \$10,000 a year to handle foreign business.
Managing Men.
A Presbyterian minister told me that more ministers failed on account of lack of ability to manage others than for any other reason. This may be true of men in other lines of work. Some men can manage an army of soldiers in a way to keep them good-natured, hopeful, growing and successful. A good manager is a balance wheel, causing the business to move steadily, not too fast nor too slow. But he becomes more than that, as he advances in intelligence, turning out better products day after day. His success is dependent upon his manner and methods, knowledge and energy, health and continued growth. His ability must be going upward every day he is in the harness.
Learning Methods.
A quarter of a century ago I went with a playmate to a factory where his uncle was polishing ferrules. The uncle handed me a ferrule, but something in my playmate's face caused me to refuse it. After we got away from the sparks and noise I asked what was the matter with the ferrule and he told me it was hot. I inquired how it was his uncle could hold it, and he said that his uncle held it on two fingers, and then two other fingers, changing back and forth, something which I had not recognized. Ever since then I have tried to find out how things are done which I see but do not understand.
Systematic Investigation.
The reading of men has much to do with the correct management of men. It is easy to coax a man to do something he is able to do, but an energetic manager can get many men to accomplish more and better work in quantity and quality than they could if left to themselves. If you want to be a better manager you must become better acquainted with yourself and learn how to analyze others as a chemist would analyze an unknown liquid. Some books will help you a little, but observation will help you more, and the suggestions of friends and enemies will become the most useful of all. A course of private, systematic investigation for results must be taken up, either consciously or unconsciously. Some men think day and night without effort and of course they succeed. Other men decide they will think more carefully; they plan how to think and what to think about, and know all the time that they are thinking; these men succeed also.
Self-Management.
No doubt you have realized that the popular educational information turned out by the printing press during the last century has caused things to be a little different from what they once were. The manager is not able to do to-day in the same way that which he could do twenty, forty, sixty years ago. And the time is coming when, if he would be successful, he must not only have wit and a strong hand, but a humane heart and an ever clear head. As some may not recognize the necessity of an occasional rest from every-day work, I will repeat a story I heard recently. A great corporation offered a smaller one \$100,000 in settlement of a claim. The small concern refused. The large one had a famous lawyer with assistants, witnesses and money. The lawyer of the little concern had little money and had to fight it alone. After securing \$200,000 for his clients he confessed he never could have lived through the fight if it had not been for his habit of dropping all work at midnight Saturday and not taking it up again until Monday morning. I know of another man who made a practice of lying down after the most difficult morning's work of the week, and by sheer will-power forcing himself to take a fifteen-minute nap before starting off for the most difficult afternoon's work of the week. It is necessary to know yourself and know how to manage yourself. The successful management of men begins in the correct management of self.
Have you ever made a list of reasons for your own private study and benefit, why some succeed and why some fail in the work you are in? It is a day-light-bringer to do so.
quire of number one what would be done if number one only knew twice as much.
A Cleveland merchant said in a talk to men that when he was perplexed over anything he reasoned pro and con, and then weighed the whole subject.
But another man told me that when ever he reasoned on any subject he always reasoned it into the ground.
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But to throw a ball nearly paralyzes my arm every time I do it.
Now, don't you think I would be very foolish to stop batting ball and try throwing it for my sport?

Arcade Reports for Employers

A brigadier general in the world of finance had an idea that a railroad would be built through his neighborhood some day by some one. In order to have a share in the profits he decided to build a piece of road about sixty miles long, and he went at it without a charter. By his own personality he won the owners of the land and when an obstinate individual would attempt to hold him up for a certain piece of the right of way he would have a simple conversation with him and things would be arranged just as he wanted them. Others knew what he was doing and they started occasional troubles among the workmen, which the bosses were unable to handle; but this man of skill would go among the men and in half an hour everything would be working satisfactory. He finished his work which connected nothing with nothing, and a little later it became a link in a railway chain which connected two important cities and is now part of a large trunk system.

Collecting Accounts.

The collection of small accounts by mail is probably one of the most difficult things for any one to attempt. A good letter is always better than a poor collector, and it may be that a good collector will do still better work than a good letter. A man writes to me that he had office-men who could collect down to three per cent by letter, while others were not able to get below fifteen per cent. He wanted to know what I could do to help his helpers. I don't know what I could do, but I believe it is possible to paint the masterpiece of the art galleries by machinery when we know how to make the machines.

Securing Business.

The expense of securing business is one of the uncomfortable things in many lines of work. Here is a college with buildings, instructors and an endowment suitable for four hundred students, yet they have only one hundred and seventy-five. No one doubts there being two hundred and twenty-five students in the legitimate territory of the college, each of whom would be greatly benefited by the instruction and who could and would attend if the subject were rightly presented to them. A correct presentation of the subject requires genuine ability of a special order. The man who can secure the most business may not be able to make an intelligent report for his employer regarding his work. A Chicago instructor told me about a two-dollar-a-day man who did not know what to do with himself, but who finally drifted to South America and secured \$30,000.

The Road to Wellville.

It is by change of diet that one can get fairly on the road to health after years of sickness, for most ill health comes from improper feeding.
What a boon it is to shake off coffee sickness and nervous headaches as some can if retrained.
One woman accomplished it in this way: "A few years ago I suffered terribly from sick and nervous headaches being frequently confined to my bed two or three days at a time, the attacks coming on from one to four times in every month. I tried medicines of all kinds but could get no relief until my parents finally persuaded me to quit the use of coffee altogether and try Postum Food Coffee. It had come to a point where I was so utterly miserable that I was willing to make any reasonable trial.
"A person couldn't believe what followed but the results speak for themselves; that was two and a half years ago and I have never tasted coffee since. I use Postum not only for its delicious flavor but more for the good it has done me. All of my troubles disappeared as if by magic and I have for the past two years been doing all the work for my family of six. I seldom have even a slight headache and I would not give up my Postum and go back to coffee now unless I deliberately intended to commit suicide.
"All of my neighbors it seems to me now use Postum in place of coffee and some of them have been doing so for several years with splendid results from the health point of view." Name given by Postum Co., Battie Creek, Mich.
Look in each package for a copy of the famous little book, "The Road to Wellville."

Electrical Railways in Italy.

Americans must not think that they are in the vanguard of the development of electrical progress. To say nothing of Marconi's achievements Italy is far in advance of the United States in the introduction of electrical traction. In place of street, upon long sections of important railway lines. The line of the Adriatic company between Lecco, on Lake Como, and Sondrio, 67 miles in length, is operated by electricity, and passenger trains traverse it at the rate of more than forty miles an hour. A different system is in use on the line of the Mediterranean company, from Milan to Lugano, 45 miles, where a speed of 50 miles an hour is attained by trains consisting of a motor car and three passenger carriages.

A NEW ROUTE.

The Road to Wellville.

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The Century for September.

"The Horse in America," is perhaps, the widest reaching topic in the September Century. It is treated by John Gilmer Speed in a manner to awaken discussion, and there is a rare collection of pictures of famous horses, which will themselves be attractive to all who are interested in the development of the horse in the United States. It is followed by a paper on "The Berlin Bourse," by William C. Dreher, who describes German methods on change and compares them with those of New York.
The same number contains two portraits of the late Pope, a drawing from life by Andre Castaigne and a frontispiece drawing by H. T. Tobin from a photograph. Accompanying these is a brief appreciative article by Cardinal Gibbons on "The Character of Leo XIII." based on personal impressions. Other articles relating to recent events are "A Wonderful Change in Peles," by Dr. Hovey, with photographs taken by him on the flank of the new peak, and "Heroes in Black Skirts," a narrative of some admirable deeds by heroes, written by Hooker T. Washington, with a reproduction of the bust of the Tuskegee educator by Miss Lella Usher.

The greatest lobster ought to be able to see why there is so much craft in a steamship game.
Dealers say that as soon as a customer tries Defiance Starch it is impossible to sell them any other cold water starch. It can be used cold or boiled.
The other name for hives is varicella globularis. That's all.
DON'T SPOIL YOUR CLOTHES.
Use Good Cross Bar Soap and keep them white as snow. All grocers, 5c a package, will surely stand.
Pain's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1903.
Fear, remorse and repentance are analogous terms.

Stops the Cough and Works Off the Cold

Use Laxative Bromo-Quinine Tablets. Price 25c.

People who learn nothing from experience seldom complete their education.
FITS permanently cured. 30 fits or nervousness after one day's use of Dr. King's Great Nerve Restorer. Send for FREE 32.00 trial bottle and treatise. Dr. R. H. King, Ltd., 221 Arch Street, Philadelphia, Pa.

A woman who loved but once and madly loved on to the end, ought to be canonized.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh of the Bladder. It is now cured without the use of surgery. Dr. Hovey's Great Kidney Cure is now known to the medical fraternity. Catarrh being a consequence of prostatic and vesical inflammation, Dr. Hovey's Great Kidney Cure is taken internally, acting directly upon the blood and mucous membrane of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer one Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHENEY & CO., Toledo, O. Sold by druggists everywhere. Beware of cheap imitations. Dr. Hovey's Great Kidney Cure is the best.

Is Cancer Increasing?
There is a feeling of great uneasiness in England over some statistics that were recently published about the increase of cancer in Great Britain. The death rate from that disease in 1890 was estimated to be persons in every 100,000 inhabitants, but in 1900 it was eighty-three in every 100,000. Besides, the ratio of deaths from cancer to those from all other causes, among persons over 35 years of age, was only one out of twenty in 1890, but forty out of twelve in 1900. These figures have given rise to much alarm, but a conservative student of mortality says that the increased rate is probably due to the fact that vital statistics are becoming more accurate every year and are now gathered from places from which no reports formerly came.

RAIN

Special Preparation
**SAWYER'S
EXCELLED BRAND
Oil-Proof Clothing**
and
Shirts
Warranted Waterproof.
Made to stand back seat. Look for trademark on collar and cuffs.
H. C. SAWYER & CO.,
East Cambridge, Mass.

W. L. DOUGLAS

3.50 & 3 SHOES

You can save from \$3 to \$5 every year by wearing W. L. Douglas \$3.50 or \$5 shoes.
They equal that have been costing you from \$4.00 to \$6.00. They are made of the best material and are guaranteed to wear for years.
W. L. DOUGLAS, Brockton, Mass.

TANKS

We make all kinds of tanks. Red Copper or White Pine. Write us for prices and circulars. **WOODEN PACKAGE MFG. CO., OMAHA, NEBRASKA.**

TO FARMERS ONLY

We furnish 10 cows with every quarter section of land bought of us. You pay for them out of the cream. We apply the cream payment plan to stock. We are looking for men who want to own their homes. We can and

WILL HELP YOU START RIGHT.
If you want a farm or ranch in the "Garden of Free Peony" send for our free list and descriptive folder.
WHITNEY & WHEELOCK,
22 Broadway, Fargo, N. D.

FREE TO WOMEN!

To prove the health and cleaning power of Paxtine Toilet Soap, we will send you a large trial package absolutely free. This is not a mere sample of its value. Women all over the country are praising Paxtine for what it has done for them. It is a powerful cleanser, and it is the best remedy for all kinds of skin trouble, such as itching, redness, and eruptions. It is the best cleanser for the face, and it is the best for the hair. It is the best for the hands, and it is the best for the feet. It is the best for the whole body.
Send for druggist or postpaid by us, 50 cents, large box. Satisfaction guaranteed.
T. H. B. ASTON CO., Boston, Mass., 214 Columbus Ave.