

A PROMINENT COLLEGE MAN.

One of Indiana's Useful Educators Says:
"I Feel Like a New Man."



MR. JOHN W. MENG.

Mr. John W. Meng, 54 Jefferson Ave., Indianapolis, Ind., State Representative of Indiana Business College, writes:
"I firmly believe that I owe my fine health to Peruna. Constant travel and change of food and water wrought havoc with my stomach, and for months I suffered with indigestion and catarrh of the stomach. I felt that the only thing to do was to give up my occupation which I felt very reluctant to do. Seeing an ad. of Peruna as a specific for catarrh I decided to give it a trial, and used it faithfully for six weeks, when I found that my troubles had disappeared and I seemed like a new man. I have a bottle of Peruna in my grip all the time, and occasionally take a few doses which keeps me in excellent health."
John W. Meng.

The most common phases of summer catarrh are catarrh of the stomach and bowels. Peruna is a specific for summer catarrh.

Hon. Willis Brewer, Representative in Congress from Alabama, writes the following letter to Dr. Hartman:
"House of Representatives, Washington, D. C.
The Peruna Medicine Co., Columbus, O.:
Gentlemen—I have used one bottle of Peruna for laminitis, and I take pleasure in recommending it to those who need a good remedy. It is a tonic it is excellent. In the short time I have used it it has done me a great deal of good."
Willis Brewer

FOR WOMEN

Much That Every Woman Desires to Know

About Sanative Antiseptic Cleansing

And about the Care of the Skin, Scalp, Hair and Hands.

Too much stress cannot be placed on the great value of Cuticura Soap, Ointment and Resolvent in the antiseptic cleansing of the mucous surfaces and of the blood and circulating fluids, thus affording pure, sweet and economical local and constitutional treatment for weakening ulcerations, inflammations, itching, irritations, relaxations, displacements, pains and irregularities peculiar to females. Hence the Cuticura remedies have a wonderful influence in restoring health, strength and beauty to weary women, who have been prematurely aged and invalided by these distressing ailments, as well as such sympathetic afflictions as anemia, chlorosis, hysteria, nervousness and debility.

Women from the very first have fully appreciated the purity and sweetness, the power to afford immediate relief, the certainty of speedy and permanent cure, the absolute safety and great economy which have made the Cuticura remedies the standard skin cures and haunour remedies of the civilized world.

Millions of the women use Cuticura Soap, assisted by Cuticura Ointment, for preserving, purifying and beautifying the skin, for cleansing the scalp of crusts, scales and dandruff, and the stopping of falling hair, for softening, whitening and soothing red, rough and sore hands, for annoying irritations, and necrotic weaknesses, and for many sanative, antiseptic purposes which readily suggest themselves, as well as for all the purposes of the toilet, bath and nursery.

Sold throughout the world. Cuticura Resolvent, 50¢; Cuticura Soap, 25¢; Cuticura Ointment, 25¢. Prepared by Dr. J. C. Allen, Lowell, Mass.

Dr. Keeley's Cure leaves you Well. THE ONLY POSITIVE CURE FOR DRUNKENNESS, DRUG-TAG and the Tobacco Habit. Correspondence strictly confidential.

WESTERN CANADA HAS FREE HOMES FOR MILLIONS.

Millions of 100,000 Americans have settled in Western Canada during the past five years, and are contented, happy and prosperous. Millions more will follow. Wonderful yields of wheat and other grains. The best grazing lands on the continent. Magnificent climate. Plenty of water. First-class schools. Excellent churches. Splendid railway facilities.

HOMESTEAD LANDS OF 160 ACRES FREE.

Send for particulars which is free of charge. Send for the following for an Atlas and other literature, as well as for certificate giving you reduced railway rates, etc.: Superintendent of Immigration, 67, Victoria, Canada. W. V. Bennett, 301 New York Life Bldg., Omaha, Neb., the authorized Canadian Government Agent.

recommending it to those who need a good remedy. It is a tonic it is excellent. In the short time I have used it it has done me a great deal of good."
Willis Brewer

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio

The man who marries for money certainly earns it.

If you don't get the biggest and best it's your own fault. Defiance Starch is for sale everywhere and there is positively nothing to equal it in quality or quantity.

Nearly Froze His Model. Charles Schreyvogel, the "painter of the Western frontier," works even in cold weather on his roof in New York. Recently he had a soldier for a model. The trooper was told to assume a recumbent posture, as if wounded. It was bitterly cold, but the painter became so absorbed in his work that he did not experience any discomfort. The soldier, accustomed to the weather, lay perfectly still. When Mr. Schreyvogel had finished he found this really model model so numbened that he had to half carry, half drag him down to the studio and revive him with an alcohol bath (both external and internal) before the poor fellow could stand on his legs again.

SURE NOW

The Truth About Coffee. It must be regarded as a convincing test when a family of 7 has used Postum for 5 years, regaining health and keeping healthy and strong on this food drink.

This family lives in Millville, Mass., and the lady of the household says: "For eight years my stomach troubled me all the time. I was very nervous and irritable and no medicine helped me."

"I had about given up hope until 5 years ago next month I read an article about Postum Cereal Coffee that convinced me that coffee was the cause of all my troubles. I made the Postum carefully and liked it so much that I drank it in preference to coffee but without much faith that it would help me."

"At the end of a month, however, I was surprised to find such a change in my condition. I was stronger in every way, less nervous and at the end of 6 months I had recovered my strength so completely that I was able to do all of my own housework. Because of the good Postum did us I knew that what you claimed for Postum-Nuts must be true and we have all used that delicious food ever since it first appeared on the market."

"We have 7 in our family and I do the work for them all and I am sure that I owe my strength and health to the steady use of your fine cereal food and Postum (in place of coffee). I have such great faith in Postum that I have sent it to my relatives and I never lose a chance to speak well of it." Name furnished by Postum Co., Battle Creek, Mich.

Ice cold Postum with a dash of lemon is a delightful "cooler" for warm days. Send for particulars by mail of extension of time on the \$7,500.00 cook's contest for 735 money prizes.

all for "Gut-Hell" cigars, 50 very advertised patent medicine at 10¢ and Mr. A. F. H. of McCook, N. D. in this city the past week. "Is it not enough for you?" seems to be the popular salutation of the day. Matthew Gering and Henry Dana, went out to Genoa on business Tuesday Saturday.

If you are a judge of a good smoke, the "Accorns" 5 cent cigar and you smoke no other.

Save your money on your prescriptions; have them filled at our store.

Miss Marie Graves visited with her mother in Rock Bluffs a few days the last week.

John Petty went to Elmwood Sunday.

Till they came to the dawn of the day.

What a different song these three elms sang
As they limped their way homeward
They had heard how the bells in the steeples
Torpedoes and crackers go "Rattley-bang"
And the rockets go up out of sight.

For one little elfin by chance got astride
Of a giant torpedo nearby.
On a huge cannon cracker the next took
A ride.
Number three to the tail of a rocket was tied.
And all three were blown up there, sky high.

On the way coming down each elfin declared
He had seen quite enough of the sky.
And promised himself, if he lived to be spared
To over teach home, and the damage repaired.
He would stay there on Fourth of July.

Yet this was not all, for they met on the road
Three cripples in pitiful plight.
They also had been there to see things explode—
A tallish young squirrel, a three-legged toad
And a crow with tail feathers turned white.

A very wise owl who was scowling close by
As the woebegone party drew near
Remarked, while winking and blinking
"Didn't I tell you so, that the Fourth of July
Is the fool's fool day of the year?"
But an eagle swooped down from a towering pine
And said with his talons uncurled,
"The day is all right, this country is mine."
The crowd to be crippled, but sadder to whine:
The Fourth of July leads the world.

And now, my young friends, allow me to state
That the flag you saw borne on the Fourth
Is the flag of the free, and we celebrate
The Fourth of July, while the crackers debate.
With just as much fun as we please.
"Be careful, old owl, lest my temper you stir."
This country cost more than one eye,
And is worth all it cost, though owls be demur.
We invite everything in horns, feathers or fur
To share in our Fourth of July?"

DING! THE BIRTH OF JULY

The FIRST FOURTH

It required a long time to prepare for the celebration of the first Fourth of July; it demanded nerve, courage, heroism; the man who buzzed for liberty then was in danger of putting his head in a noose, and he who fired a gun in honor of the occasion was shot without trial if caught.

Nowadays, people who wake up on the morning of the Fourth of July, amid the booming of cannon, the noise of trumpets, crackle of guns and snapping of fire crackers, and a general pandemonium of free and generous noise, seldom think of the years of anxiety, suffering and bloodshed through which the Colonial Americans passed before reaching the great day when they could shout for freedom.

There had been long resistance to tyranny, oppression and injustice. The Lexington shot that was "heard around the world" had been fired. Harry Lee had proclaimed independence, Patrick Henry had demanded "liberty or death," but the time was not quite ripe for that day of all days in American history, the Fourth of July, 1776.

On that day, fifty-six determined patriots assembled in the state house at Philadelphia. They had a purpose in assembling, and that purpose was of grave import to the whole world. Thirteen colonies, with their three millions of people knew what the purpose was; they had sanctioned it, approved it, and what the fifty-six men were about to do they were to do on behalf of those three millions of people who had fought, suffered, bled and starved that it might be done. Every-body knew what was going to happen, even the small boy who now makes as



for the rectitude of our intentions, do, in the name and by the authority of the good people of these Colonies, solemnly publish and declare. That these United States are, and of right ought to be free and independent—" here came an interruption in the person of a small boy who was blowing a fuse to keep it burning—he had a small cannon ready loaded to be the first to celebrate the very first Fourth of July—he rushed to the old bellman, waiting with the rope in his hand to ring out liberty on liberty bell. "Ring! Ring! Ring!" he shouted, and the old bellman threw his whole weight upon the rope and the tongue of that liberty bell spoke to the crowd, and said, "We are free, the life of a new and great nation has begun. Rejoice and be glad." And the people shouted "Hurrah! We are free!" Then they embraced one another, and shouted themselves hoarse, and when they could shout no more they fired guns, touched off gun powder, and waved flags, but the tongue of liberty bell kept on ringing, for two long hours the old bellman pulled with all his strength, and when asked why he did not stop, he answered, "I can't; I don't want to. I could keep on ringing liberty to the world forever." Then the fifty-six men arose and shouted, and huzzed and embraced, the deed was done, the nation was born, and the first Fourth of July was inaugurated. It has been keeping it up ever since, and as we grow larger and stronger, we make more noise, which is very natural and quite proper.

Liberty Bell

The bell that played so important a part in ringing in the first Fourth of July, by announcing the birth of the new nation, when the Declaration of Independence was read to the world, is regarded with great veneration by Americans.

This beloved bell had an eventful history. It was first cast in England, in 1752, and hung in the State House at Philadelphia, but it was found to be cracked in the rim and had to be recast three times before it was a success, and finally had this inscription placed upon it: "Proclaim liberty throughout the land to all the inhabitants thereof," a very appropriate one, and taken from the Scripture, Leviticus xxx. 10. It nobly made that proclamation when the Declaration of Independence was proclaimed, having

The Old Musket

been rung for two hours continuously on that great occasion. It was cracked while tolling for the death of Chief Justice Marshall, and since that time has been zealously guarded, being allowed to come to Chicago as an exhibit at the Columbian exposition, but with a guard of honor that never let it out of their sight. Numerous small exemplars of it are common, and it is a fitting badge on every fourth of July.

"It was great-grandfather's," he explained; "he fought with it at Lexington; maybe it was the first that spoke to Pitcairn's troops, and the one whose voice was heard around the world who knows? Fire it? Well, I should say, it never misses a Fourth of July; not much."

So, the next day being the Fourth, Silas took down the old flint-lock musket, patted it tenderly, and filling the old-fashioned "horn," sallied forth to show the boys a little of the spirit of '76. "She'll talk all right," he said.

In his enthusiasm, he forgot quantities, and poured powder into its muzzle until he emptied the horn, and after carefully adjusting the flint, prepared with a great flourish to fire.

"Give her room, boys; she'll talk as she did in '76. Now, hurrah! Ready! Aim! Fi—!" But he never finished the last word, for the old flint-lock spoke so loud with its charge that it knocked Silas over and when he came to his senses he scratched his head and said: "I told you she would talk, boys, and she did. The old gun is still full of the spirit of '76."

THE FREE KIDNEY DOCTOR.

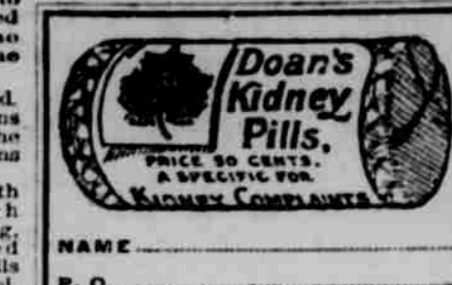
It's the people who doubt and become cured while they doubt who praise Doan's Pills the highest.

Aching backs are eased, Hip, back, and loin pains overcome. Swelling of the limbs and dropsy signs vanish.

Their correct urine with brick dust sediment, high colored, pain in passing, dribbling frequently, head aching, Doan's Kidney Pills remove all and grandly relieve heart palpitation, sleeplessness, indigestion, nervousness, dizziness.

They can't get it any better. They got it by using Doan's Pills. Write for a free trial box, mail this coupon to Post-Dispatch Co., Buffalo, N. Y. It costs you nothing, and you'll get a sample of the pills with the satisfaction of feeling that you are cured. They are the remedy for catarrh.

H. F. Ballard.



Winchester .22 Caliber Rim Fire Cartridges. Winchester .22 Caliber Cartridges shoot when you want them to and where you point your gun. Buy the time-tried Winchester make, having the trade-mark "H" stamped on the head. They cost only a few cents more a box than the unreliable kind, but they are dollars better.

FOR SALE BY ALL DEALERS EVERYWHERE.

Straw Hats are here drink Hires Rootbeer

Begin now and drink it all summer; it cools and refreshes. A package makes a cold draught wherever you are. Write for a free trial box, mail this coupon to Hires Co., Saltsville, Pa.

REFLECTIONS

By a Disabled Veteran.

For over forty years I have been a member of the great army of patriots who fought over again the great fight for liberty on every recurring Fourth of July. Ever since I was able to strike a match, or touch off powder, I have gallantly turned out with the rest of the revolutionary army, with grandfather's saber by my side, my

great-grandfather's old flintlock musket on my shoulder, and my pockets full of powder and shot, firecrackers, and torpedoes.

I have always been in the very thickest of the fight, and when right came out and lack of ammunition forced a cessation of hostilities, I have retired to my well-earned rest with joyful, pleasurable sensations, feeling that the enemy were routed—horse, foot and dragons.

True, I have suffered much; I have lost a thumb, my scalp has been torn off in several places, my eyebrows are not what they should be, my face is badly freckled with powder marks, and a portion of my ear is on the battle-field. But what of that? Am I not a patriot, a citizen of this great nation that can whip all creation? Pooh! I guess yes.

But I am growing old now, and although I still feel enthusiastic as much as I ever did, I prefer to look on and hurrah, instead of falling in with the procession. Besides, I deserve a pension if any soldier who fought in the case of liberty ever did. Why not pension all our Fourth of July soldiers? A grand idea, indeed. With a pension in view, the whole country would be in the agony of battle from daylight to dark and several hours after on every Fourth of July. I think I will try to make this a political issue in the next campaign for town marshal. It will win, for every man, woman and child will go in on it—for the sake of the pension. You think they won't, eh? Well, you will see.

CHURCHES SCHOOL HOUSES AND HOMES

must have their walls tinted and decorated with ALABASTINE, the only durable wall coating to insure health and permanent satisfaction. Write for full information and free suggestions by our artists. Buy only in packages properly labeled "Alabastine."

ALABASTINE COMPANY, GRAND RAPIDS, MICH., and 105 Water Street, New York City

UMC. AMMUNITION

is extensively used everywhere in the world wherever the muzzle loader has given way to the breech loader. It is made in the largest and best equipped cartridge factory in existence.

This accounts for the uniformity of its products. Tell your dealer "U. M. C." when he asks: "What kind?"

The Union Metallic Cartridge Co., BRIDGEPORT, CONN., Agency, 313 Broadway, New York City, N. Y.

The lobster lays 42,000 eggs a year. Go to the lobster, then hen, consider her ways and get busy.

To Cure a Cold in one day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25¢.

Any man who picks another man's pocket is almost mean enough to write an anonymous letter.

By that which wounded, may you be cured.

Mrs. Winslow's soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough, 25¢ a bottle.

A loan shark sticketh far closer than any brother that ever came down the pike.

Defiance Starch is guaranteed biggest and best of money refunded. 10 ounces, 10 cents. Try it now.

Before beginning the battle of life it is up to the sweet girl graduate to secure a husband.

Do Your Feet Ache and Burn? Shake into your shoes, Allen's Foot-Ease, a powder for the feet. It makes tight or New Shoes feel easy. Cures Swollen, Hot, Sweating Feet, Corns and Bunions. At all Druggists and Shoe Stores, 25¢. Sample sent FREE. Address Allen S. Olmsted, LeRoy, N. Y.

Probably the busy little bee is always on the move because it lives in a rented hive.

Try One Package. If "Defiance Starch" does not please you, return it to your dealer. If it does you get one-third more for the same money. It will give you satisfaction, and will not stick to the iron.

The best things cost least. Only fools make resolutions; only wise men keep them.

\$30.00 per M. Lewis' "Single Binder," straight 3¢ cigar, costs more than other brands, but this price gives the dealer a fair profit—and the smoker a better cigar. Lewis' Factory, Peoria, Ill.

You might as well aim high as long as you are shooting.

It's a bore to go alone, even to get drowned.

WHEN PAIN AND ANGUISH WRING & BROW, A MINSTERING ANGEL THOU: BROMO-SELTZER 10¢ SOLD EVERYWHERE.

DEFIANCE STARCH CO. WE DEMAND YOUR ATTENTION.

If anyone offered you a good dollar for an imperfect one would you take it?
If anyone offered you one good dollar for 75 cents of bad money would you take it?
We offer you 10 ounces of the very best starch made for 10¢. No other brand is so good, yet all others cost 10¢. for 12 ounces. Ours is a business proposition. DEFIANCE STARCH is the best and cheapest.
We guarantee it satisfactory. Ask your grocer. THE DEFIANCE STARCH CO., Omaha, Neb.

FREE TO WOMEN!

To prove the healing and cleansing power of Paxtine Toilet Soap, we will send you a tin sample. This is not a large trial package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treat-ment of female ills, curing most of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, ear aches, and to remove tartar and whitens the teeth. Send today; a postal card will do.

Sold by druggists or sent postpaid by us, 50 cents, large box. Satisfaction guaranteed. THE R. PAXTINE CO., Boston, Mass. 214 Columbus Ave.

HERRICK REFRIGERATORS

15 more room, 5¢ less, low. White spruce, enamel, or Opal Glass. Huge. Ask your dealer for them or write for catalogue and price. HERRICK REFRIGERATOR CO., WATERLOO, IOWA.

PAXTINE TOILET SOAP