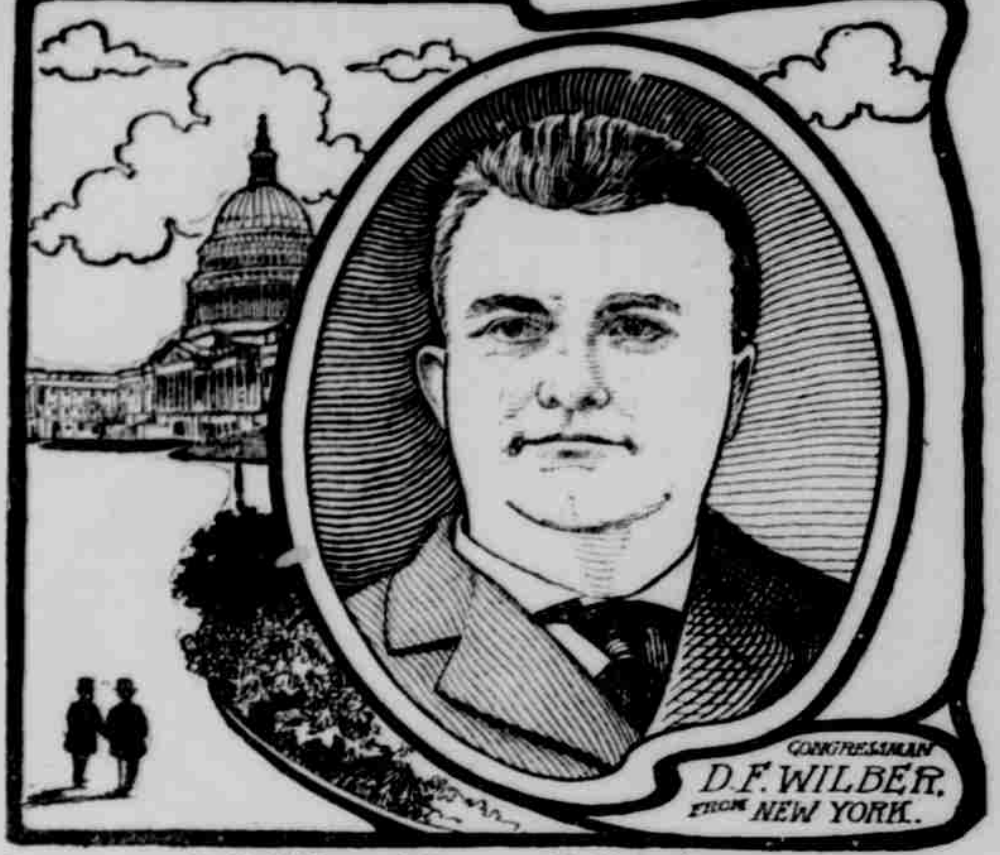


# CONGRESSMAN WILBER SAYS

[To The Pe-ru-na Medicine Co., of Columbus, O.]

## "Pe-ru-na is All You Claim For It."



Congressman D. F. Wilber, of Omaha, N. Y., writes:

**The Pe-ru-na Medicine Co., Columbus, Ohio:**

Gentlemen—Persuaded by a friend I have tried your remedy and I have almost fully recovered after the use of a few bottles. I am fully convinced that Pe-ru-na is all you claim for it, and cheerfully recommend your medicine to all who are afflicted with catarrhal trouble. —David F. Wilber.

**Pe-ru-na a Preventive and Cure for Colds.**

Mr. C. F. Givon, Sussex, N. B., Vice President of "The Pastime Boating Club," writes:

"Whenever the cold weather sets in I have for years past been very sure to catch a severe cold which was hard to throw off, and which would leave after-effects on my constitution the most of the winter.

"Last winter I was advised to try Pe-ru-na and within five days the cold was broken up, and in five days more I was a well man. I recommended it to several of my friends and all speak the highest praise for it. There is nothing like Pe-ru-na for catarrhal affections. It is well nigh infallible as a cure, and I gladly endorse it." —C. F. Givon.

**A Prominent Stomach Saved From Loss of Voice.**

Mr. Julian Weissitz, 175 Seneca street, Buffalo, N. Y., is corresponding secretary of the Sangerist of New York; is the leading second bass of the Sangerist, the largest firm singing society of New York and also the oldest.

## The Cause of "Brain Fag."

Some Good Advice for Chronic Sufferers from a Disease That Seems to Have a Predisposition for Those Who Have No Particular Brains to Fag.

The San Francisco News Letter doesn't believe in brain fag. It exploits the so-called disease in a manner altogether its own, a manner made popular by the distinguished editor of that coast publication, Frederick Marriott. This publication in question has never yet been afraid to say what it meant, and its conclusions on any subject are worth attention, if only to catch a fresh point of view.

Brain fag is a frequent subject of discussion. Here at the East we frequently hear of citizens falling by the wayside because they are beset by this insidious difficulty, and this is the more apparent, the careful observer believes, among those who have no particular brains to fag. The source of the prevalent complaints about the epidemic of brain fag, the brain is a most peculiarly organized and a most peculiarly organized organ. Its habit is to give exceedingly little trouble. The eye, the stomach, even the useful hand, is a poor and troublesome instrument compared with the brain. Nobody knows just how the brain does its work, but ordinarily it goes on doing it without any fuss whatever. Now and then, to be sure, it appears to be raising a great disturbance. Its plaint of agony on such occasions is heard through the whole system. But the chances are that it is merely fighting some other organ's battle—the stomach's, probably, or very likely the liver, or it may be that cold feet have sent an undue flow of blood to the head. As to becoming "brain fagged," it is extremely rare that the hardest work tires the brain out. The seat of the trouble is not there. The brain grows brighter by work. It was made for toil. It works while we sleep, and does not seem to mind that. Nine times out of ten those who think they have tired brains simply have tired consciences, or much more customarily, weary and sadly overworked stomachs. Or else they have those same redoubtable and pestiferous germs, the hookworms of laziness. The very excellent Mail and Express of New York recently found that the hookworm had seized upon all too many of the men who had applied for a cure. It gives the following recipe: Take a large dose of determination every morning, fortified with a cold bath on rising, and followed up by an hourly dose of persistence. It guarantees that this will dissipate brain fag as the rays of the summer sun scatter the dew. Try it.

## The Whalers of New Bedford.

Simple Heroism of the Men Who "Go Down to the Sea in Ships"—Hazardous Exploits That Seem Commonplace to Those Who Undertake Them.

We have raised a race of men who have gone down to the sea in ships on the most hazardous of enterprises, says the New Bedford Mercury. No men have hourly for a lifetime taken such disastrous chances as our whalers, and their voyages have been frequently crowded with moving accidents, hairbreadth escapes and distressful strokes. And we go to these men, like Desdemona, "with a greedy ear to devour their disclosures." The records of the thrilling voyages of our whalers are kept in log books and in the hundreds of volumes stored in old sail lofts. How many of us have pored over them to have our nerves played upon after the manner of the fictionists, but it is not there. The records of the thrilling voyages of our whalers are kept in log books and in the hundreds of volumes stored in old sail lofts. How many of us have pored over them to have our nerves played upon after the manner of the fictionists, but it is not there. The records of the thrilling voyages of our whalers are kept in log books and in the hundreds of volumes stored in old sail lofts. How many of us have pored over them to have our nerves played upon after the manner of the fictionists, but it is not there.

## Where Toads Are Respected.

At the ancient church of St. Michael, at Schwyz, in Tyrol, the sacred edifice is invariably kept secretly closed on the evening before every great festival, and the simple peasantry of the district are convinced that on these occasions, when no one is present, an immense host of evil spirits, crawling before the altar, where it kneels and prays, weeping bitterly, for the population is imbued with the belief that toads are for the most part good Christians who have mistaken their way to go on pilgrimages and who have died without fulfilling their pledges. So the poor creatures go hopping about astray, bewildered and perplexed, striving to find their way to shrines, whose perchance have long ceased to exist.

## TWO SIGNALS.

There are two serious signals of kidney illness. The first signal comes from the back with numerous aches and pains. The second signal comes from the kidney secretion. The urine is thin and pale, or too highly colored, and showing a "brick-dust like" deposit. Triangulation is infrequent, too frequent or excessive. You should heed these danger signals before chronic complications set in—Diabetes, Dropsy, Bright's Disease. Take Doan's Kidney Pills in time and the cure is simple. J. F. Wainwright, of the firm of Borden & Wainwright, painters and contractors, Pulaski, Va., says: "Four or five times a year for the past few years I have suffered with severe attacks of pain in my back, caused from kidney trouble. During these spells I was in such misery from the constant pain and aching that it was almost impossible for me to stoop or straighten up, and it really seemed as if the whole small of my back had given away. At times I also had difficulty with the kidney secretions which were discolored, irregular and scalding, and I was also greatly distressed with headaches and dizziness. I used a number of recommended remedies but I never found anything so successful as Doan's Kidney Pills. When I heard of them I had an attack and procured a box of them. In a few days the pain and lameness disappeared, the trouble with the kidney secretions was corrected and my system was improved generally. I have every confidence in Doan's Kidney Pills." A FREE TRIAL of this great kidney medicine which cured Mr. Wainwright will be mailed to any part of the United States on application. Address: Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per box.

### Home-seekers Excursions.

April 21st, TUESDAYS May 5th & 19th, June 2nd & 16th

To certain points in Southwest Missouri, Kansas, Oklahoma, Texas, Arkansas, etc., at very low rates. Tickets limited to 21 days for the round trip. Stop-overs allowed on the going journey within transit limit of 15 days. For further information call on or address any agent of the company, or Thomas F. Godfrey, Pass & Ticket Agent.

### Libby's Natural Flavor Food Products

These delicious preparations allow of all sorts of impromptu spreads without the untidy appearance, and permit the hostess to enjoy rather than slave. Our "How to Make Good Things to Eat," free to housekeepers. Libby's Artisan of the World, containing 32 new maps, published expressly for us by the largest map and atlas publishers in America, is ready now. Indexed, and gives new maps of China, South Africa, the Philippines, Cuba, Porto Rico, and so on, as much practical use as any atlas published. We mail it to any address for five cent stamps.

Libby, McNeill & Libby, Chicago  
The World's Greatest Caterers

## Pharaoh's Chariot Found.

The credit for making the most interesting discovery in Egypt last season is given to an American, Theodore D. Davis, whose work resulted in the discovery of the tomb of the Pharaohs of the eighteenth dynasty. In the tomb was the chariot in which the pharaoh rode at Thebes. The actual find was made known, not by Mr. Davis, but by Howard Carter, Inspector of the monuments of Upper Egypt for the Egyptian government, who has been assisting Mr. Davis.

## Lived in Three Centuries.

Myrsalla Keith, of Monticomey, Ala., celebrated her 115th birthday on the 7th, with religious services at her home. Mrs. Keith was born in South Carolina, but has been living in Alabama since a child. She has lived in three centuries, and has vivid recollections of incidents before the war of 1812. Though in ill health for six years, her faculties are not in the least impaired. She is the mother of thirteen children.

## Married a Century Ago.

At Banjahaska, in Bosnia, lives a man who has lived since his birth day was first forgotten, but in the year 1802, he was married and was, as his JOURNAL of emfwp emfwp emfwp certificate proves, over 20 years of age. He is supposed to be at least 122 years old. His father, he says, died at 80, and his mother at 125. The old man is still active, possesses an unimpaired set of teeth and has smoked for the last 100 years, usually a chibouque. Cigarettes he considers harmful and refuses to accept them.

### \$3.00 W. L. DOUGLAS SHOES \$3.50

More men's Goodness, Well (Hand-Sewed Process) makes than any other manufacturer in the world.

\$25.00 REWARD will be paid to anyone who can disprove this statement.

Because W. L. Douglas is the largest manufacturer he can buy cheaper and produce his shoes at a lower cost than other concerns, which enables him to sell shoes for \$3.50 and \$3.00 equal in every way to those sold elsewhere for \$4 and \$5.00.

The Douglas secret process of tanning the bottom, makes produce shoes longer lasting, more flexible and will wear longer than any other brand in the world. The soles are made of the best material, which makes them superior. Why not give W. L. Douglas shoes a trial today?

Noted Increase (1909 Sales: \$2,284,000, 23 in Business, 1908 Sales: \$1,640,000)

A pair of \$2, 250, 450, 719 in Foot Wear.

W. L. DOUGLAS \$4.00 GILT EDGE SHOES, Worth \$6.00 Compared with Other Values.

The best imported and American leathers, Heilig's Patent Gilt, Enameled, Box Calf, Kid, Goat, Cowhide, Calf, and National Kangaroo, East Color Epslets.

Caution: The genuine have W. L. DOUGLAS shoes by mail, 25, 27, 29, 31, 33, 35, 37, 39, 41, 43, 45, 47, 49, 51, 53, 55, 57, 59, 61, 63, 65, 67, 69, 71, 73, 75, 77, 79, 81, 83, 85, 87, 89, 91, 93, 95, 97, 99, 101, 103, 105, 107, 109, 111, 113, 115, 117, 119, 121, 123, 125, 127, 129, 131, 133, 135, 137, 139, 141, 143, 145, 147, 149, 151, 153, 155, 157, 159, 161, 163, 165, 167, 169, 171, 173, 175, 177, 179, 181, 183, 185, 187, 189, 191, 193, 195, 197, 199, 201, 203, 205, 207, 209, 211, 213, 215, 217, 219, 221, 223, 225, 227, 229, 231, 233, 235, 237, 239, 241, 243, 245, 247, 249, 251, 253, 255, 257, 259, 261, 263, 265, 267, 269, 271, 273, 275, 277, 279, 281, 283, 285, 287, 289, 291, 293, 295, 297, 299, 301, 303, 305, 307, 309, 311, 313, 315, 317, 319, 321, 323, 325, 327, 329, 331, 333, 335, 337, 339, 341, 343, 345, 347, 349, 351, 353, 355, 357, 359, 361, 363, 365, 367, 369, 371, 373, 375, 377, 379, 381, 383, 385, 387, 389, 391, 393, 395, 397, 399, 401, 403, 405, 407, 409, 411, 413, 415, 417, 419, 421, 423, 425, 427, 429, 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