

Poverty Thoughts

Nearly as Bad as the Real Article

By MADISON C. PETERS



THE POVERTY thought is as bad as the poverty reality. We have heard of people making themselves actually sick by simply imagining they were ill.

Thought is the mightiest of powers, from the throne of mind it rules the body and all the physical actions.

The conviction that you are poor and must remain so will keep you poverty stricken. Such a thought will prove fatal to any progress. It will weigh you down and keep your wheels sunk deep in the rut.

The men who battled with poverty and rose triumphant in victory banished from themselves the poverty thought, the thought that they were always to remain down.

The poverty thought contradicts the promise of the divine and nullifies the best qualities of humanity. Collateral can never take the place of character, money does not bring happiness, and there is something larger, something higher for solution in the divine plan than the bread-winning problem.

Man was created for a noble purpose; poverty thwarts that purpose, thus subverting human destiny. There have lived thousands who had mighty potentialities in their breasts and who seemingly were called into the world for high and holy aims, but who were dragged down by the iron hand of poverty into the slums of uselessness, to be finally swallowed up by the mud of oblivion.

Though poverty has spurred men to effort, it almost invariably is narrowing, belittling, degrading and generally develops the worst characteristics.

Many are the noble examples in story of men who have mastered their circumstances and won victories and gained for themselves undying honor. Yet these exceptions do not break the rule that poverty is a curse. The only man I ever heard preach a sermon conscientiously on the blessings of poverty was a preacher who had \$20,000 a year income and of course he spoke from experience.

Instead of praising poverty, we should hate it and do our best to make it preventable. But the unfortunate part of poverty is the thought that many of its victims have gotten into their heads that they can never get away from it.



All evil, no matter of what order, may finally come under the head of disguised good. We name it evil and begin the struggle to do away with it, and in that struggle comes the knowledge that to-day we see in our system of modern philanthropy, in which causes are first considered and the necessity for all that will do away with these causes made the matter of first and deepest importance.

For the hill towns themselves and other remote portions of New England, there has been no faintest consciousness on the part of the dwellers therein that the north had its "crackers" and benighted mountain people.

Morals of Little Country Town

By HELEN CAMPBELL

With summer arrived shoals of summer boarders at this most lovely spot; a village which was yet not a village, since there was no real nucleus for the very long township, almost an eight-mile square. "A sinless spot," the boarders said. "So close to nature, the great heart of nature! What men, what women, must be in these remote farm houses." Deep surprise was in the eyes of the summer boarder as time soon disclosed the clutch at the dollar on all sides, the petty meannesses, the infinite gossip and slander. These changed the note, and the summer boarders, even when returning for another summer, still talked of beauty, but dropped the "sinless."

Badly prepared food, chiefly fat, starch and sugar, otherwise pie, doughnuts and pork, thus building anemic bodies unnaturally open to self-indulgence in vice as well as food. Thus each child began life handicapped physically.

Where the gleam remains the boy makes for the city and there may or may not be humanized, though the chances are chiefly in favor of the first. Where it has died, he turns into a heavy, dragging-footed tiller of the soil, real life as it might be on the soil unknown, and lies down at last in an ignoble grave, a human wreck, when that grave should and could have held a conqueror.

Helen Campbell

Accidents, Tragedies and Crimes in Waves

By A. A. BARATTE

Accidents, crimes and tragedies all seem to happen in bunches. I have noticed that if one calamity or criminal act of any magnitude occurs, ere many hours something else in that category may be expected.

The other day, in perusing a paper from my old home, I noticed the death of an engineer on the Denver & Rio Grande, caused by a bad wreck on that line. The dead man and I had been good friends in days gone by. Looking over the same sheet, further on I came to the murder, in Goldfield, Nev., of a highly respected lady

by a drunken ruffian, who was running amuck and shot his victim as she sat on the portico of her home, merely to see her fall. That night her husband, a wealthy and popular young man, whom I knew intimately, was so overcome by grief that he committed suicide.

Heaven knows this was sufficiently depressing reading, but the end was not yet. Turning the pages of the same paper, I saw the bold headlines that told of robbery and attempted murder in a hotel at Manitou, Col., where I was once employed. A discharged fireman, aided by a bell-boy who had also lost his job, undertook to bind and gag the night clerk of the hotel, knowing that the safe in the office contained \$20,000 in currency. The night clerk (a lad I remembered as former elevator boy) threw the robbers off their guard and, managing to secure the pistol of one, opened fire on the pair. A desperate fight ensued. The loyal and heroic youngster in battling for his employers received five bullets, but none of them proved fatal, and he is in the hospital recovering.



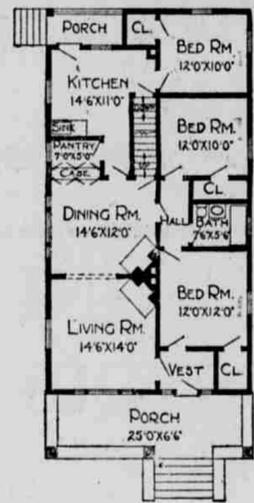
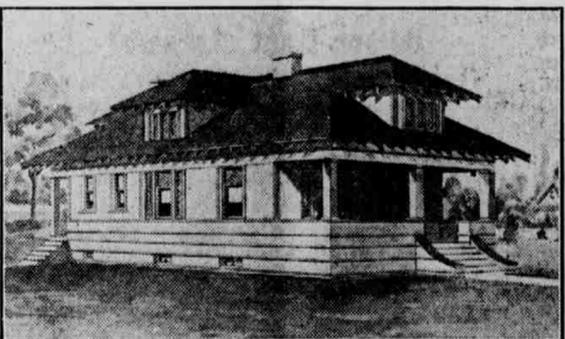
W. A. RADFORD EDITOR

Mr. William A. Radford will answer questions and give advice FREE OF COST on all subjects pertaining to the subject of building for the readers of this paper. On account of his wide experience as Editor, Author and Manufacturer, he is, without doubt, the highest authority on all these subjects. Address all inquiries to William A. Radford, No. 121 Fifth Ave., Chicago, Ill., and only enclose two-cent stamp for reply.

Although the house here shown is not large, being 28 feet wide and 48 feet, 6 inches long, it gives the observer the impression that it is large. It is an excellent type of residence for a city in which the lots average 50 feet, a size that will admit of room for a lawn and plenty of space for light and air. A house thus set out amid pleasant surroundings will have all the good points of its design fully appreciated and displayed to the best advantage. The tendency in the city is toward crowding, on account of the increasing value of land, of course. This is to be regretted, because when lots are too narrow houses cannot be shown to good advantage no matter what the excellence and artistic quali-

suited to the builder's demands rather than to the lot and its surroundings. Houses of this sort usually have several dark rooms and often are not well-ventilated. In a great many cases they are not much better than apartments. Of course this difficulty might be avoided by making one fairly large lot of two small ones, but frequently the builder does not feel that he can afford a second lot, and he often further objects to the keeping of a large lawn. But to the normal man the lawn is the chief joy of the home. The alternative usually is to adapt the house to the lot, to sacrifice some desired feature of the interior arrangement, or even a room or two, in order to attain the really essential light and air.

Now, the house here shown is adapted to a lot of small size, and yet there will be plenty of room for light and air. It is especially suited for a west frontage, giving the sunshine to all the bedrooms and shade to the living room, the dining room, and the kitchen. And every housewife will agree that a shady kitchen is one of



ties of their design may be. Fifty-foot lots are large enough to meet most builders' requirements, but in many cities, as in Chicago, for instance, the rule is 25 feet. This disadvantage is often made greater by the owner's insistence on a very large house, or by an arrangement of the rooms that requires that the building be wide. Too often the residence is

the greatest comforts imaginable. This is a frame cottage, or bungalow, although the exterior might be treated with rough boards and stained, or cement plaster might be used. It all depends where the house is to be built as to the exterior finish. The front porch is 25 by 6 feet, 6 inches. Entering the house you pass into a vestibule which opens into the living room and also into the front bedroom. The bedrooms, of which there are three, are 12 by 10 in size. The living room is 14 feet, 6 inches by 14 feet, and the dining room is two feet narrower. The kitchen has a length of 14 feet, 6 inches and a breadth of 11 feet.

Woman Eminent as Biologist.

Mabel Bishop, who has been appointed instructor in biological science in the Women's college of Baltimore, affords a striking example of the fitness of women for higher education. She received the degree of bachelor of arts in Wellesley and the master of arts degree in Smith. She was assistant for two years in the department of pathology in Cornell university medical school; she taught zoology for two years in Smith college, and she will go to the Women's college after spending a year as instructor in cytology and embryology in the biological laboratory, Cold Spring Harbor. Asked if she advocated equal suffrage, Miss Bishop replied: "I might advocate it if I had time to investigate it."

LAST CHANCE FOR EXPLORERS

While the Outside of the World is Cleaned Up There is Still the Inside.

"I have had the idea for some time past," writes Camille Flammarion in the Strand, "of sinking a shaft into the earth for the express purpose of scientific exploration, descending as far below the surface as the utmost resources of modern science would permit.

The first result would be to obtain an inexhaustible source of heat, which might be distributed and applied to industrial purposes. According to the most authentic estimates the boiling point will be found at a depth of about two miles.

"Without doubt we should also discover springs of hot water, like those which were found during the construction of the Simplon tunnel in 1903, with a temperature of 48 to 53 degrees centigrade. We should also come upon subterranean rivers and cascades which might be employed as a motive power.

"The second result would be the exploration of this unknown world itself. Who knows what curiosities of geology and paleontology might be revealed by this investigation into these dark abysses of the earth? What mines of iron, of copper, of precious metals such as gold, platinum, silver, radium and of elements hitherto unknown and unsuspected?

"This idea has been forcibly recalled to my attention in consequence of the recent earthquakes and the extremely contradictory opinions of geologists upon the interior state of the

globe. Is this globe liquid or solid? From the most ancient times scientific men have considered the problem under all its bearings without having succeeded in lighting upon any satisfactory solution.

"The railway tunnels which pierce the mountains have done no more than traverse the inequalities of the crust of the earth. The deepest shaft which penetrates the earth was constructed between 1893 and 1902 at Paruschowitz, near Rybnik, and is about a mile and a quarter in depth—scarcely more than an insignificant scratch upon the surface of our globe."

The Thoughtless Panhandler.

"There goes Frank Soso," remarked one actor to another as a tall man with a new fall coat strode past, nodding condescendingly as he went.

"Fine looking fellow," answered the other legit. "Seems to be quite prosperous, too."

"Is, now," assented the first one glumly, "but a few years ago he was not only down on his luck, but continually on the touch. He maced everybody he encountered, and I think, actually saved up enough money out of touches for a new start."

"Once in a while he got fearfully absent-minded. One afternoon he came up to a little group of us and sprang the old song—flat broke, no work in sight, hadn't eaten for two days. And as he talked he thoughtlessly pulled three silver dollars out of his pocket and began jingling them, tossing them up and down and catching them as they fell, the clanking of the silver making a really remarkable accompaniment to the woe-ful story he was springing."

NEW STRENGTH FOR WOMEN'S BACKS.

How to Make a Bad Back Better.

Women who suffer with backache, bearing down pains, dizzy spells and that constant feeling of dullness and tiredness, will find hope in the advice of Mrs. Mary Hinson of 21 Strother St., Mt. Sterling, Ky. "Had I not used Doan's Kidney Pills, I believe I would not be living today," says Mrs. Hinson. "My eyesight was poor, I suffered with nervous, splitting headaches, spots would dance before my eyes and at times I would be so dizzy I would have to grasp something for support. My back was so weak and painful I could hardly bend over to button my shoes and could not get around without suffering severely. Doan's Kidney Pills helped me from the first, and I continued until practically well again."

Remember the name—Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Not Their Fault.

A broad-minded dominie, whose parish was near the headwaters of the Susquehanna, had among his parishioners a character who was more punctual at the fishing-hole down the river than he was at the church on Sundays. Bright and early one Monday morning this Sabbath fisherman called the preacher to the door and presented him with a very fine and tempting string of pickerel. The dominie was very profuse with his thanks for a gift that was indeed welcome.

"But, look here, parson," said the man, still retaining the fish, "those fish were caught yesterday, and maybe your conscience won't let ye eat 'em."

"Never mind that," said the dominie, stretching out his hand for the string. "There's one thing certain; the pickerel were not to blame."

One Was Enough for Johnny.

The Sunday school lesson was from that scripture which teaches that if your brother strike you on one cheek, you should turn the other also and endure even for seventy times seven. Johnny had listened to his teacher very attentively, while she emphasized this fact, and after the lesson the superintendent rose to make a few remarks.

"Now, boys," he said, "how many times ought another boy to strike you before you hit him back?"

"Just about once!" promptly answered Johnny.—Delineator.

Grace.

A paper out in northwestern Kansas tells of a pious old farmer who has the habit of gazing at the rafters in his dining-room when saying grace. One day while so engaged he forgot himself, and his grace sounded something like this: "We thank thee for this food and—by Joe! there's that darned gimlet I've been looking for for the last six months. I'll have Jim go up there and get it. Thou hast been gracious to us, O Lord, and again we thank thee. Amen!"—Kansas City Star.

Brought Their Relations.

Small Nettie, seeing some large insects on the back porch, asked what they were, and was told that they were ants. The next morning she discovered a number of small ants among the large ones, and exclaimed: "Oh, mamma, the ants have brought their little nieces with them to-day!"

In the Same Boat.

A magazine contributor, being hard pressed by his creditors, recently wrote to his editor: "Please send check at once, as my gas bill is due." The candid editor replied in this brief fashion: "So is mine. God help us all."

In Cannibal Land.

First Cannibal—That last missionary was a polite fellow.
Second Cannibal—How so?
First Cannibal—Before I ate him he offered me an after-dinner cigar.

SOME HARD KNOCKS

Woman Gets Rid of "Coffee Heart."

The injurious action of coffee on the heart of many persons is well known by physicians to be caused by caffeine. This is the drug found by chemists in coffee and tea.

A woman suffered a long time with severe heart trouble and finally her doctor told her she must give up coffee, as that was the principal cause of the trouble. She writes:

"My heart was so weak it could not do its work properly. My husband would sometimes have to carry me from the table, and it would seem that I would never breathe again.

"The doctor told me that coffee was causing the weakness of my heart. He said I must stop it, but it seemed I could not give it up until I was down in bed with nervous prostration.

"For eleven weeks I lay there and suffered. Finally Husband brought home some Postum and I quit coffee and started new and right. Slowly I got well. Now I do not have any head aches, nor those spells with weak heart. We know it is Postum that helped me. The Dr. said the other day 'I never thought you would be what you are!' I used to weigh 92 pounds, and now I weigh 158.

"Postum has done much for me and I would not go back to coffee again for any money, for I believe it would kill me if I kept at it. Postum must be well bottled according to direction on pkg., then it has a rich flavor and with cream is fine."

Refuted.
"Just think of it! One person in every 37 in England is a pauper!"
"Why, John," she returned, "it isn't so. I met more than 37 people in London last summer, and there wasn't a pauper in the lot!"

Nebraska Directory

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