

# AFTER FOUR YEARS OF MISERY

Cured by Lydia E. Pinkham's Vegetable Compound

Baltimore, Md.—"For four years my life was a misery to me. I suffered from irregularities, terrible dragging sensations, extreme nervousness, and that all gone feeling in my stomach. I had given up hope of ever being well when I began to take Lydia E. Pinkham's Vegetable Compound. Then I felt as though new life had been

given me, and I am recommending it to all my friends"—Mrs. W. S. Ford, 1928 Lansdowne St., Baltimore, Md.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound. It has stood the test of years and to-day is more widely and successfully used than any other female remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulence, indigestion, and nervous prostration, after all other means had failed.

If you are suffering from any of these ailments, don't give up hope until you have given Lydia E. Pinkham's Vegetable Compound a trial.

**If you would like special advice write to Mrs. Pinkham, Lynn, Mass., for it. She has guided thousands to health, free of charge.**

## Helen Had Ambition.

Helen, aged six, was telling Mary, aged seven, of her plans for the future. "I'm going to be married," she announced, "and have 18 children."

"Oh," gasped Mary, her eyes wide with amazement, "you mercenary wretch!"—Delineator.

For Hoarseness and Coughs "Brown's Bronchial Trophee" are wonderfully effective. 25 cents a box. Samples sent free by John L. Brown & Son, Boston, Mass.

Wise men make proverbs that fools may misquote them.

**FILE'S CURED IN 6 TO 14 DAYS.**  
PAZO OINTMENT is guaranteed to cure any case of Itching, Blistering, Bleeding or Prolonged File's in 6 to 14 days or money refunded. See.

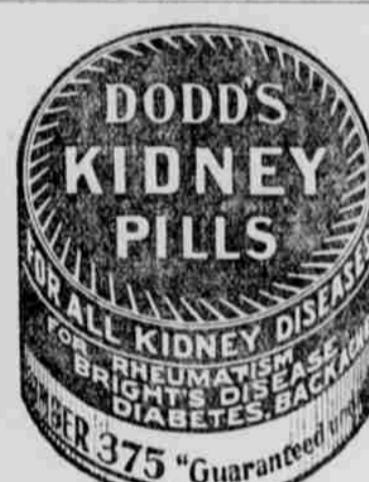
It isn't the knocker who gains admission to our confidence.

Lewis' Single Binder costs more than other cigar companies. Smokers know why. Your dealer or Lewis' Factory, Peoria, Ill.

Women wouldn't be so talkative if they only spoke their minds.

Foot Ache—Use Albert's Foot-Ease. Over 50,000 testimonials. Returns included. Send for free trial package. A. S. Olmsted, Le Roy, N.Y.

Diamonds come highest when sold at cut rates.



## SICK HEADACHE

Positively cured by these Little Pills.

CARTER'S LITTLE LIVER PILLS. They regulate the Bowels. Purely Vegetable.

Small Pill. Small Dose. Small Price.

Genuine Must Bear Fac-Simile Signature. Break Good REFUSE SUBSTITUTES.

## Death Lurks In Every Breeze

especially these cold winter breezes, when you're so subject to coughs and colds. A little cold neglected now will cause serious trouble later. There's but one safeguard—

## DR. D. JAYNE'S EXPECTORANT

Keep it in your home all the time—then you'll be ready for the battle.

Dr. D. Jayne's Expectorant removes the cause of colds, coughs, bronchitis, asthma, inflammation of lungs and chest, that's why it is the safest and sweetest remedy known.

It's sold everywhere in three size bottles \$1.00, 50c, 25c

## I'VE BEEN THINKING ABOUT CHRISTMAS

By Charles Battell Loomis

(Copyright by W. G. Chapman.)

Merry Christmas!

Did you ever think how pretty those letters look, and how delightful the words sound?

The M and the C are red and there's a jolly looking Santa Claus, ruddy-cheeked and stout, looking out from behind them, and the salutation sounds like sleighbells and the crackle of good packing snow, and happy voices.

Merry Christmas!

Have you ever tried telephoning the good wish to the abject poor who live huddled in tenements? The trouble is that most of them have no telephones. But if they only did have them it would be such a kindly thing to wake them out of their troubled sleep on Christmas morning to wish them a Merry Christmas.

Then ring off.

It wouldn't take much time and it wouldn't take any money if you chose the poverty stricken of your own town and they needn't know who spoke to them.

Then they could go back to bed and go to sleep again or else stay up to enter upon their tiring, sordid round of things, but they would know that even if there was to be no Christmas

And it's possible that she has no refrigerator.

But her room is cold enough to keep the bird a long time.

Another thought—why not endanger the keeping powers of the big bird by strewing a few lumps of coal on her floor?

We are using up coal at such a ruinous rate, we American people, that there will be none to burn in a comparatively short time; but I do not think that the poor are nearly as extravagant in their use of it as the rest of us are.

Did it ever occur to you that the superfluous heat in your houses, the heat that is making nervous wrecks of many of your women folk, would comfortably warm thousands of poor people all winter long?

Aren't we foolish? We shovel in coal to the wrong furnaces. In your house it is so hot that you are always sniffing with colds, while in the homes of the poor on the next block but one it is so cold that they are all sniffing with colds.

All sniffing together but not all getting together to devise means by which they might share a little of your superfluous coal.

Merry Christmas!

I said that to myself just to cheer myself up, because I felt that I was going on in anything but a Christmas strain about things in general. Nothing slapstick about this style of humor. I dare say I'll find a slapstick in my stocking from some editor who likes more ginger than I am able to compass.

But when I'm thinking I let my thoughts follow their own way—never trying to coerce them, and what I'm after is a Merry Christmas for lots of people. We elected the man most of us wanted, and he's a sort of Santa Claus himself. He'll do all he can to give us a succession of Merry Christmases. Let's get together and help all we can.

Then ring off.

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Then they could go back to bed and go to sleep again or else stay up to enter upon their tiring, sordid round of things, but they would know that even if there was to be no Christmas

"Hello, Central! Give me that man who is said to be starving. There's

## Morning Dresses



HERE are three simple dresses that are just the thing for morning wear in the house. The first is in rather fine navy blue serge; the skirt is trimmed with wide black braid; straps of the material and braid covered buttons. It fastens at the side under the braid. The bodice is made with a very tiny yoke and collar-band; these and the under-sleeves are of white washing silk; the bodice is tucked each side front from shoulder to bust, and at the back is plain; the sleeves are tucked on the top of arm and quite down the outside of arm. The fastening is at side, under the braid. The bodice is sewn to a narrow waist-band, which is tucked to the skirt band, so that both can be slipped on together.

Materials required: 7 yards 46 inches wide, 7 yards braid, about 4 dozen buttons,  $\frac{1}{4}$  yard white silk 22 inches wide.

The second is in grey mohair. The skirt is quite plain; the bodice has a straight vest, collar, and under sleeves of tucked net; straps of tucked material, bound with silk, are carried over the shoulders, and terminate under the shaped waist-band. Pieces of silk form a sort of vest each side, which is laced with ribbon over the ends of the silk tie. Long fringed ends of ribbon fall from the left side of waist.

Materials required: 7 yards 46 inches wide, 7 yards sateen for lining, 1 yard silk 22 inches wide,  $\frac{1}{4}$  yard tucked net.

The third costume shown is in brown cashmere. The skirt is made with wrapped seams; closely-set pleats being let in at lower half of side seam. A band of silk 2 inches wide forms a trimming. The bodice has a vest of tucked cream silk; then from the edge of each front stand out shaped pieces of silk embroidered in various shades of brown and blue. The ends of this cross below bust, and are buttoned to the fronts. The material for sleeves is arranged in folds that are finished below the elbow with embroidered silk, cuffs, Sash of ribbon to match silk on skirt.

Materials required: 7 yards 48 inches wide,  $\frac{1}{4}$  yard silk, 4 yards ribbon,  $\frac{1}{4}$  yard silk for vests, 7 yards sateen for lining.

## USE FOR THE SEPARATE TUNIC.

Will Transform Old-Fashioned Frock Into Something Smart.

Music Lover Has Growing Plants in Water in Drawing Room.

Clever women have found out that a separate tunic, made of another material than the gown and draped over it, is an excellent method of altering an old-fashioned frock.

There are some skirts that are too short to be lifted up even for two inches on the bodice to give the empire effect, and they are too much out of style to wear as they are.

If the skirt and bodice are put together by their linings and two or three folds of self-colored material neatly draped around the waistline in order to make it invisible, the foundation work is finished.

The tunic may be made of net, chiffon cloth, bands of net and embroidered satin, or all-over lace edged with fur or gold galloons.

This is cut with a seam down middle of back and neatly draped three inches above the waistline, headed with folds of the material or a piece of the trimming used elsewhere.

This tunic drops from bust to knees and gives the exact line that it needs this winter on smart frocks.

Coats Longer.

Coats of nearly every kind and for any wear are somewhat longer this year than formerly. There are, of course, some short jackets and some extremely long coats accompanying runabout suits, but the minimum average length for the popular walking coat is 30 inches.

Right pretty are some of the little silk coats in la Watteau, shown among the recent Paris importations. They are often trimmed with handsome lace or galloons and sometimes with rare embroideries.

Silk coats in the tone of the skirt are more used than are cloths ones like the skirt, especially in suits to be worn for anything like dress occasions. These coats are usually loose and made in odd styles, in imitation of 25 or more years ago.

Colors Must Be in Harmony.

No sudden or violent color handling of showy colors, in any way whatsoever, in suit materials, in millinery, or in dress trimmings and plumes, is to be met with this season, says Vogue. Perfect adaptation and harmony reigns, which, of course, bespeaks exquisite taste in every direction. A word about these new colors will furnish the right idea of distinct departure from the colors of last season. There is far less obtrusiveness in the "prune," which we knew as the plum shade, for the new tone has more red than blue in its tint, and is far richer in tone. Smoke grays, and two blues—a Beauvais and a royal blue, and a deep tapestry shade, the latter that deep tint seen in a sapphire—are very lovely.

Saving the Hands.

Cotton gloves worn when dusting or fussing around the house are much cooler and just as useful as old gloves.

Most workmen who do their own work will be very glad to hear this, for it is so hard to work round the house without injuring the hands, and old kid gloves are hot and clumsy.

Coffee Stains.

If tea or coffee is spilled on a woolen material, it may be removed by applying glycerin to the spot, afterward washing out the glycerin with water.

GRIP IS PREVAILING AGAIN. A prompt remedy is what every one is looking for. The efficiency of Peruna is so well known that its value as a grip remedy need not be questioned. The grip yields more quickly if taken in hand promptly. If you feel grippy get a bottle of Peruna at once. Delay is almost certain to aggravate your case.

For a free illustrated booklet entitled "The Truth About Peruna," address The Peruna Co., Columbus, Ohio. Mailed postpaid.

## Kemp's Balsam

Will stop any cough that can be stopped by any medicine and cure coughs that cannot be cured by other medicine.

It is always the best cough cure. You cannot afford to take chances on any other kind.

**KEMP'S BALSM** cures coughs, colds, bronchitis, grip, asthma and consumption in first stages.

It does not contain alcohol, opium, morphine, or any other narcotic, poison or harmful drug.



## A Big Garden for 16¢

Everybody loves vegetables and brilliant flowers. Therefore to gain you as a customer we offer:

1000 kelp Fine Onion Seed.

1000 Carrot Seed.

1000 Celery Seed.

1000 Juicy Radish Seed.

1000 Butter Lettuce Seed.

1000 Tender Turnip Seed.

1000 Sweet Rutabaga Seed.

1000 Tomato.

1000 Hellebore and Flower Seeds.

In all 10,000 kernels warrant every grown seed, well worth \$1.00 of any man's money (the old price). The seeds are all new and choice. Above seeds will easily produce \$50.00 worth of rich vegetables and beautiful flowers. And if you send 20¢ we add a package of Earliest Peep O' Day.

**SALZER'S SEED AND PLANT CATALOG**

Most original seed book ever published. Price 16¢. Send 20¢ and we will mail it to you. It is mailed to all leading buyers free. Write today.

**John A. Salzer Seed Co.**

Box W. La Crosse, Wis.

**COLDS**  
CURED IN ONE DAY



Munyon's Cold Remedy Relieves the Head, Throat and Lungs almost immediately.

Checks Fevers, stops Discharges of the nose, takes away all aches and pains caused by colds. It cures Grip and obliterates long and tedious lost power.

If you have any kidney or bladder trouble get Munyon's Kidney Remedy.

Munyon's Remedy cures weak men and restores lost power.

Prof. Munyon has just issued a Magazine-Almanac, which will be sent free to any person who addresses

The Munyon Company, Philadelphia.

**320 Acres of Wheat**

## IN WESTERN CANADA

WILL MAKE YOU RICH



Fifty bushels per acre have been grown. General average greater than in any other part of the continent. Under new regulations it is possible to secure a homestead of 160 acres free, and additional 160 acres at \$3 per acre.

The development of the country has made marvelous strides. It is a revelation, a record of conquest by settlement that is remarkable.—Extract from correspondence of the Editor, who visited Canada in August last.

The grain crop of 1903 will net many farmers \$20.00 to \$25.00 per acre. Grain-raising, mixed farming and dairying are the principal industries. Climate is excellent; social conditions the best; railway advantages unequalled; schools, churches and markets close at hand. Land may also be purchased from railway and land companies.

For "Last Best West" pamphlets, maps and information apply to Superintendent of Immigration, Ottawa, Canada, or