SECOND YEAR

PLATTSMOUTH, NEBRASKA, THURSDAY EVENING, MARCH 14, 1889.

NUMBER 155

GREAT CLOSING OUT SALE

SHOES - AI RUBBER

My Entire stock of Boots, Shoes, Rubbers and SlipPers Must Be Sold By April 1st. Whoever Wants to Buy Cheap, Come. Now is the Time.

I thank the Public for their past generous patronage, and will be pleased to see all my old customers and others to avail themselves of this rare opportunity of Cheap Goods.

All those knowing themselves indebted to me must come and settle by April 1st, as all my accounts will be placed in the collector's hands, and costs added.

MERGES.

CIVIC SOCIETES.

CASS LODG's No. 146, I. O. O. F. -Meets transient brothers are respectfully invited to attend.

PLATTMOUTH ENCAMPMENT No. 3, I. O. O. F., meets every atternate Friday in each month in the Masonic Hall. Visiting Brothers are invited to attend.

TRIO LODGE NO. 84, A. O. U. W.—Meets
every alternat. Friday evening at K. of P.
all. Transient brothers are respectfully inited to attend. F. P. Brown, Master workman; G. K. Inster, Foreman; F. H. Steimker
Overseer; W. H. Miller, Financier; G. F.
Houseworth, Kecorder; F. J. Morgan, Receiver; Wm. Crehan, Guide; Wn. Ludwig, Inside
Watch: L. Olsen, Outside Watch

CASS CAMP NO. 332, MODERN WOODMEN of America — Meets second and fourth Mon-day evening at K. of P. hall. All transient brothers are requested to meet with us. L. A. Newcomer, Venerable Consul; G. F. Niles Worthy Adviser; S. C. Wilde, Banker; W. A. Boeck, Clerk.

PLATTSMOUTH LODGE NO. 8, A. O. U. W. Meets every alternate Friday evening at Rockwood hall at 8 o'clock, All transient brothers are respectfully invited to attend, L. S. Larson, M. W.; F. Boyd, Foreman; S. C. Wilde, Recorder; Leonard Anderson, Overseer.

PLATISMOUTH LODGE NO. 6, A. F. & A. M. Heets on the first and third Mondays of sach month at their hall. Aif transient brothers are cordially invited to meet with us.

J. G. RICHEY, W. M.

WM. HAYS, Secretary. NEBRASKA CHAPTER. NO. 3, R. A. M. Meets second and fourth Tuesday of each month at Mason's Hall. Transcient brothers are invited to meet with us.

F. E. WHITE, H. P.

CASS COUNCIL NO 1021, ROYAL ARCANUM meets the second and fourth Mondays of each month at Arcanum Hall, R. N. GLENN, Regent.

WM. Havs. Secretary.

P. C. MINOR. Secretary.

MCCONIHIE POST 45 C. A. R.
M. A. DICKSON
S. CARRIGAN Junior " " GRO, NILES
A. SHIPMAN Surg. HZNRY STREIGHT Q. M.
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Our First Spring Surprise

With New Goods at

ELSON=

The One Price Clothier

Boys' Long Pant Suits to 18 years, \$2.95; \$3.45, \$5.45 to \$13.50.

Boys' Knee Pant Suits, \$1.45, \$1.95, \$2.45, \$3.45, \$5, \$6, \$7.

Men's and Youths' Suits, \$4.95, \$7.85, \$10.00.

Boys' Knee Pants 35 cts., 50 cts., 75 cts., \$1.

Men's Merino Underwear 25 cents to \$2.50 a suit.

Men's Latest Sixles of Stiff Hats from \$1.50 to \$3.50.

All the Latest Styles In

Shirts and Neckwear.

Hard Worker for Your Trade,

For Business, \$12.50, \$15.00, \$16.50.

Calf Shoes \$1.20 to \$5.00 a pair,

Plattsmouth,



This powder never varies. A marvel of purity, strength and wholesomeness. More economical than the ordinary kinds, and cannot be sold in competition with the multitude of low test, short weight alum or phosphate powders. Sold only in cans. ROYAL BAKING POWDER Co., 106 Wall St. N. Y.

CITY OFFICERS.

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Treasurer.	*	- J	AMES	PAT	TERSON, JR.
attorney.	- ×		-	BY	RON CLARK
Engineer.			30	-	A MADOLE
Police Judg	(0, -			8	CLIFFORD
Marshall,				100	I. H. DUNN
Councilmen	ı, 1st w	ard,	IAS	ALIS	CKBACH
**	2nd			A S	HIPMAN
20.0	3rd	** **			RPHY
	460-		TPA	ICCA	CONNOR.
					CHAIRMAN
Board Pub.	Works	FR	ED GO		R Voper

EXERCISE FOR GIRLS.

THE APPLICATION OF CALISTHENICS COMMENTED UPON.

Physicians and Members of the Board of Education of Philadelphia Express a Diversity of Opinion-All Agree, However, That Some Exercise 1s Necessary.

A number of prominent men, who are in a position to know, expressed their ideas in regard to the effect produced by the use of calisthenics. The subject, which was discussed by the Homoeopathic Medical society, is thoroughly familiar to them, and their opinions varied to a considerable degree. The men who gave their ideas so freely included several members of the board of education and Drs. Korndoerfer, Mohr, Van Baun and

Superintendent MacAlister said: "Judicious exercise is essential to everybody. The lady who teaches calisthenics in the Girls' Normal school understands her business. There may be some pupils to whom the use of these exercises is injurious, and in that case the fault lies with the parents. Calisthenics as practiced at the Normal school are not violent, and are not injurious as far as I

THE DOCTORS ARE GRANNIES. A. S. Jenks, of the Normal school committee: "The doctors who made such a statement are old grannies. After a child has been sitting in a school room for five hours a little exercise is needed. Calisthenics have been practiced in the Normal school for fifteen years that I know of, and I never heard of a single case of sickness or bad health resulting. The weights used are light ones, and would not harm an infant. They are a great benefit and should be used more extensively than they are. The chest is expanded and the muscles given full play. I'll wager that none of the physicians ever saw the pupils at exercise."

Dr. Mohr: "I have been misunderstood on this question. I never intended to say that calisthenics were generally injurious. With some scholars they are, but with the majority the pupil's health is benefited. They are not nearly so hurtful as the long sessions which a scholar is obliged to sit out and not get their regular midday meal."

Dr. Korndoerfer: "I do not wish it to be understood that I am finding fault with the board of education. I am not. I only desire to point out an error and show how it can be remedied. The present system of calisthenics is a bad one. They should use Lewis' system. At present the exercise is entirely too violent. The arms are thrown out and upwards with great force. Why, it's enough to tear the child's chest to pieces. Then, again, the children are told to bend their bodies backward. They do so, and, as a result, the child comes home and complains of a sore back. I advocate the use of light weights, slow movements, increasing in motion only as the muscles and joints become accustomed to the rapid movement. The practice should be repeated daily, and not left for a week at a time, as it is now,"

THE METHOD NOT PROPERLY APPLIED. Dr Van Baun: "I indorse calisthenics when they are properly applied to the individual pupil. I consider the method at the Girls' Normal school open to criticism. The suits cause the removal of the ordinary skirts and are much shorter and of lighter material. The selection and length of time devoted to the exercise is often injudicious, frequently causing fatigue. I know that Class C. No. 8, is exercised every other Friday for two consecutive hours, while a number of B classes had an hour daily for two weeks. An ordinary pupil cannot stand such work as this.

Dr. Betts: "I consider the require-ments of the Girls' Normal school, to: gether with the long hours, as too great a strain on the health of many of the pupils. I have frequently noticed that girls began their work in the fall with ruddy faces and all the evidences of good health, and by the following June they looked wan and tired and com-plained of poor health."

ELSON, The One-Price Clothier, Simon Gratz: "The doctors who object to calisthenics in the Normal school don't know what they are talking about. The weights are of light wood and the motion is not violent or jerky. The dresses are of heavy woolen material and are much warmer than their ordinary street dresses. I have never known of a girl complain-ing since the method has been in use. that the physicians don't know what the gram.

Nebraska.

and the School of Practice scholars, little 6-year-old tots, are especially delighted."

A girl in Class B: "It's absurd to say that the exercises are too violent. The force of the movement is not sufficient to injure a baby. As to the scholars looking 'wan and tired,' that is rather due to the overcrowded condition of the classes and the lack of proper ventilation, which we often experience. The exercises do not continue for two hours on any occasion, and our teacher is very considerate of our comfort."—Philadelphia Times.

"It Costs Five Cents a Drop.
"It's oil of roses," said the drug clerk.
"Look out!" and he made a dive with the stopple and it struck the reporter's palm. Half an hour later the writer had occasion to remember the incident, for the scent of the roses kept lingering. Ablutions were no good, for the sickening odor pervaded everything. It created a headache and an aversion for attar of roses that will last forever. "It comes high," said the drug clerk, "and you ought not to kick. It's five cents a drop for folks who care to pay for it. I had been putting some of it into a bottle of smelling salts when I daubed it at you. Curious, though, how tastes differ. At a ball in Lewiston this winter I dropped ten drops of oil of roses on a young fellow's vest. It cost him half a for a hundred dollars and have been compelled to wear it. I'll bet that he made his partner weary in the waltz."-Lewiston Journal.

One hardly expects a minister of religion to be a scoffer, but Isaac Vossius, the eccentric Dutch scholar, who died on Feb. 10, 1689, furnished a strange exception to accepted usage. Charles II had made him canon of Windsor in 1664, soon after his arrival in England. Never was a clerical office undertaken by a man who was so entirely unfit for it. Although a canon of Windsor, he did not believe in the divine origin of the Christian religion, and he treated religious matters with contempt, although in other things he was exceedingly credulous. Charles II once said of of him: "This learned divine is a strange man; he will believe anything but the Bible." When he attended divine service in the chapel of Windsor he used to read the poems of Ovidinstead of the prayer book. Vossius knew all the European languages without being able to speak one of them correctly. On his death bed he refused the sacrament and was only prevailed upon to take it by the remark of one of his colleagues that if he would not do so for the love of God, tian religion, and he treated religious he would not do so for the love of God, he ought to do it for the honor of the Vossius took an odd delight in having his hair combed in a measured or rhythmical manner, and he would have it done only by barbers or other persons skilled in the rules of prosody.—Philadelphia Times.

Contrary to the general belief, the lower classes, in China get enough to cat, such as it is. Rico is the creat staple, and the poor cat little else. The amount concumed by each person where rice is the sole article of food is placed at about one piut daily. When vege-tables and pork are obtainable the quantity of rice is reduced. The consul at Hankow, in an interesting report on rice culture, says that a famdy of six persons, subsisting almost exclusively upon rice, can live at a cost of 20 cents per day. Good field hands in the district named may be and for from \$7.50 to \$10.50 in gold a year.—Chicago Times.

A New Fabrica

A new textile has been discovered in Russia on the borders of the Caspian sea. The plant is called kanaff by the native and attains a height of ten feet. From it a chemist has obtained a textile matter which is soft, elastic and silky, gives a thread which is very tough and can be bleached without injury. The stuffs manufactured out of kanaff can be successfully dyed in every shade of color, and would compete with any of the ordinary furnishing materials now in use. But it is particularly for making sacks, tarpaulin, ropes, etc., that this new textile, from its cheapness and its ing since the method has been in use. extraordinary resisting power, might We use Dio Lewis' system and that proves defy all competition.—New York Tele-

— THE POPULAR —

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The Originator of Low Prices,

The Underseller of all Competitors

WILL HOLD, ON THE EVENING OF

dollar, and when he went out of the store he left a trail of roses behind him. I wouldn't have had it on my clothing Wednesday, March 20, 1889

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Horseshoe, which sharpens itsel' as it wear away, so there is never any danger of your
Horse slipping and hurting itself. Call
and examine this Shoe and you will
"Have no other. Best Shoe made.

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Has the best and most complete stock of samples, both foreign and domestic woolens that ever came west of Missouri river. Note these prices: Business suits from \$16 to \$35, dress suits, \$25 to \$45, pants \$4, \$5, \$6, \$6.50 and upwards. Will guaranteed a fit.

Prices Defy Competition.

Plenty of feed, flour, graham and meal at Heisel's mill. tf

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B. & M. Time Table. GOING KAST.

Foreign & Domestic Goods.

Doors, Blinds.

Can supply every demand of the trade Call and get terms. Fourth street In Rear of Opera House.

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All trains run daily by way of Omaha, except Nos. 7 and 8 which run to and from Schayler daily except Sunday.