

OLD FOLKS HABITS.

STEADY WORK, AN EVEN PULSE AND REGULAR LIVES

Are the Potent Factors That Make Old Age Possible in New England—People Who Have Survived in Spite of Doctors' Rules.

Poor Richard's "Early to bed and early to rise," etc., never had a better illustration than the Globe's old people have given it. Not only have the farmers and their wives been early risers, but nearly all who have followed other occupations have been also.

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There are sixty-eight tribes of Indians in our country without Christian missionaries.

DRINKING BEFORE MEAL TIME.

Directions Which May Be of Great Value to Dyspeptics—The Morning Glass.

An acquaintance of the writer, who has suffered sorely from dyspepsia for a number of years, and has tried most of the numerous remedies a host of kind friends have recommended for her relief, finds the following article from The Medical News, with the request that it be printed in The Scientific American.

"In the morning the stomach contains a considerable quantity of mucus spread over and adherent to its walls. If food enters at this time the mucus mucus will interfere to some extent with the direct contact between the food and the stomach necessary to provoke the secretion of gastric juice.

"Care must be taken not to give cold water when the circulation, either local or general, is in a state of excitement, and when the stomach is in a state of excitement, and when the stomach is in a state of excitement.

"Experience Under Ether. Every one who has inhaled ether feels that he has passed through a remarkable experience, whether of a disagreeable nature or the reverse.

"The young girl, compelled to go through a painful surgical operation, began laughing immediately as soon as the ether inhaled. After her recovery, she was asked to recall the cause of her mirth, and in doing so she laughed as heartily as a child.

"What the Typewriter Is Doing. The typewriter is creating a revolution in methods of correspondence, and filling the country with active, competent young ladies who are establishing a distinct profession, and bringing into our business offices, law offices, editorial sanctuaries, etc., an element of decency, purity and method which is sending a perceptible change.

"Methods of Long Range Shooting. To the general public the interest in Creedmore was due perhaps largely to the picturesque features of the contests. It was a striking novelty to see men shooting at a nearly invisible target, and, in so doing, getting into all kinds of awkward, smooth-talking positions.

"A Popular Fashion. A popular, but silly, fashion is to stick a lot of imitation bugs and spiders on the large silk umbrella shades for high standing lamps which are now so extensively used in drawing rooms and libraries, and which make such parties so picturesque.—Chicago Times.

A TRYING ORDEAL.

HOW A COLLEGE STUDENT SUPPED WITH THE PRESIDENT.

The Boys Rob the Henroost of One of the Faculty—A Nice Young Man Caught in a Trap—Before the Faculty—The Refinement of Torture.

In the early years of this century, when log houses were good enough for the average Gentlemen of certain doctor presided over Franklin college.

The simple habits of their dignified sires did not prevent the boys of those days from having their fun—indeed, they carried on an amount of devilment which the college boys of these times would consider respectable.

The boys thought of nothing as fair which would make one of the faculty the victim of a joke, and on one occasion they laid a dark plot to rob the doctor's poultry yard and afterward celebrate the event by a midnight banquet.

"Look out, Bob; break that rooster's neck and stop his noise." "Sh! What's that?" "There was a low growl." "Boys, you have let these logs down too low, I can't see a little so I can get out."

"Who would have thought it?" The exclamations were heard in the house and echoed by the young ladies. Then the door of the log house was opened and the young man was sent to the dormitory. He was called before the faculty the next morning.

"I can't tell you how funny it was," she declared. "I seemed to be crocheting, and there was a big musquit going in and out with the logs. Oh, if you could only have seen how funny he looked!"

"I felt no pain," he says, in describing his sensations, "but I felt the jar when each tooth left my head. But all the time I was dreaming that I was visiting through the country on a lightning express train."

"The situation, which, under ordinary circumstances, would have been ludicrous, under the doctor's composure and his wife's tact was carried almost to the pathetic.

After Spies in Paris. In Paris there is a reporter who plays a unique role—even in French journalism. He is the "monsieur qui suit les femmes."

Emma Abbott's Tenors. "My husband tells me that I throw too much energy and waste too much force on the stage, but I know better. One can do nothing without a degree of enthusiasm.

The Buzzard and the Fox. A Fox who was Crossing the Fields one day encountered a Buzzard, who not only Jeered and Insulted him, but actually Dared him to Combat. A Peasant who came upon the scene Expressed his Surprise that the Fox should Submit to such Conduct, but the latter replied:

A MODOC WARRIOR TALKS.

Interesting Interview With a Member of the Once Famous Tribe of Indians.

The Modocs on their native heath were as determined a tribe of Indians as ever attempted to remove the dandruff from the heads of their white brothers. It cost millions of money and dozens of valuable lives to subdue them when they put on their war paint a few years ago and commenced to raise Cain and the hair of the settlers.

Clinton spoke with feeling, and seemed to be anxious that his tribe should not become extinct. Accompanying Clinton was William Feithfull, who said that he also was on his way to the Indian territory.

Through Clinton as interpreter he spoke freely of his part in the war. He can speak very good English, but says he hates to use the language of a race that has done him so much wrong.

"We were being wronged," said Feithfull, "and had to fight. Afterward we were sorry we had started on the warpath, but were afraid to stop, for Capt. Jack said we would be killed anyway, and might as well die fighting. Lots of times some of us would go to Jack and say that we would like to stop, but he would make a long speech, and would agree to fight on."

How Governor "Bob" Stewart Got Even. An old citizen, a gentleman of high social and official standing in St. Joseph, tells a story of the famous Missouri governor, Bob Stewart, which, true to the letter, proves that fact is stranger than fiction.

"I was coming up the Missouri river when I was a boy," said the ex-governor, "and I was working my way on a steamboat. At a point where we had to wood up I didn't carry as big a load as some of the rest of the crew, nor move with the agility that the others did, for I was not strong, and had been tenderly raised.

"One day, wandering through the wards and districts of the penitentiary, I saw that mate working at a forge. He had been sent there for killing, in a passion, a man under his command. I knew him instantly, and I directed the mate to send the man to the gubernatorial mansion in the garb of a gentleman.

"The mate came to the old man's eyes, and he said: 'Well, governor, to be a mate in these days a man had to be a dog.' "You played well your part," I said. "Now, leave here, and don't let me see you again."

"As he made his exit I gave him an able bodied kick, and little Bob Stewart had got even with that big steamboat mate.

A Folk Lore Story. Signor De Nino has made another collection of the folk lore stories current in the province of Abruzzi. Among the fables are quaint versions of some of the legends that are the common property of the whole world.

When man was created and learned that he was to live but twenty years, he begged land for a hundred years, and finally the Creator gave him the thirty years that the animals just named had refused. So it comes about that man's first twenty years are his happy ones; then comes the ass's ten years of labor; domestic cares and children fill the next period, the dog's ten years; during the division day the children are taken away and abandon their father, and in this way the ape's ten years elapse.

"That's why your love scenes are so real!" "Why, of course it is."—Nashville American.

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