lish horses.

WOMAN AND HOME.

SUGGESTIONS AS TO THE CARE OF THE KITCHEN FLOOR.

Cooking and Temperance-A Useful Garment-Married Women's Lives-Some Simple Remedies-Selfish Parents-Need of Hygiene-Household Hints.

The care of the kitchen floor is something in which all good housewives are interested, for a kitchen is never attractive where this has been neglected. No matter how neat and orderly the rest of the room may be, if the floor is not clean the room never looks tidy. It is said that a nicely polished stove and a elean kitchen floor are the badges of good housewives, and, however true this may be, certain it is that the care of these articles goes a good way toward giving to the room a tidy appearance.

Many women, in washing a white, unstained soft wood floor, use the hot suds from the boiler that is left after getting through the family washing, which is a very poor plan, indeed, for the tondency of sads is to darkon the floor if the boards are not thoroughly rimed with clear water afterward. As these women seldom think of rinsing the boards, the floors of their kitchens always have a dark, meared for appearance,

To keep a floor nice and clean is not such very hard work if one goes about it properly. Be sure to have a clean flannel cloth to begin with, for there is nothing IE: flannel for this | physical exertion to counterbalance it. purpose, and old flannel underwear is just the thing. Ifot water has long been the standing rule for washing floors, and with plenty of scap and energy tie use of the scrubbing brush has often succeeded in whitening the floors; but the best authorities now say cold water is the best. Into a pail of clean, cold water put two tablespoonfuls of ammonia. Sweep thoroughly before commencing to wash the floor. If the floor is very dirty some good soap can be used, but usually the ammonia is sufficient. No scrubbing brush is needed, for the ammonia more than takes its place; and really, if this liquid never did anything but boulsh the sambbing brash, it has accomplished comething for which all womankind should be thankful, for of all the articles in the homebold for wasting strength, the scrubling brunk stands at the head.

The zine under the stove should be theroughly clemed before the rest of the floor is touched. Begin the floor at one corner of the room, and, if convenient, work toward the deer. Use plenty of water, and only wash as small a ciese of the floor at a time as you can conveniently without doing much reaching. Have a dry, clean cloth especially for wiping, and always wipe down the length and with the grain of the boards. If wiped neross the bounds the floor is not to be streaky. In waching each piece wash beyoud the joining line, so that when done there will not be a dark mark between them, which there surely will be if this is not done

Bome women prefer using a mop for this work, while others declare they cannot use one, and would much rather go down on their knees to do it. For a woman who uses it property a mop is the best thing for washing the kitchen iloor, or, in fact, any floor. Any woman who uses clean, soft cloths and plenty of ammonia water, and good soap if desired, in morning the floor, will have just as nice, clean floor as her next door neighbor, who does it in the old way, besides saving a great deal of strength and time.-Boston

Good Coolling and Temperance.

The condition of the poor in so called civ-Hizad countries is for the most part wretched chiefly because the masses know nothing of the proper methods of preparing food, or of the selection of ic. They, as a rule, waste their food fund in extravagant and injudicious purchases, and then they spoil half they bary through their culinary incapacity. Out of these spoiled meals-out of all this indigestfide, unpulatable food; out of the disgust which such barbarous cooking breeds-arises the craving for drink which drives thousands and tens of thousands to the saloon for comfort and compensation.

It may confidently be asserted that not 10 per cent, of the men who drink do so solely because they relish liquor. When such a positive love of drink exists it is generally a symptom of disease. Men are led to drink or driven to it by external conditions most often, and nothing is more conducive to this end than the miserable dieting which is the common lot of the poor. The man who knows that he has a wholesome, savory menl awaiting him at home is not likely to linger at the saloon. The life which grows up about the latter place is not a natural one. The customers of the ber seek that place as an alternative quite as often as because they like it. They are fugitives from discomfort, from bad and repulsive food, from dirt and evil smells; not seldom from the foul moods bred in their womenkind by misery and rum and beer. Women are driven to drink by the hopelessness of making homes for their husbands and children. Their ignorance of cooking and housekeeping thwarts all their efforts, and they attribute the squalor in which they vegetate to their poverty, and fall back on the

salcon as a source of forgetfulness. Teach them or their daughters to cook, and at once light is let in on their darkened lives, They then hold a talisman which will bring their husbands from the rum shop, and keep them at home, which is more. They can then establish something like a family circle, and the uncleus fixed, new means of extending the wholesome influence will develop of themselves. The whole character of the average workingman can be improved, elevated, sweetened, by this one instrumentality. Teach the girls to cook, and an immerse deal of friction will be eliminated from modern life, Temperance and wholesome food are natural allies and partners, and bad food is the greatest incentive to drink that can be named. By all means, therefore, let the cooking schools be heartily approved and supported.—New ary.—"L. L." in Good Housekeeping.

A Useful Garment.

A pretty apron is one of usual shape, pleated into a waistband, with a full bib or plastron front, gathered at the top or bottom. The apron is left the whole width of the goods at the lower part, and a small slope cut off gradually a few inches from the lower edge, until at the waist the gore cutting is about three inches wide. A few pleats are fixed in the waist of the apron at each side, making a slight hollowing in the center. Stitch on a two and one-half inch band for the waist; sew first on one side and then on the other, so that no rough edges are left. Cut a piece for the bib; turn up the lower edge on the right side and run in two gathering threads. Draw up to about six inches in length, and the lower edge to the lower edge of the apron band at the back, stitching the upper edge of the band to the bib, so as to hide the upper row of gathering thread. Turn down the upper edge of the bib two inches on the wrong side and make two rows of gathering about one-half inch below the

top edge, so as to leave a little frill above. Fold a little band of stuff, six inches long and one inch deep; fix it at the back, and neatly arrange the gatherings on this, draw-ing them up to fit the band in length. Sew

arrange to set well. The hems and the upper edge and sides of trimmed with work or lace, or tions, feather stitch, etc., can be decorate. A neat way to fasten to stitch two narrow bands about nch wide, and fasten them at the back of the two upper corners of the bib, pass them over the shoulder, and fasten to a button of the dress about half way down the back. When the dress is not fastened behind, cut the bands longer, cross like braces, and fasten on two buttons, placed one each side of the button that fasters the waist of the apron. This apron looks very pretty when made in eeru spriggod muslin, trimmed with lace; the hib edged with lace and the lower edge gathered and sewed outside the band, so that a frill of lace falls below the waist. Bows of ribbon or ribbon waistbands are added. With an apren to match a morning gown, the lat-

delphia Times.

ter will last clean half as long again.-Phila-

Lives of Married Women. American women marry too cerly and live too secluded. Many are scarcely out of school before they have settled down as wives and housekeepers. The cares of a family are devolving on them before they have the strength and nerve to perform them. One reason that our female ancestors lasted longer and had better health was that their mines powers. Their physical health was better; their constitutions stronger. Those that had much mental activity generally had sufficient.

Most women know not enough of the laws that govern health and of the diseases incldent to their sex and children. How often do we see previshness manifested by a sickly wife and mother that, by a knowledge of the laws of health and strict observance of them, might be strong and healthy, and fitted for her responsible and arduous duties! The majority of married women, with families of small children, need more relaxation and a greater variety of innocent down in body and mind by the mention of household cares and labor that their health and spirits sink beneath the lead, and in appearance, strength and sphilathey grow prematurely old. Some housewives suffer much aunoyance from had servants, and some perform drudgery for which they are unfitted. The indoor labor performed by many American women is retanishing. What affects the body influences the mind. When one is worn and irritated it acts on the other. English women usually have better servants and more of them. They are trained thoroughly for the special departments of home and kitchen work. English women walk mel ride more, marry later, and have by nature better constitutions.-Virginia Penny in Courier-Jour-

Young Housekeepers Should Know That buttermilk will take out milder stains. That bottles are easily closued with hot

water and fine coals. That old naphus and eld tabledolls make the very best of place cloths.

That it is well to keep large pieces of charcoal in damp corners and in dark places. That three tenspoonfuls of kerosone put in the wash boiler will greatly assist in the last

rubbing.

That if the hands are rubbed on a stick of celery after peeling onions, the smell will be That tubs will not werp or crack open if

the precaution is taken to put a pail of water into each, directly after ure. That chloride of time should be scattered, at least once a week, on for sinks and in all

places where sewer gas is hable to hirk. That it is an excellent plan to have a permy bank, to be opened once a year, when a book may be purchased or the contents may be

used in any way desired. That one pound of fine tobacco put bate a pail of boiling water and allowed to partially cool, when put upon a carpet with a soft brush, will brighten the colors and remove

That turgentine and black varnish put into any good stove polish, is the blacking used by hardware dealers for polishing heating stoves. If properly put on it will inst

throughout a season. That table lineas should always be hemmed by hand. Not only do they look more dainty, but there is never a streak of dirt under the edge after being boundried as with machine sewing.—Mrs. W. H. Maher in Good House-

Some Simple Remedics. For a sore throat, cut slices of fat, boneless

bacoa, pepper thickly and tie around the throat with a flannel cloth. When stung by a bee or a wasp, make n paste of common earth and water, put on

the pince at once and cover with a cloth. For a cold on the chest, a flamel rag rung out in belling water and sprinkled with turpentine, Inid on the chest, gives the greatest

When a felon first begins to make its appenrance, take a lemon, cut off one end, put the finger in, and the longer it is kept there

For a cough, boil one ounce of flaxseed in a pint of water, strain and add a little honey, one ounce of rock candy, and the juice of three lemons; mix and boil well. Drink as hot as possible.

Often after cooking a meal a person will feel tired and have no appetite; for this beat a raw egg until light, stir in a little milk and sugar, and season with nutneg. Prink half an hour before eating.

For a burn or scald, make a paste of common baking soda and water, apply at once and cover with a linen cloth. When the skin is broken, apply the white of an egg with a feather; this gives instant relief, as it keeps the air from the flesh.

At the first signs of a ring round, take a cupful of wood ashes, put in a pan with a quart of cold water, put the pan on the stove, put your finger in the pan, keep it there until the water begins to boil, or as long as it can be borne. Repeat once or twice if neces-

Selfish Parents to Blame.

A generation or two ago plain American fathers and mothers did not entertain the funciful idea that the state should take charge of everybody's education, merals and habits. They believed that it was their duty to keep an eye on their boys, and in cases of misbehavior they resorted without compunction to a tough hickory or a barrel stave. Thirty or forty years ago, if a Georgia father had been told that his sixteen-year-old boy was in danger of having a congested brain from the smoking of eigarettes, he would have rushed the youngster out into the back yard and sailed into him with a stick. In those days people didn't appeal to societies or a Women's Christian Temperance Union or the legislature when their boys went wrong. They simply made a family affair of it and straightened it out satisfactorily.

The other day we said that there could be no great improvement in morals until we re-stored the thorough and efficient system of family education and government which formerly prevailed. What we said applies directly to this eigarette evil. If boys are to be allowed to be their own masters, choose their companions and dispose of their time, the family darning and mending. we may rest assured that the majority will

pick up many vices that will injure them in the future. Do you want your boy to grow up pure, honest, sober and industrious? Begin your work on him at home, and keep at it. Good laws and good schools can never take the place of the old-fashioned family train-

We cannot afford to have a lot of tobacco ciety and business circles. The great problems and gigantic concerns of this age deminned men who enjoy the largest measure of physical and mental health. We must have them at any cost. If they enanot be produced under our present system, let us go back in some degree to the common sens simplicity of our fathers. It will not best the young tess; it will be their salvation in more ways than one.-Atlanta Constitution.

The Enouledge of Sewing.

A generation ago it was thought shocking if a girl married having no knowledge of sewing. Instruction in how to cut and make important part of a young woman's cincation. Although sawing machines were proctically unknown, most mothers candenly their own and their children's and hu-bands' underwear. Now the histopweek has to a great extent supersided home sowing, it is probably cheaper for a woman to buy garments readywere not so much taxed nor the nerves so made than to spend her time in fashioning, to panelly Severetary Seward at the time highly strung. They had the full use of their them herself. Still, she ought to possess the | of three had assessmanton is now offered ability to do the work should an emergency for side. It has long been used us the Many a girl has married in atter ignorance of any nort of sawing beyond the merest rudi ments she could not afford to buy.

Even if one has no skill in cutting and fittion, she should at least perfect herself in all | tion at the time of the transfer. branches of mending, from laying a patch by the thread to darning stockings well. The last is an accomplishment owned by few. Nearly any nursery maid will profess herself recreation. Many of them becomes ochained | thread, and pulled fabric would disgrace the | theo be a contributor, merest tyro in the net.—Christine Terlame Herrick in Harper's Bazar.

Buying to Good Advantage.

"Never buy anything because it is cheap," good one, too. This does not forbid that forethought that looks forward into the future, and selects what one knows can soon be used to good advantage. At the end of a senson tained for a very low price, because the moring the trouble of packing and unpacking, and of keeping capital locked up which might be at work and earning something. Thus white summer goods, gingbans, chambrays and various things of that sort may be gotten in the fall at a very low figure often, and if to great advantage. Care should always be taken, however, to purchase standard goods, | get the money. and not those passing fancies of one season, which will be sure to look very much out of place the next,-Boston Globe,

Need of Hygiene.

Besides being well ventilated, our houses should be full of light and sunshine. Floors should be kept clean, and walls and ceilings frequently freshened. Slosping rooms should be | Vico. furnished with rugs instead of carpets, that they may be thoroughly cleaned each week. scrupulously clean, and when possible the windows of sleeping rooms should be left open during the day and nearly or quite closed at night. In cold weath r an opening of an inch at the top and bottom of a window is sufficient. Persons should never sit or sleep

in a draught of air.

Every sleeping room should have outside windows, opening at top and bottom, and senshine at some part of the day; also means of ventilation. It would be better for people to live in tents the whole year round than in some of the damp, dark places in which they are huddled in our cities, where are no possibilities of cleanliness or pure air,-Mrs. E. G. Cook, M. D., in Demorest's.

Gardening For Women.

That unhappy divorce between Eve and daughters, for they are today the most enpruning and clipping away energetically at outdoor plants. "It is a joy without cauker shower. or eark, a pleasure eternally new." Day by day the lovely living things grow gladly under care and attention. If one be puzzled, fretted, cross or sorrowful, there is no panacea | found an old time slave whip between the like a bit of homely gardening. Just try | weather bounding and the log walls. It picking off the dry leaves, lossening the is made of a leather strep two inclas wide and generally dectoring the ailing shrub, as well as feeding and petting the healthy plants; it is like being good to children, they are so grateful too in their perfumed gratitude .-New Orleans Times Democrat.

Girls on Horseback.

The wisdom of making young girls ride on the right as well as the left side is very ob- Philadelphia when he received the public vious. The crockedness which accompanies at the recent centennial, there is a threadall one sided exercise is avoided, and they become better horsewonien. Of course, different saddles are provided, and the old fash- ing hands and then turning toward the loued saddle with its two upright pommels is exit. Many thousand feel shuffling in quite discarded. The Princess of Wales in- that turn were the corporate threads in a variably rides on the right side, owing to the stiffness in her right knee, which prevents her from bending it all. She no longer rides in the Row, however, nor dare the young princesses ride there.-Home Journal.

To Have Pretty Teeth.

The Paris Figure says that if you want begin with the second dentition to press back with the finger every morning the teethyour children to have pretty teeth you must which have a tendency to project forward age" for the benefit of an enthusiastic anand to pull forward those which tend back- tiquerism, and dug out for him a number ward. As a wash, boil in a tumblerful of of skillfully prepared tarticles of horn. water a pinch of quassia wood with a pinch | Another fraud consisted of forging the of pulvarized cacon. It strengthens the gums | signature of the curator of the Arches and whitens the teeth without injuring the logical Museum of Neufchatel, and testienamel which covers the bone. Wash the fying thereby to the genuineness of a month after each meal with lukewarm boiled shield. The forgers were sentenced to water,-New York Sun.

The Salmon Held in Aversion. The fishermen in Scotland declare that the salmon's tail is pointed "since Loki became a salmon, and was caught by that appendage while slipping through a net set for him by the gods," Curious to say, in some parts of Scotland the salmon is held in great aversion, certain districts it is known as the "so-and-

The "Neighboring Darner." weekly, and spends a few hours in doing up | her three months to complete it. - Austin

ITEMS OF INTEREST.

Notes and Paragraphs of All Sorts Cleaned from the Newspapers. The Spanish government is buying Eng-

Italians are engaged in making cheese hearts and congested brains pushed into so- out of tornato pulpata Burlington (N. J.) canning house,

James S. Wethered, of San Francisco, owns a stant bex made of the first lot of

gold found in California in 1949. Boys between the accessof thand 10 who will neither work not go to other dere a t to work breaking stone at Palton, Kan.

The Leon less shrited a factory at Ow a o that tuens out 1,000,000 backnelses a day. It also makes 2, 100 snow slow is a day.

A new railroad is to be built in equaturied Africa, crossing the continent from

Berlin Socialists employed the other day, for the first time, women to distribute their pemphlets, and over 20,500 were maltered around before the police found out what was coing on.

arise that would compel her to attempt it. Inadequarters of the commissary general.

It has been decided by a Collifornia ments, and has been forced to teach herself | court that a real estate deed from his band with infinite pains to fashion the tiny gar- to will whose "love and effection" are manuel as the consideration is not valid unless there was actually each considera-

One of the treat original specimens of German journalism is the weekly sheek about to appear in Lorench, Tades, under fully competent to mend stockings, whose the title of "The Modlag-in-Law," every labors in the shape of cobiled holes, knotted | and cryiber to which, make or female, may

24 Moscow, Russia, there arrived a few weeks ago a long train filled entirely with graps. They came from Tillis, south of the Ceneasian mountains, and were received in barrels with air tight covers. was one of Poor Richard's maxims, and a The proper are picked when half repoand are long enough on the read to be well ripered on their arrival.

Finger Lowls made of birch back were there are always times when remnants and one of the quaint conceins of a dimeer broken lots of standard goods may be ob- party at Boston the other night. The guests could not discover why the pretty "carry them over" to the next season, involv- of the ingenious bestess, and the wouldn't tell.

A Bridgeport (Conn.) man presented at a bank another's check for \$21. The maker of the check had only \$22,27 on deposit, and the bank refused to eash the one has children or can forecast her own | check. Then the man with the check needs for these materials she may often buy | deposited 63 cents to the other man's credit, again presented the check, and

Russia is considering the advisability of enacting a law providing that children born in Russia of maturalized German parents shall be regarded as itussian subjects from birth, instead of from the time thus making them liable to military nor

When, in 1865, the United States troops occupied Mason, Gar, they turned Chamber utensils and crockery should be kept out to shalt as they much many age parently wern but heres. Some of these war steeds recoperated first, and were soen drawing the plows of the conquived Southrons, and one of them, at least, is fiving in vigorous old ago in

The cagineers of a heavy double header train saw a child on the track near the village of Rock Glen, N. Y. They whistled for brakes, and when the train was almost us on the child one of the engineers leaped from his becometive, and, running ahead cought the infant from the track. As a reward the mother has recorded the enpincer's name in the family Bible.

There was an extrao dinney drought in one part of China this year. On July 5, Elen has surely not been handed down to her | D. E. Shouf, the Thomas Cheloo enstead and Cheloo circuit, issued a proclamation thusiastic gardeners in the world. It is de- probibiting the killing of four fooded lightfully frequent hereabouts to see city | beasts, and he, with some officials, went women in wide sunshades and gruntlet gloves to the Tien Log temple to pray the gods bending over their garden plots, digging, for rain. On the following day there was a gentle rain and on the 13th a heavy

In Learing down an old fermhouse, five miles from Monticello, Ca., workmen packed earth, hunting for blighting insects | and about a foot and a half long, fastened | in a pelished bickery bandle some two feet long, with a string in the rod by which it reight be attached to the wrist. It reminded one of old times,

Just in front of the spot where Precident Cleveland stood in the room of the board of commissioners in the city hall of bare spot in the carpol. It was former by the people marching up to him, chal-

Spurious Archivological Articles. A regular gang of manufacturers of sourious archaeological articles has recently been convicted in the Canton of Neufchatel, whose scholars had long complained of the frauds practiced on terms of imprisonment varying from two days to half a year,-Home Journal.

A Dress Made of Thread.

A young lady of Austin, who has much lime to spare and who is very skillful with the needle and excels in all fancy crochet work, has made a unique dress. its name not even being mentioned. Thus in The material is common spool thread, white, and the entire dress is hand croso's fish," and in others as "the beast."-Chi- cheted work, beautifully flowered and strongly made, and about 10,000 yards of thread were used in its construction: A new trade for women in Albany is that The sleeves are crocheted in the proper of "neighboring darner," The woman who shape, and are fastened in by a lock crofollows it has for her customers a dozen or chefed stitch. It is a very beautiful dress, twenty households, each of which she visits and the young lady tells us that it took (Nev.) Reveille.

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her own underelations, and to do plain and the provided for some versus and to do plain and the provided for some versus and to do plain and the provided for some versus was extremed an investment part of a versus was was extremed an investment part of a versus was was extremed an investment part of a versus was was an investment of a versus was a versus was

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