

WOMAN AND HOME.

WHAT TO PUT UP FOR SCHOOL CHILDREN'S LUNCHEONS.

Cosmetics—To Make Pumpkin Pie—Company at the Eleventh Floor—Summer Boarders—Clothes That Kill—Stoop Shoulders—Household Hints and Hints.

Now that schools are about opening it is timely to call attention to that most important meal which, in the majority of households, receives but slight consideration—the school children's luncheon.

The households where the luncheons to be put up for scholars are considered the day before, and nice preparations are made that these shall be tempting and delicious, are in the minority.

It is the custom of some parents to give their children money to buy luncheon instead of taking the pains to plan and prepare it. The money is generally expended for what the school child calls goodies—cream cakes, pickled meats or caramels.

The noon meal carried to school should be one of personal supervision by the housewife. In the first place, a tin lunch box that can be daily scalded and aired should be provided, and not a basket that soon becomes impregnated with food odors.

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Sandwiches made of ham, tongue, salt and highly seasoned meats are not desirable, for they occasion thirst, which is inconvenient during the school session.

Hard boiled eggs or any fresh tender meat make toothsome sandwiches. Chicken, broiled and butter sandwiches spread with cream cheese are well liked.

The layer in the sandwich center is more easily eaten and can be more neatly introduced if chopped.

A delicious brown bread for sandwiches or to serve with oysters is made as follows: In a large yellow bowl scald one quart of yellow Indian meal.

Against such emergencies we weigh into an empty, clean barrel, twenty-five pounds of wheat flour we can obtain, and sift into it one package of Horford's brand prepared wheat.

Next, we take a long handled spoon and stir the flour till the preparation is thoroughly mixed.

When the top begins to crack open place in a moderate oven and bake four hours. This should be twelve hours old when cut for sandwiches.

One of the best luncheon relishes is celery. It should be dusted with salt and rolled in wax paper, after sprinkling with water.

Waxed paper is indispensable for putting up the luncheon. Sandwiches, pickles, radishes, cakes, are perfectly protected when covered with it.

A luncheon cake, not too rich for health, but sufficiently so to be tempting, may be made with half pound of butter, half pound of sugar, three-quarters pound of flour, five eggs and one gill of wine, and cinnamon, nutmeg and extract of vanilla.

A luncheon ginger bread, liked by young folks, is made by using one and a half pounds of flour, quarter pound butter, one pound of molasses, quarter pound of brown sugar, three eggs, quarter of a pint of warm milk, one ounce of ginger, half ounce of all spices and one teaspoonful of soda.

With the summer boarder come books and magazines, and pleasant habits of talk, sometimes music, usually gentle manners.

Occasionally one of the girls was invited for a glimpse of the city, bringing home matter for marvel and the end of it all was corrected habits, corrected grammar, widened views, homes transformed from ignorant dreariness to neat attractiveness, libraries, pianos, grace of furnishing, and country folk on a level with city folk.

Do not let growing children wear shoes with high heels; it is better for them to wear none at all, or only such an increase of thickness as is seen at the heels of commonsense flat soled shoes.

At Newport they serve baked stuffed tomatoes for breakfast and eat currant jelly on dry toast, possibly for the same reason that a cheap Englishman calls a cab a "keb."

"Salad eggs" are hard boiled, then cut in two, and the yellow mixed with mustard, pepper, herbs, vinegar and salt, and then served cold.

Always have three or four bricks about the house, neatly covered with carpet, for placing against the doors to keep them open.

To secure knives easily, mix a small quantity of baking soda with your brickdust, and see if your knives do not polish better.

Disease often lurks in a dirty dishcloth, a greasy sink, an unclean tea kettle and a poorly ventilated oven.

Dusting cloths must be washed often or they will carry more dirt into the rooms than they take out.

A severe but sure cure for corns is said to be concocted. Wet the corns several nights in succession.

Between the hotel squash and pumpkin pie there is rarely any difference and no distinction.

For coffee stains put thick glycerine on the wrong side and wash out in lukewarm water.

Flannels should be dried in the shade, and, if possible, ironed while damp.

Wash out oil stains on clothes in cold water; ink stains dip in milk.

Hams can be kept wrapped in paper and packed in a barrel of ashes.

To cure seed warts rub with baking soda. It is a sure cure.

her walk for "fresh air and exercise" lined through and through, and is the worse for it, because she has lifted and carried hundreds of pounds.

Stand at any city street corner and watch the women in the city pass. How tired they look! How their dresses flap around their feet! Contrast them with men.

Where to Look for Fashions. If it were necessary for American women to look to foreigners for their fashions they might much better go a little farther south, across the Pyrenees.

Wasting Soap. There is great waste in soap through leaving the cake in the tub. How tired they look! How their dresses flap around their feet!

Infant Diarrhea Contagious. Infants have green diarrhoea, so called from the color of the intestinal discharges. There is some reason for the belief that the affection is contagious and is transmissible from a diseased to a healthy child brought within its influence.

Tomatoes in Turkey. To preserve tomatoes for winter use the Turks wash them through colanders and then throw salt in, which causes the pulp to settle, and they are put in bags and the water is left to drain away.

Howells on Girlhood. Mr. Howells has summed up one sort of girlhood neatly and severely. "Girlhood," he says, "is often a turmoil of wild impulses, ignorant exaltations, mistaken ideals, which really represent no intelligent purpose, and come from disordered nerves, ill advised reading and the erroneous perspective of inexperience."

Beets are nice in mince pies when apples are scarce or dear. Boil, peel, chop fine, let stand half an hour covered with sharp vinegar and then use like apples.

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Alum or vinegar will set the colors of red, green or yellow.

Strong vinegar will cure the hicough; give a teaspoonful.

A MAN WITH A MEMORY.

CAPTURE OF A SUPPOSED SPY INSIDE THE FEDERAL LINES.

The Suspect Answers Every Question "as Straight as a String"—Algebra in a Boot—Repeating the Roll—Entrapped at Last.

Just before Sherman advanced on his Georgia campaign a man supposed to be a Confederate spy was one day arrested in a Union camp. He was in Federal uniform, but his look and language were unmistakably southern.

He claimed to belong to a regiment in another camp about two miles away, and he was sent to the guard house until his assertion could be verified or disproved. It was in the camp of a Wisconsin regiment that the spy, who gave his name as George Swift, was arrested.

He had come there ostensibly to visit friends, but some of the boys had seen him slyly taking notes, and he had asked such questions as to private Federal soldier would have any use for. The boys had no sooner got the idea that the stranger was a spy than they gave information to me, and I put him under arrest. I saw at a glance that he was of southern birth. This was not so much against him, for at that time we had plenty of Tennessee and Kentucky men with us.

"What command do you belong to?" I asked.

"The—th Illinois," he replied.

I asked what brigade and division, who was his captain and various other things, and he returned what seemed to be straight answers to all my questions.

"Who should I be but George Swift of your own company?"

"You can't be. I never saw you before in my life."

"Why, Capt. Morton?"

"The two men looked at each other as if doubting their own senses, and the general asked each question as to private Federal soldier would have any use for. The boys had no sooner got the idea that the stranger was a spy than they gave information to me, and I put him under arrest. I saw at a glance that he was of southern birth. This was not so much against him, for at that time we had plenty of Tennessee and Kentucky men with us.

"Who is your orderly sergeant?"

"Sergeant White, sir."

"How many men in the company?"

"Fifty-eight, sir."

"Who are your best marksmen?"

"Capt. Morton, First Lieut. Green, and Lieut. Davis. The latter is home on furlough."

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