## CAPITAL CITY COURIER, SATURDAY, JULY 3, 1892

# WOMAN

is the pivot upon which Trade Turns.

A number of years ago I suggested to one of my clients that he place an advertisement for goods used exclusively by men in a paper supposed to be read exclusively by women. The advertisement appeared; it continued in that paper several consecutive years. The actual mail cash sales, coming directly from that advertisement, were two or three times as than came from the same advertise ment in any of the hundred papers my client was advertising in. Since then I have made these experiments many times, until I believe I have a right to claim that the experiment has passed into fact.-Nath'l C. Fowler, Jr., Advertising Expert.

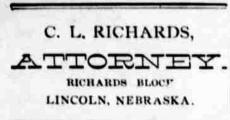
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WOMAN AND HOME.

LOOK OUT FOR THE TRIFLES, FOR THEY ARE REALLY IMPORTANT.

#### Degrees of Mourning-Women as Parliamentarians-A "Bed Day" for Children-Age of Scott's Heroines.-- A Discontented Woman.

ers' Weekly.

motherless,

cisco Report.

Scott's Heroines Generally Young.

once entertained a club with the state-

Some of them have been behind the scenes

have been thrown into situations where

Scott are, some of them, only lay figures,

but at least so far as they have character

they are women, and they justify thedeeds

which are done to win them.-San Fran-

A Discontented Woman.

As I write, a neighbor comes in and com-

mences to worry and fret for fear her boys

will not do right, and she chafes constant-

ly because they live on a farm instead of in

town. She lives in the shadow and makes

While we were lost in memory the neigh-

She was blind to the beauty everywhere

It is in little things that those subtle differences between the woman of the other; two are by implication rather than world and the novice are most marked. Important trifles are an essential part of beauty's environment. One may possess all of the virtues of splendid character and yet fail to strike the keynote of popular success in any given direction because of certain crudities of manner, dress, looks in favor of the earlier age. A member and general environment. It is therefore of the utmost importance to every one who aspires to popular recognition to remember that it is not only a duty to enhance per sonal charies to the utmost, but to add the refining and irresistible attractions of unselfishness, thoughtfulness, delicacy and regard for minor details of the toilet, dress, speech and bearing to natural advantages. When woman says of dress or society, "I do not care for either; I regard both as a bore and waste of time; I do not believe

in giving my precious hours to frivolities and useless pastime; I have something of nore importance to think about," she stultifies herself with a crude kind of self satisfaction which excludes the higher ideas and, however fine her natural mental endowments, at once proclaims herself ignorant of the most powerful laws of

with a new balle-prepared than ever to do fine work, from a p. m. Sundays. of the body, and despise and neglect the

that flit across the path of all. functions which are devoted to pleasure Last summer we went for a picnic. Dinpure and simple. ner was late a half hour, and this neigh-It is a duty to seek society, not only for mental improvement, but for the stimulus bor kept grumbling and said there would be nothing fit to cat. I pitied the husband afforded to the blood and general health by pleasurable relaxation from serious for his wife was a trial to him and we all duties, and culture of manner, which is knew it. After a splendid dinner was served we climbed a cliff and sat watching quite as important as the development of the mind. To all properly constituted peothe ducks tilting on the rippling waters below. A mother duck was teaching her ple society-that is, association with one's fellows for the mere delight of companionducklings how to swim. . Some sang songs while we tossed pebbles into the water beship-should afford genuine satisfaction,

and healthfully constituted people have a low, and I knew we were all thinking of the days of our childhood when we were perfect right to resist the pessimism which inveighs against those important trifles gleeful, happy children. that are quite as necessary to well rounded bor called out jeeringly: "Do look at them! character as are the serious interests which come from profound study and participa-They act as though they were half witted." tion in philanthrophy and moral reform. Variety is needed for harmonious growth. The husband laughed and said, "Our folks over yonder don't know how to have good -Chicago Herald. times; they'll never see 'sermons in stones, books in running brooks.' "

Degrees of Mourning.

Dress is a curiously impressionable, not revealed, for nature was in cestacy.-Exto say mediumistic, material. It can be change. made to express gayety and severity, coquetry and prudishness, pride and humility, good taste and every degree of taste lessness, but to try to make it express unmitigated and, it is to be presumed, unmitigable woe is pushing its capacities entirely too far, Because no matter how perpetual your real anguish may be, after certain time has elapsed fashion ordains that the blackness of darkness shall be "lightened," and that after a certain additional period it shall be renounced altogether, so that those who supposed by your dress a year or two ago that you were inconsolable now give your altered clothing

outrages /

a startled glance and mentally exclaim, "So she is not so inconsolable after ail!" The very possibility of such a remark being gear that would make the most violent nightmare turn green with envy, while the sensitive nature.

sickness could not take a hold. This plan Ing is S scratic, and her power to draw out I believe to be original with me, but I am the thought of those present is said to be remarkable. She possesses great personal not only willing to give it away to all magnetism and is thoroughly versed in the mothers, but to send as well hearty good wishes with it .- A Mother in Housekeep-Scriptures.

Mrs. Cooper often officiates at funerals, for which the friends of the deceased feel that her sympathetic and tender nature is Out of thirty of Sir Walter Scott's heropeculiarly adapted. On several occasions she has filled the pulpit of different ines sixteen are described as under twee churches, to the great satisfaction of her hearers. For the past twelve years she has ty. Of the other fourteen six are undated. This leaves us eight, three of whom are set down as over twenty; two start at one side rarely been absent from her Biole class, of the line and are carried over to the The free kindergarten Sork of the Golden Gate association had its inspiration in this notable class. Over 10,000 little children by the intention of the author taken out of their "teens," and one, Amy Robsart, have been trained in the kindergartens is a heroine "of an uncertain age," since founded by this association. This is pracshe is historically a middle aged matron tical, Christlike religion.-Boston Womand fictitiously a youthful bride. Of the an's Journal. six undated, the presumption is altogether

#### Two Things That Keep Women Back. There is no dearth of women who are willing to stand in public places and make

ment that nearly all Scott's heroines are pretty speeches about helpfulness and charity and all that sort of thing. No They are girls who have grown up in the doubt they mean it too. I do not charge companionship of uncles or fathers, older them with insincerity. But this is one of the inconsistencies of human nature, parmen, and with an early responsibility of thought and action. They have had to ticularly of feminine human nature. They plan their own wardrobes and decide upon believe in the broadest kind of charity to their own conduct toward their lovers. talk about. But very few of them seem to have faith in the application of their own of stirring political events. Nearly all theories. To write pathetic verses about their less fortunate sisters is a pleasing they had to think for themselves, to act pastime for some women, but it is a little with decision and in general to fulfill the hard to see how the subjects of the poems whole duties of heroines. The heroines of are benefited.

This spirit of-what shall I call it? Pil call it conservatism; women like that word-is the first and great obstacle in a woman's path to society. The second is not less hard to overcome. Almost any man may own a suit of dress clothes, and this renders him presentable anywhere. But a woman in order to dress as swell society requires must have money .- Margaret Manton in New York World.

Famous Women with Small Families. all around her unhappy. She has not learned to see the silver lining to the clouds Among famous women who were moth ers of small families comes Elizabeth Barrett Browning, who had only one son. Mrs. Somerville, the mathematician, had two daughters and one son only, though she was twice married.

Mme. George Sand had two children, a on and a daughter; so had Lady Mary Montagu, whose "letters" are so admired in our own literature, and Mme, de Sevigne, writer of equally famous "letters" in French. Mme, de Stael had three children in her early married life; when fortyeight years old she married a second time and then had another son.

George Eliot (Mrs. Cross) was childless, and so was Mrs. Craik, the author of "John Halifax." Mrs. Barbauld, whose prose and poetry were both much admired in the last century, had no children, and the same was the case with her equally praised contemporary, Mrs. Opie.-London Tit-Bits.

#### Dishwashing as a Fine Art.

The woman who can find any way of making dishwashing, if not a pleasant task, at least a less disagreeable one than it is now, should be canonized by her grate-

One city girl can work more havoc in a ful sisters. One woman who has spent much time in experiment in this branch of household labor makes the following suggestion:

Nothing is better for cleaning greasy dishes, especially cooking pans and kettles. than an old whisk broom. It removes the tenacious particles that have fastened in the kettles and spiders much better than a knife or an iron dishcloth. It is invaludressmaker's attempts at remodeling on able for cleaning graters. To keep the hands from getting hard and chapped after dishwashing rub them with cider vinegar.

> Selecting Corsets. roulent ladies

# A FOWL 3 GIZLARD.

#### Physiology of an Interesting Portion of a Chicken's Anatomy. A fowl's gizzard, where so many lost

articles turn up, is a curious trap as well as a necessary vital organ of the fowl Diamonds, pearls, coin, buttons, tacks, orange peel and about everything else save dynamits have been found in the gizzards of fewls.

A study of this organ is interesting. Experiments have demonstrated that what may be called the gastric juice in fowls has not sufficient power to dissolve their food without the aid of the grinding action of the gizzard. Before the food is prepared for digestion, therefore, the grains must be subjected to a triturating process, and such as are not sufficiently pruised in this manner before passing into the gizzard are there reduced to the proper

state by its natural action. The action of the gizzard is, in this respect, mechanical, this organ serving as a mill to grind the feed to pieces, and then, by means of its powerful muscles, pressing it gradually into the intestines in the form of pulp. The power of this organ is said to be sufficient to pulverize holiow globules of glass in a very short time and solid masses of the same substance in a few weeks. The rapidity of this process seems to be proportionate generally to the size of the bird. A chicken, for example, breaks up such substances as are received into its stomach less rapidly than the capon, while the goose performs the same operation sooner than either. Needles, and even lancets, given turkeys have been broken in pieces and voided without any apparent injury to the stomach. The reason undoubtedly is that the larger species of birds have thicker and more powerful organs of digestion.

It has long been the general opinion that from some deficiency in the digestive apparatus, fowls are obliged to resort to the ise of stones and gravel in order to enable them to dispose of the food which they consume. Some have supposed that the use of stones is to sheather the gizzard in order to fit it to break into smaller fragments the hard, angular substances which might be swallowed. They have also been considered to have a medicinal effect. Others have imagined that they acted as absorbents for undue quantities of acids in the stomach or as stimulants to digestion, while it has even been gravely asserted that they contribute directly to nutrition. Repeated experiments, however, have es-

tablished that pebbles are not at all necessary to the trituration of the hardest kinds of substances which can be introduced into their stomachs, and of course the usual food of fowls can be bruised without their aid. They do, however, serve a useful auxiliary purpose. When put in motion by the muscles they are capable of producing some effects upon the contents of the stomach, thus assisting to grind down the grain and separating its parts so that the digestive fluid or gastric juice comes more readily in contact with it.-Hartford

#### Traveling with a Wheelbarrow.

Times.

"Potter, the wheelbarrow crank," traveled across the continent in 1878. His full name was Lyman and his place of residence Albany. He was a shoemaker by trade and much given to boasting of his feats as a pedestrian. O'Leary was doing his big walking about that time and had just finished a ten days' walk at New York city. One day in the presence of many witnesses Potter said that he himself could outdo O'Leary in feats of endur ance. Some one suggested that he walk to San Francisco on trial. Potter did not that he could make the trip in a given DR. T. O'CONNOR. hesitate a moment, but offered to wager length of time and, furthermore, that he ould wheel a "paddy"

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City Girls in Country Homes. pulet country home than a frost in August. Every daughter is fired with an ambition to wear her hair in some delightfully becoming manner, and thus spends hours before the tiny mirror in the room under the

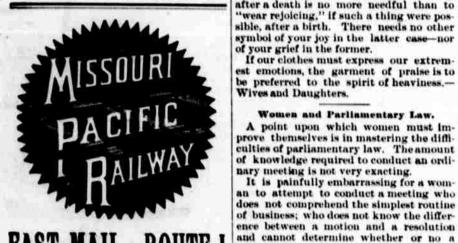
eaves when other duties are positively appealing with tears in their eyes for her presence. The neat gowns are torn apart and made simply hideous by the amateur the city modiste's plans.

Let the city vision but burst upon the following Sunday will see an array of head-

view of the country congregation and the Clear lemon juice is also excellent.

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best route to Chicago from Lincols (through Omaha) is via the " Rock Island." The Dining Cars are all new and elegant ; the service everybody knows is the best in the United States. Have newer and better Sleepers, handsome Day Coaches, best Reclining Chair Cars, and the train is new and the handsomest that runs from Lincoln to Chicago (via Omaha) If you want to be convinced of this fact. compare it with other so-called first-class lines. Tickets for sale by CHAS. \* RUTHERFORD. City Passenger Agent, In the Hotel " Lincoln."

youths who form the beaux of the back-If "deep mourning" symbolizes a broken heart, then "half mourning" signifies that the two pieces are in process of reuniting. woods settlement literally bow down and worship at the shrine of this new type of woman, who, in contrast with the maids and left-off mourning means that the crack is no longer visible. If one would avoid and matrons they have always known, the cold blooded conclusion one must not seems like some shining, flashing meteor among a host of pale and unchanging congive bereavement a blacker hue by draping it in funereal tawdriness purchased at the stellations.

If our clothes must express our extrem-

Women and Parliamentary Law.

A point upon which women must im

point of order be well taken. It is embar-

rassing to the chairman, and it is quite as

embarrassing to her friends, who somehow

always feel as if they were personally re-

sponsible for her blunders and ignorance.

women are learning. This is strikingly shown to any one who has attended an an-

nual convention several years in succes-

sion. At each there is a marked advance

in correct methods, in the smoothness and

promptness with which business is trans-

acted. In ten years or five it is not unsafe

to prophecy that women in general will

know as much about speaking and the

proper manner in which meetings should

But it is cheering to note how rapidly

'mourning counter." To wear mourning Ah, the heartburnings, the jealousies, after a death is no more needful than to the broken romances and the unknown dewear rejolcing," if such a thing were possires and longings that come to these sible, after a birth. There needs no other peaceful dwellers through the distracting symbol of your joy in the latter case-nor influence of these city girls.-Chicago Tribf your grief in the former. une.

#### Woman's Economies.

The most recklessly extravagant woman has a vein of economy somewhere in her composition. Economy is born in a woman.

It may not develop in a manner to prove either beneficial to herself or her husband. Yet there will always be some point at which she will retrench, will look well to the pennies and think and calculate with the ablest financier. She may be willing to pay \$100 for a gown, but will shop all over town to save ten cents a yard on the lining. She may spend five dollars for a ride in the park, but she will begrudge five cents car fare when out shopping. She may stint the table at one time and be wildly extravagant at another. She may ruin a whole garment by the desire to finish it cheaply, which desire has remorsefully seized her at the last moment, but there is one thing in which she never economizes.

When she loves she loves with her whole heart. There is no stint-only a giving of all the wealth of her affections. Therefore do not laugh at her little economies; simply remember that a woman to be womanly tact with the air which makes a burn so must be just made up of those contradic tions that seem so ridiculous to the average masculine mind.—Philadelphia Times.

#### Two Useful Things.

There are two things that I never travel a day's journey without: One is my toothbrush, which I need after every meal, for 1 don't want to go into the next world toothless, much less through this. I want my good, strong, white, even teeth, which cost me years of infant agony and led to innumerable howls, but never enriched a dentist. I want them to eat with, to laugh with, possibly I may even want to gnash them when I shut down my trunk lid on my fingers, for an instance, and then they

must be firm rooted to stand the strain. So I keep them in good order as one of the duties I owe the House Beautiful, of which

they are the ivory gates. The next thing I must have is a lemon. It is easy to get as far as Gail Hamilton from a lemon, and I don't mind telling you that I use a half lemon for soap. That is, I just swab my face and hands with it before retiring, and it wipes out every freckle and keeps my skin as clear as wax. Some people like freckles. I don't. I tried face massage and lotions, but the freckles never budged. Now I haven't a single one, and it's all owing to the potency of a lemon.-Detroit Free Press.

Mrs. Cooper's Peculiar Line of Work. Mrs. Sarah B. Cooper has taught an adult Bible class for more than forty years. She now has in the First Congregational

The next day they would be as bright and "chipper" as young robins. I firmly believe that by this plan I have warded off and women. Visitors from all over the country may be seen in this class from . many a little attack of actual illness by

to order, from actual measurement, more comfortable, also more expensive, than one selected indiscriminately. Indeed the habit of wearing any make of corsets regardless of fitness or comfort is a bad one. A better way is that of trying corsets from the different manufacturers until one is found which gives comfort and perfect satisfaction, and also, if possible, lends additional beauty to the form. A 200 or 500 boned corset can never be a comfortable article for a 200-pound woman to wear. Such corsets are at variance with all hygienic principles, and the sensible woman, be she lean or corpulent, will do well to schew them entirely.-Elza Renan in Housekeeper.

#### The Secret of Stepping Lightly.

Anybody can have a light step who will at the pains to set the foot down right. In that lies all the difference between a thumping, lumping gait and the light tread that makes people call you "velvet footed." The whole art and mystery lies in a single sentence: Put the ball of the foot down first, throwing the weight upon it, and letting the heel come to the floor the hundredth part of a second after. Treading flat footed-over all the sole at once-the weight comes with a jar that is about equally destructive to quiet, to grace and to shoe leather. By stepping first on the ball, just back of the toes, its cushiony muscles act as a spring and make walk ing a double pleasure.-New York World.

To hasten the cure of a burn or scald there is nothing more soothing and effec-tive than the white of an egg. It is conpainful. The egg acts as a varnish and excludes the air completely and also prevents inflammation.

A New York working woman who spent many years as an operative in a men's necktie factory now earns a much easier living by going from house to house in a certain quarter and teaching young women how to make scarfs in their own homes.

There is a good deal of sentiment in a gift which has the work of one's own hands in it. It means much more to the recipient than a purchase which represents only a given amount of money.

Woman everywhere seems to be putting the old occupations aside, and mothers relegate now to professional experts many duties of life which they learned from the women who gave them birth.

A well known writer says: "The appre ciation of women in industry will become more generous and more general as they become a more stable and more general factor in labor."

For croup use flannel cloths wrung out of very hot water and applied to the throat and chest; cover with dry ones and renew with hot as soon as the others commence to cool

When a pudding is boiled in a mold, take it from the water and plunge it immediate ly into cold water, then turn it out quickly this will prevent it from sticking.

Never allow people to kiss a child on its mouth. Disease is so easily carried in that way that you must take the ounce of prebuilding up the physical strength so that Sabbath to Sabbath. Her method of teach caution

distance.

The money was covered, and Potter left his home on Dove street, Albany, on the morning of April 10, 1878, and arrived at San Francisco on the evening of Oct. 6, being exactly 180 days in making the trip. The wheelbarrow and load (his clothing and cooking utensils) weighed seventy-five pounds. The distance traveled was 4,085 niles.-Philadelphia Press.

### Winning Over a Soudanese King.

Handsome stuffs, mautles, sabers, a re artillery muskets and a repeating rifle the first smile illuminated his features. He laughed, gave me his hand, then clutched the rifle and said, "I am glad." Then I presented him with a chest of cartridges, and his delight was manifest. I called to

with all his rig. A handsome mantle had been thrown over the saddle worked in gold thread, and when the mantle was whisked off then Tieba could stand it no longer. All efforts at restraint gave way. There was no stoical indifference, but childish joy. The horse was hugged, and I learned afterward that the king had passed the whole night near his horse playing with the repeating rifle .- Revue Bleue.

#### The Parsee.

The Parsee, untrammeled by his surroundings, is seen in Bombay in all his wealth of height and dress. The men are, without exception, tall, finely formed and stately and possess a robustness and beauty quite at contrast with their Hindoo neighbors.

Their street costume is a peculiar long. white cotton gown, wide trousers of the same material and color and a tall miter shaped hat. They have a general reputation for sobriety, frugality and sagacity. and they seem to thoroughly understand the accumulation of fortunes-in this respect resembling the Hebrews. The wealthjest residents of Bombay are Parsees.

Cor. Washington Star.

#### Wagner's Nerve.

Wagner, the eminent composer, had the nerves of an acrobat. Once he was climbing a precipitous mountain in company with a young friend, When some distance up and walking along a narrow ledge, the companion, who was following, called out that he was growing giddy. Wagner turned around on the ledge of

rock, caught his friend and passed him latween the rock and himself to the front .--Yoath's Companion.

#### When Parchment Was First Used.

Parchment is thought to have been first used about the Third century, B. C. It was superior in many ways to every other material. Even at the present day the use of parchment for documents of importance prevails over that of paper.-New York World.

#### Do Diamonds Breed?

Rues assures us that diamonds breed and that a certain princess of the house of Luxembourg had two which had a fan liv in the course of a reasonable time. The same interesting assertion is also made by Boethius,-Paris Figaro.



be conducted as they now know about cooking and sewing. They have many more opportunities to learn than they have ever had before. The club, the society, political, benevolent and religious, are omnipresent, and the woman's national

convention is an established institution. The schools and universities are doing a great deal for the coming generation. Girls now have their debating clubs and societies.-Chicago Inter Ocean

#### A "Bed Day" for Children.

About once a month I noticed that my two strong, active children grew what was called "cross." I determined to watch for the cause, and discovered that even the infant boy can only stand a certain amount of exercise without becoming "worn out." When therefore at night I found one or the other particularly "cranky," I would say to myself: "It is time this child was rested. Tomorrow must be a 'bed day."" The children understood that this was in nowise punishment, but a simple sanitary measure. Playthings there were in plenty, but no getting out of bed. How that room did look, sometimes! Cut papers, toys, everything in every direction, but I knew that the little legs and body were obtain-ing a much needed rest, and what did a little clutter more or less amount to?