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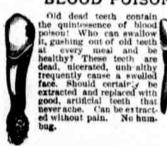
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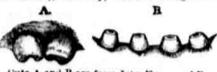
BLOOD POISON.





ABRASION OF THE TEETH. The above cut shows the teeth of a man 45 years of age, from Dr. Bell in 1831. We meet with this affection in the teeth in 1831. We meet with this affection in the teeth in various forms and degrees. The ends of the crowns seem very soft having a low degree of vitality and wear down showing a dark yellowish cupped spot in the center. Many are so foolish as to the batter of ittle account. the force of the muscles are extended to the

front teeth, wearing them down rapidly. The best, and only remedy, is to cover and build up the ends with gold and platinum, which wears like steel and saves them many years. We make a specialty of fine gold work on building them up, contour fillings, etc



Cuts A and B are from John Tomes, of Eng -Two incisors with notches in the ends. B shows the peg shaped teeth with yellowish elts to the ends

For such teeth we have two remedies: First —To fill the pits in the ends with gold. Sec ond—Extract them and replace them with artificial teeth. But the bones absorb awarapidly so that they will need resetting fre-

We make the finest artificial teeth in the We use Justics' and White's patent teeth with long, heavy pins, mounted on strong elastic plates. Those who patronize us wil-not be troubled with broken teeth and cracke-

plates, canker sore mouths, etc.

To loose the front teeth, is to loose half the power of speech, and more than half the beauts.

Diseased Qums.



be teeth turn black and die, the came be alightest touch, ulcerate, the teeth looses out, the breath is horrible. DR. A. P. BURRUS 1208 O Street,

PHYSIOLOGY AND HYGIENE.

Valuable Disinfectants That Should Be in Frequest Use During Hot Weather.

Despite the ordinary precautions, germs of disease may enter a house, and for this reason. The American Analyst urges the necessity of frequent disinfection. It recommends that all sinks, bath tubs, stationary wash tubs and all leaders should be cleaned once a week with some powerful germicide and antiseptic. Any substance of this class is admirable, even the weakest. It is better, however, in the long run, to use the strong-Where there are children in the house avoid as far as possible poisons whose character is not patent. Crude carbolic acid is not as valuable as zinc chloride; but a child will never touch the former, while he may the latter, under the impression that it is sugar or sait. In the general order of strength and availability disinfectants stand as follows: Corrosive sublimate, sulphurous acid, zine chloride, zinc todide, zinc sulphate, copper sulphate, iron sulphate, phenol, creosote, crude carbolic acid, chloride of lime, germicide, "Girondin," salicylic acid, thymol, nitrous acid, hydrogen peroxide, ammonia, coal tar, sanitas, camphor.

Rules for Preserving the Eye Sight. Those who properly appreciate the value of

eyes in perfect condition will be interested in the following rules laid down by Dr. J. C. Lundy, of Detroit, for the care of these organs

Avoid reading and studying by poor light. Light should come from the side, and not from the back or the front. Do not read or study while suffering great

Do not rend while lying down, Do not use the eyes too long at a time for near work, but give them occasional periods

bodily fatigue or during recovery from

Reading and study should be done system atically

During study avoid the stooping position, or whatever tends to produce congestion of the bend and face.

Select well printed books, Correct errors of refraction with proper glasses

Avoid bad hygienic conditions and the use of alcohol and tobacco. Take sufficient exercise in the open air.

Let the physical keep pace with the mental culture, for asthenopia is most usually observed in those who are lacking in physical

Coffeeiam.

Coffee poisoning has been investigated by German authority, and coffeeism, it is claimed, is found in a class directly opposite to those in whom theism is found, the former being liable in well to do overfed individuals, while theism is found in half starved women who are accustomed to carry on the most severe toil, with scarcely any other food than crackers and tea. The symptoms of coffee ism are want of appetite, sleeplessness and nervous tremblings, with various evidences of indigestion and nonassimilation, torpor of the liver, and nonelimination of tissue waste. The emunctory system is clogged. In theism the treatment is rest and nourishment; but, unless the patient has used coffee to stimulate his brain during mental strain, his condition is that of the gourmand whose system requires unloading, and who, instead of rest, should be made to exercise on low diet, with coffee left out.

Cow's Milk for Infants.

According to Dr. Benson Baker, of England, when cow's milk is used for infants there should be the following proportions of added ingredients, though sometimes more water is required during the first few weeks of infant life Cow's milk, half a pint; water, the same quantity; a small tenspoonful, or sixty grains, of sugar of milk, and two grains of phosphate of lime, the addition of two onfuls of cream if the quality of the milk be good, but if poor or skimmed the quantity of cream must be doubled.

Almond Cold Cream.

Cold cream made with oil of almonds is a favorite preparation for softening the skin. Any one may make it for herself as fol lows: Mix half an ounce each of white wax and spermaceti, oil of almonds, four ounces orange or elder flower water, two ounces. Before adding the latter subject the ingredients to gradual heat, and, when liquid, add the orange flower water and stir gently. Stand in cold water to cool,

Remedy for an Ingrowing Nail. The following is claimed to be of benefit for ingrowing toe nails: Heat a small bit of tallow very bot in a spoon and pour it on the granulations. Pain and tenderness are relieved at once, and in a few days the edge of the nail is exposed so as to admit of being cut away.

SOCIAL ETIQUETTE.

The Ethics of Good Manners-Bridal Usages of the Day. A writer on the ethics of good manners

tells in Harper's Bazar of a woman of strong, and even heroic, nature, who used to lay it down as a rule that there were but two classes of persons in the world-those who told the truth, like herself, and whom every body in consequence distiked, and those who were perfectly ready to tell lies to save themselves or any one else from annovance, and who, in consequence, were beloved by all.

Without carrying it so far as this, the authority quoted thinks it very certain that there comes a point in time where there is a dividing of the ways, and truth and good napossible, and this power of postponement is called tact. In some persons this tact reaches sublimity Taileyrand had it, as when he answered the English lady who asked how the Duke of Wellington spoke French, "With the utmost intrepidity, madam, as he does everything else," thus turning a criticism into a compliment. But such efforts strain the character at last, if too long pursued, and words and actions become then alike value less. Without a flavoring of truth, even courtesy becomes intolerable.

Bridal Usages.

Gifts that are sent to a bride are inscribed, when marked at all, with her maiden name. Within a month the bride is expected to acknowledge by note in her own hand every gift received. Wedding gifts have fallen somewhat into disrepute, and the question of

exhibiting them is one of individual taste. The once perfunctory bridal tour is no longer obligatory, and even the most fashionable newly married couple may begin house keeping at once in their own way, in which case it is customary to issue "At home" cards for a few mornings or evenings at no distant

Hints to Womankind.

Don't forget to thank, at the least with a bow, the man who surrenders his seat in the car or omnibus, or who politely passes up your fare.

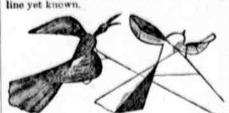
Don't giggle or be loud of voice in public. Don't endanger the eyes and comfort of those who come near you by carrying a closed umbrella or parasol sticking out almost horizontally

YOUNG FOLKS COLUMN.

INSTRUCTIVE ENTERTAINMENT FOR BOYS AND GIRLS.

Directions for Making a Chinese Bird Kite, Which is Quite a Different Affair from the Home Made Kite of Ameri-

Kite flying is a national diversion among the Chinese, and with them the art of constructing kites has arrived at great perfection. Having bamboo, thin silks, India paper and like materials particularly adapted to the manufacture of these airy toys, they have produced the most ingenious devices in this



BIRD KITE AND FRAME USED IN MAKING IT. The Chinese kite in its simplest form is quite different from the home made kite of the American boy. The frame consists of one stiff bamboo stick extending lengthwise through the center of the kite and two slightly curved rods at top and bottom. To this is pasted a sheet of paper somewhat loose at the sides, where, under the action of the wind, pockets are formed that keep the affair in an excellent position of equilibrium. Kites of this kind are about three feet in

Among ingenious fancies of the Chinese is their bird kite, which with the frame used in making it is illustrated in the cut, where the manner of attaching the string is also plainly indicated. The thin paper attached the wings moves under the action of the wind and simulates the flapping of the wings. This kite is sometimes three feet in length.

Only a Peanut Vender.

It does not do to jump at conclusions, apropos of which is the following story from

A witness was being examined in an important case, and his testimony was conclusive. So the lawyer for the other side indertook to make him an object for ridicule.

"You are a business man, I believe?" "Yes, sir."

"What is your business?" "I deal in peanuts."

The lawyer smiled knowingly at the jury. "A peanut vender, chf How many pints did you sell last month?"

"I hardly know. A million, perhaps,"

"I handle about half a million bushels a ear. I am a wholesale dealer." The lawyer sat down. He had forgotten

that the peanut crop is the source of riches to many southern farmers, and that the annual trade in the humble "goober" feets up

Master Shadow.

Oh my shadow and I, in the brilliant daylight We are very close friends; but I hate him

I can't sleep a wink, It is so odd to think That I am down here in my snug little bed



MY SHADOW AND I.

It's excessively queer, And not very clear If I am my shadow or my shadow is me! But what makes it shake so? Perhaps-can it That my shadow is really as frightened of me As I am of it?

Then why does it sit In this room where I needn't to stay I shall not feel ready for frolic till day. And it's perfectly welcome to go quite away

Down stairs to the rest,

And indeed—'twould be best.

Oh some one, do come! Do put out the light! He's gone! Oh I'm glad! Master Shadow, good night.

A Boy's Account of His Travels. A Rhode Island boy, writing to Harper's Young People, gives the following account Vesuvius and other sights seen while abroad: We went up Vesuvius with a horse and carriage a long distance, and then we went up the steep funicular railway, and then we walked up the rest of the way. We saw the old crater and the new crater. A man ran part way down the new crater, and when the smoke cleared we could see him. One night, from our window, we saw it all blazing up bright, and three days after we went up Vesuvius and saw the three days' old lava ture may have to part company. The proof all hot. We got a lot of stones-sulpbur and of skill is to postpone this parting as long as other stones. We saw some Italian soldiers running down the side where it is all cinders, instead of going down in the funicular rail-

> We went to Amalfi from Naples. We went to a hotel that used to be a monastery for monks. It has a little church all fitted up in it. The house was full of people. At the side are columns, with grape vines running over. There is a beautiful bay at Amalfi. We went back to Naples, and then to Rome again. We went from Rome to Ancona, and Remini, and Ravenna, and Bologna, and Venice. We came to Venice in a train, and then took a gondola to the Hotel de l'Europe, on the Grand canal. great many gondolas went by the hotel. There is a big square there, by the Cathedral of St. Mark's, where the people walk. The only horses in Venice are the three bronze horses on the front of St. Mark's. There is a beautiful campanile there. My brother and I went to the top, and we could see Venice, and the canals, and a long distance off. The square is mostly full of cafes, where you can get coffee or tea, or whatever you want. One day we saw a funeral going over the canal in a gondola, and all the people were dressed in red. All the gondolas are black.

Essay on Laginess.

A Boston school teacher asked a class to write an essay on "The Result of Laziness. One of the boys handed in as his composition a blank sheet of paper. It is safe to say that such a boy was bright enough not to be lazy.

In onyx brooches dull finished grounds, relieved by highly polished lines, are seen in many handsome designs.

THE CURIOSITY SHOP.

Some Useful Hints to People of Inventive

Minda An English scientific journal enumerated the following specially needed inventions: Macaroni machinery, good red lead pencils, type writers that will work on account books and record books, indelible stamp canceling ink, a practical car starter, a good railway ventilator, better horseshoes, locomotive headlights, an apparatus for measuring the velocity of wind currents, apparatus for measuring the depth of the sea without sound ing by line, piano lid hinge that shall be flushthe outside, good fluid india ink for draughtsmen, a good metallic railway tie, an effective cutoff for locomotives, a method of alloying copper and iron, and a molding material for iron and brass casting, capable of giving a mold that can be used over and over again.

An Old Convivial Castom.

The custom among the Germans of touching the glasses before drinking arose at the time of the immense mediæval tanquets of the nation. A "loving cup" was passed from lip to lip, to show that all were of one mind, but the "loving cup" was of necessity so large as to be unhandy. In place of this, smaller cups and glasses were given to each, and the tradition of the "loving cup" was preserved by the clicking of the glasses. The custom of having smaller glasses for each is said to have arisen from the assassination of King Edward. It was then the habit of the Anglo-Saxons to pass around a large cup, from which each guest drank, he who thus drank stood up, took the large vessel in both hands and raised it to his lips. As he lifted the cup his body was exposed and the occasion was seized by treacherous enemies to murder lum. This danger led to the adoption of the plan that, as one drank, his next friend was responsible for his safety during the act, and usually arose also and stood with drawn sword.

"Good Old Colony Times." The following song has for many years, perhaps a century, held a place among New England people:

In good old colony times,
When we lived under the king.
Three roguish chaps fell into mishaps

Because they could not sing.

The first be was a miller, The second he was a weaver, The third he was a little tailor-Three roguish chaps together.

The miller he stole corn, The little tailor stole broadcloth for To keep these three rogues warm.

The miller was drowned in his dam, The weaver was hanged in his yarn, The devil clapped his claw on the little tailor, With his broadcloth under his arm.

One from Georgia.

Although not generally known, it is neverheless true that Georgia furnished one regiment of infantry to the Federal service dur ing the civil war. It was not a full regiment, and somehow the officers and men were never paid for their services, although they did hard fighting and a number of them were killed and wounded. They are before congress with a petition. This Georgia command was made up among the hard Unionists of Whitfield, Murray, Fannin, Dawson and Pickens, the last two counties furnishing the majority of recruits. The raising of the corps was authorized by Gen. Thomas while commanding the Army of the Cumberland. After doing valuable service, it was surprised and broken up by a Confederate force.

Gun Shy Dogs.

A sporting journal gives the following as to gun shy dogs: "If the animal is extremely gun shy, shooting No. 22 cartridges near him for several days in succession will generally overcome his fears; or take him to pigeon If he is not so gun, he may be taken into the field to shoot over. When a bird is shot endeavor to have him see it fall. If it is winged permit him to chase and play with it. Let him eat the entrails. This method must be applied with great care, otherwise his fears of the gun may cause him to blink his eyes. When a gun is discharged do not look at him or notice him for several minutes, then pet him. Use kindness always."

Morganatic Marriage.

In morganatic marriages the regular ceremony is performed, except that the man takes the woman's left hand instead of her right. The word is very old in its meaning. The ancient Germans used to give to their wives, the day after the wedding, a certain limited portion of their estates. This was the morgen-gabo. In course of time it came to be that only inferior wives received the morgen-gabe. Then those inferior wives were wedded with inferior ceremonies known as the morgen-che, a woman so wedded was termed in bastard Latin morganatica, from this word we get our expression morganatic

Penny Nails.

Several reasons for calling nails by "pen neis" have been given. Here is the last: Before the advent of machine made nails they were hammered on the common forge of the blacksmith and were sold by the bundred, the price being fixed, according to size, at so many sence per bundred. Hence the term penny in its numerical order came in time to represent certain sizes. This is from an old authority and seems to convey an idea of cor-

Henry Clay for President.

In 1824 Henry Clay was a candidate for the presidency, receiving thirty-seven elec-toral votes. In 1832 he ran again, receiving the votes of six states only. In 1839 he was a candidate for the nomination, but was defeated by Gen Harrison, who was elected. In 1844 he was nominated by the Whigs, and received 105 votes to 170 for Polk. He was a candidate for the nomination in 1848, but was defeated by Zachary Taylor.

District of Columbia Officers.

There is no such officer as a mayor in Washington. The government of the District of Columbia (which includes the city of Washington) is in charge of three commissioners, one of whom is to be a practical engineer. All are appointed by the president. There are subordinate officials, assessors, collectors, surveyors, attorneys, coroners and inspectors. There is also a district police and fire department.

Meaning of the Letters "E. V."

town, or in the city. They are employed by

persons who consider that more "English,

ou know" talthough the expression of itself

be French), than to write out the name of the

The letters "E. V " means "en ville," in

city from which they write, trusting that duty to the envelope postmark.

A Mexican Battlefield. Cerro Gordo is a celebrated battlefield and mountain pass in Mexico, through which the national road from Vera Cruz to the City of Mexico passes. Here Gen. Scott defeated a greatly superior force of Mexicans under ata Anna, April 18, 1847

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gun shy as to show terror at the report of a Sleeper accommodations reserved in through Pullman Palace cars from the Miss u river to the Pacific coast. E. B. SLOSSON, Agent.

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