SAFEWAY CHUCK's the Choice

for good and thrifty eating!

U.S.D.A. Choice Grade Beef-tender, juicy and flavorful

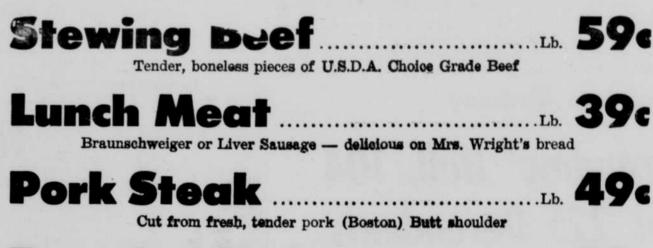
BLADE CUT 3 9 lb.

7-BONE CUT

49 C Ib.

ROUND BONE

BONE



Triple-value CHUCK

3 MEALS in 1 PACKAGE

A 7-home Chuck Roast, two Chuck
Steaks, and lean chunks of Plate Boiling
Beef . . . all in one package, and ALL

NADA CHOICE GRADE BEEF!

39°Lb.

Special Safeway 3-in-1 Feature!



Nifty recipe using Plate Beef . . . .
Beef and Noodles Jardiniene

Here's how to fix: cut 2 lbs. plate beef into serving-size pieces — brown in 3 tsps. shortening. Pour off fat and add one 10-oz. can condensed vegetable soup, 1½ cups water, ½ cup chopped parsley and ½ tsp. salt. Cover and simmer two hours or until meat is tender, stirring occasionally. Remove meat. Mix 8-oz. noodles, cooked, with sauce in skillet. Heap on platter and arrange meat on top.



Finest Quality—white or colored

## Northern Toilet TISSUE

26

650-sheet Rolls **39**<sup>c</sup>

Orange Juice Bel-air—frozen, 5 6-oz. 100 Bisquick Betty Crocker's baking mix, 40-oz. 39c Cams 101/2-oz. 100 Campbell's Soup 8101/2-oz. 100 Cans 100

Vegetable, Bean & Bacon, Vegetable-Vegetarian or Cream of Celery

Premium Quality, guaranteed to improve any recipe

Kitchen Craft Flour

WIN! all you can spend at Safeway (up to \$2500)

Just write Safeway's name on your "Happy Homemaker's" contest blank.

If you are a first or second prize winner, Safeway will give you \$2500.00 in groceries (or cash) in addition to your prizes from Procter and Gamble.

Redeem your Procter and Gamble Coupons that you received in the mail . . . at Safeway!

Protein Bread Skylark—fresh, 16-oz. 19c

Chunk Tuna Chicken of the 6½-oz. 25c

Chunk Tuna Sea—light meat .....Can 25c

Sherbet Party Pride—5 delicious ½-gal. 59c

Red Star Yeast fresh, foil 3 2/3-oz. 17c

Save as you shop ... with

Gold Bond Stamps

with each 10c purchase at Safeway!

BIGHT RESERVED TO LIMIT QUANTITIES

SAFEWAY

Prices effective thru Saturday, September 12, in O'Neill

Mild-flavored, delicious, flaming red

## TOKAY GRAPES 2 lbs. 19c

Now!...get in on the big. Town House Stock-up Sale

All top quality foods...why pay more?

FRUIT COCKTAIL 3 No. 21/2 \$100
Town House—5 choice blended fruits..... 3 No. 21/2 \$100

TOMATO JUICE 4 46-oz. \$100

PEAS or CORN
Town House—fancy quality vegetables.... 8 No. 303 \$100

GREEN BEANS
Town House—cut, fancy, Blue Lake variety 6 No. 303 \$100

Grapefruit Juice Town House—3 46-oz. 89c Catsup Town House—made from 2 14-oz. 33c Bartlett Pears Town House—choice No. 308 25c

Raisins Town House—with nature's sweetness, 2-lb. 53e