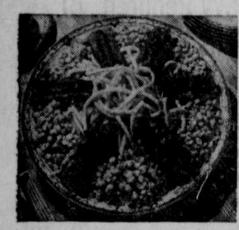


### Food Problems Can Be Solved By Careful Cooking



Vegetable platters offer light summer eating possibilities. Arrange them in a pretty pattern with green beans or asparagus making a pattern with macaroni in the center and spaces filled in with corn kernels.

There's nothing like good food well prepared. It's a pleasure both to the cook who prepared it and also to the one fortunate enough to eat it. Proper preparation is a matter of



like they did. Now we have recipes so that everyone can be a good cook as long as he follows directions.

Vegetables, to be perfection itself, must be cooked to doneness with just a bit of crispiness left in them. Pies must have a crust with flakiness that will melt in your mouth, with creamy smooth fillings or luscious juicy berry fillings.

Cakes are at their best with fluffy, fine grain texture, well flavored icings or frosting. Ice creams and sherbets should be frozen so that they are creamy and contain no ice particles.

ness of preparing food with results such as I have just described. The first is an ice box cake with choco-

#### Chocolate Ice Box Cake. (Serves 6)

- 4 squares unsweetened chocolate 1/2 cup sugar
- Dash of salt
- 14 cup hot water
- 4 egg yelks 1 teaspoon vanilla
- 4 egg whites, stiffly beaten 1 cup cream, or evaporated milk
- 2 dozen lady fingers

Melt chocolate in top of double boiler. Add sugar, salt and water. stirring until sugar is dissolved and mixture blended. Remove from boiling water; add egg yolks, one at a time, beating thoroughly. Place over boiling water and cook 2 minutes or until thickened, stirring constantly. Add vanilla and fold in egg whites. Chill. Fold in cream.

Line bottom and sides of a mold with lady fingers or strips of sponge cake. Turn chocolate mixture into mold and place remaining lady

fingers on top. Chil 12 to 24 hours in refrigerator. If desired, add 1/2 cup walnut meats to chocolate mixture before turning into mold. Unmold.

There's a short-cut method to making finer, lighter cakes. If you want a real treat in making cakes, try the new method. Be sure ingredients have stood at room temperature for 2 hours or more so that shortening is soft and pliable:

Maraschine Cherry Cake. Sift together in a bowl: 21/2 cups cake flour

3, 3% or 4 teaspoons baking powder 1/2 teaspoon salt

1% cups sugar Add: 34 cup shortening

14 cup maraschine cherry juice

Lynn Says Point Stretchers: For the vegetable course, combine two leftovers such as lima beans and corn; tomatoes and eggplant; peas and small onions; cauliflower with peas.

Stuffings stretch meats: prune and apple stuffing for roast duckling or veal; celery stuffing for lamb roll; oatmeal stuffing for pinwheel beef roll; and apple stuffing for roast pork or slices of ham.

Potatoes can stretch hamburgers or hash. Or, use leftover mashed or riced potatoes in

stretching these meats. Vegetables can stretch scrambled eggs. Try carrots, celery and

#### Lynn Chambers' Point-Saving Menu

\*Jellied Veal Loaf Corn on the Cob Potato Chips Cole Slaw Preserved Fruit Rye Bread Sandwiches ·Peach Pie \*Recipes Given

16 maraschino cherries, cut into eighths

2 cup milk Mix with electric mixer or by hand with spoon for 2 minutes, by the clock. Scrape bowl frequently.

#### 4 egg whites

seven minutes icing.

should go into those light, fruity

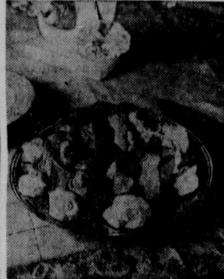
Peach Pie. 2 cups sliced peaches 1 tablespoon lemon juice ¼ cup sugar

3 tablespoons cornstarch

2 teaspoons butter

Dash of salt 1/4 teaspoon almond extract 1 9-inch baked pastry shell

Sprinkle peaches with lemon juice and sugar. Cook slowly to extract juice. Mix juice with cornstarch and blend. Cook over low heat until thickened, stirring constantly. Remove from fire. Add butter, salt and almond extract. Add peaches. Pour into pastry shell. Chill. Garnish with cream or piped meringue if



Chocolate Ice Box cake can go back on menus again for those summer meals with light main course. Use either lady fingers or strips of line in the highway that was not

sponge cake for the base of the cake. there. Army trucks went by with Veal is a simple and economical

meat, but elegant if properly prepared in this chilled loaf style:

\*Jellied Veal Loaf. 1 veal knuckle

- 1 pound veal shoulder
- 1 onion 2 eggs
- 9 pimiento olives
- 1 tablespoon salt 1 tablespoon Worcestershire sauce

Have the veal knuckle sawed in 3 or 4 places. Simmer the knuckle, veal, onion and

seasonings in water, cover until veal is tender, about 2 hours. Chop veal fine. Garnish the bottom of the loaf pan with sliced

hard-cooked eggs and sliced pimibroth and cook until reduced to 1 and Worcestershire sauce. Press meat firmly into pan. Chill. Unmold and serve with preserved fruit and cole slaw in lettuce cups.

A sauce to go with fish or vegetables is Hollandaise. Here is a quickly made recipe:

Hollandaise Sauce.

- 1/2 cup melted butter
- 1/4 teaspoon salt 1/2 teaspoon paprika
- 34 cup boiling water
- 2 tablespoons lemon juice

paprika. Add boiling water, stirring constantly. Place in double boiler serve immediately.

To Hollandaise sauce to serve over fish, add one of the following: 1/2 cup chopped pimiento olives

14 cup capers

1/2 cup chopped tart pickles

If you wish additional instruction for canning fruit or berries, write to Miss Lynn Chambers, 210 South Desplaines Street, Chicago 6, Illinois. Please en-close stamped, self-addressed envelope for your reply. Released by Western Newspaper Union.

# GOD IS MY CO-PILOT Col. Robert L.Scott

West Point graduate, becomes an air cadet at Randolph Field, Texas, realizing his life's ambition. He wins his wings at Kelly field and is now an army pilot. Ordered to report to Hawaii, but wanting to marry a girl in Georgia, he pleads with his General to keep him in the country, and is ordered to Mitchel Field, N. Y. To gain more flying time he carries the mail for Uncle Sam. Makes more trips to Georgia and finally talks Catharine into marrying him. From Mitchel Field he is sent to Panama where his real pursuit training is begun in a P-125. He is given a job constructing flying fields which would some day protect the Canal. He begins to train other pilots.

#### CHAPTER V

By this time, war with certain countries appeared imminent. I had always believed that we would fight Japan, and had always believed that Japan would make the first thrust. And I tried to "figure out" every Continue beating for 2 minutes, cadet that came through our school scraping bowl frequently. Fold in -tried by talking to him to find out 1/2 cup chopped nuts, if desired. Pour whether or not he had the urge for into 2 well-greased and floured 8- combat, for I knew that the urge inch cake pans. Bake about 30 was positively necessary. Not only minutes in a moderate (350-degree) did a man have to have that ceroven. When cool, ice with boiled or tain incentive to fly and keep on flying, until flying became second The peach crop looks plentiful and nature, but he had to have the defiluscious and it seems like part of it nite urge for combat. When he learned to fly automatically he would control the ship without thinking about the controls and have his mind free to concentrate on navigation and the aiming of his gunsbesides watching his tail for the enemy.

> From Ontario I went to Lemoore, in the San Joaquin Valley of California, and there I went through one of the low periods of my life. It was not that Lemoore was bad. for the people were wonderful-but war was getting closer and closer. and I was getting farther from combat duty. Finally, after war had opened on December 7, I began to write Generals all over the country in an effort to get out of the Training Center. After all, I had been an instructor for nearly four years and it was pretty monotonous. I knew that instructors were necessary, but I wanted to fight, and I thought that if I could get out to fight with my experience, I could come back later on and be even more valuable as an instructor of fighter pilots.

At last things began to happen. dered to report to March Field. When these secret orders came, I thought the day for my active entry into the real war was near. Hardly taking time to get my toothbrushthe radiogram said, "immediately" -I jumped into a car and drove madly through the Valley and over the pass of Tejon through the snow at the summit at nearly ninety miles an hour, to March Field. I arrived there in a blackout, and though I was to see plenty of combat later on. I'll take an oath that the nearest I've been to death in this war was when I rode into March Field with my lights out, trying to follow the dim, pin-point blue lights, and as I would almost hit me.

When I finally got on the post with my radiogram for admission, I tore up to the headquarters and operations office, expecting any minute to be told to jump in a P-38 or a P-40 and go up to protect Los Angeles. There were many others like myself, for apparently all pilots with pursuit experience had

Squadrons of pursuit planes would come through daily on the way up the coast and we all grew envious watching them. The only cheering thing was the radio broadcast which told of Capt. Colin P. Kelly and his crew sinking the Jap battleship Haruna. In this engagement war, and I was very proud. For Captain Kelly had been under my instruction at Randolph Field. I ento. Add chopped veal. Strain the could well remember that fine student's excellent attitude for a comcupful. Pour over meat, add salt bat pilot. He had broken his collarbone in a football scrimmage at Randolph and had told no one on the flying line. Looking in the rearview mirror, I saw him flying with his left hand on the stick; when I corrected bim, I learned of the accident. Fighter Kelly had been so anxious to get on with the course of instruction that he was completely ignoring broken bones. Of such material are heroes made.

"I still wanted to fight myself. I could well remember the years and years I had trained in Panama with the 78th Pursuit Squadron; I had always been too young to lead an Stir egg yolks, adding melted but- element, a flight, a squadron, or ter gradually. Season with salt and anything. Then suddenly I was told here that I was not only too oldimagine that, at age 34!-to lead a and cook until thickened. Remove squadron, but also too old to lead to complete wakefulness. I even from fire. Add lemon juice and even a group. In fact I was too old to fly a fighter plane into combat. I used to tell the Generals that from being too young, I had suddenly jumped to being too old. There had never been a correct age.

But all the argument was to no avail, and after waiting around ordered back to our home stations. I returned to Lemoore in the San Joaquin. I know there was no man

The story thus far: Robert Scott, a | change, and I welcomed it. I found | all those thousands of miles to seemyself director of training in a twinengine school-I was still getting came to my eyes-I knew I had farther and farther from the war. been a fool

It seemed to me now that all was lost. I had tried desperately for the last six months to get out of the Training Center, and now that war had come it seemed that the powers at the top had decided that all of us, whether we had been trained as fighter pilots or as combat pilots, bomber pilots, or transport pilots, were nevertheless to stay there in the Training Center. December, January, and February went by, and in these months I wrote from Victorville to General after General. I remember saying to one | uries in this great land of America

"Dear General, if you will excuse me for writing a personal letter to you on a more or less official subject in time of war. I will certainly submit to you for court martial after the war. But if you can just listen to me I don't care whether that court martial comes or not. I have been trained as a fighter pilot for nine years. I have flown thousands of hours in all types of planes. I've been brought here as an instructor and I think I've done my job. Please let me get out to fight. I want to go to Java, I want to go to Australia, I want to go to China, India, and anywhere there's fighting going



Capt. Colin Kelly, who sank the Jap battleship Haruna.

on-just so you get me out of the On December 10, I was hurriedly or- monotony of the Training Center." An answer came back from thi General: He would do all he could. he would even forget the court martial, but men were necessary in the training centers. Even with these kind words, it appeared that my cause was lost. Then, when the future looked worse than at any time in my life, a telephone call came from Washington, from a Colonel.

"Have you ever flown a four-

engine ship?" I answered immediately: "Yes, Sir." I had flown one for a very few minutes, at least I'd flown it in spirit while standing behind the pilot and co-pilot-but that was the only time I'd ever been in the nose or in the cockpit of a Flying Fortress. His looked out of my car the trucks next question was, "How many hours have you flown it?" I told him eleven hundred; there was no need to tell a story unless it was a good one, and after all, I considered this a white kind of lie-a white lie that was absolutely necessary if I was to get to war.

After giving this information I went back to waiting with my hopes way up. One night in early March, 1942, they came true-and to me they read like a fairy tale, too good to be true. I was to comply with them immediately, reporting to a field in the Central States. There I

from the leader of our mission. As I drove over from Victorville to my home in Ontario that evening. Kelly became the first hero of the it seemed as though I was already in the air-adventure had come at last. Even then the fear tugged at my heart that the orders would be changed before I could start. I told my wife that I was going to combat, but the nature of the orders forbade my telling her where, or what type of mission. Not even at the look of pain that crossed her face did I lose my feeling of victory. She was trying to act happy, but I knew it was only because she remembered that I wanted duty in combat.

That night I began to pack hastily. resolving at the same time to take my wife and little one-year-old daughter back towards Georgia. where they could be among relatives. As I packed and arranged for the furniture to be shipped I still had my exalted feeling of victory. When I got into bed, very late, I thought I would drop right off to sleep. But as my mind relaxed for the first time after the orders had been received, I felt myself come sat up in bed, for I had realized for the first time what I had done.

Here was my home, with the two people whom I loved more than any others in all the world-my wife and my little girl. Here, in this wonderful place, I could possibly have lived out the war, behind a March Field for ten days we were good safe desk at Victorville or some other training field. By my love of adventure, by my stubborn nature, I had talked myself out of on Bataan any sadder that night this soft and wonderful job of staythan I. Then came orders to report | ing home with my family. I was | Major after this gallant act. to Victorville-at least here was a about to leave that girl I had driven

for even ten minutes . . . Tears

For hours I lay awake. And then, in the darkness, I think I saw the other side. Suppose I called that officer who had telephoned me from Washington. Suppose I called and told him that I had lied—that I had never flown a Flying Fortress. I could easily get out of this mission -but the thought was one that I couldn't entertain even for a second. For now the seriousness of war had gradually come to me. Unless men like myself-thousands and millions of them-left these wonderful luxwe could lose it all forever. I loved these two with all my heart, but the only way in all the world to keep them living in the clean world they were accustomed to was to steel myself to the pain of parting with them for months or years-or even forever. The actuality of war, grim war, had come. I knew then that the theoretical word "Democracy" was not what we were to fight for. I knew it was for no party, no race, creed, or color. We were going to fight, and many of us were to die, for just what I had here-my wife and family. To me, they were all that was real, they were all that I could understand. To me, they were America.

Next day we got the household goods packed. We piled on an eastbound train and left California. That ride for me was the saddest thing that has ever happened. I would look at those two and see that my wife was thinking my own thought; even the little girl seemed to sense that all was not well. At Memphis, I almost casually bade them goodby, and we parted. But as I watched their train disappear down the track I knew that part of my life was gone. My world was grim.

Reaching my assembly point for instructions, I found that I was reporting to Col. Caleb V. Haynes, one of the greatest of big-ship pilotsthe pilot in our Air Force who had devoted much of his life to making the four-engine bomber the weapon that it is today. The entire group of officers and men made quite a gathering. I learned that they were all picked men, and that they had volunteered and almost fought for places on the crews of the Fortresses. And as I heard the explanation of the flight from Co Haynes I saw the reason for their excitement.

This was a "dream mission"-one that was a million kinds of adventure rolled into one.

We were to fly thirteen four-engine bombers - one B-24 and twelve B-17E's-to Asia. There we were to "bomb up" the ships after we had gone as far East as we possibly could, and then were to bomb objectives in Japan. Our orders read that we were to co-ordinate our attack from the West with another attack that was coming from the East.

The sadness that had been with me since leaving my family vanished. Once again I saw the war in a spirit of adventure. Here was what any soldier might have prayed for-here was what the American public had been clamoring for during the months since Pearl Harbor. I was fortunate to be one of the pilots: it almost made up for my failure to finally get into singleseater fighter ships again-almost, but not quite.

That night we talked things over and met each other, and next morning we left for Washington, with our newly drawn equipment. Our planes were in Florida, being made ready for combat, but we were obliged to would receive combat instructions go by way of Washington for the purpose, astounding in war, of securing diplomatic passports. I remember that even in the joy of the mission, I couldn't help wondering what kind of a war this one could be. We were having to secure passports in order to be able to fight. Visas were obtained for all countries we were to fly over and through-Brazil, Liberia, Nigeria, Egypt, Arabia, India-and China, especially! Visas-to go to war!

Properly inoculated against fourteen diseases, with visas for everywhere, with trinkets for trade with natives in Africa, Arabia, and Burma, we went on down to Florida. The instant I landed I hunted out my ship-B-17E-Air Corps number 41 9031. I soon painted on its nose the red map of Japan, centered by the cross-hairs of a modern bombsight, with the cross right over Tokyo. In my poor Latin was inscribed "Hades ab Altar" - or roughly, "Hell from on High."

I climbed into the control room of my ship and met my crew. Each man was a character, each man wanted badly to get started.

The co-pilot was Doug Sharp, another dark-haired Southerner, a first Lieutenant who was destined to get shot down in another Flying Fortress over Rangoon. He coolly got most of his crew out of the burning ship; then, with those who were unable to parachute to safety, he landed the flaming ship in the rice paddies of central Burma. From this point he led his men-those whom he did not have to bury beside the ship-out through the Japanese lines to safety in India. He was made a

(TO BE CONTINUED)

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feeds the hand that bites it.

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