



Keep Cool With Frosty Ice Box Pudding (See Recipes Below)

Summer Favorites

If appetites are dawdling, a real job confronts the cook. Summer or

winter, the body needs nourishment, and the basic seven foods must be included in the diet. What, then,

must be done? Well, for one thing, the appetite must be coaxed with new and different combinations of food. Even in summer there should be one hot food in the meal, but the cold ones should be very cool and tempting.

Attractive serving can help consumption, too. If there are cool, crisp looking tablecloths, napkins and dishes, the appetite will naturally perk up. Add to this, green, crisp garnishes, pleasing color combinations and well prepared foods, and there need be no difficulty in having the food eaten even on the warmest day.

Menus *Veal-Cheese Sandwich **Pan-Fried Potatoes** Carrot Salad Pan Rolls Marmalade *Fig Ice Box Pudding Beverage •Recipes Given **Barbecued** Frankfurters.

Lynn Chambers' Point-Saving

(Serves 6) 1 medium-sized onion, sliced 3 tablespoons salad oil 1 tablespoon sugar 1 teaspoon dry mustard Salt and pepper 1/2 cup catsup 1/2 cup vinegar 1 tablespoon Worcestershire sauce Drop of tabasco sauce 12 frankfurters

Lightly brown onion in salad oil. Add combined remaining ingredients, except frankfurters. Simmer 15 minutes. Split frankfurters and place in shallow baking dish. Pour over barbecue sauce and bake in

Benefits of Social Security Could Be Extended to Farm Owners and Their Employees, Officials Say

THE FRONTIER, O'NEILL, NEBRASKA

All Difficulties of Administration Can Be Smoothed Out

Wages today are high, and jobs plentiful, and there is a ready market for all farm produce and manufactured

goods. Most people probably realize, however, that the present prosperity is a result of the war, and that a downturn is almost certain to come with peace. There may be no depression, at least not for several years, but the present very high level of activity is

not likely to be maintained. But in any case, there comes a time in everyone's life when he has to slow down. Whatever stage the business cycle is in, those who are unable to work get no income. Everyone who has to make his own living must be somewhat concerned

about the future. A very large group of wage and salary earners have found a partial answer to these troublesome questions. They are the workers in private industry and commerce, those in so-called "covered" employment, to whom the old-age and survivors insurance program of the Social Security act applies. These workers

are building up rights to monthly insurance payments when they grow old and retire, and for their families, when death comes to the breadwinner. Others, not so fortunate, look

upon the group that has social insurance protection somewhat enviously. The Social Security board receives many letters from the self-employed -professional people, small busi-



demands for maintenance of fertility, repairs, buying machinery and livestock, and so on, . all require cash, and there is often little left at the year's end to build up a retirement fund. Often, when the farm operator has to quit work, his family is in difficult straits, and may have to depend on public aid or charity.

The tenant farmer and the farm laborer generally are in worse circumstances than the man who owns his land, once they have to quit working. With little or no savings, the tenant and the farm hand who cannot earn anything are soon hard up indeed. They and their families suffer humiliation and want.

War Changes Things.

Many men are able to work even

in old age, like this sturdy Florida

farmer. He knows, nevertheless,

that he will have to quit in a few

years, or maybe much sooner. If he

could anticipate a regular flow of

Social Security checks he could face

the future with much less concern.

to the federal government. Together

with the money he sends a report

of the amount of wages paid the

worker, to be duly entered in his

social security account in Balti-

more, Md. On the basis of these

wage records, the insurance bene-

Farmers Could be Protected.

Could the system be applied to

farm people? Farmers are scattered

over a very wide area. Could the

premiums be collected without the

costs of administration mounting un-

duly high, considering the small

amounts paid in? And how would

farmers figure out what their pre-

miums ought to be, seeing that lots

The Social Security board is con-

reports they are already making to

the government for income tax and

other purposes can be used. For the

farmer who is not required to file

income tax returns, would figure his

income on the basis of the estimated

"market value of his services." In

doing this he could guide himself by

the wages received by his highest

For farm help, the stamp method

of them don't keep any books?

fits are figured.

The war, of course, has made a great difference in the farmers' situation. The incomes of many are double, in some cases treble, what they were before. But the war-and perhaps our present prosperity-is temporary.

Farm people were left out of the social insurance program not because they were thought to be already secure. The reason for excluding them was that in 1935 the program was new and the administrative hurdles looked very high. But now the Social Security board is convinced that old-age and survivors insurance can be administered for farm people simply, at low cost, and without being unduly troublesome to them.

What would it mean to farm operators and farm hands to have this insurance? It would mean the same protection it means already to those who are under the system. A couple of examples will illustrate

the protection old-age and survivors insurance offers.

Back in 1936, when Harry J. was fident that the extension of the oldnearly 60, he got himself a job with age and survivors insurance system a construction company. After eight to farm people is now feasible. Ways | bag. years, he wanted to stop working have been devised to overcome the and retire to his small place in the difficulties. country. He hadn't felt he could do As a basis for determining farmso, however, because he wasn't sure ers' social insurance premiums, the

he could earn a living from farming his few acres. Upon inquiry he found that his monthly retirement payment would be about \$27. since he had earned an average of \$100 a month. His wife, who was also past 65, would get half that much; so that would make the family income over \$40 every month, sufficient for their needs.

payments for herself and the three

A midwestern farmer smiles with

savings will dwindle away, and he

will face old age without security.

and survivors insurance program!

half a billion dollars.

Mrs. C. is one of 765,000 persons-

paid farm hand. If he employs no Widow Got \$79 a Month. labor, the monthly wage rate for Mr. C. was a newspaper linotype farm labor in his locality would machine operator and had always earned high wages. He hoped to give serve. Farmers could pay their preall five children a good education. miums at times most convenient for The two elder ones were attending themselves. Some might find it conthe university. Suddenly Mr. C. got venient to pay a lump sum annually. pneumonia and died within a week. The widow was left with three and others might prefer to pay in four annual quarterly installments. children still at school and no in-Low-income farmers could pay their come save what Mary and Jean premiums in social insurance could earn by leaving school and stamps if they chose. They would brush. taking jobs. She went to the Social buy these currently and put them Security field office, thinking that in a social security stamp book perhaps there would be a small which could be turned in from time lump sum going to her, probably be to time as payment toward their no more than a couple of hundred premiums. dollars. She was amazed to learn that she was entitled to monthly **Collections Through Stamps.**



Pattern 671 contains transfer pattern and directions for doll and clothes. Due to an unusually large demand and current war conditions, slightly more time is required in filling orders for a few of the most popular pattern numbers. Send your order to:

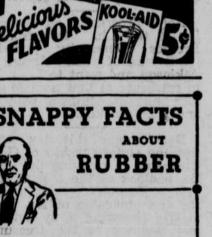
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NO ASPIRIN FASTER

Makes 10 **SNAPPY FACTS** ABOUT RUBBER

Latest government figures show that 80 per cent of the nation's war workers travel to and from their war jobs by automobile. Still an important reason why available tires have to be distributed cau-

B. F. Goodrich has created and is now beginning to produce an improved general - purpose synthetic rubber, the details of which must remain confidential until after the war. Introduction of a certain abundant natural material has developed a synthetic rubber that approaches natural rubber in characteristics during processing and has proven superior in large



from the contents of your scrap tiously.

Voile, lawn or organdy curtains will wash more easily if the dust is first shaken loose, then the curtains dipped in cold water before using warm water. Warm water sets the dirt, cold loosens it.



Pattern No. 671 THIS chubby-cheeked dolly with

movable limbs is in for lots of loving. Three pieces form her soft, cuddly body; the arms and legs are each made from two pieces. Her hair is soft yarn and her pretty clothes may be chosen



Waxing curtain rods not only . . . protects them from rust but makes it easier to slide curtains back and forth. "Frosting" Glass may be done easily by simply painting the glass with white lead and oil. This can be painted on smooth, or given a stipple effect by twisting the

than genuine, pure St. Joseph Aspirin. World's largest seller at 10¢. None safer, none surer. Why pay more? Why ever accept less? Demand St. Joseph Aspirin.

Save Used Fats!

Today's round-up of recipes will help in planning palate-pleasing menus for hot summer days: *Veal-Cheese Sandwich. (Makes 6 sandwiches) % pound prepared veal loaf 14 cup cottage cheese stuffed olives

1 teaspoon grated onion 1 tablespoon mayonnaise Butter

12 slices bread

Chill yeal loaf and slice thinly. Mix cottage cheese, chopped stuffed olives, onion and mayonnaise. Place veal slices on buttered bread. Top with bread spread with cottage cheese mixture. A leaf of lettuce may be placed in between. Serve with pickles and potato chips for lunch.

Jellied Chicken and Vegetables. (Serves 6)

- 1 tablespoon unflavored gelatin ¼ cup cold water or stock 1% cups hot chicken stock
- 1/2 teaspoon salt 1 cup chicken, chopped
- 1 cup cooked vegetables (peas, string beans, beets, aspara-
- gus, carrots) % pimiento or green pepper

Soften gelatin in cold water. Add to hot stock and stir until dissolved.



chicken and vegetables in layers and chill. Unmold on lettuce.

Lynn Says

The Score Card: Potatoes and onions are coming into the markets. They are very much usable in summertime menus.

Plan to use plenty of peaches, apricots and melons this year. Crop supplies look plentiful.

Ice cream consumption has increased from eight pounds per person in 1924 to sixteen pounds in 1942.

Homemakers are urged to can as many fruits and vegetables this season to give themselves point-insurance for the winter.

Last year, more lard was produced than at any time during the nation's history. Egg supplies are still plentiful.

Use at least one a day to fortify your diet.

Sugar stamps 30 and 31 (book 4) are each good for 5 pounds of sugar. Sugar stamp, number 40, will give you 5 pounds of sugar for canning. An extra 20 pounds of canning sugar is available with stamp 37, upon application to your local board. This will give you 10 pounds now and 10 pounds later.

moderate oven (375 degrees) 30 minutes, basting several times. From main dishes and salads we go to desserts. These are designed

to be perfect foil, light endings to meals. You'll find them flavor-perfect and easy to make: **Red Currant and Raspberry Ice** Cream. (Makes 21/2 cups) 2 pounds red currants, stemmed 1 pint red raspberries

1 cup granulated sugar 1 pint cream or evaporated milk, whipped

14 teaspoon salt 1/2 teaspoon vanilla

Stem currants, wash and drain. Wash, pick over, hull raspberries. Combine both



saucepan, cover and cook over low flame 10 minutes, stirring occasionally to prevent scorching. Remove., squeeze through double cheesecloth. To this add the following syrup:

> 1/2 cup granulated sugar 1/4 cup cold water

Stir sugar and water, bring to boiling point and boil 5 minutes. Remove, stir into first mixture, then strain again through cheesecloth. Chill, fold in whipped cream,

salt and vanilla and freeze in hand freezer. Use three parts ice to one part rock salt. Freeze until solid, then pack in four parts ice and one part rock salt and let mellow for two hours.

> *Fig Ice Box Pudding. (Serves 10) 2 cups dried white figs 1½ cups water 1 cup granulated sugar 1 teaspoon cinnamon Few grains salt 1 tablespoon plain gelatin 14 cup cold water l tablespoon lemon juice 1½ cups cream or evaporated milk, whipped

Lady fingers **Cornstarch** custard

Cover figs with boiling water, let stand about 10 minutes. Drain, clip stems and grind or chop figs fine. Add 11/2 cups cold water, bring to a boil and cook about 5 minutes or until water is evaporated. Remove from heat, add gelatin moistened in 1/4 cup cold water. Stir to dissolve. Cool, add lemon juice and blend. Whip cream and beat into fig mixture. Line sides of a 1¼ quart ring mold with lady fingers. Pour fig-cream mixture into mold. Chill until firm. Unmold onto serving plate and fill center with cornstarch custard or serve plain.

If you wish more detailed instructions on vegetable canning, write to Miss Lynn Chambers, Western Newspaper Union, 210 South Desplaines Street, Chicago 6, Illinois. Please don't forget to enclose a stamped, self-aeltressed envelope for your reply. Released by Western Newspaper Union.



Young and strong, this Maryland farmer shouldn't need retirement benefit payments for many yearsunless sickness or an accident should incapacitate him. But the time will come when he will be too old to work. During his good years, he should have a chance to accumulate a retirement fund through Social Security. His family too,

should be protected under the survivor's benefit provisions. Under present provisions, however, the farm family is excluded from the system. ness men, gas station operators, restaurant keepers, operators of

cleaning and pressing shops, of beauty parlors, and so on, wanting to know why they can't get old-age protection. They pay premiums for their employees' insurance, but themselves cannot build up rights to benefits. "Why this discrimination?" they ask. "We have no more security than our employees."

Very seldom among these letters from the self-employed is there one from a farmer. Yet farmers have fully as much reason to seek social insurance protection as others of the self-employed. The notion that farmers are an independent and self-sustaining group is no longer true. It is a hangover from earlier times, when most farms were selfsufficient. Today farmers are much more vulnerable. They have to buy more and sell more; operating costs are higher, and falling prices

Then too, sections differ as to agricultural prosperity. North and south, west and middle-west are widely unlike, while in each there are plenty of spots that present a quite different picture from the rest. In 1939, the last year before the "war boom," nearly one-half of the farm operators in the country had a gross annual money income yield (allowing for food consumed by the farm family) of less than \$600; twothirds had less than \$1,000, and 89

pay day every worker in a covered per cent had under \$2,500. It is difficult for farm owners to cent of his wages as a premium on save much out of these small cash his old-age and survivors insurance. incomes. Even a farmer with an This is deducted from his pay by average net income of \$2,000 a year his employer, who pays an equal finds it hard to put much aside for old age or misfortune. The constant

younger children! She received might be best, the board thinks. The farmer could buy social insurance stamps from any post office or rural letter carrier, and insert them in the stamp books furnished him by his workers when he paid their wages. Half the cost of the stamps would be deducted from the worker's wages as his social security premium. When the worker's book was full, or at the end of its period of validity, he would bring or mail it to any office of the board so that it could be added to his record.

With the stamp system, the "small" farmer would find it unnecessary to keep books or file reports about the wages of his paid help. On the large farm the stamp method could be used for temporary or satisfaction as he reads the figures casual workers not carried on the on a check received for his produce. regular pay roll. Wages paid in the Agricultural income is now two to form of room and board and the three times the 1939 level, but this like might be included in the workhappy situation won't last, econoer's total wage, and the value set mists warn. Unless this middleon them could be based on data aged man is fortunate, however, his gathered and published from time to time by the department of agriculture.

Farm people have every claim to about \$79 a month under the old-age be included under the old-age and survivors insurance program. Their claim is all the stronger because workers past 65, their aged wives. many of them are already partly widows, and children and dependunder the system. In the wintertime, ent parents-who today are receivor in other off-seasons for farm ing monthly payments on account of work, many farm people work in old-age and survivors insurance. To industry and pay premiums on sodate the system has paid out nearly cial insurance. In a lifetime, their payments amount to substantial The mechanics of old-age and sursums. And yet very few people ever get benefits because they don't work vivors insurance are simple. Every in covered employment long enough job pays, under present rates, 1 per or often enough to qualify for the monthly payments. The inclusion of farm people under the program would at once both rectify the injustice to these workers and plug sum. Four times a year the ema big gap in the social security ployer sends both contributions in program.

If a paper towel is used to line the bottom of the vegetable hydrator in the refrigerator it will ab-

spoilage.

. . . If you are baking a number of pies and the last one won't quite deep lid or tin cup in the available space and put your pie on it. This raises the pie above the others, thus all may be baked at one time, TURN 'EM IN! $\star \star \star$ saving considerable fuel.

IMPROVEMENT

after only 10-day

treatment with





told to use Soretone. At the end of only a ten-day test period, their feet were examined in two ways: 1. Scrapings were taken from the feet and examined by the bacteriologist. 2. Each subject was examined by a physician. We quote from the report:

"After the use of Soretone according to the directions on the label for a period of only ten days, 80.6% of the cases showed clinical improvement of an infection which is most stubborn to control."

Improvements were shown in the symptoms of Athlete's Foot-the itching, burning, redness, etc. The report says:

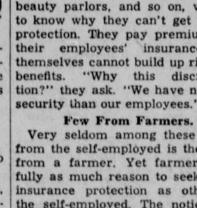
"In our opinion Soretone is of very definite benefit in the treatment of this disease, which is commonly known as 'Athlete's Foot'."

So if Athlete's Foot troubles you, don't temporize with this nasty, devilish, stubborn infection. Get SORETONE! McKesson & Robbins, Inc., Bridgeport, Connecticut.

(Left) An elderly woman cashes her old age insurance check in a New York bank. Since February 1, 1940, persons over 65 are eligible to receive the benefits of Social Security payments, even though they have worked only a short time under the system and have contributed little to the fund. (Right) This New York couple

was the first to apply for monthly payments to which they were entitled under the Social Security system. The checks began to flow out in 1940.





often mean serious losses.

