Some Women of Africa Use Hair-Do as Purse

Curious mark of distinction of the Accra women of Africa is a topheavy headdress which takes various shapes, all unusual. It is by means of their fantastic styles of hairdressing that women of the many Nigerian tribes may be iden-

Some of the women use the bundle of hair as a depository for small

Nose Must Drain

To Relieve Head Colds Miseries When head colds strike, help nose drain, clear the way for breathing comfort with Kondon's Nasal Jelly. Kondon acts quickly to open clogged passages, soothe inflamed, irritated tissue, reduce swelling. Amazingly simple. At all druggists. Used for over 53 years. Satisfaction or money back is guaranteed. Ask your druggist for KONDON'S NASAL JELLY today.



Deep Snow Sixty inches of snow fell in one day in 1906 at Giant Forest, Calif.



Stars in Sight There are approximately 6,000 stars visible to the human eye.

medication invites restful, com-forting sleep—and often by morn-ing most of the mis-ery of the cold is VICKS gone. Try it tonight.



DIAPER Soothe, cool, relieve diaper rash-often pre-vent it with Mexsana, the astringent medicated powder. Get Mexsana.

When you hear a Marine called a "Leatherneck," it has nothing to do with the epidermis of his neck. Years ago the Marine uniform was equipped with a high stiff leather collar. From that time on, "Leatherneck" has been the word for a Marine. The word for his favorite cigarette is "Camel"-the favorite cigarette also of men in the Army, Navy, and Coast Guard. (Based on actual sales records from service men's stores.) And though there are Post Office restrictions on packages to overseas Army men, you can still send Camels to soldiers in the U.S., and to men in the Navy, Marines, and Coast Guard wherever they are .- Adv.

WNU-U



7-44

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering raste matter from the blood stream. But waste matter from the blood at earn. Dukidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole

poison the system and upset the whole body machinery.

Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength.

Other signs of kidney or bladder disorder are sometimes burning, scanty or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use

treatment is wiser than neglect. Use Doan's Pills, Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!





A Little Sugar, but a Lot of Sweetness See Recipes Below)

Lynn Chambers' Point-Saving

Menus

Browned Pot Roast

Browned Carrots and Potatoes

Old-Fashioned Gravy

Lettuce Salad with French

Dressing

*Caramel Rolls

Beverage

*Gingerbread Cup Cakes

*Caramel Rolls.

1 recipe Foundation Sweet Dough

1/4 cup melted butter or substitute

1 cup dark corn syrup or honey

Into each muffin cup, put 1/2 tea-

inches wide. Brush lightly with

ion, sealing edges. Cut into 1-inch

pieces and place cut side down in

muffin tins. Cover and let rise un-

which has made it famous:

34 cup light corn syrup

2 cups enriched flour

1 cup chopped nuts

1/2 cup shortening

1/4 cup sugar

1 teaspoon salt

2 eggs

Applesauce Muffins.

(Makes 21/4 dozen 2-inch muffins)

34 cup sweetened applesauce

Cream together shortening and

sugar. Add syrup and beat well.

Beat eggs and add. Add applesauce.

and salt and add to creamed mix-

ture. Stir only until flour is mois-

fin tins about 3/3 full and bake in a

*Gingerbread Cup Cakes.

(Makes 18 cup cakes)

1¼ cups pure dark molasses

Combine shortening and molasses

en (375 degrees) about 25 minutes.

Here's an unusual dessert with

that well-liked apple-cinnamon fla-

Apple Cinnamon Snow.

4 tablespoons red cinnamon candy

Dissolve gelatin, sugar, salt and

cinnamon drops in boiling water.

Add cold water and applesauce.

plaines Street, Chicago 6, Illinois.

Released by Western Newspaper Union.

Cool, then chill to consistency of

2 egg whites, stiffly beaten

1 package lemon flavored gelatin

1/2 cup melted shortening

made with iron-rich molasses:

1 egg, beaten

21/2 cups sifted flour

1 teaspoon cinnamon

11/2 teaspoons soda

1 teaspoon ginger

1/2 teaspoon cloves

1/2 teaspoon salt

% cup hot water

ed. Mix and sift

dry ingredients

and add alter-

nately with the

hot water. Turn

into greased muf-

fin pans and bake

in a moderate ov-

½ cup sugar

drops

1/4 teaspoon salt

1 cup boiling water

1/2 cup cold water

1 cup applesauce

3 teaspoons baking powder

fore turning out.

*Recipes Given

Short on Sugar

Requests continue to pour in for

sugar-saving recipes. This leads me to believe that there are many who want homebaked goodies in quantity greater than their sugar supply will allow. That means they want recipes that are short on sugar but long on sweetness.

Most baked goodies taste best when only part of the sugar is replaced by other sweetening agents. Only in plain muffins, bread and rolls is an exception made to this rule. Richer doughs have only onehalf to three-fourths of their sugar replaced by corn syrups or honey.

It's best to use only tested recipes for your sugar-savers. You will find the proportion of liquid has been reduced-and if you are trying to change over a recipe you might forget this very important step.

Foundation Sweet Dough. (Makes 2 coffee cakes or 31/2 dozen sweet rolls)

2 cakes yeast

1 cup milk 14 cup butter or substitute

14 CUD SUPAR 1/4 cup light corn syrup or honey

1 teaspoon salt

5 cups sifted enriched flour (about)

Soften yeast in lukewarm water. Scald milk. Add butter, sugar, syrup and salt. Cool

to lukewarm. Add 2 cups flour and beat well. Add softened yeast. Beat eggs and add. Mix thoroughly. Add the remaining flour to make a soft

dough. Turn out on lightly floured board and knead until satiny. Place in a greased bowl, cover, let rise until doubled in bulk. Punch down. Shape into tea rings, rolls or coffee cake. Place on greased baking sheets or in greased pans. Cover and let rise again until doubled in bulk. Bake in a moderate oven (375 degrees) 25 to 30 minutes for coffee cakes, 15 to 20 minutes for

Honey Orange Rolls. 1 recipe Foundation Sweet Dough 2 tablespoons grated orange rind 1/4 cup honey

When dough is light, punch down. Let rest 10 minutes. Roll into a rectangular sheet 1/4 inch thick and about 9 inches wide. Spread with honey and sprinkle with orange rind. Roll in jelly-roll fashion, sealing edges. Cut into 1-inch squares. Cover and let rise until doubled in bulk. Bake in moderate oven (375 degrees) 20 to 25 minutes.

Lynn Says

The Score Card: You can save pennies and points if you watch the markets closely and plan your menus accordingly. Right now you can use more eggs, pork cuts, citrus fruit, and winter vegetables such as turnips, broccoli, green beans and spinach to perk up your menus.

Be sure to turn in those used fats. Your butcher will pay you for them in both points and pen-

nies. Use fresh vegetables and fruits whenever possible and save your canned foods for quick or emergency meals.

February is the birthday month of enriched bread and flour. It was estimated that before the war the per capita consumption of the flour was 61/2 ounces daily, but it probably is more now because bread and flours are carrying much of the load of other foods such as meat.

Save Those Used Fats: Take Them to Your Butcher.

Christians and Jews Join Hands in Good Fellowship During 'Brotherhood Week' Observances, Feb. 20-26

Inter-Cult Meetings Being Organized in 3,000 Communities.



"ALL possess alike liberty of conscience and immunities of citizenship. It is now no more that toleration is spoken of, as if it was by the indulgence of one class of people, that another enjoyed the

exercise of their inherent natural rights. For happily the Government of the United States, which gives to bigotry no sanction, to persecution no assistance, requires only that they who live under its protection should demean themselves as good citizens, in giving it on all occasions their effectual support."

So wrote George Washington, as first President of our republic, whose first principle is "that all men are created equal." The letter was addressed to the Hebrew Congregation of Newport, R. I.

A phrase from this letter, "to bigotry no sanction," has been seized upon as a fitting motto for the National Conference of Christians and Jews, an organization dedicated to the destruction of religious intolerance and racial prejudice. The conference sponsors the annual "Brotherhood Week" activities, a program of events designed to promote good fellowship and understanding among people differing in cult or race. The last week of February, the 20th to the 27th, was chosen for Brotherhood week, because Washington's birthday, the 22nd, is included in this

Pageants and musical programs are being rehearsed and roundtables and forums arranged in some 3,000 American communities this year. spoon butter and 1 teaspoon syrup Churches, synagogues, army camps, naval stations, schools, fraternal When dough is light, punch down. and trade organizations are all plan-Let rest 10 minutes. Roll into recning to observe this time of special tangle, 1/4 inch thick and about 9 friendliness.

The Round Tables. melted butter. Roll jelly-roll fash-Headquarters for Brotherhood week is the central office of the conference in New York city. Dr. Robert Ashworth, director of the til doubled in bulk. Bake in a mod-"Week," operates through 15 regionerate oven (375 degrees) 20 to 25 al offices, which are permanently minutes. Let stand 1 minute beorganized units of the conference. Local groups, called Round Tables. Applesauce can go into muffins work under the direction of the regional leaders. There are now 249 too! It's as delicious as the cake Round Tables, composed of influential citizens of several religions and

> Last year these men who believe that they are their "brother's keepers" were instrumental in having tolerance programs presented in 250 colleges, 2,800 parochial and public schools, 6,968 churches of all denominations, 1,889 women's groups and 1,333 professional and service clubs of one kind or another.

The 60 overseas directors of the USO also are now busily engaged planning various events for Brotherhood week for the armed forces Sift together flour, baking powder abroad. Its chief of operations in the United States, Ray Johns, in his memo to the directors of the 2,300 tened. Add nuts. Fill greased muf-USO units in this country, accompanying his program for Brothermoderate (375-degree) oven 20 to 25 hood week, said: "No subject is closer to the heart of the world-wide Give yourself health as well as crisis which now engulfs our civiliappetite appeal in these cup cakes zation."

> During the last 12 months committees of priests, rabbis and ministers have brought their message of

'World We Want to Live In.'

brotherhood to some 400 camp centers with an estimated attendance of over two million. "The World We Want to Live In," a film made for the conference, has been shown more than 3,000 times. A documentary film detailing the various good will activities of this organization of Christians and Jews now is being made by "The March of Time." The and add egg. Stir until well blendcamp program is growing all the time; in the words of the president of the conference, Rev. Everett R. Clinchy, it is "the most important new contribution of the National Con-

ference." Urging service men and women, and all others, to attend their churches or synagogues, the National Conference believes that "while we fight for religious liberty, it is our duty to help our churches and synagogues by our attendance and support. We must make religion increasingly vital in our lives and in the nation." Many of the major denomination religious authorities, and Protestant, Catholic and Jewish community leaders, use the material prepared by the Conference on Brotherhood week. Some 2,500,000 pieces of its literature have been given to chaplains for use and distri-

President's Proclamation On 'Brotherhood Week'

(President Roosevelt's White House proclamation setting the week of Washington's birthday as Broth-erhood week, will be beamed by short wave to the four corners of the globe by the office of war informa-

tion. It reads in part:)
"The annual observance of Brotherhood week is a time both of reminder and dedication. It reminds us of the basic religious faith from which democracy has grown-that all men are children of one Father and brothers in the human family. It dedicates us to the practice of understanding and justice through which freedom and equality flourish in human society.

"While we are engaged in a mighty struggle to preserve our free institutions and to extend the boundaries of liberty in the earth, it is good for us to pledge renewed devotion to the fundamentals upon which this nation has been built. Brotherhood must prevail. Our inescapable choice is brotherhood or chaos.

"On land and sea and in the air, the sons of the United States fight as one though they come from every racial and cultural strain and though they worship at different altars. They are brothers in arms now; soon, pray God, they shall be brothers in peace. We on the home front must see that history shall not repeat itself in postwar hatred and intolerance. It is for us to make the homeland more nearly a land of brotherhood, worthy of the victory our gallant sons and daughters shall surely win."

Educational plans for observing Brotherhood week in the public and high schools were prepared by the Duluth Intercultural committee of Duluth, Minn. These cover a variety of novel events all aiming at cultivating an appreciation of the importance of tolerance and understanding of the other fellow. Robert Ruhlman, who drew the prizewinning poster for Brotherhood week soon to be displayed in schools, settlement houses, USO centers and community groups is a high school student in Cleveland, Ohio.

Education in Tolerance.

Of course, getting along amicably with people who are slightly different cannot be taught in a single week of the year. The conference realizes that their job must go on every week, every day. A spirit of toleration toward religious and cultural differences should be developed in childhood, the conference realizes. One of the most important committees of the conference is the Commission on Educational Organizations, which is composed of 28 prominent religious and public educators. The commission is concerned with (1) the elimination of biased materials from public and religious education materials, (2) the production of positive materials to promote understanding and good will and (3) the training of writers, clergymen, educators and administrators to make effective the materials and programs completed.

Much has been accomplished in a concrete way. For instance, 40 major Protestant educational and missionary boards have adopted for use at all age levels during the coming year a series of books and study manuals entitled, "The Church and America's Peoples." They treat realistically the problems of group relations in the nation and the world.

Three thousand five hundred Catholic parochial schools are using the new "Faith and Freedom" Readers of the Commission on American Citizenship established by the Catholic hierarchy. The commission includes Protestants and Jews as well as Catholics on its boards. The Readers include many sections devoted to understanding and respect among religious and racial groups. During Brotherhood week last

year, a number of Catholic bishops



Clergymen of three faiths, Rev. William Ryan, Rabbi Samuel Thurman, and Rev. Sidney Sweet, (front to rear) get acquainted with soldiers at Jefferson Barracks, Mo.

asked all their priests to cooperate with the conference program. Many of the major Protestant denominational leaders took a similar position with their clergy and educators. Cooperation by Jewish leaders

was most generous. The Methodist Conference on Just and Durable Peace at Delaware, Ohio, called on all church leaders to work with the conference in its program.

The major denominational religious education authorities are constantly using materials furnished by the conference. These materials include study units for young people and adults covering periods of several weeks discussion as well as single articles.

The conference has aided and extended the services of the Bureau for Intercultural Education to public



Back home in Brooklyn, N. Y., on furlough, Sergt. Howard Cantor relaxes with a big cigar. A Flying Fortress gunner, he is credited with shooting down nine Zeros in the South Pacific area. The medals he wears are the Distinguished Flying Cross, Silver Star, Air Medal, and the Oak Leaf Cluster. Hundreds of thousands of Jewish young men are serving in the armed forces.

school systems. This bureau develops and distributes educational materials on intergroup relations and works with educational bodies and regional and local school administrators in teaching human relations as an integral part of the curricula in American education. After noting that the National Con-

ference of Christians and Jews held versity in 1928, President Clinchy | 100,000,000 man-years. said: "The National conference was established in accord with a cardinal principle in American history: respect for the dignities and rights of groups. The people of the conference believed that this country could not suffer hate breeders any more than they could afford to tolerate the carriers of contagious diseases.

"Our organization was established on the conviction that irrational antagonisms and hatreds are part of a vicious chain of which one link is tied to another. This nation, composed of a plural number of religious, racial and nationality groups, must, for the security and well being of each group, learn to face differences realistically. The members of each group must so act that the members of every other group have parity or opportunity to enjoy life, liberty and the pursuit of happiness.'

'Brotherhood or Chaos.' Dr. Ashworth said emphasis now

is being placed on the community cooperation of common citizens of our one land, the important thing to remember being the intrinsic worth of the individual, and, in President Roosevelt's words, after the peace it will be either "Brotherhood or Chaos.' According to Dr. Ashworth, it was

a Catholic priest who originally suggested the organization of Brotherhood week, back in 1932. He wrote to the National Conference of Christians and Jews that brotherhood was something all faiths wanted, something of which there was too little in the world, something of which there could never be too much. He suggested that a special period be designated each year by the National conference, that Catholics, Protestants and Jews be invited to consider together practical ways toward attaining it.

This idea took fire. The first national observance of Brotherhood week took place in April, 1934. President Roosevelt proclaimed the event publicly as he has done every year for the last 11 years. From the first the conference sought out the cooperation of civic bodies, Parent Teachers' associations, schools, colleges, churches and synagogues. Dr. Ashworth said: "This year, like preceding ones, a number of governors and mayors have issued formal proclamations endorsing its aims and purposes."

Forest Fires Overtake Fleeing Men and Deer

Forest fires can spell destruction at unbelievable speed. In 1910 the great Idaho fire covered a strip of country 120 miles long by 35 miles wide within a period of 24 hours. Forest fires have been known to overtake running deer and even men on horseback.

The total forest fire bill ranges from 55 to 75 million dollars annually, plus a heavy toll of human lives, livestock, many wild birds and animals.

That's Limited

"Did you ever drink all the sodas you wanted?" asked Willie

"Goodness, is there as much as that?" asked Bert.

Pull the Trigger on Lazy "Innards"



when constipation makes you feel punk as the dickens, brings on stomach upset, sour taste, gassy discomfort, take Dr. Caldwell's famous medicine to quickly pull the trigger on lazy "innards", and help you feel bright and chipper again. DR. CALDWELL'S is the wonderful senna laxative contained in good old Syrup Pepsin to make it so easy to take.

MANY DOCTORS use pepsin preparations in prescriptions to make the medicine more palatable and agreeable to take. So be sure your laxative is contained in Syrup Pepsin. INSIST ON DR. CALDWELL'S-the favorite of millions for 50 years, and feel that whole-some relief from constipation. Even finicky children love it.

CAUTION: Use only as directed.

SENNA LAXATIVE CONTAINED IN SYRUP PEPSIN

Destruction in Russia The rebuilding of the devastated its first meeting at Columbia uni- areas of Russia will require about

Relief At Last **For Your Cough**

Creomulsion relieves promptly be-cause it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the un-derstanding you must like the way it quickly allays the cough or you are

CREOMULSION for Coughs, Chest Colds, Bronchitis

Gather Your Scrap; Throw It at Hitler!



peculiar to women—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Taken regularly—Pinkham's Compound helps build up resistance against such distress. It helps nature! Also a fine stomachic tonic. Follow label directions. LYDIA E. PINKHAM'S COMPOUND

Sweat's Reward There comes no sweet without



The National Conference of Chris-

thick syrup. Add egg whites and tians and Jews is carrying its mesbeat until mixture is light in color, sage into the military camps, ma-

thick and holds a small peak. Pour rine and naval bases. into sherbet glasses. Chill until firm. The visit to the Seabee training Garnish with a few extra cinnamon center at Camp Peary, near Williamsburg. Va., is typical of the experiences of the traveling speakers. Are you looking for salad ideas? Send a stamped, self-addressed enve-More than 3,000 of the keen, hard, construction battalion men poured lope to Miss Lynn Chambers at Westinto the camp theater, reports the ern Newspaper Union, 210 South Desconference man who accompanied the three clergymen on their tours.

Traveling Speakers Carry Message of Brotherhood to Camps "What kind of men?" he goes on. | est. Alert and listening, they even

whom one hands platitudes. "They do listen with mild interest

least this show with a priest, rabbi and Protestant clergyman is a little different. And then Father Cardinal says it; says it in a language they

can understand. Dr. Speers follows. | across camp. Twenty times in three "When Rabbi Rosenblum closes days we were to do this, and in so there has been no lagging of inter- doing, speak to 48,000 men.

"Obviously, not the kind of men to anticipate the speakers. With every salient point there comes applause. Everything is all right! The "Seato the introductory statements. At bees" can do, but these speakers "can do" also. A waiting staff car is there with engine running. We have 10 minutes to reach the begins. He knows what to say, and place where the next program is scheduled-and it is three miles