## Civilian Habits Change Under Impact of Total War

This is total war. Today is on trial that tomorrow's outlook may be brighter. Born of wartime necessity, startling changes have come over this fair land of ours. Our old way of life has been tossed into the discard for the duration so we may devote every ounce of energy towards crushing the Axis. These pictures mark a few of the changes total war has wrought on the home front.



The "boys," shown at the right, are from 45 to 83 years old. They are pinch-hitting as telegraph messengers in Chicago, as all youthful messengers have either gone to war or have been absorbed by war industries. Girls, too, are now being used for messenger





In summer it's "twenty degrees cooler inside," but look at what theaters are bragging about in these days of fuel oil shortage. The fact that a theater is heated by coal seems to be even more important than the show.

On leave of absence from Brainerd, Minn., where she is city court judge, Miss Eleanor Nolan is shown doing kitchen police duty at the WAAC army training center at Fort Des Moines, Iowa.



Who was it that said that grass would some day grow in our streets? Gas and tire rationing has just about made that prediction come true. Photo, made at mid-day in the heart of a Boston downtown shopping district, shows an impromptu baseball game.



Plenty of windows open to take your bets, but there are no races today. Pleasure driving restrictions resulted in suspension of racing at Tropical Park, Miami. A few employess stand at a window discussing the situation.







Today's Cake Fixings Are Simple, Food Saving

Bake Your Own!

Those of you who have chosen homemaking as a career can set aside a half day for baking your own goodies right in your own oven.

There are few things nicer than coming into a kitchen full of busy bustling, testing the cake, plumping fat loaves of bread on racks to cool, or packing cookies in fresh wax paper for pantry shelves-for

those fine boys in the service! When sugar rationing first came into the picture, most of us feared that it would not allow enough for home baking needs, but we have found ways to make sugar stretch. Or, perhaps we should say, corn syrups and honey to make baking

With eggs up in price and fats becoming scarce, we have changed our recipes to fill these needs, too! Today's recipes may not call for the quantity of materials that yesterday's did, but they can make just as tempting a product.

(Makes 2 8-inch layers) 1 cup sifted cake flour 11/2 teaspoons baking powder ¼ teaspoon salt 2 eggs

1 cup sugar

1/2 teaspoon lemon juice 6 tablespoons hot water Sift together flour, baking powder and salt. Beat eggs until thick and fluffy, about 10

minutes. Add sugar gradually, beating constantly until thick enough to hold a soft peak. Beat in lemon juice, add hot water, and beat until thick after each addition. Fold in flour in small amounts. Bake in ungreased tube pan or lightly greased layer-cake pans in a moderate (350-degree) oven. A tube cake takes 45 minutes to bake, layer cakes 25 to 30 min-

Ever tried a fragrant gingerbread baked in a ring? The slices can be fairly thin and the cake will really go far! Or, you can fill the center with apple sauce and serve as a

Gingerbread Ring. 1 cup molasses 1 cup sour milk 21/4 cups sifted flour 1% teaspoons baking soda 2 teaspoons ginger ½ teaspoon salt 1 egg, well beaten

½ cup melted shortening Mix milk and molasses. Sift dry ingredients. Add to milk and molasses, then mix in egg and shortening and beat until smooth and

Lynn Says:

Tie a String Around Your Finger: The technique's different when you do your own vegetables-and you must keep these pointers on tap if you would get the most out of them:

Peel potatoes thinly-their mineral treasures are hidden right under that skin

Use green vegetables as soon as possible after buying. They lose quantities of their vitamin C just sitting and being exposed to air. Add dressing immediately to vegetables and fruits after cutting them. The coating prevents some vitamin loss.

Put away the soda box when cooking green vegetables. It's alkaline and destroys vitamins. Shell peas or lima beans only just before using. Wash leafy greens just before cooking. The percentage of vitamin loss will be lessened.

Start cooking frozen foods before thawing. It is believed that less vitamin C is destroyed by that method.

This Week's Menu Breaded Pork Tenderloin

Seven Minute Cabbage Riced Potatoes Grapefruit-Carrot Salad Whole Wheat Bread \*Hot Water Sponge Cake Beverage Peaches \*Recipe Given.

creamy. Pour into a greased pan and bake in a moderate oven 30

It might be said of this cookie that it's spice and all things nicebut you'll notice I didn't say sugar, because it uses corn syrup:

Raisin Cookies. (Makes 50 to 60 cookies) ½ cup shortening 1 cup white corn syrup 1 egg

1 teaspoon vanilla 21/2 cups flour 1/2 teaspoon salt 1/2 teaspoon baking soda

½ teaspoon cinnamon extract

2 teaspoons baking powder 1 cup apple sauce 1/2 cup chopped nutmeats

1/2 cup chopped raisins Cream shortening with corn syrup and egg. Add flavorings. Sift dry ingredients together and add to creamed mixture. Alternate dry ingredients with apple sauce. Fold in chopped raisins and nuts. Drop by spoonfuls on a greased baking sheet and bake in a moderate oven 15 to 18 minutes.

Who ever heard of carrots in cookies? Well, the surprise is a nice one, and the cookies are popping full of vitamins when you make:

> Honey-Carrot Cookies. (Makes 5 dozen) 2 cups sifted flour

1 teaspoon baking powder ¼ teaspoon soda 1/2 teaspoon salt

1/2 teaspoon cinnamon 1/2 teaspoon nutmeg 2 cups quick-cooking oatmeal

1 cup raisins 1 cup chepped nutmeats 1/2 cup shortening 1 cup strained honey

1 cup grated raw carret Sift dry ingredients together. Sift again. Add oatmeal, raisins and nutmeats. Mix well. Cream shorten

2 eggs, well beaten

ing, add honey, creaming thoroughly. Add eggs. then carrots beating well. Stir in dry ingredients and blend thor-

oughly. Drop by spoonfuls on a greased baking sheet. Flatten with a floured fork. Bake for 15 minutes in a 350-degree oven. Store only when cold.

Whole grain, especially oatmeal, is rich in that important morale Peggy, but at rehearsal the sound vitamin, B1, or thiamin, as it is sometimes called. Oatmeal Refrigerator Rolls.

1/2 cup shortening 3 tablespoons sugar 114 teaspoons salt 1/2 cup boiling water

1 cup quick-cooking oatmeal 1 cake yeast ½ cup lukewarm water 1 egg, beaten 234 cups all-purpose flour

Add boiling water to sugar, salt, shortening and oatmeal. Stir well. Cool to lukewarm. Soften yeast in lukewarm water, then add with beaten egg to oatmeal mixture. Stir in half of flour, add rest of flour. Place in a greased bowl. Cover with waxed paper and store in refrigerator. When needed, remove from refrigerator and form into cloverleafs in greased muffin tins. Cover and let rise in a warm place until almost double. Bake 12 to 15 minutes in a 425-degree oven.

Lynn Chambers welcomes you to submit your household queries to her problem clinic. Send your letters to her at Western Newspaper Union, 210 South Desplaines Street, Chicago, Illinois. Don't forget to enclose a stamped, self-addressed envelope for your reply. Released by Western Newspaper Union



THE public is cheated because Paramount doesn't always shoot Susan Hayward in technicolor; her red hair and reddish-brown eyes that almost match it are something to look at! Visiting in New York when "Reap the Wild Wind" was being released nationally, Susan was interested in seeing old friends from Brooklyn, her home town, buying clothes, seeing the new plays, rather than being formally introduced as a successful young star. She's remarkably pretty - without benefit of makeup, except lipstick. Clara Bow was the first Brooklyn



SUSAN HAYWARD

redhead to make motion-picture history; Susan Hayward has the looks, talent and personality that should make her the second.

making his screen debut in "So with bolero, it has a casual spring-Proudly We Hail" with Claudette time look. Comes summer, worn Colbert, Paulette Goddard and without bolero, it can be put to Veronica Lake, is the third of three good use as a sun-tanner. "youngsters" who grew up together in Atlanta to hit motion pictures. The others are Evelyn Keyes and Dixie Dunbar. The girls beat Harvey to the screen; he stacked up a record in Broadway plays before Sam Was Entirely for Hollywood got him.

All of a sudden Turkey has become very important to motion-picture colored "Sons of I Will Arise Somakers; three studies have anciety." At the end of the usual nounced that they'd do pictures with business, a loud voice yelled from Turkish backgrounds, Columbia's is "Constantinople," Paramount's Chayman, Ah makes a motion dat "Dateline-Istanbu!," Republic's ei-Sam Jackson am a low-down, sneaking mis'rable chicken thief." ther "Istanbul" or "Ankara."

Marilyn Maxwell, Metro starlet, returned from a five-week Victory Caravan trip for work in "Salute to the Marines" with this advice about how to rate A-1 when visiting the 1-As. Be gay, wide awake, peppy and active; be sure your hair is combed, your make-up fresh, your stocking seams straight; be yourself -there's only one Hedy Lamarr! Don't wear slacks; be interested in the man, not his uniform; know how to talk; don't dish out a line-he probably knows yours better than you do.

Thirty-four-year-old Edward Dmytryk, director of "Hitler's Children," has had 20 years' experience in pictures. He started as an errand boy in Paramount's laboratory, working after school and vacations, was a projectionist when he entered college, and two years later went to Hollywood as a cutter. Three years ago he turned director.

Dick Keith, the "Bright Horizon" actor, was so well liked by the fans of another radio serial that letters piled in demanding that he marry the heroine. That was impossible, since he played a character so wealthy that, if the heroine married him, she'd have no troublesand there'd be no more serial. The problem was solved by killing him off at the wedding ceremony.

Peggy Allenby, actress on Phillips H. Lord's "Counterspy," regrets the realism which Jay Hanna, the director, brings to his work. Arnold Moss playing a Nazi spy, had to slap made by the sound effects man didn't satisfy Hanna. He and Moss went into a huddle, and when the program went on the air Moss really slapped Peggy, and hard!

Have you formed the habit of listening to "The Man Behind the Gun"? Now broadcast Sunday evenings over CBS, it brings us the war stories that are making American history, gathering them from all branches of the service; William N. Robson, who directs it, traveled some 10,000 miles and often was with the men under actual combat conditions to get background for the dramatizations.

ODDS AND ENDS-Johnny, the Call Boy, will be glorified in the "Stage Door Canteen" film as the only living trade mark . . . Because of his outstanding performance in "The Hard Way" Dennis Morgan has been assigned by lack I. Warner to the co-starring role opposite Ann Sheridan in "The Gay Nineties" . . . Horace Brahm, of radio's "We Love and Learn," is playing nursemaid to five kinds of dogs-left with him when their owners went into the armed services . . . An army machine gunner wrote Red Skelton, star of the forthcoming "I Dood It," that in his outfit a dud is known as a shell, or bomb, that didn't dood it!

## PATTERNS SEWING CIRCLE



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## BINDWEED ERADICAT

Peace and Harmony

leaped to his feet.

menacingly.

glaring round the room.

It was the weekly meeting of the

Down in the front a little fellow

'Who makes dat motion dat

Ah'm a low-down, sneaking mis-

'rable chicken thief?" he cried,

A huge scar faced Negro arose.

"Ah makes da motion," he said,

"Mister Chayman," said Sam,

quickly, "Ah seconds dat motion."

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\* IN THE \*

ARMY AIR FORCE they say:

"STOOGING" for cruising "GROUND LOOP" for mental confusion "STATION MASTER" for commanding officer

"CAMEL" for the Army man's favorite cigarette With men in the Army, Navy,

