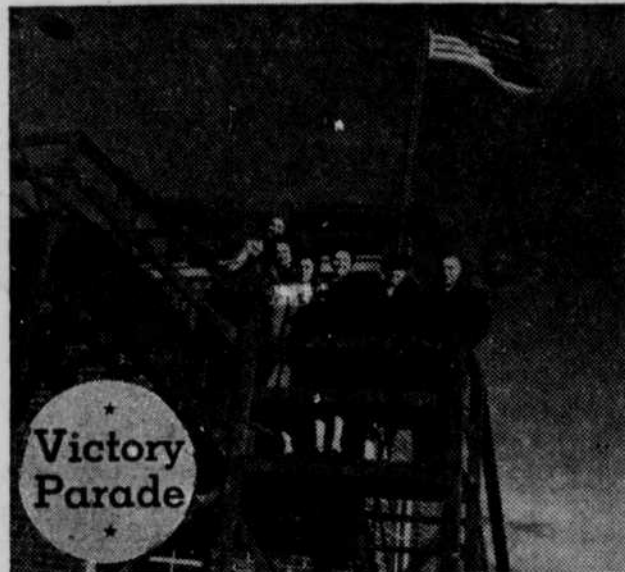


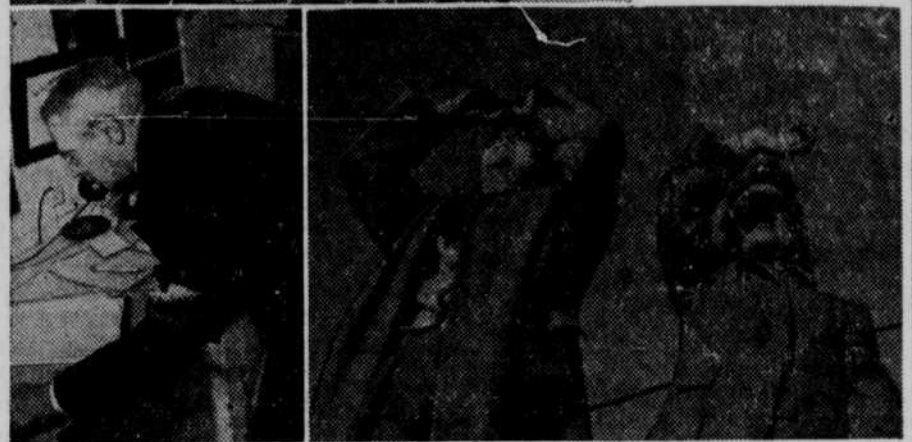
Ground Observer Corps Scans Sky Day and Night

More than 1,200,000 volunteer members of the ground observer corps of the aircraft warning service are on the alert 24 hours a day throughout the coastal areas of the United States, just to make sure it doesn't happen here! Approximately 750,000 of these serve under the I Fighter Command from Maine to Florida, scanning the skies night and day for hostile aircraft—all under supervision of the army air forces.

Since December 7 the banker, the butcher, the baker and the housewife take turns at watching the skies at their local observation post, none ever more than six miles apart. Observers "flash" reports are phoned into strategic centers where flights of planes are posted and passed on by officials. The following photos were taken at the Kingston, N. Y., observation post. Left: Chief Observer Mann and a group of his helpers at the observation post.



Victory Parade



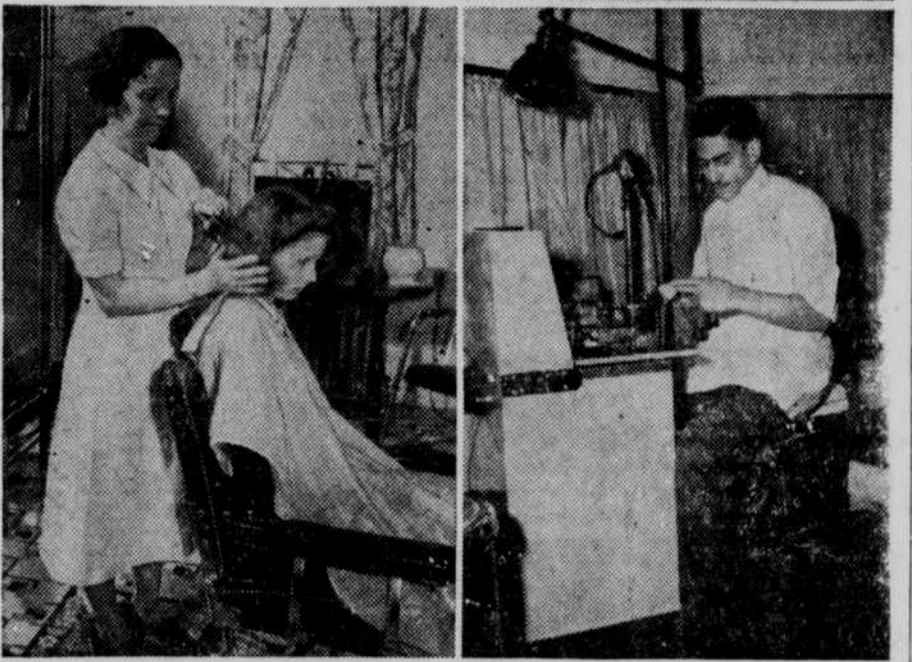
Judge John T. Loughran is shown (left) phoning in a report. In picture at the right Miss Jane Holcomb and Mrs. Lorraine Isaacs are shown at the post doing an extra shift together.



Michael Mazuca (left) in his barber shop. Michael serves from 4:00 to 6:00 a. m. Mondays.



Harry Netburn, a grocery clerk, is one of the observers. He is shown above at his regular duties. Right: Housewives, too, lend an eye. Here Mrs. Gladys Bashall, one of the observers, is shown in her kitchen.



Mrs. Margaret Logan, beautiful, who is an assistant chief observer at the post.

Dr. Murray H. Greene, chiropractor, who serves at the post from 12 to 2 each Wednesday.



Local citizens sit in on a meeting to discuss observation post matters.

HOUSEHOLD MEMOS by Lynn Chambers



Serve Shrimp Casserole, Save Meat (See Recipes Below)

Warm Welcome!

These are days when families are divided and diminished, and there comes the urge to say to the neighbor, come take "pot-luck" supper with us. Thus, your neighbor will bring over some salad and muffins and herself and the youngster, you can make a main dish and dessert, and have company with it besides!

It's heart-warming to visit, too, and have someone to help with the meal if your once-big family is somewhat reduced. Most people welcome a visit now and then with just one of the ordinary meals—and pot-luck is the perfect answer.

Your first must-not with pot-luck is do not fuss. Just get together on who is to bring what—and have what you ordinarily would have. Your plans need not be made with campaign-like precision, simply do it on the spur of the moment, since this makes for spontaneity.

Let's take it easy on meat with some grand casserole dishes—including this on shrimp and crabmeat with a crisp, corn-flake crust:

*Baked Shrimp Salad.

- (Serves 6 to 8)
 1/2 cup chopped green pepper
 1/4 cup minced onion
 1 cup chopped celery
 1 cup cooked crabmeat, flaked
 1 cup cooked shrimp, cleaned
 1 cup mayonnaise
 1/2 teaspoon salt
 1 teaspoon Worcestershire sauce
 2 cups corn flakes
 1/4 cup butter

Combine all ingredients and mix well together. Place in individual shell dishes or one large casserole. Cover with crushed corn flakes, dot with butter, and sprinkle paprika over top. Bake in a moderate oven (350 degrees) about 30 minutes. Serve with lemon.

Spaghetti's a fine dish to serve at pot luck. Should hamburger supplies be low, try some of Sunday's leftover chicken in the sauce.

Spaghetti With Chicken.

- (Serves 6 to 8)
 1 8-ounce package spaghetti
 1 onion, cut fine
 1 small clove garlic
 2 tablespoons fat
 2 1/2 cups cooked tomatoes
 Salt and pepper
 1 tablespoon sugar
 Dash of cayenne
 1 cup diced, cooked chicken
 1/2 cup grated cheese
 1 cup mushrooms, sauteed

Cook spaghetti in boiling salted water until tender. Drain and place in a greased casserole. Saute onion and garlic in hot fat until tender but do not brown. Add tomatoes, salt, pepper, sugar and cayenne. Heat to boiling, then add



Lynn Says:

No Waste, No Want: Rationing and decreased supplies of food have diminished our leftover problem, but not entirely done away with it. That's why I'm passing on these thoughts of what-to-do:
 Use cooked meat or fish seasoned and moistened with cream in between the omelet. Vegetables, put through a sieve moistened with cream, butter or gravy are good, too.
 Stewed tomatoes go together with scrambled eggs. Especially nice is a rating scrambled eggs get with minced tongue, chicken or ham. Use them if you only have a half a cupful.
 Sweeten fruit juices with sugar and thicken with one tablespoon of cornstarch. Yes, mighty good on hot puddings—cottage, apple, or brown Betty puddings!

- This Week's Menu**
 Pot-Luck Supper
 *Baked Shrimp Salad
 Julienne Green Beans
 Mustard Sauce
 *Apple-Walnut Muffins
 *Wiltshire Salad
 Cranberry Fingers
 *Recipe Given

chicken, mushrooms, and pour over spaghetti. Toss with fork and sprinkle with grated cheese. Bake in a moderate (350-degree) oven about 30 minutes.

For ease in serving, and ease on your budget serve your salad course with the hot bread and skip dessert! It's a smart and simple note in budget suppers:

*Wiltshire Salad.

- (Serves 8)
 1 head lettuce or romaine
 4 slices pineapple
 1 grapefruit, peeled and sectioned
 1 red apple, sliced
 1/2 pound grapes, cleaned
 1 orange peeled and sectioned
 Mayonnaise

Line salad bowl with lettuce or romaine. Arrange fruit in an orderly but pretty pattern, alternating slices of pineapple with apple, and orange sections with grapefruit. Sprinkle halved grapes (seeded) over whole of bowl, or place clusters of grapes among other fruit. Serve with mayonnaise.

You can take the B-r-r-r-out of winter by serving a delicious hot bread that breaks open like a twink and when spread with butter is the answer to perfection!

Apple-Walnut Muffins.

- (Makes 12 medium)
 2 cups sifted flour
 3 teaspoons baking powder
 1/2 teaspoon salt
 1/2 teaspoon cinnamon
 3 tablespoons sugar
 1 egg, well beaten
 1 cup milk
 3 tablespoons mild salad oil
 1 cup raw, grated apple
 1/2 cup broken walnut kernels

Mix and sift dry ingredients. Combine egg, milk and salad oil and add to flour mixture, stirring only until mixed. Fold in apple and nuts. Drop by spoonfuls into greased muffin tins, filling 3/4 full. Bake in a hot (425-degree) oven for 20 to 30 minutes, according to the size of the muffins.

It's a pleasure to bring freshly baked bread to the table because it's a sign you have gone to the trouble of trying to make the meal as good as possible. You'll like the following nut bread both for table or lunch-box use.

If you're using this bread for the lunchbox, slice it thinly, spread with cream cheese, blended with apple sauce, or cream cheese with crisply fried, drained and crumbled bacon.

Brazil Nut Quick Bread.

- (Makes 1 5-by-9-inch loaf)
 3 cups flour
 4 teaspoons baking powder
 1/2 cup sugar
 1 cup chopped Brazil nuts
 1 egg
 1 1/2 cups milk
 3 tablespoons melted shortening

Sift dry ingredients together, add nuts. Beat egg, add milk and shortening. Stir quickly into dry ingredients. Pour into a greased loaf pan and bake in a moderate (350-degree) oven 1 hour.

What problems or recipes are most on your mind these winter days? Write to Lynn Chambers for expert advice on your particular problem, at Western Newspaper Union, 210 South Desplaines Street, Chicago, Ill. Please be sure to enclose a stamped, self-addressed envelope for your reply.

Released by Western Newspaper Union.

PATTERNS SEWING CIRCLE



Young Belle.
 SHE'LL fancy herself quite a young lady in this lovable dress with V-neck and cute bodice treatment. The tiny puffed sleeves and sash will make her look still more feminine and irresistible.

Barbara Bell Pattern No. 1743-B is designed for sizes 2, 3, 4, 5 and 6 years. Size 3 requires 1 1/2 yards 35-inch material, 6 yards braid trimming.

ASK ME ANOTHER?

A General Quiz

The Questions

1. What instrument is used to measure illumination?
2. How are postage rates fixed?
3. What was Gen. Douglas MacArthur's father's rating in the U. S. army at the age of twenty?
4. Which of the coast lines of the United States (Pacific, Atlantic or Gulf of Mexico) is the longest?
5. How many beats does the human heart make in 24 hours?
6. In which ocean is the international date line?
7. Rocky mountain sheep are popularly called what?
8. A student of conchology is concerned with what?
9. Who was Evangeline's lover in the poem by Longfellow?
10. Women's worn-out silk stockings given as scrap are used for what purpose in the war?

The Answers

1. A photometer.
2. By congress.
3. Colonel.
4. Atlantic.
5. More than 100,000.
6. Pacific ocean.
7. Bighorn.
8. Shells and mollusks.
9. Gabriel.
10. Rewoven into powder bags for big guns.

Unseen King

The king of Oyo, head of the Yeruba tribe, in Nigeria, never shows his face in public. A veil of beads is worn to hide his features. He has 400 wives and some 600 children.

Gems of Thought

THE intellect of man sits enthroned visibly upon his forehead and in his eye; and the heart of man is written upon his countenance.—Longfellow.

The higher type of man seeks everything he wants in himself; the inferior man seeks everything he wants from others.—Confucius.

He slept beneath the moon,
 He basked beneath the sun,
 He lived a life of going-to-do,
 And died with nothing done.
 —JAMES ALBERRY

In this thing one man is superior to another, that he is better able to bear prosperity or adversity.—Philemon.

Rather Late Hour to Be Changing Instruments

The street musician was tired and the motorist agreed to give him a lift to the next town.

As they were racing at terrific speed down a hill, the motorist suddenly shouted above the noise of the car: "What instrument do you play?"

The musician shouted back: "The violin!"

The driver crouched over the steering wheel, peering ahead. He yelled: "That's a pity!"

"Why is it a pity?" demanded the musician.

"It's a pity you don't play the harp!" yelled the motorist. "The brakes won't work!"

Texas Flower

The bluebonnet, official flower of Texas, was earlier called buffalo clover, wolfflower, and the "rabbit"—"el conejo"—the last because of the white tip's resemblance to a rabbit's tail. It was given its present name because it suggests a woman's sunbonnet.



Immortal Youth

There is a feeling of Eternity in youth which makes amends for everything. To be young is to be as one of the Immortals.—Hazlitt.



No Pushing Nature
 We must go slowly and gently to work with Nature if we would get anything out of her.—Goethe.

Gas on Stomach

Relieved in 5 minutes or double money back. When excess stomach acid causes painful, suffocating gas, sore stomach and heartburn, doctors usually prescribe the fastest-acting medicine known for symptomatic relief—medication like those in Bell's Tablets. No laxative. Bell's Tablets bring comfort in a jiffy or double your money back on return of bottle to us. See all druggists.

HOUSEWIVES: ★ ★ ★

Your Waste Kitchen Fats Are Needed for Explosives

TURN 'EM IN! ★ ★ ★

