

Here's Why U. S. Navy Is Proud of Its Chow



Pictured at the left, officers of the U. S. Navy make sure that the rigid standards set for navy food are not lowered. Here they sample corned beef to determine content of fat, gristle and lean meat. This year's navy order for fresh beef amounted to approximately 60,000,000 pounds. Right: this navy cook is ladling fresh peas, an important part of navy chow. During the year ended July 1, the navy consumed about 192,874,500 pounds of fresh vegetables.

As Saboteurs Get Bad News From High Court



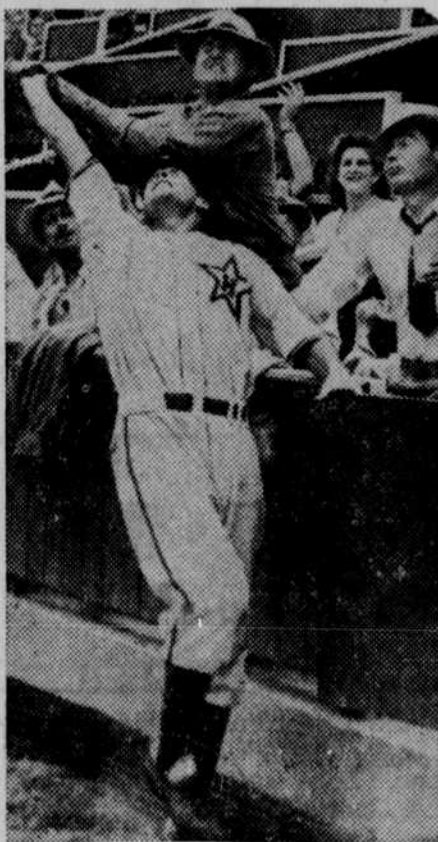
Shown at left are five army prosecuting attorneys arriving at the Supreme court building in Washington, where they saw the seven Nazi saboteurs lose in their attempt to escape jurisdiction of President Roosevelt's military commission. Left to right: Maj. Gen. Myron Cramer, Col. F. G. Munson, Col. S. M. Weir, Col. E. M. Trousch, Maj. William Thurman. Inset, right: Soldiers arriving with evidence used in the court's ruling.

Reds Defend Vital Rail Line



Soviet troops are pictured as they battled to keep a vital rail line from falling into the hands of the onrushing Nazis somewhere on the southern Russian front. A shell burst sends debris soaring as the Russian soldiers advance with their light machine guns all ready for instant action. The Germans attacked untiringly, despite heavy losses.

Helpful Fan



When Chuck Sylvester, Hollywood first baseman, reached over to grab Peanut Lowrey's pop foul in the first inning, this rabid fan decided to assist. The ball shown in Sylvester's glove plopped to the ground, but the umpire ruled the batter out.

The Boys Win Race Against Time



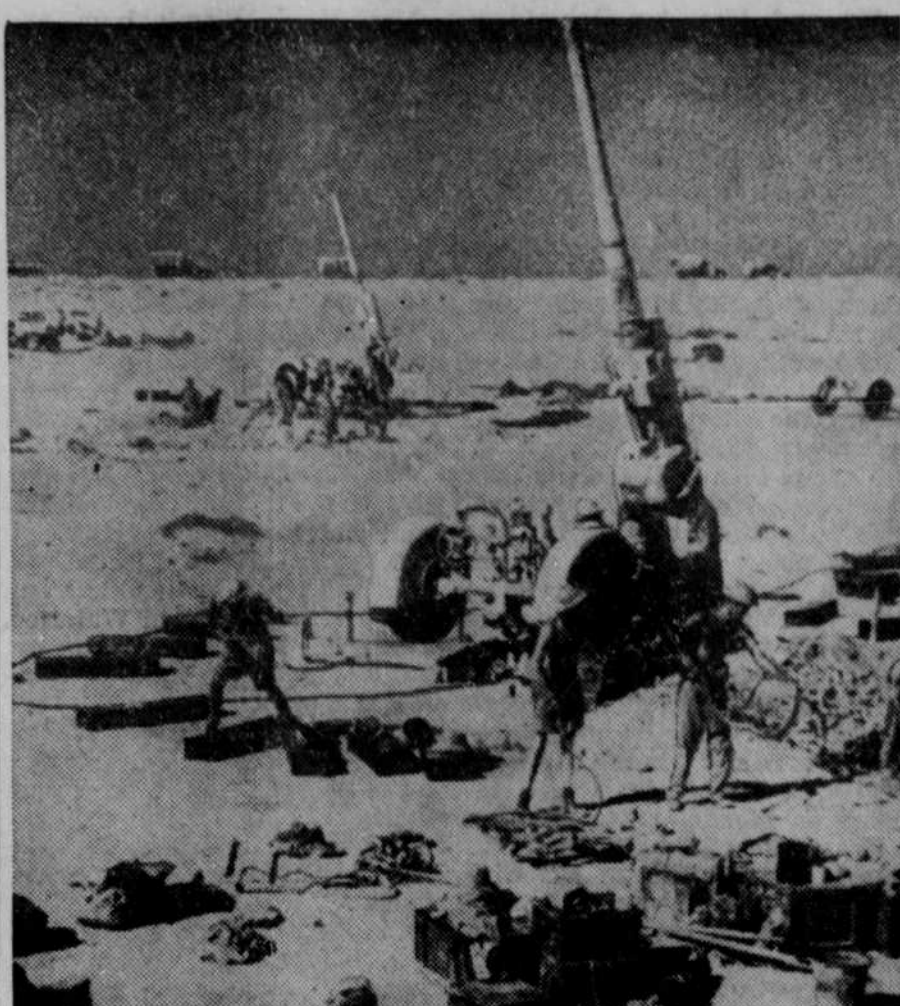
It's mighty close to midnight—the deadline hour—so these sailors and marines stationed at Navy pier in Chicago, having bid farewell to their various girl friends, get back to their quarters "on the double." The sentry is used to these nocturnal rushes. He knows it's duty first, love second, or else the brig.

U.S. Chiefs in London



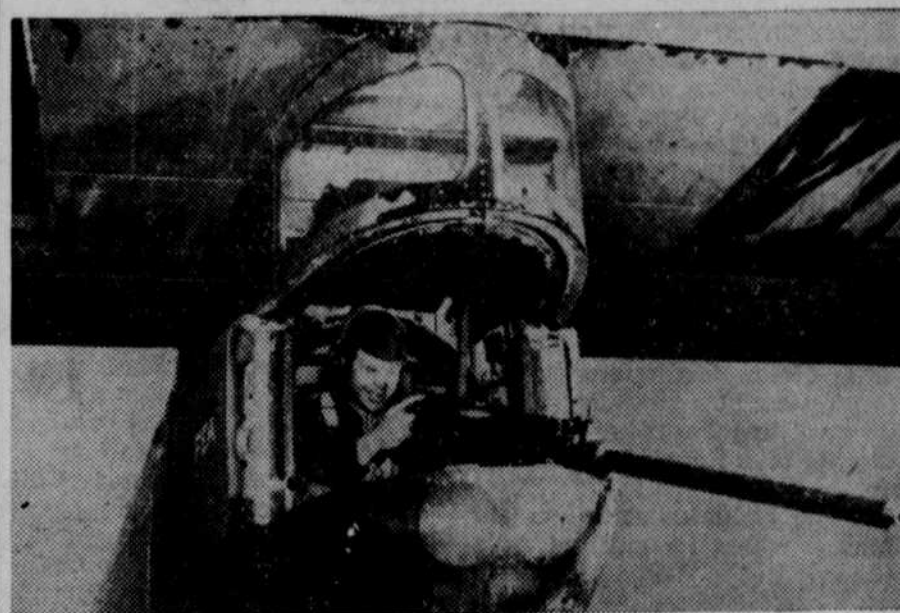
Gen. Dwight Eisenhower, (left) commander in chief of U. S. forces in the European theater of war, strolls London streets with Maj. Gen. Mark Clark.

A Corner of Egypt's Battlefield



Gunners of the British Imperials are shown placing their anti-aircraft guns where they will do the most harm to Axis fliers in the battle for Egypt. They are digging in along one of the supply routes on which trucks may be seen speeding in the background. These lines, near Cairo, are the favorite targets of enemy aircraft.

Protection for the Ferry Command



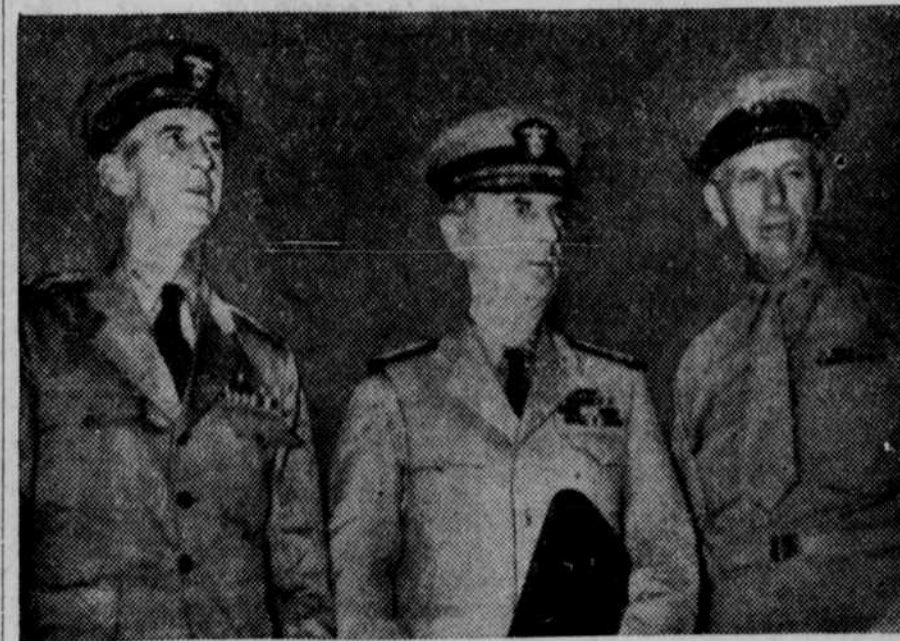
Sergt. Jack Early of New Orleans, assistant radio operator and fall gunner, is shown in the rear turret of his U. S. ferry command "Liberator" plane in England. The ferry command has been delivering planes to England since the start of the war and has, in many ways, been responsible for the bombing of large German cities.

Former Champ Shows 'Em How



Lieut. W. H. Dempsey helps to toughen coastguardsmen at the coast guard training school at Manhattan Beach, N. Y. Here the former heavyweight champion is shown flashing some nifty footwork as an "unarmed foe" tried to grab his gun. Dempsey is athletic officer at the training school.

Army, Navy Officials at White House



Left to right: Adm. Ernest J. King, commander in chief of the U. S. fleet and chief of naval operations; Adm. William D. Leahy, chief of staff for President Roosevelt, newly appointed; and Gen. George Marshall, chief of staff of the U. S. army, shown as they arrived at the White House for a conference with the President.

Off to Court



William Griffin, publisher of the New York Enquirer, (left) as he left a hospital for a hearing in federal court. Griffin is one of 28 persons indicted on charges of undermining morale of the armed forces. He is with his brother and a nurse.

Fighting Son



Among the 900 plebes now at West Point is John Doellittle, son of Brig. Gen. Jimmy Doellittle, who led the bombing raid on Tokyo. Cadet Doellittle is totting a light machine gun during field training session.

Tin Goes to War



The first load of tin cans collected in Chicago's salvage drive is loaded on a gondola car to be shipped to factories for remelting. Housewives throughout the nation have joined in the tin salvage program, sponsored by the WPB.

Senate Candidate



Mrs. Ernest Lundeen, widow of the late Senator Lundeen of Minnesota, has filed for the senate seat left vacant by her husband's death. If nominated, she will oppose Joseph H. Ball.

Englishman Wouldn't Take Chance on Blooming Bomb

An enemy plane passed over a certain district in England one night, and the following morning a man told his neighbor that an unexploded incendiary bomb had fallen into his bedroom. "Throw it into the garden?" inquired the neighbor. "Can't do that," was the reply. "It's six feet long." "Good gracious," gasped the neighbor, "that's not an incendiary—that's a high explosive! Have you been sleeping in the bedroom with that thing all night?" "Not bloomin' likely... I slept on the couch in the drawing room!"

Sacajawea Memorials

Sacajawea, the Indian girl who guided the Lewis and Clark expedition from North Dakota to the Pacific in 1804 and 1805, probably has more memorials than any other American woman, says Collier's. In addition to a number of statues, shafts and tablets, they include a fountain, song, airplane, river, peak and mountain pass. Monuments have even been erected in memory of a son and granddaughter.

ALL-BRAN FUDGE SQUARES—BEST YOU EVER TASTED!

Every mother in the land will want to bake these scrumptious cookies. Children will demolish a plate of them in a wink. Grown-ups rave about their "different" taste and new crunchy texture. They're made of course, with the famous cereal, Kellogg's All-Bran.

KELLOGG'S ALL-BRAN FUDGE SQUARES
3 squares unsweetened chocolate
1/2 cup butter
2 eggs
1 cup sugar
1/2 cup flour
1/2 cup All-Bran
1/2 cup nutmeats
1 teaspoon vanilla extract
Melt chocolate over hot water and add butter. Beat eggs well, add sugar and beat until light and fluffy. Add melted chocolate and butter. Stir in flour, All-Bran, chopped nutmeats and flavoring. Pour into greased pan, making a layer about one-third inch thick. Bake in moderate oven (375°F.) about 20 minutes. Yield: Sixteen 2-inch squares (8 x 8 inch pan).

Life a Flame

Life is a pure flame, and we live by an invisible sun within us.—Sir T. Browne.

To Relieve MONTHLY FEMALE PAIN

If you suffer monthly cramps, backache, nervousness, distress of "irregularities"—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound at once! Pinkham's Compound is one medicine you can buy today made especially for women. Taken regularly throughout the month—Pinkham's Compound helps build up resistance against such symptoms. Follow label directions. Worth trying!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

In Name of Charity

O charity! What blunders have been committed in thy name!

Sentinels of Health

Don't Neglect Them!

Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood stream free of an excess of toxic impurities. The act of living—life itself—is constantly producing waste matter the kidneys must remove from the blood if good health is to endure. When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel tired, nervous, all worn out.

Frequent, scanty or burning passages are sometimes further evidence of kidney or bladder disturbance. The recognized and proper treatment is a diuretic medicine to help the kidneys get rid of excess poisonous body waste. Use Doan's Pills. They have had more than forty years of public approval. Are endorsed the country over. Insist on Doan's. Sold at all drug stores.

DOAN'S PILLS

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BUREAU OF STANDARDS

• A BUSINESS organization which wants to get the most for the money sets up standards by which to judge what is offered to it, just as in Washington the government maintains a Bureau of Standards.

• You can have your own Bureau of Standards, too. Just consult the advertising columns of your newspaper. They safeguard your purchasing power every day of every year.