

# Household News

by Lynn Chambers



**Fruit Plate Enhances the Bride's First Dinner**  
(See Recipes Below.)

### Cooking for Two

Now that the honeymoon is over, the serious business of housekeeping begins. Most brides manage well with the general cleaning routines, but marketing and cooking presents some problems.

No bride need feel alarmed, however, about cooking or marketing for two, for it is often just as much of a problem and feed two people as it is a dozen. To help out this year's bride, I've formulated a few rules by which she can start guiding her culinary adventures.

First, the marketing. How, exactly does one use the food dollar? It's done by fifths: one-fifth of the money should go for purchasing fruits and vegetables; the next fifth for milk and cheese, and the bride should remember to provide a pint of milk for her brand new husband and herself, every day, in drinking or cooking. Another fifth goes for meat, eggs and fish, and still another fifth provides the bread and cereals. The last fifth is used for purchasing fats like butter or enriched margarine, sugars and accessories.

The above yardstick will help the bride plan her well-balanced meals. Purchasing fruits, vegetables, milk, butter and cheese will be simple if she follows the guide.

The wise bride will buy carefully, planning menus in advance so there will be no waste and all leftovers will be used in menus.

Before she markets, she makes a list, looks through the advertisements to decide where she can get the most for her money. After making sure her list is complete, she goes to the grocers to do her buying. In this way she does not have to make too many trips and she can save her own time and that of her grocer. She knows there is a premium on time in wartime.

The bride also deplores waste, especially in buying meats. To aid her in making out the meat list for two, I have made out the following:

- Beef:**
- 2 club steaks
  - 2 cube steaks
  - 1 T-Bone steak
  - 2 rib steaks
  - 1 pound round steak (for swiss steak)
  - 2 pounds pot roast
  - 1 flank steak (for stuffing)
  - 1 pound ground beef (for loaf)
  - ½ pound ground beef (for patties and casseroles)
  - ½ pound liver
  - 4 large frankfurters

- Pork:**
- 2 chops (butterfly, loin or shoulder)
  - 1½ pounds spareribs
  - 4 to 6 slices thin Canadian bacon
  - ½ pound ham slice
  - 2 pounds fresh loin roast
  - 2 pounds smoked butt (boned)
  - ½ pound bulk sausage or links
  - ¾ pound bacon
  - ½ pound tenderloin

- Veal:**
- 2 pounds rolled rump roast
  - 2 loin chops

- Lynn Says:**
- Here are the rules by which to substitute honey and corn syrup for sugar in your recipes.
- In using honey, substitute ¾ to 1 cup of honey for each cup of granulated sugar, but reduce the liquid in the recipe ¼ cup for each cup of honey used.

In using corn syrup, substitute 2 cups of corn syrup for each cup of granulated sugar. Reduce the liquid in the recipe by one-fourth.

If you wish to substitute corn syrup for only part of the sugar you may substitute 1 cup of corn syrup for each ½ cup of sugar and reduce your liquid one-eighth.

Because of the difference in flavors of substitute products, be prepared to have a slight change of flavor in the food you prepare with them.

Honey cakes and cookies, if allowed to ripen, will have better flavor.



## WHO'S NEWS THIS WEEK

By **LEMUEL F. PARTON**  
Consolidated Features—WNU Features.

**NEW YORK.**—After the first World war, the war department picked Brig. Gen. Hanson E. Ely, as he was then, to "read, mark, learn and inwardly digest" our war experience. This he did, as president of the army war college, and his documented and formulated findings of what our army learned in this short, preliminary bout have been worked into our military heritage and are now being used in the main event.

Major General Ely rates any casual, off-hand optimism when he says we're doing all right in this war, that we're getting plenty of fighting tools, and that officers and men have what it takes. One feels a bit offside if he gets too much this way or that, but in this corner we can't help being backed up when anyone of General Ely's professional detachment says we're coming through. He is 75 years old, having retired from active duty in November, 1931, when he reached the statutory retirement age. He didn't "shoulder his crutch and tell how battles were won." He continued as an instructor in the war college in Washington, lecturing on "the psychology of the battlefield." And it is interesting to find an old-timer hoping instead of croaking, and telling how much better they used to do things in his day.

He is a huge man, supercharged with physical and mental energy, and hit his later years with a tremendous momentum. They call him "Ely of Cantigny." That goes back to 1918, when he commanded and led the 28th infantry when it captured Cantigny in one of our most brilliantly executed victories of the war. This and other such exploits brought him the Distinguished Service Cross, the Distinguished Service Medal and five awards of the Croix de Guerre.

He was born in Independence, Iowa, and after his graduation from West Point, taught military science at the University of Iowa. He was in the Philippines, fighting and hacking his way through the jungles with Gen. Frederick Funston, from 1898 to 1904, back again in 1907, to remain five years and make the first complete map of the Philippines. He is one of the nation's leading authorities on tactics and battle leadership—with a mind flexible enough to turn from tactics to the improvisations of strategy, if that is what is needed.

**A LEAN** and academic but tough bachelor of the science of education, in the army after winning scholastic laurels, is in command of our new

**Here's a Scientist Busy Conditioning Our Sky Hoppers** parachute force, poised in Ireland for a leap to the mainland. He is Brig. Gen. William C. Lee, Colonel Lee until a few weeks ago, a native of North Carolina, born with an insatiable desire both to get and to impart information. He was an early special pleader and experimenter in parachute jumping, as well as mechanized preparedness in general.

The parachute army numbers about 8,000 men and one wonders how lads not long out of a classroom or a soft job on the ground, with no practice war for a workout, will take to this ultra-modern rough-and-tumble of sky and land.

**General Lee figured all that.** He formulated the science of physical, sensory emotional conditioning of human raw material, with a view to reducing nerve and reflex variables to a calculable minimum. To do this, he wanted to know more about communicating precise knowledge, so he knocked off from active service and, in 1936, after 19 years in the army, took his degree in the science of education, at the University of North Carolina. He works the theory of plastic endowment, the conditioning reflex, and the transmission of the social heritage into teaching rookies to take a dive, pull the rip-cord at the right split-second, unlimber their guns and score passing marks thereafter.

General Lee was born in 1895 and entered the army from the University of North Carolina in 1917. An incurable bookworm, but always craving action, he wolfed all available army courses, including the officers course of the infantry school, the full table d'hote of the tank school, from which he was graduated in 1930, the general staff school, and then back to Chapel Hill for coaching in telling what he knew.

He was appointed to his present command last March "to formulate tactical and training doctrine for airborne troops."

## NATIONAL AFFAIRS

Reviewed by **CARTER FIELD**

**Boost Sub Destroyer Output Rather Than Merchant Ships . . . United Allies Staging War of Nerves . . .**

**WASHINGTON.**—While the decision has not been made, it is highly unlikely that President Roosevelt will revise upward his demands of construction of merchant ships.

The classifications, using precious steel which will be raised, are aimed at destroying submarines rather than replacing losses from submarines.

It will be noted that most of the ships sent to the bottom by submarines have not been in convoys—nor in the patrolled lanes. That is one reason for the gasoline shortage in the Eastern states. Obviously there have been no convoys of tankers bringing oil from the Gulf ports to the East.

The only important protection afforded along that long coastwise route has been by airplane spotting. It is true that this has resulted in the sinking of some undersea boats, but it has not proved very sound insurance for the tankers.

In contrast, the supply ships transporting our men and supplies to the various theaters of war, from the Arctic coast of Russia to Australia and all way "there, have suffered hardly at all.

This is the logic behind the President's present thought that it is better, for the time being, to put any surplus steel that may be available over and above the objectives already laid down into destroyers, torpedo boats, corvettes, etc., rather than into merchant ships.

**One for One**  
One destroyer, corvette or torpedo boat may destroy a submarine which otherwise might sink a dozen merchant-ships. Of the three types none uses more steel than a single merchant ship; the corvette uses considerably less, and the torpedo boat very little indeed.

There is another argument for building more submarine destroyers rather than U-boat fodder. This is that when a merchant ship is sent to the bottom there is frequently a loss of life. Nothing comparable to when a ship is lost in a naval engagement, for as a result of present war conditions frequently the majority of a crew of a warship is lost.

But too many trained seamen in the merchant service are being killed. And they are very difficult to replace. So it is quite conceivable that one corvette or destroyer might save the lives of a considerable number of merchant seamen, as well as merchant ships.

### Allies Permit News 'Leaks' To Create Confusion

During the period known as the "phony war," before Germany overran the Low Countries and Norway, and short-circuited the Maginot line, Hitler was doing to the French and British what Roosevelt and Churchill are now trying to do to Hitler.

No one knew, then, what Hitler was going to do. So Hitler utilized the time by finding out precisely what the French and British—not to mention the Belgians and Dutch, would do in every possible contingency.

Over the many months of the "phony war" Hitler thus acquired a vast amount of information as to just what to expect when "Der Tag" came.

As a matter of fact their peoples, those in Belgium and Holland, were very much divided. Many of them thought they would be able to maintain their neutrality throughout the war. It is of record that Hitler sold guns to the Dutch for gold, and then captured the guns later on.

Naturally the parallel is not exact. There is no maneuvering of an invasion force up and down a frontier, while the helpless victims on the other side, hoping to maintain peace, scramble for a defensive distribution of their forces. But the effect is very similar, from a military standpoint.

News is allowed to leak out—in fact it is broadcast—that a "very large" American expeditionary force has landed in Northern Ireland. A few days later it is announced officially that another large Canadian force has landed in Britain.

We do not know precisely how large this United States force now in the British Isles (counting Ulster as part of that category) may be. We only know it is sizable.

It is assumed by officials here that Berlin knows precisely how many Canadian troops are in waiting there for the "second front," and what their equipment and training is. It is also assumed that Berlin knows how many Canadian troops are in Britain, and how many British troops are available.

What Berlin does not know is where this force is going to strike, or when. It might be anywhere from the North Cape, or beyond, to Murmansk, down to Italy.

## PATTERNS SEWING CIRCLE



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### Somehow Tramp Knew He Wasn't Addressing George

A tramp, coming down a country road in England, stopped a moment in meditation before a sign on which was written: "George and the Dragon." He then entered the tavern to which the sign was affixed and asked for the landlady.

"Noble lady," he began, "have you a meal and some old clothes to spare for a poor, tired and hungry man?"

"Not for the likes of you. Now go!" she said sternly. Then, seeing he desired to get another word with her, "Well?"

"Then please, ma'am, could I speak to George!"

### Fiction Increases

Some report elsewhere whatever is told them; the measure of fiction always increases, and each fresh narrator adds something to what he has heard.—Ovid.

## ASK ME ANOTHER?

A quiz with answers offering information on various subjects

- The Questions**
1. What does a Scotsman mean by mickle?
  2. What ranch is the largest one in the world?
  3. What countries fought the Punic wars?
  4. What is the difference between continual and continuous?
  5. Whitman's poem "O Captain! My Captain!" refers to whom?
  6. Does a horse push or pull in his harness?
  7. What are concentric circles?
  8. How many United States Presidents received the Nobel peace prize?
  9. What government body of the United States has the sole power to try all impeachments?
  10. The science of semantics is concerned with what?

- The Answers**
1. Much.
  2. The Victoria River Downs ranch in northwestern Australia. It is 10,800 square miles in area.
  3. Rome and Carthage.
  4. Continual implies frequent repetition. Continuous means uninterrupted.
  5. Do You Bake at Home? If you do, send for a grand cook book—cramped with recipes for all kinds of yeast-raised breads and cakes. It's absolutely free. Just drop a postcard with your name and address to Standard Brands Inc., 691 Washington St., New York City.—Adv.
  6. Hating Our Victims. It is human nature to hate those whom we have injured.—Tacitus.

- 8925**
- THIS one helpful pattern shows you how to make four garments for your little girl! A button-front frock, overalls, rompers, and a bonnet. Each one of them cute and original in design and as easy as pie to make. Can't you see them all in a dotted swiss, a quaint calico or checked gingham trimmed with ric rac braid—can you imagine a more charming wardrobe? Useful for play hours

5. Lincoln.
6. A horse pushes in his harness.
7. Circles that have a common center.
8. Two: Theodore Roosevelt (1916) and Woodrow Wilson (1919).
9. The senate.
10. The meanings of words.



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**IN THE MARINES—**

**IN THE COAST GUARD—**

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● The favorite cigarette with men in the Army, Navy, Marines, and Coast Guard is Camel. (Based on actual sales records in Post Exchanges, Sales Commissaries, Ship's Service Stores, Ship's Stores, and Canteens.)

**Sargasso Sea**

The Sargasso sea, a part of the North Atlantic which covers an area as large as that of the continental United States, is unique in that it is relatively motionless and that it far exceeds in size any other water or land area in the world devoted exclusively to the growth of a single species of plant, which is a floating seaweed, says Collier's.

Incidentally, this weed is also unique because it grows at the tips as it dies at the base.

**To save shopping trips**

Buy more oranges at a time—they keep

You don't have to cut down on fresh foods just because you shop less often these days. Simply buy oranges in larger amounts. They're naturally good-keepers!

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