

# Household News

by Lynn Chambers



CRISP, COOL SUMMER SALADS  
(See Recipes Below.)

### AT HOME TO SUMMER

In a recent poll, 37 per cent of the thousands of homemakers receiving questionnaires expressed a desire to be experts at salad making . . . 43 per cent wanted to know how to make food look glamorous.

This report gave me an idea. Salads, besides being healthful and givers of vim, vigor and vitality, offer a splendid opportunity for variety . . . they can be used as the appetizer or "starter" course, the main dish, a dessert, or they may accompany the dinner course.

So, besides giving you timely tips on the art of salad making, I'm going to explain literally dozens of ways in which you creators of daily menus can give "oomph" to your tasty dishes.

The characteristics of a good salad are simple and fairly easy to accomplish; namely, it should be well chilled before serving; have an attractive arrangement, and a pleasing color combination.

Salads in summer are as important as swimming or tennis or golf. They give an opportunity to add color and gaiety to the table.

Your choice of ingredients will depend upon what you have planned for your main course and dessert, provided your salad is to be a side dish or an appetizer.

There are many varieties of fruit salads. They are excellent by themselves or as an accompaniment to a main course of sea food or meat and a pastry or cake dessert.

Good to eat, wonderful to look at and substantial is this salad of orange slices and prunes, stuffed with cottage cheese. (See picture at top of column.)

### \*Orange Prune Cheese Salad.

On a bed of lettuce circle 10 to 12 orange slices. At the side arrange 3 cooked prunes which have been stuffed with cottage cheese. With a sharp knife peel oranges, removing all outer skin and inner membrane down to juicy meat. Cut in thin, even slices. California oranges, which are firm-meated and practically seedless, are excellent to use.

Serve with a sweet french dressing, made with lemon juice. With a hot bread and beverage, this salad makes a well-balanced home or party luncheon.

### Sweet French Dressing.

1/2 cup lemon juice  
1/2 cup salad oil  
1/2 cup red jelly or honey  
1 teaspoon salt  
1 teaspoon paprika

Shake or blend well before serving. Makes 1 1/2 cups. Lemon juice gives this dressing just the flavor needed to make the orange, prune and cheese combination the perfect salad.

Keeping cool during summer months is a problem, solved most successfully by eating properly.

### LYNN SAYS:

Don't be timid about putting your own personality into your salads. Here are some suggestions which may help you become famous for your salads . . .

Try:  
Fluting bananas by running the prongs of a fork lengthwise down a peeled banana, then slicing it crosswise.

Adding chopped, broken or whole walnut kernels to fruit, vegetable and meat salads.

Using fruit juices to thin mayonnaise and to mix with french dressing.

Adding a fruit gelatin, sliced or cut into glistening cubes, to a fruit salad.

Brightening the edges of lettuce leaves by dipping them in paprika, or adding chopped parsley to the edges of pineapple slices. Adding a little lemon juice or vinegar to sweet cream for salad dressing—makes a quick substitute for sour cream.

### THIS WEEK'S MENU

An Impromptu Guest Luncheon  
Clear Tomato Soup  
Cheese Drop Biscuits  
\*Orange Prune Cheese Salad  
Spice Squares With Whipped Cream  
Tea  
\*Recipe Included

Plenty of the protective foods, such as eggs, milk, fruits and vegetables—all excellent salad materials—should be eaten.

Japanese Potato Salad will really give a meal a lift! Easy to prepare, inexpensive, it may be used as a main dish, with a cold meat platter, or for additional variety so acceptable to the buffet table.

### Japanese Potato Salad.

1 cup flaky, hot boiled rice  
1 medium to large potato, hot mashed  
4 hard cooked eggs  
1/4 cup french or boiled dressing  
2 tablespoons chopped sweet red pepper, or pimiento  
1 tablespoon chopped green pepper

1 tablespoon chopped onion  
1 tablespoon chopped parsley  
1/2 teaspoon salt  
Mix rice, potato and two of the eggs, which have been sieved, into salad dressing.

Chill. Just before serving, add remaining ingredients. Taste and add more seasoning if desired. Heap on lettuce, or serve without greens in a large bowl. Garnish with remaining eggs, sliced or sieved. Yield: 4 servings.

### Lime Cucumber Salad.

1 package lime gelatin  
1 1/2 cups hot water  
2 tablespoons vinegar  
1/2 teaspoon salt  
2 teaspoons scraped onion  
Dash of paprika  
1 tablespoon chopped pimiento  
1 cucumber, diced

Dissolve gelatin in hot water, then add vinegar, salt, scraped onion and dash of paprika. Chill until beginning to thicken, then fold in chopped pimiento and diced cucumber. Chill until firm and serve on salad greens with a garnish of mayonnaise.

### Since it's open season on salads, homemakers who like variety will be interested in several types of salad dressings. Here are two which will do much to bring out the full flavor of your tasty concoctions.

### Thick French Dressing.

1 cup salad oil  
1/2 cup vinegar  
1 teaspoon mustard  
1 tablespoon sugar  
3 teaspoons paprika  
1 teaspoon gelatin

Mix dry ingredients; add oil and vinegar. Beat thoroughly. Put the gelatin in 1 tablespoon cold water and dissolve in 2 tablespoons boiling water. Cool; add dressing. Beat thoroughly about 15 minutes and allow to stand until a good emulsion is formed. Use fruit juice instead of vinegar for fruit salad. Use more paprika if a darker red is desired.

### Egg Dressing.

1/2 teaspoon paprika  
1/2 teaspoon celery salt  
1/2 teaspoon pepper  
5 tablespoons vinegar  
1 egg yolk  
1/2 teaspoon mustard  
1 teaspoon sugar  
1/2 cup salad oil  
1 teaspoon salt

Mix ingredients and shake well. Add beaten egg yolk when ready to serve. Half lemon juice and vinegar may be used.

(Released by Western Newspaper Union.)

## WHO'S NEWS THIS WEEK

By LEMUEL F. PARTON  
(Consolidated Features—WNU Service.)

NEW YORK.—The army could use a few top-flight Broadway playwrights, particularly those who have had war experience. But it already has its own David Belasco. War games, **Army Impresario Injects Realism Into War Games** to condition our new army of 1,400,000 men for real combat now provide the utmost in dramatic realism. There are machines to simulate faithfully the screaming of Stuka bombers; there will be the roar of gunfire—with blank cartridges, of course; there will be parachute attacks, machine gunning from airplanes, and every possible device to keep the boys from forgetting that "they're in the army now."

Gen. Lesley James McNair, chief of staff of general headquarters, a small, keen, alert man who seems omnipresent in the army camps, is the impresario in this the army's biggest and most serious venture in applied theatricals. He has had long experience in war games and has convincingly portrayed them as invaluable rehearsals for the real thing, not only for the instruction imparted but for the unconscious, reflex conditioning of nerves and sensitivity to the now heightened tumult of war.

When the nucleus of a general headquarters staff was formed July 25, 1940, General McNair was put at the head of it. That subsequently placed in his hands the intensified and expanded war-training maneuvers, far exceeding anything ever before attempted, and last September he took over the entire training program of the rapidly increasing army.

It is regarded as an undertaking of the utmost importance and President Roosevelt recently promoted the army Belasco from major general to the rank of temporary lieutenant general. His knowledge of war is by no means confined to make-believe. He fought with the field artillery in France and won the U. S. Distinguished Service medal and the French Legion of Honor. He is a native of Minnesota and was graduated from West Point in 1904.

THIS writer went to the wedding of a young woman friend a few weeks ago. The bridegroom was a tall, loose-garbed, bespectacled young man with an enchanting grin and a thick beam led inventor.

### Perchance Radio To Comely Bride

he was a scientist. We should have known that he was Russell Varian, the inventor, with his brother Sigurd and several other associates, of the Klystron radio generator which American technicians say is better than anything the British have in their new plane-spotting system and which has made blind-flying, in fog or night, like a trip around the block in a baby-carriage.

Russell Varian worked his way through Stanford, odd-jobbing for the professors. His brother Sigurd was a flight captain with the Pan-American Airways on Mexican and Central American routes. One day Russell got a letter from Sigurd in which Sigurd said he was tired of ramming around in fog and night and they ought to get together and work out a radio beam which homing planes could really follow. Russell thought that was a good idea, so Sigurd brought him his savings of \$4,000 and the boys set up a workshop at Halycon.

Their facilities just wouldn't do. Dr. David L. Webster, head of the department of physics, at Stanford, provided a laboratory, gave them effective aid in every possible way and made them research associates of the university, but the university could provide no funds. Sigurd's \$4,000 dwindled to \$47. The young men were living sketchily when the Klystron came through. A representative of the Bureau of Civil Aeronautics put them in touch with the Sperry Gyroscope Co. Sperry hurriedly plunked down a check for \$25,000 and built a laboratory for Russell in Garden City, Long Island.

Russell came to New York. His radio beam had guided him straight to Miss Jane Martinson, a comely research worker in biochemistry, niece of Miss Bessie Beatty of the current radio team of "Betty and Bill." It was a case of love at first sight on the part of both. Hence the wedding, just a fortnight later, in the East Nineteenth street residence of Adolph Berle, now occupied by Miss Beatty. Bride and bridegroom, both tireless hikers, had their outdoor togs ready for a long vacation and honeymoon tramp through New England.

## NATIONAL AFFAIRS

Reviewed by CARTER FIELD

National defense brings co-operation between Aluminum company and TVA . . . Defense officials expect shortage in everything except wheat.

WASHINGTON.—War makes stranger bedfellows than politics, and national defense "emergencies" are so close to war that just a bit of shooting turns one into the other.

The prize exhibit of strange bedfellow at the moment is the TVA, otherwise the Tennessee Valley authority and the Aluminum Company of America. The TVA has been almost the symbol of public ownership for some years now. The Aluminum company has been the favorite target of the New Dealers since long before they came into power with Roosevelt.

The Aluminum company has a contract with TVA which calls for 30,000 kilowatts of firm power—that is power which must be delivered regardless of low water or other demand. There has been a devastating drought, from a water power standpoint, in the Southeast for months. Water is so low that there is considerable uneasiness as to what will be the situation at the TVA dams in late August, September and October.

BUT—the TVA has been furnishing the Aluminum company with 150,000 kilowatts right along, drawing down its reservoirs to do it, and not making any fuss about the company having no contract rights to this additional power, nor insisting that higher rates should be paid for it!

### SHIPPING DISTANCE VITAL

There are a number of angles to the situation which is responsible for this strange state of affairs. Most important, of course, is the desperate need by the government for more aluminum for airplanes—more aluminum than anyone thinks can be produced, as a matter of fact.

Another factor in this TVA-Aluminum love feast is that most of the bauxite, of which it takes three tons, approximately, to make one ton of aluminum, comes from Georgetown, British Guiana. That is where the shipping situation comes in. Uncle Sam cannot spare ships to take this bauxite through the Panama canal and up the long hurl from Panama to Portland, close to Bonneville where there is plenty of power. When it is stated that it takes the ordinary ship twice as long from Panama to San Francisco as from New York to Colon—leaving out transiting the canal—the impact of ship scarcity on this situation can better be realized.

So the bauxite MUST be worked into aluminum as close as possible to the southeastern tip of the U. S. Hence the Aluminum company, which has splendid plants in the TVA region, must be supplied with every ton it can fabricate, and must be given the power regardless of previous conditions of economic warfare.

### Numerous Shortages Arising in U. S.

With the possible exception of wheat, there is not enough of anything, won't be enough next year, and won't be enough in 1943. That is the accepted doctrine of those who are really running national defense. It is the explanation of a lot of things which are puzzling business men all over the country.

The philosophy is that what we will need is not something to be charted out on a schedule of appropriations to be made by congress. The thing to do under this philosophy is to find out the most of EVERYTHING that can be produced—everything that is under the national defense category, which is surprisingly near everything that can be imagined—and then plan appropriations for those maximum capacities.

The whole picture is easier to illustrate in terms of electric power than anything else, that being one of the things which cannot be produced quickly. So the order of the day is that every possible source of electric power be tapped, whether it will result in power one year from now, or five years from now.

In keeping with this policy the Federal Power commission has even taken what some of the radicals regard as a backward step in the march to eventual public ownership of the electric business. This is the granting of licenses for the construction of the Cresta and Pulga dams on Feather river, in California.

The only concession to the public power bloc was that the licenses were granted for 35 years only, instead of the usual 50. Which means recapture of the dams 35 years hence if the government then is so disposed, and very tight regulation meanwhile.

But the point is that if a suggestion is made that power can be developed at X and Y cross roads, the objection being that there is no probability that the power can be used economically in that vicinity, the administration says: "Go ahead. We will provide the industry to use that power when it is ready."

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**JUST ASK ME**  
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"Was your lecture on economy a success?" asked Blankley.  
"Yes," replied Blinkson, "they gave me two hearty cheers."

A report comes in of a bridegroom who fainted at his wedding. We shudder to think of what he will do when the first household bills come in.

**Had the Answer**  
Dorothy—Am I the only girl you ever were interested in, Charlie?  
Charlie—No, but you are the most charming among all the girls I have ever met in a life devoted mainly to meeting charming girls.

**Called Her**  
"Any knives or scissors to grind, ma'am?" inquired the man at the door.  
"Don't think we have," replied the facetious young wife, "but can you sharpen wits?"  
"Yes, if you've got any!"

**Real Hair-Do**  
"Hair cut, sir?" inquired a barber of a customer whose head was almost bereft of hair.  
"No," was the sarcastic retort. "I want it done up in a bun and fastened with a pink ribbon."

**Right of Government**  
The divine right of kings may have been a plea for feeble tyrants, but the divine right of government is the keystone of human progress, and without it governments sink into police, and a nation is degraded into a mob.

## Day by Day

Let us be thankful that life comes to us in little bits—one day at a time with its duties. We can at least accomplish that much.—Colonel de Burgh.

**HE FOUND A BETTER WAY**

**BETTER VISION**  
THROUGH EYE GLASSES WAS DISCOVERED BY SALVINO D'ARMIATO AROUND 1275.

**THE BETTER WAY TO TREAT CONSTIPATION** DUE TO LACK OF PROPER BULK IN THE DIET IS TO CORRECT THE CAUSE OF THE TROUBLE WITH A DELICIOUS CEREAL, KELLOGG'S ALL-BRAN. EAT IT EVERY DAY AND DRINK PLENTY OF WATER.

**Acquiring Knowledge**  
The acquirement of knowledge obviously is not only potentially the most profitable but often the most delightful pursuit in life, and the interchange of experience, ideas and thought are of paramount importance in these days of mutability.—J. A. Lacey.

**INDIGESTION** may affect the Heart  
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**Unknown Future**  
A wise God shrouds the future in obscure darkness.—Horace.

**MINOR BURNS** Mentholatum will quickly soothe the injury and promote healing.

**First Be Prepared**  
Do not fly until your wings are feathered.

## Ask Me Another A General Quiz

**The Questions**  
1. What is a chuck-will's-widow?  
2. When it's 11 a. m. in Omaha, what time is it in Galveston, Texas?  
3. Where are the Plains of Abraham?  
4. What does a mace symbolize in legislative houses?  
5. How does the world's record for running and ice skating 100 yards compare?  
6. Who did Sir Walter Raleigh plot to place on the British throne in place of James I?  
7. In what state is Harper's Ferry, the scene of John Brown's raid in 1859?  
8. How many Presidents of the United States died on July 4?  
9. Does rarefied or dense air affect the aim of bombers?

**The Answers**  
1. A bird. (So called from its note.)  
2. 11 a. m.  
3. Canada (Quebec).  
4. Authority. A mace is a staff or mallet.  
5. The record in both cases is 9.4—Identical to the split second.  
6. Arabella Stuart.  
7. New York.  
8. Three—John Adams, Thomas Jefferson and James Monroe.  
9. Rarefied air, with its decreased resistance, causes bombers to overshoot their targets, while dense air, with its increased resistance, tends to make them undershoot their targets.

**Here's How Richard A. Schmor puts it:**

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