

Emphasis Is on Dainty Sheers For 1939 Graduation Dress

By **CHERIE NICHOLAS**



IN THE story of fabrics for the gowns spring-summer graduates will wear, the word "sheer" is most important. Whether the material be one of the new exquisite cottons or whether it be a silk weave, the favor for sheers remains the same.

The flare for crisp thin cottons of exquisite weave and texture foretells a banner year for the lovely swiss organdies that are shown in versatile types and which make up into ideal graduation frocks. Among the choicest versions in organdy are the delicate shadow prints that come in beguiling tones and tints. Then there are the beautiful cloque organdies which are in such subtle patternings they breathe the breath and freshness of spring and of youth. A wide call for dotted swisses is also recording in the realm of exquisite cotton sheers. Dotted nets are also good this year, some of the most attractive graduation dresses brought out this season being made of point d'esprit net.

In the realm of silk weaves the call for fine sheers is as insistent as it is among cottons. This year's silk sheers highlight especially the daintiest of silk organdies, nets also and as for silk marquisette it is a first choice.

Along with the thought of crisp and lovely sheers for the graduate's gown comes up the question of color versus white. There need never be a doubt as to white always holding its own for both graduates and brides. However, for several seasons there has been a disposition of brides-to-be to break away from tradition and choose a delicate tone or tint for the wedding dress. As is the tendency toward color with brides so is it with prospective graduates this season, who are selecting in many instances delectable pastel tones in place of white.

For a dress that will prove an inspiration and a joy on her graduation day and the whole summer through, the little graduate-to-be seated in the picture chooses daintiest of mousseline de soie in a delectable shade of pale pink. The simplicity of its styling adds infinitely to its "young" charm. It is made ankle length, with the new square neckline. Of course there should be frills, for everything is frilled and frilled this year. The frilling for this pretty frock extends across the neckline giving the effect of a yoke.

In the charming gown worn by the girl graduate standing, the claim of high-style prestige for cottons is verified. Here we see a most lovely youthful frock which after graduation will become her favorite gown for summer party wear. It is interesting to know that the exquisite organdy that fashions it is in an entrancing cool-looking pale green, with a formal wallpaper floral motif in delicate shadowprint. Note the brief pique mesh jacket which speaks an added triumph for cottons worn in a formal way. The importance of pique in the evening mode is recognized by leading designers. Some of the smartest party dresses are made of pique with full skirts that are topped with cunning basque bodices that have low-cut square décolletage and sprightly short puffed sleeves. Speaking of the dress pictured the addition of the jacket makes this a very practical costume. For greater formality, the bodice underneath tunes in with a flattering deep-cut décolletage.

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Youthful Fixings Give Pretty Touch

Pile on all the devastatingly pretty furbelows you crave to wear, indulge in all the utterly frivolous and adorable style idiosyncrasies that you can find in the store displays, for the decree has gone forth from fashion headquarters that the fair sex must be deliberately pretty and young looking this season. The "teens" will fill this big order wearing "little girl" dresses that have short swinging skirts that audaciously flaunt glimpses of petticoat frills. They will wear demure bonnets tied under the chin or wide-brimmed breton sailors that abruptly dash upward in conspicuous off-the-face manner.

Those older in years, but not in spirit, will drink of fashion's fountain of youth, satisfying their thirst with billowy masses of gay-colored veils that do away, as if by magic, with telltale signs of approaching age. They will wear flowers on their hats and their costumes. Skirts will be pleated to slenderize at the hip-line, yet give ample swing movement to the hemline. Silk prints will flatter and flatter. Gloves will add color to the picture. Yes, indeed, it is a "young" season throughout every phase of fashion planned for spring and summer, whether we be "sweet sixteen" or at the "life begins at forty" period.

Elegant Old-Time Fabrics Are Back

There is a notable use of bengaline being made by designers, who are creating many of their smartest suits and coats of this handsome silk such as was the proud boast of ladies of fashion in the long ago. Along with this revival of handsome bengaline comes the return to favor of crisp rustling taffeta, also heavy quality-kind faille silk.

Adds Style Touch



To browse about in neckwear sections this season gives one a sort of Alice-in-Wonderland feeling, for there's a thrill of new and fascinating discovery at every turn of the eye. The interesting thing about modern neckwear departments is that they include so much more than just neck "fixings" and furbelows. One of the charming, likewise smart and practical items to be found in current neckwear showings is the striped "bucket" as pictured. It may be worn as a plastron as you here see or simply by reversing (the back to the front) and you have a topper with an ascot, perfect over a plain wool dress or ideal to wear under your jacket with the new suit.

From Wild Sources

An invasion into the animal kingdom has developed a new feature in accessories of zebra-striped suede.

WHAT to EAT and WHY

With Approach of Warm Weather, C. Houston Goudiss Advises Extra Care in Storing Foods in the Home

By **C. HOUSTON GOUDISS**

IT IS the proud distinction of America's food industries that notwithstanding the infinite variety of perishable foods which are constantly available, and regardless of the distances they have been transported, even the most delicate foods are delivered to the consumer in a fresh, wholesome condition, with all their fine flavor unimpaired.

The secret of this modern miracle is refrigeration. Vast sums of money have been invested in long trains of refrigerated cars, thousands upon thousands of refrigerated trucks, refrigerated warehouses and refrigeration equipment in stores. All this has been done for a single purpose: to keep food fresh and at its best until it reaches the home.

Homemaker's Responsibility
As guardian of her family's health, one of the homemaker's most important tasks is to see to it that all food is safeguarded against contamination until it reaches her table. This means that perishable foods must continue to be refrigerated properly in the home. For only in this way can they be protected from the ravages of micro-organisms which are always ready to attack foods when conditions are favorable for their growth.

Two essentials are necessary for satisfactory food preservation in the home. First, perishable foods must be stored at a temperature of from 40 to 45 degrees Fahrenheit—never at a temperature higher than 50 degrees. Second, the right degree of humidity must be maintained. Too much moisture will encourage the growth of bacteria; too little will dehydrate fruits and vegetables and make them unfit for consumption.



Both requirements are met by a good household refrigerator; and the homemaker who appreciates the importance of keeping foods sound and wholesome will regard an efficient refrigerator as an investment in good health. It is especially necessary that the food supply be properly refrigerated during the warmer weather of spring and summer, in order to prevent the consumption of dishes that may have become contaminated without any marked alteration in appearance, taste or odor.

Home Care of Foods

Highly Perishable Foods
Milk is often regarded as the most perishable of all foods, because it is an ideal medium for the growth of bacteria. It is, therefore, essential that this splendid food be kept at low temperatures at all times. It should be put into the refrigerator as soon as possible after it is delivered, and kept there until the moment it is to be used. Milk should never be allowed to stand at room temperature for any length of time. For it has been demonstrated that when it is held at 40 degrees—an ideal temperature—before delivery, then allowed to stand at a room temperature of 75 degrees for an hour and a half, and again refrigerated, a rapid increase in bacteria occurs.

Other types of protein foods also present a favorable medium for bacterial growth when they are held at temperatures higher than 50 degrees. These include meat, fish, meat broths, gelatin, custards and creamed foods. It is advisable to keep these foods, as well as the milk supply, in the coldest part of the refrigerator.

Fruits and vegetables soon lose their moisture content unless they are protected against warm, dry air; and they are likewise subject to the action of micro-organisms which result in decay. But when stored in a modern refrigerator, these mineral- and vitamin-rich foods can be kept in perfect condition for considerable periods, thus making it possible to take advantage of favorable market offerings.

Guarding Against Mold

As a rule, warmer weather also increases the problem of combating molds. For given moisture

and warmth, molds will grow on almost anything. However, the most hospitable hosts are acid fruits, such as oranges, lemons, berries or tomatoes; sweets, such as jams and jellies; bread and meat. While molds are physiologically harmless if eaten, they definitely spoil the taste and appearance of food.

Mold growths can be killed by boiling. They are retarded by the dry circulating air of an efficient refrigerator. It is to allow for air circulation that berries should be stored uncovered—if possible, spread out so that the air can reach more than just the top layer.

Frequent inspection of all food supplies, including those in the bread box, and the prompt elimination of any items showing signs of mold, will help to keep it from spreading.

Constant vigilance on the part of the homemaker in caring for foods on hand will avoid a needless drain on the food budget and will safeguard the health of every member of the family.

Questions Answered

Mrs. L. E. S.—It is a fallacy to believe that spinach is in a class by itself as a source of iron. It's a splendid vegetable, but as a source of iron, it is practically equalled by kale, and exceeded by a number of other greens including beet tops, dandelion greens, chard, parsley, watercress and turnip tops.

Mrs. D. N. M.—In general, nuts are rich in both protein and fat, and for this reason, they may be used interchangeably with meat in the diet. They are also considered a good source of vitamin B.

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HOUSEHOLD QUESTIONS



Waste Tea—Pour left-over tea into a bottle, add a drop or two of glycerine, and use for cleaning windows.

Mice Avoid Camphor—Pieces of gum camphor placed near books on the shelves will protect them from mice.

Onion Odor—A little mustard rubbed into the hands after peeling onions, will remove the disagreeable odor.

Brightening Chinaware—Discolored china or any other crockery ware can be freed of discoloration marks by applying a solution of salt and vinegar.

Refrigerator Deodorant—Put a piece of charcoal on one of the shelves of the refrigerator. It acts as an absorbent for all odors and purifies the air.

Isn't This Why You Are Constipated?

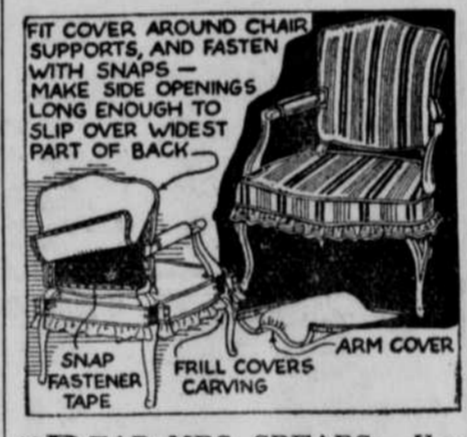
What do you eat for breakfast? Coffee, toast, maybe some eggs? What do you eat for lunch and dinner? White bread, meat, potatoes? It's little wonder you're constipated. You probably don't eat enough "bulk." And "bulk" doesn't mean the amount you eat. It's a kind of food that forms a soft "bulky" mass in the intestines and helps a movement. If this is your trouble, may we suggest a crunchy toasted cereal—Kellogg's All-Bran—for breakfast. All-Bran is a natural food, not a medicine—but it's particularly rich in "bulk." Being so, it can help you not only to get regular but to keep regular. You won't have to endure constipation, you can avoid it. Eat All-Bran daily, drink plenty of water, and life will be brighter for you! Made by Kellogg's in Battle Creek.

Angry Defenders

Truth often suffers more from the heat of its defenders than from the arguments of its opposers.—William Penn.

HOW to SEW

By **RUTH WYETH SPEARS**



"DEAR MRS. SPEARS: Your books have shown me how to do so many things that I am turning to you for help. I want to make slipcovers for the living-room furniture because with three young ones the upholstery is soon going to be ruined. The job completely baffles me. I am enclosing a rough sketch of one of the chairs. Can you suggest any way that a removable cover can be made for it? B. A."

If you are prepared to make many neatly fitted openings almost any type of chair may be slipcovered. Either bindings or facings may be used to finish edges where seat and back covers

are cut around arms and supports. Where there are so many openings of different lengths, snap fasteners are generally more satisfactory than zippers. If snap fastener tape is obtainable it saves time to whip it to the long edges. The narrow frill for this chair covers a curved line across the front and carving at the top of the front legs.

You can make slipcovers, all types of curtains and many other things for your home with the help of Book 1—SEWING, for the Home Decorator. Just follow the pictures, and you learn to make the lovely things you have been wanting for your home. Book 2 is for those who enjoy fancy work on useful articles for the home; and useful novelties, to be made in spare time. Books are 25 cents each; don't forget to ask for the free leaflet on patchwork quilts, when you order both books; the leaflet is FREE with two books. Address: Mrs. Spears, 210 S. Desplains St., Chicago, Ill.

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ASK ME ANOTHER?

A Quiz With Answers Offering Information on Various Subjects

- Which is correct, "Share it between you" or "Share it among you"?
- Of what English king was it said that "He never said a foolish thing, nor ever did a wise one"?
- How many pieces to the average motor car?
- How many persons are necessary to constitute a riot?
- What is the difference between scissors and shears?
- Which is the world's longest river?
- What is the origin of notches in coat lapels?
- What is the difference between an alligator and a crocodile?
- Are there any round churches?
- It was said of Charles II.
- There are approximately 17,645 pieces assembled in an average motor car, according to Mill and Factory.
- In law, three or more persons.
- The cutting blade should be six inches before scissors can be called shears.
- The Missouri-Mississippi—4,502 miles.
- The notch is said to have originated through the rivalry of General Moreau with Napoleon, Moreau's followers having devised it as a secret badge of their partisanship.
- The snout of an alligator is shorter and broader than that of a crocodile and the teeth are set in the jaw differently.
- England has five, the largest being the Temple church in London.

The Answers

- "Between you" for two people. "Among you" for more than two people.

Jerry on the Job!



What a Fire Chaser!



Oh, Woe—Oh, Me!



HEY—THE FIRE!



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