

Housewife's Idea Box



**More Juice From Lemons**  
Lemon juice is a splendid flavoring for cakes as well as for beverages. Of course you want to get all the juice from them that you possibly can. You will find that you can extract a great deal more juice from a lemon if you place it in a fairly hot oven for five minutes before using.

THE HOUSEWIFE.  
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**Oxygen, Man's Enemy**  
Oxygen, which gives us life, is also man's greatest industrial enemy. The air we breathe contains one-fifth oxygen, and this gas is a highly corrosive substance. When a house burns down it is simply combining with oxygen in the air. When soap turns brown on a chemist's shelf it is merely another instance of the corrosive quality of oxygen. But it is the motor industry that suffers most from the ravages of oxidation. Its two chief organic essentials, rubber and petrol, are especially susceptible. Thousands of pounds worth of these materials have been utterly wasted owing to the action of air—and now the scientists have struck back. They have been experimenting with the development of substances known as anti-oxidants. These compounds when mixed with any product, slow down oxidation to such an extent that its usefulness and life are increased tenfold.—Pearson's Weekly.

**Week's Supply of Postum Free**  
Read the offer made by the Postum Company in another part of this paper. They will send a full week's supply of health giving Postum free to anyone who writes for it.—Adv.

**Towns Have Many Autos**  
It has been found that it is in small towns of 1,000 to 5,000 people that the largest number of cars is owned in proportion to the population. The percentage is least in towns of 50,000 to 100,000.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 60 years ago. They regulate liver and bowels.—Adv.

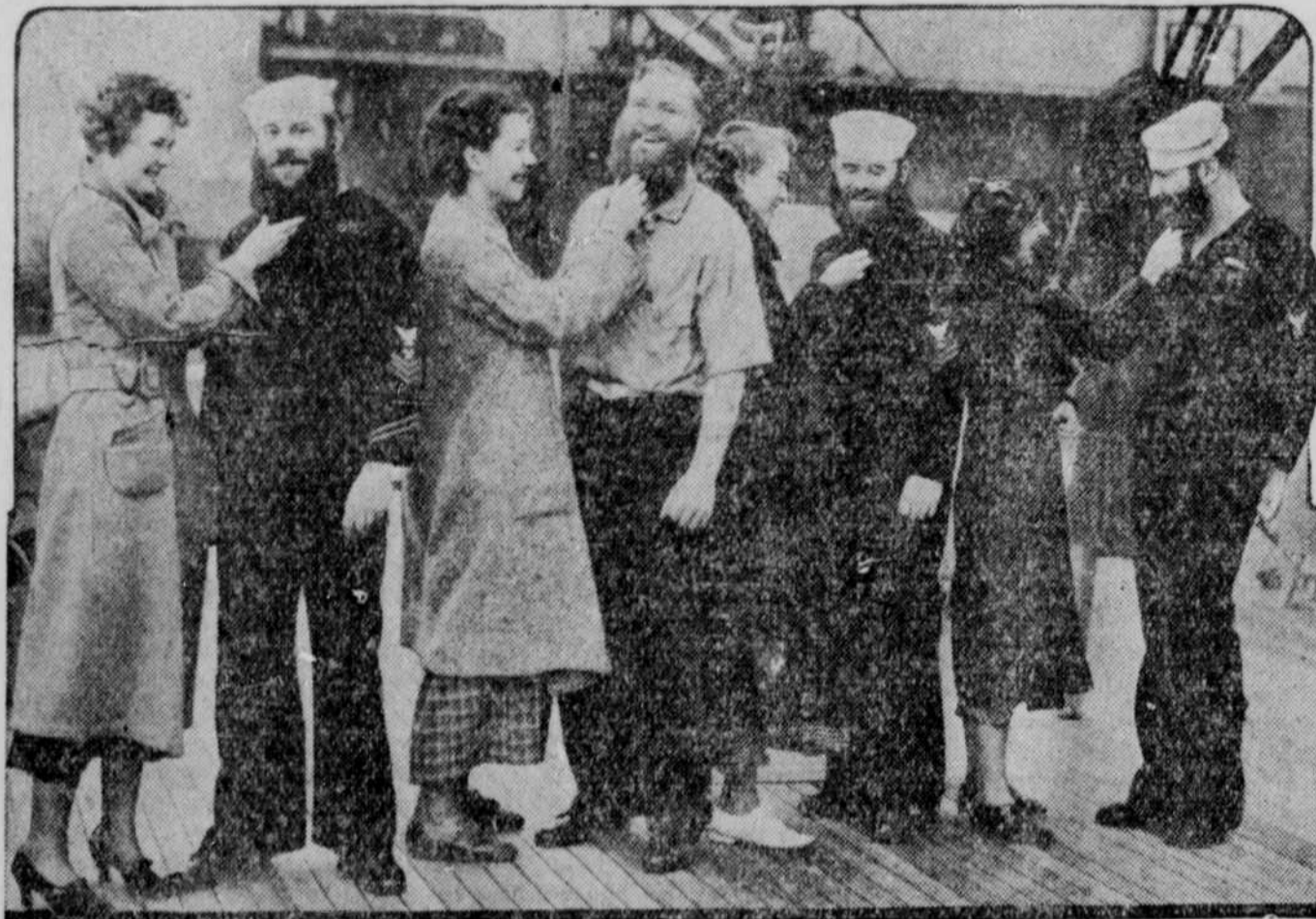
**Winner**  
"This clock we run fine—it does an hour in forty-five minutes!"—Everybody's Weekly (London).

**CHAPPED SKIN**  
To quickly relieve chapping and roughness, apply soothing, cooling Mentholatum.  
**MENTHOLATUM**  
Gives COMFORT Daily

**HELP KIDNEYS**  
If your kidneys function badly and you have a lame aching back, with attacks of dizziness, burning, scanty or too frequent urination, getting up at night, swollen feet and ankles, rheumatic pains... use Doan's Pills.  
Doan's are especially for poorly functioning kidneys. Millions of boxes are used every year. They are recommended the country over. Ask your neighbor!  
**DOAN'S PILLS**  
WNU-U 1-35

**Little Girl's Face Inflamed by Psoriasis**  
Healed by Cuticura  
"My little girl's face was so inflamed that her eyes were swollen almost shut. The trouble was diagnosed as psoriasis. She scratched night and day and was not able to obtain rest. The scratching aggravated the trouble and each finger tip was red and swollen with infection. She became so emaciated that she was very pathetic looking.  
"After three months' suffering I recalled the Cuticura treatment used by my mother. I bought a cake of Cuticura Soap and a box of Cuticura Ointment and used them according to directions. The first treatment brought relief and she is now healed." (Signed) Mrs. Marie I. Johnson, 4720 Ames Ave., Omaha, Neb., March 14, 1934.  
Soap 25c. Ointment 25c and 50c. Talcum 25c. Sold Everywhere. One sample each free. Address: "Cuticura Laboratories, Dept. R, Malden, Mass."—Adv.

They Grew Them in Alaskan Waters



WHEN the United States coast guard cutter Northland returned the other day to Oakland, Calif., after seven months in Alaskan waters, the wives, sisters and sweethearts of members of the crew had some difficulty in recognizing their men, for all of them wore luxurious beards. The cutter was on its annual medical cruise among the Eskimos and seemingly carried no razors, though nearly every kind of surgical instrument was in its equipment. It gave medical and dental aid to 2,000 Eskimos in various ports, and also put ashore a force to help in the rehabilitation of Nome after the big fire.

BEDTIME STORY

By THORNTON W. BURGESS

PETER LEARNS SOMETHING ABOUT SEEP SEEP

"HELLO! There's Seep Seep! I haven't seen him since we were together up north, where his home was not far from mine," exclaimed Yank Yank the Nuthatch.

As he spoke a little brown bird alighted at the foot of the very next tree. He was just a trifle bigger than Jenny Wren but not at all like Jenny, for while Jenny's tail usually is cocked up in the sauciest way, Seep Seep's tail is never cocked up at all. In fact, it bends down, for Seep Seep uses his tail in climbing just as the members of the Woodpecker family use theirs. He was dressed in grayish brown above and grayish-white beneath. Across each wing was a little band of buffy-white and his bill was curved down just a little.

When he alighted at the foot of that tree, Seep Seep didn't stop an instant but started up, going round and round it as he climbed and picked out things to eat under the bark. His way of climbing that tree was very like creeping, and Peter thought that Seep Seep was well named the Brown Creeper.

Round and round up the trunk of that tree went Seep Seep and, when he reached the top, at once flew down to the bottom of the next tree

Do You Know—



That in Nero's time, milady's complexion caused her just as much concern as does the flapper's of today. "Poppaea, wife of Nero, is said to have invented a mask to guard her complexion from the sun."  
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and without a pause started up that. He wasted no time exploring the branches, but kept to the trunk. Once in a while he would cry in a thin little wiry voice, "Seep! Seep!" but never paused to rest or look around. "Does he build his nest in a hole in a tree?" asked Peter of Yank Yank the Nuthatch.

Yank Yank shook his head. "No," he replied. "He hunts for a tree or an old stub with a piece of loose bark hanging to it. In behind this



"Hello! There's Seep Seep."

he tucks his nest made of twigs, strips of bark and moss. He's a funny little fellow, and I don't know of anyone in all the Great World who more strictly attends to his own business than does Seep Seep the Brown Creeper. He's little but he is mighty useful. Farmer Brown ought to be glad every time he sees him. By the way, Peter, have you seen anything of Dotty the Tree Sparrow?"

"Not yet," replied Peter, "but I think he must be here. I'm glad you reminded me of him. I'll go look for him."  
© T. W. Burgess.—WNU Service.

Caterpillars Slow

Caterpillars travel very slowly. Their means of crawling is very different from that of the earth-worms or the snake, notes a writer in the Missouri Farmer. They have three pairs of small, jointed legs near the head, and five pairs of leg-like structures near the other end of the body. Earth-worms and snakes do not have any legs. This explains why the caterpillar moves along more evenly, as though on little rollers, while the pace of the earth-worm and snake is more jerky. One caterpillar, called the "measuring worm," is noted for its looping method of travel; it seems to be measuring the distance as it goes.

MY BOY COMES HOME

By ANNE CAMPBELL

I THINK I know what heaven is like now—  
A little yard where grass is growing green;  
A robin chirping on an apple bough,  
As from the fence the crimson roses lean.

It is late afternoon, and suddenly I hear the gate click . . . the familiar sound  
Of youthful footsteps coming close to me.  
A shadow throws its length across the ground.

I think I know what heaven is—the strong  
Young arms that I have waited for in vain;  
An eager voice that I have missed too long,  
And heaven breaks! My boy is home again!  
© Western Newspaper Union.

MOTHER'S COOK BOOK

WINTRY SUGGESTIONS

NOW is the season, while citrus fruits are plentiful, to prepare marmalades. As tastes differ as to bitterness in the marmalades, one has to be guided as to the amount of the rind used in the mixture. For those who like a mild and still flavorful marmalade use one each of lemon, orange and grapefruit.

Grapefruit and Almond Salad.

Cut the pulp of two grapefruit into dice, add two ounces of blanched and chopped almonds to the drained pulp. Dissolve one package of lemon gelatin with boiling water and the juice from the fruit to make two cupsful, using one cupful of grapefruit juice and one of water. When the mixture begins to thicken add the almonds and a teaspoonful of sugar. Pour into a mold and set away to harden. Serve with mayonnaise as a salad or with whipped cream as a dessert.

Casserole of Cauliflower.

Soak a head of cauliflower in salt water for half an hour, head down, so if there are any insects lodged in it they will come out. Break into sprigs of flowerlets and cook in very little boiling water 20 minutes. Take one and one-half cupfuls of cooked macaroni, one and one-half cupfuls of strained tomatoes, one-half cupful of grated cheese, salt, pepper and buttered cracker crumbs. Add

QUESTION BOX

by ED WYNN, The Perfect Fool

Dear Mr. Wynn:  
I went into a very fine cafe and ordered a cup of coffee, but I refused to drink it. It looked just like "mud." Can you tell me how or why a reputable cafe could serve coffee that looked like "mud"?  
Truly yours,  
VIC TORRY.

Answer: In all good eating places you will find the coffee looks like "mud" for the simple reason that the coffee is always GROUND right before it is cooked.

Dear Mr. Wynn:  
I have been in ten drug stores but have been unable to get any union plasters. The druggists all say they wouldn't have them in the place. Can you tell me why?  
Sincerely,  
I. M. A. HEEL.  
Answer: The reason the drug

stores haven't any union plasters in their places is because the druggists are afraid of the law. There is a law against harboring FOOT-PADS.

Dear Mr. Wynn:  
Can you tell me the worst penalty imposed on a bigamist? In other words, what would be the severe penalty for a man marrying three women?  
Truly yours,  
UNO AWL.

Answer: His penalty is having three mothers-in-law.

Dear Mr. Wynn:  
Where does the goods go when you get a hole in your stocking?  
Yours truly,  
ANA POLOGY.

Answer: The same place your fist goes to when you open your hand.  
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Tyrolean Cape



This Tyrolean blanket-cape of beige waterproof flannel is trimmed with brown braid and leather facings. The hand-woven wool scarf, bag and gloves shade from beige to dark red. The Tyrolean shoes are heavy felt and leather.

THROUGH A Woman's Eyes

By JEAN NEWTON

HER LIFE'S SAVINGS

"EXTREMELY cheerful, isn't she, for one who has seen the savings of a lifetime swept away?"

That remark about a woman I had just met reminded me of something a well known author said at the depth of the depression, when so many people complained of losing everything. She said that if all they could show for "the savings of a lifetime" was the money that had been lost, she felt sorry for them. Otherwise, it wasn't so bad! This might seem to be optimism like that of the doctor who wasn't "at all worried about the patient's excruciating pain!" But here now was a woman who justified it. She had lost all her money, she was "well on in years," and yet she was, apparently, still happy. True, the loss of her fortune did not mean the almshouse. She had left a very small annuity, sufficient to supply the necessities of life. But for one who had for years worked for a competence to keep her in the way to which she was accustomed, this might well have been a great tragedy. It is not easy at sixty to alter habits. And to many people, to leave little to enjoy.

But this woman had already "saved" much besides her money. She had saved a good working philosophy and a sense of humor. She had saved simple tastes, and a knowledge of pleasures that are free. She had stored up provisions for her mind, where she had riches, and a capacity for always coinining more such riches, that no depression or financial loss could take away.

Among life's savings, too, this woman had love, the devotion of those to whom she had given of herself or of her substance. And she had friends, whose affection she had saved and guarded through the years with no less thrift than she had saved her money. But I should say it is to the qualities within herself, "saved up," that she owes her ability to rise above financial loss, to be undowned when her money was swept away.  
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Crocodiles Block River

At a port, Majunga, on the Island of Madagascar, a river called "Tsiribihina," is so blocked with crocodiles that there is no method of crossing it. The river banks are also covered with these reptiles. They may be shot with ease, and the natives do the rest, even to wrapping the skin in a preservative.

National 4-H Health Champions



HERE are the national health champions chosen at the 4-H Club convention at the International Live Stock exposition in Chicago. The boy champion, Leland Monasmith of Jerauld county, South Dakota, is eighteen years old, weighs 156 pounds, and is 5 feet 9 inches tall. The girl champion is Doris Louise Paul of Muscatine county, Iowa. She is fifteen years old, weighs 130 pounds and is 5 feet 3 inches tall.

BUTTONS BESTOW SMARTNESS HERE

PATTERN 9176



Buttons emphasize every smart detail of this unusual dress with such slender lines. See the way they follow the surplice from the right shoulder, close it at the side, and strut half the way up the forearm of the sleeve. Tiny vertical tucks are used to mold the waistline at the back, giving extra ease to the bodice. Then, too, stitched seaming down the front of the skirt seems to take away inches from the hips. The irregular neckline is softened by a most becoming scarf. This design would be charming in black satin with a scarf of the queerly named, but very lovely, dirty pink color, or metal cloth.

Pattern 9176 may be ordered only in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 and 42. Size 16 requires 3 3/4 yards 39 inch fabric and 1/2 yard contrasting.

Complete, diagrammed sew chart included.

Send FIFTEEN CENTS in coins or stamps (coins preferred) for this pattern. Be sure to write plainly your NAME, ADDRESS, the STYLE NUMBER and SIZE.

Send your order to Sewing Circle Pattern Department, 232 West Eighteenth Street, New York, N. Y.

Smiles

SHE KNEW

Scribbler—Ah! A check for \$100 from Dribbler's! And I don't know what it is for!

Wife—Oh, that's for my new gown and bonnet, dear! I've been praying for it a week!

His Family Tree

"That man talks a great deal of his family tree," said the heiress. "Yes," answered Miss Cayenne "He impressed me from the first as a man who was on the lookout for a good market for timber."

A Bit Difficult

Housewife—I gave you a quarter last week and you look as disreputable as ever.

Hobo—Well, lady, it's deuced hard breaking into the smart set with 25 cents.

Unconscious Wit

Newlyrich—Your face is very familiar to me, Jenkins!

New Butler—Quite strange, sir! I have always worked for the best people, sir!

PAPA KNOWS—



"Pop, what is nonchalance?"  
"Drooping cigarette."  
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Bigger 'n Bigger  
National Debt  
POPPER PROJECTS GOING COSTS RELIEF  
IT'S GOING TO TAKE A GOOD MANY SUMMERS TO THAW THAT BALL

WRIGLEY'S  
SPEARMINT GUM  
The Flavor Lasts