Dr. Caldwell's 3 Rules
Keep You Healthy

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| stipation will occur from time to timeregardless of how much one tries to |  |
| $\begin{aligned} & \text { how to treat it when it comes. Dr. } \\ & \text { Caldwell always was In favor of get- } \\ & \text { ting as close to nature as possible, } \end{aligned}$ |  |
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| Stion |  |
| Somet |  |
| Dr. Caldwell did not approve of drastic physies and purges. He did |  |
| not belleve they were good for human |  |
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| comy |  |
| robs your strength, hardens your ar- |  |
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| LEONARD | And This Is Counted Good Legal Defense Crivith tile ore forolved with |
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| - EAR OIL |  |
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|  | arrested stortus anter doing time un |
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| WANTED- |  |
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| Ship Yzur Hides, PELTS WOOL and FURS to Bollos \& Rogers, Sioux City, Iova |  |
|  | vENT GRIPPE |
|  |  |
|  |  |
|  | CASCARA \% OUININE |
|  |  |
| FLORESTON SHAMPOO-Ideal for use in connection with Parker's Hair Baisam. Makes the hair soft and fliffy. 50 cents by mail or at drug- giste. Hiscox Chemical Works, Patchogue, N. Y. | Flood Brought "Gifts" Many persons returning to thel |
| PISOS |  |
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| $\xlongequal[\text { Machine Causes Sleep }]{\text { sioux City Pa }}$ |  |
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Protect Your Skin
Against The Weather
$C J T I C N A$


Aunt Eppie Hogg the Fattest Woman in 3 Counties


IF I Forget
 All earthly pain, weighs dor-my
As thouh dark opiate I hat sipped Distilled from nights empurpled
oh, what If forget to hide
My high romance, unknown to you? When Day folds up his red golot tent,
1 seek his sandaled toitp ints,





 hannlie
R.t.eses
Rawashim


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## TWO HOMES MADE HAPP:

 kham's Vege
medicine and I recommend it to ali my These statements were taken from
two enthusiontic tetters which terl of
the help that has been the help that has been wecaived from
using the Vegetable Compound Both
Mrs. Shoup and Mrs. Storms were in a run-down condition which waused
them much unhiappiness. When women are sufrering from lack of strength and
from weakness, their own tife and that
of their familly is affected. Whea they or their faimy is arfeced.
feel well and strong and are abo to do do
their housework casily, happy homes are the result.
Tho testimontal letters have
been received from women in difrerent been received from women in difireren
waiks of life stating thate tho Com.
pound has helped them,

## Sure Relief

No More Distress after eating or drinking
 Headaches from Slight Colds

Folly grows without watering.

The BABY


Why do so many, many babies of to and infantile allments that used to If them up half the night?
If you
haven't discovereed pure, harmeress Cosoria. It is sweet to the taste, and
sweet in the elittle stomach. Aud its
rentle influence seems felt all through gente influence seems relt all througg
The tiny system. Not even a distaste
ful dose of castor oil does so muct Fietcher's Castoria is purely vegy
table, so you may give if freely table, so you may give it freely,
first sign of coith: or constipaton:
diarrhea. Or those many times whe yourheast don't know what is the mat
ter. For real sickness, call the dof
eor, alwoys, At other times, a fe
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