

After Every Meal  
**WRIGLEYS**

Top off each meal with a bit of sweet in the form of WRIGLEY'S.

It satisfies the sweet tooth and aids digestion. Pleasure and benefit combined.



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Shoe Polishes

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NORDEN-HANSON, FOSTON, MINN.

**Advices Business for Wives.**  
Mrs. Edward Lazansky, whose husband is a New York Supreme court justice, believes that if more wives had interest in the business world there would be fewer protests when business keeps husbands out of the home. Mrs. Lazansky knows where she speaks, since she is the proprietor of a successful interior decorating establishment in New York city.

**Vaseline**  
Petroleum Jelly  
There are scores of reasons why Vaseline Petroleum Jelly should be accounted a household mainstay. A few of them are burns, sores, blisters, cuts. It comes in bottles—at all drug-gists and general stores.  
CHESEBROUGH MANUFACTURING CO.  
State Street New York

**Nujol**  
A LUBRICANT-NOT A LAXATIVE  
Physicians advise keeping the bowels open as a safeguard against Grippe or Influenza. When you are constipated, not enough of Nature's lubricating liquid is produced in the bowel to keep the food waste soft and moving. Doctors prescribe Nujol because it acts like this natural lubricant and thus secures regular bowel movements by Nature's own method—lubrication. Nujol is a lubricant—not a medicine or laxative—so cannot gripe. Try it today.

**Ladies Let Cuticura Keep Your Skin Fresh and Young**  
Soap 25c, Ointment 25 and 50c, Talcum 25c.

**Your Hair** need not be thin or streaked with gray. Use CUTICURA. It restores color and lustrance. As all good druggists, 75c, or direct from BURLINGTON, CANADA.

## "The Supreme Statesman".

From the London Times.  
When Lord Grey of Faldoon was speaking recently at the Armstrong college, Newcastle, he allowed his "Thoughts on Public Life" to travel back nearly 40 years and found that in 1884, before the franchise was fully developed, the dominant questions of politics were simpler than they are today. Whoever looks yet farther into the history of England will discover at least apparent reason to believe that it is a record of problems which have become successively more complex. Yet to speak, in this connection, of simplicity and complexity is to risk misunderstanding. It is a truism among military historians that a campaign seen in retrospect has sometimes so deceptive an air of simplicity that a gift of chance may be mistaken for the reward of foresight, or a fault in local tactics be wrongly regarded, because disaster happened to follow in its train, as significant of strategical error. The eye bent upon the map of history is an Olympian, not a human, eye. It sees the ultimate wreck where an admiral saw only the bow wave of a frigate leaving harbour; it measures the distance between Moscow and Borodino with the help of a pair of dividers; and, turning from battified parliament house, is able to distinguish, among the detail and passion by which contemporary vision was obscured, the prevailing motives that inspired statesmen and the inward spirit that brought political causes to triumph or decay. So it will be when the eye of posterity considers the present age. It will perceive in the turmoil of contemporary Europe a dominant issue stripped of administrative complexities. Our problems will seem simple then. It will be understood, in the light of events concealed from us, at what stage the development of public opinion is now arrived. Is the name of supreme statesman which, as Lord Grey said, has been applied to it, to become more truly applicable? Is the problem of our age what he conceives it to be—the education of this great force so that upon the existing basis of representation, it may be not only supreme, but statesmanlike? Or are we to look, as some would have us look, to Russia; and say that public opinion is dead, or to Italy, and believe that public opinion is entered upon a new phase, in which it shall no longer depend upon the representative machinery for its expression? Is our task to perfect an old instrument or to invent a new one?

## A Farm for Everybody.

Vernon Kellogg in The Philadelphia Ledger.  
The United States department of agriculture, which issues many useful bulletins from its various scientific and economic bureaus, every now and then issues an interesting one. Such a one is Farmers' Bulletin No. 1,271—that number, by the way, suggests how vigorously the department is giving first educational aid to the farmers. This bulletin is devoted to pointing out and describing the land in the United States still available for settlement and to telling the prospective settler something about the conditions he may expect to meet, the types of farming prevailing in the different districts, and the agencies to which he may apply for information. There are, one learns, about 1,000,000,000 acres of these United States not in farms. Probably the author of the bulletin does not mean to suggest that most of our cities are to be scrapped so that their acreage may be tilled, or that all the rest of these billion acres are available for farming. In fact, he points out that "40,000,000 acres of this large area are absolute desert, other parts are too rugged for cultivation and some of it is covered with infertile soil."

But most of the rest of this large acreage is suitable for some kind of agricultural use. Of the arable land, about 270,000,000 acres are forest and cut over land, or land needing drainage or irrigation, or other unimproved land. We have approximately 113,537,000 acres of land, most of it in the south, now too wet for cultivation, but 91,543,000 acres of this land can be reclaimed for agriculture if we will spend the money to reclaim it. Also, we have 51,000,000 acres of irrigable land, mostly in the west, of which a considerable part is already under irrigation. More money will irrigate more of it. About 600,000,000 acres are in the semi-arid west and fit only for grazing purposes. "However, there is no lack of acreage for the would be farmer who wishes to acquire raw land."

Very encouraging, this, as to the supply of land. Less encouraging, perhaps, is the outlook for "Would be farmers." There seem to be, in recent years, more would be frequenters of the urban bright lights than shouters of the "back to the land" slogan. Or if they shout, they let it go at that; they don't really go back. However, with some millions of acres of still unused farm land, what with government farm credits and what with a congressional "farm bloc" with a lively eye out and a solid vote ready for the farmers' interests, the American who really wants to be a farmer seems to have no valid reason for dillying longer where the bright lights burn but do not warm. Uncle Sam still seems to have a farm—and a farm credit—for everybody.

I believe in prohibition. Sober America in the future will be a most dangerous competitor in commerce of all nations. In the future, it is either sobriety or commercial decadence of other nations.—Thomas A. Edison.

The more William H. Anderson, New York state superintendent of the anti-saloon league, reiterates his charge that there is a "wet" plot on foot to get him, the more one is convinced that the charge is a smoke screen devised to hide what use was made of the \$24,000 and more of the league's funds which the New York district attorney is trying to trace. Anderson's assertion that Raymond B. Fosdick is concerned in the plot is absurd. For the good of the prohibition cause, it seems, Mr. Anderson should be handed his hat.

The Italian government has bought for 1,500,000 lire (\$30,000) the church and monastery at St. Hadrian, erected in the seventh century by Pope Honorius I on the site of the ancient Roman senate house built by Caesar and Augustus. The brick walls of its facade date from the time of Diocletian. The object is to preserve the remains of the senate.

The fading of colors in dyed materials and wallpapers is said to be caused by the invisible ultra-violet rays in sunlight. Formerly, observes an expert in such matters, the carpet makers and dye merchants in Europe tested the colors by sending their materials to be exposed in the strong sunlight of the south. Now they get the same result by using the electric mercury vapor lamp and a quartz tube. Broadway is buzzing over the decision of Fred Stone, theatrical star, to give a tenth of his large income to the church following his conversion. Stone is now in the northwest with a company. He was southbound with the Dakotas a week ago. Arriving in Montana he bought a bible and made his great decision.

**Betrayed by Pores.**  
Pores are more important than finger prints to the crime investigator. The science of "poroscopy" is now called in when Bertillon methods fail. The new science, discovered by Dr. Edmond Locard in 1912, has taken eleven years to develop to perfection. The shape of the pores, not easily recognizable in the case of finger prints obtained by printers' ink, on account of the roughness of these records, is found to be very varied when colorless prints or those revealed by a method employed by Dr. Locard are examined.

**The Cuticura Toilet Trio.**  
Having cleared your skin keep it clear by making Cuticura your everyday toilet preparations. The Soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them.—Advertisement.

**A Bad Bargain.**  
A ducky who had recently married was asked by the farmer for whom he worked how he and his Mandy were getting along.

"Not very well, boss. The fact is, Mandy and me've done pahted." "Parted!" exclaimed the farmer. "Why, you were just married. You know, Sam, you can't leave Mandy. She's your wife, and you took her for better or worse."

"That's just it, boss," said Sam. "I shore did tell that pahnson that I took that gal for better or wus. But, Lawd, dat gal is wus'n I took her to be."—The Argonaut.

**"COLD IN THE HEAD"**  
is an acute attack of Nasal Catarrh. Those subjects to frequent "colds" are generally in a "run down" condition. **HALL'S CATARRH MEDICINE** is a Treatment consisting of an Ointment, to be used locally, and a Tonic, which acts quickly through the Blood on the Mucous Surfaces, building up the system, and making you less liable to "colds." Sold by druggists for 40 Years. F. J. Cheney & Co., Toledo, O.

**Rates of Exchange.**  
Bank Teller—Will you have it in rubles, marks or crowns? Visiting American—What's the difference? Bank Teller—Six million of one kind, half-a-dozen million of another. —Life.  
Chance favors the prudent.

## 10 Cents Insures Fresh Charm to Old Shawls

**PUTNAM FADELESS DYES—dyes or tints as you wish**  
WAS THE FIRST AERIALIST

Flying Squirrel May Be Said to Have Been Forerunner of Parachute and Machine.

No, we are not referring to birds, we mean that shy creature, the flying squirrel. He was the first aerialist, and was the forerunner of the parachute and the flying machine, asserts a writer in *Our Dumb Animals*. It is probable that he taught early experimenters as much about flying as did birds. Do you know any other four-footed animal that flies? This squirrel is by nature a fly-by-night, as he does most of his flying after dark, although he will fly in the daytime if occasion arises. Woodsmen sewing down trees have seen them appear from a hole in a dead limb and fly out to safety before the tree fell. This little animal uses his tail as a rudder to guide him in his flight. He is able to fly because of membranes connecting feet and legs on either side. Some flying squirrels are reddish colored, while others are gray. They are said to make good pets.

**Ought to Be Happy.**  
"What is an ideal marriage?" "When the man gets a treasure and the woman gets a treasury."

**Natural Course.**  
Pell—"How long did your last cook stay?" Mell—"I think she left during the third course."

**Fancy Work Limit.**  
The other day a Eureka man in a friendly chat with a neighbor, among other things, asked him if his wife did fancy work. "Great Scott," he exclaimed, "she won't even let a porous plaster come into the house without crocheting a red border around it and running a yellow ribbon through the holes.—Eureka Herald.

When two men fall out the third wins.

Change is a good thing in your pocket.

## HEALTH FOR WORKING WOMEN

### Let Lydia E. Pinkham's Vegetable Compound Help You to Become Well.

Thousands of girls have to work in homes, offices, stores, mills or factories who are physically unfit for work, with often an aged or invalid father or mother dependent upon them for support. Standing all day week in and week out, or sitting in cramped positions a girl often contracts some deranged condition of her organic system which calls a halt to her progress and demands restoration to health before she can be of use to herself or anyone else.

For these distressing weaknesses and derangements these girls have found health to do their work in Lydia E. Pinkham's Vegetable Compound.

Brooklyn, N. Y.—"Like many girls, I had troubles every month," says Carolyn Mangels, "and they interfered with my work as I could never be sure of my time. My mother often suggested that I take Lydia E. Pinkham's Vegetable Compound, but I never did until lately. I have had very good results, and am now a private secretary and do my work without missing a day. I recommend your medicine to every girl who speaks of having troubles like I have."

Lydia E. Pinkham's Private Text-Book upon "Allments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

**Sure Relief FOR INDIGESTION**  
BELLANS INDIGESTION CURE  
6 BELLANS Hot water Sure Relief  
25¢ AND 75¢ PACKAGES EVERYWHERE

had."—CAROLYN MANGELS, 407 14th St., Brooklyn, N. Y.

**Office Worker Helped**  
Milwaukee, Wis.—"I have taken Lydia E. Pinkham's Vegetable Compound and Lydia E. Pinkham's Blood Medicine for three and a half years, and they have improved my health wonderfully. My mother also has taken the Vegetable Compound and we recommend it to our friends. I am working in an office now and can always do my work as I do not have the troubles I had at first. I read of your Vegetable Compound in the newspaper and you may use my letter in that way if you wish to do so."—ELEANOR SHEBLAK, 637 39th St., Milwaukee, Wis.

**Pains and Headache**  
Webster, Mass.—"I was all run-down, had a bad complexion, and suffered with pains and backache, and was dizzy at times and felt weak. I worked in a mill and my girl chum told me about your wonderful medicine, Lydia E. Pinkham's Vegetable Compound. I am feeling much better since taking it."—MARY PLAZA, 13 West Street, Webster, Mass.

**Got Some Telling Points.**  
A traveling man got a letter from his firm using a good deal of crisp language about expense accounts. It was passed around in the smoker and condemned roundly. After some bitter comment he slipped it into his inside pocket.

"But why do you keep that stuff?" asked a friend. "I'd tear it into a thousand bits and scatter it along the right of way."  
"Well, they made some good points," he explained. "And I've gotta write to my wife tonight."  
"Huh?"  
"She's spending too much coin."

**That Fetched Her.**  
The Boston girl was very pretty, but evidently not much in favor of being petted by comparative strangers. The young man was making fair progress, however. It was evident that she liked him. Finally he asked for a kiss. She considered this judiciously.  
"And why should I give you a kiss?" she demanded.  
"I presume I can furnish no adequate reasons," he replied. "Your motives must be altruistic."  
That landed her.

**Traitor.**  
Pthrwys—So Brother Zhorbdoff was kicked out of the soviet and sentenced to be hanged. I thought he was a loyal member. What did he do?  
Quentwrk—He had a tooth crowned.

## HOW TURTLES FIND THE SEA

Explanation, According to Harvard Scientist, is Their Tendency to Travel Down Hill.

Why loggerhead turtles readily find their way to the sea soon after hatching, has been discovered by George H. Parker of the zoological department of Harvard university. These reptiles are hatched inland, and soon after birth crawl out of their nests, he explains. Then with a few exceptions they immediately start their journey in the exact direction of the sea. The most important reason for this behavior of the turtle is their tendency to go down hill, Mr. Parker believes. They also show an inclination to move toward regions in which the horizon is clear and unobstructed by large masses. And blue areas seem to attract them more than other colors. Their actions should be regarded more complex than a simple response to light, for the retina of their eyes respond to the details, such as blue color, rather than to the image as a whole.

**Something to Think About.**  
You can't hope for much in the way of prison reform until we get to sending a better class of folks there.—Exchange.  
An enemy in front, an enemy in the rear—go ahead.

## Let the Sunshine in!

Are you fagged and foggy when you wake up in the morning? "There's a Reason."  
Coffee and tea are known to affect many people that way. Often, these beverages cause nervousness, sleeplessness and severe headache. "There's a Reason."  
Postum, made from wheat roasted just like coffee, is a delightful mealtime beverage free from any element of harm.  
Try it instead of coffee or tea, and let the sunshine in.  
**Postum FOR HEALTH**  
"There's a Reason"  
Your grocer sells Postum in two forms Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer to make the drink while the meal is being prepared; made by boiling fully 20 minutes.