


## The Old

Carriage Maker Had an
Important Truth


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## Grape:Nuts $\overline{\text { ITE EOOR BUIDDER }}$


[^0]:    ' $\boldsymbol{T}$ o
    make each part as strong as the rest," was his way of "building
    This illustrates a fact that is keeping many doctors busy these days strong as the others
    Very often it's bece, sse of ill-balanced food, lacking in some impor-
    tant element of nutrition. This is especially true of ills developed in childhood, and carried on through life.
    Grape-Nuts, that, world-famous, ready-to-eat cereal, brings the plan
    of building each part as strong as the rest-to serve human need. GrapeNuts contains all the nutriment of those best of the field erain, wheat and barrey, including the viain minerath end strength.
    food for building and sustaining health and

    The delicious flavor and crispness of Grape-Nuts make it a web
    me dish whenever you're hungry.

