

## GAINS 8 POUNDS IN TWO WEEKS' TIME

Dyspepsia Entirely Overcome and She Eats, Sleeps and Feels Better Than in Years, Says Boston Resident.

"I have actually gained eight pounds in two weeks' time and am now eating better, sleeping better and feeling better than I have in three or four years," said Mrs. Celesta Fell, 32 Prince street, Boston, Mass., recently, in telling of the great benefits she has derived from the use of Tanlac.

"My stomach was in such a bad fix before I took Tanlac that I did not dare eat much of anything, for if I did I would have so much pain and distress from indigestion that I felt like I was going to die. I was so run down and weak from lack of nourishment that I could not do my housework.

"I was so nervous I couldn't keep still during the day nor sleep at night. I can see now if it had not been for Tanlac I would have had to give up entirely. I am now feeling strong and healthy and all the credit belongs to Tanlac."

Tanlac is sold by all good druggists.

### The Simpler Life.

Infuriated Suburban (to neighbor)—Well, I'm warning you! You keep your dashed infernal bees out of my garden or, by thunder, I'll—I'll shoot them!" —From Life.

## FROM GIRLHOOD TO WOMANHOOD

Woman Relied Upon Lydia E. Pinkham's Vegetable Compound

Emporia, Kansas.—"I began using Lydia E. Pinkham's medicines years ago when I was a girl. For several years I had severe pains at menstrual periods, making me very weak and interfering with my regular duties. I tried several remedies without obtaining relief. I was induced to try Lydia E. Pinkham's Vegetable Compound by friends and it restored me to normal health. I often have occasion to do recommend your Vegetable Compound to my friends who have troubles similar to my own. You may use these facts as a testimonial." —EVA ALDRICH, 218 Union St., Emporia, Kansas.

There are many women who first used our Vegetable Compound during their girlhood days. They found it a valuable help during trying periods. In later years they use it whenever they feel those annoying symptoms which women often have.

Lydia E. Pinkham's Vegetable Compound is a woman's medicine. It is prepared carefully from the best quality of medicinal plants, whose properties are especially adapted to correct the troubles women have.

## MAN'S BEST AGE

A man is as old as his organs; he can be as vigorous and healthy at 70 as at 35 if he aids his organs in performing their functions. Keep your vital organs healthy with

### GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles since 1896; corrects disorders; stimulates vital organs. All druggists, three sizes. Look for the same Gold Medal on every box and accept no imitation.

### Soap Ought to Help.

The discovery of a lake, rich in carbonate of soda, in the neighborhood of Kulunda, Siberia, has been announced. The lake is located in a very fertile region, and active steps are being taken to exploit the discovery, says the Scientific American, and erect a soap factory in the immediate vicinity of the lake.

## Sure Relief FOR INDIGESTION

BELLANS FOR INDIGESTION 25 CENTS  
6 BELLANS Hot water Sure Relief  
BELLANS  
25¢ and 75¢ Packages, Everywhere

## Shave, Bathe and Shampoo with one Soap.—Cuticura

Cuticura Soap is the favorite for safety razor shaving.

PARKER'S HAIR BALM  
Removes Dandruff, Itching, Restores Color and Beauty to Gray and Faded Hair  
Sole and E. O. H. Products  
Hiscox Chemical Works, Pathecoque, N. Y.

HINDERCORNS Remove Corns, Callouses, etc., stop all pain, ensure comfort to the feet, makes walking easy, etc. by mail or at Drug Store. Hiscox Chemical Works, Pathecoque, N. Y.

## In Two Wars on Honeymoon



Mrs. F. R. Smart.

Mr. and Mrs. F. R. Smart have reached San Francisco in safety after having been caught in two wars on their three months' honeymoon. The first time they were under fire was in Egypt, when British Tommies clashed with an Egyptian uprising. The second was in Peking, where they were caught between the advancing armies of General Chang and General Wu Pei-fu.

## FREE STATE LEAD MAY BE INCREASED

Latest Returns Show Election Of 29 Free Staters and 20 Republicans—O'Callaghan Is Defeated.

Universal Service. Special Cable Dispatch. London, June 19 (10 p. m.)—Reports from the Irish elections, up to this hour indicate that the free state lead may be increased over early forecasts. Returns now show the election of 29 free staters and 20 republicans, these figures including all unopposed coalition candidates. DeValera will Monday issue a manifesto against the new constitution, and is expected to emphasize the republican objections to the document.

BY DENNIS O'CONNELL. Universal Service Correspondent. Dublin, June 19.—Results of the election in Cork are believed to sound the death knell of the hopes of republicans scoring heavily at the polls. The complete defeat of Lord Mayor O'Callaghan amazed the De Valerites.

Returns From Cork. Returns from Cork, which is regarded as the hot bed of extreme republicanism are: R. Day, labor candidate, 6,836. Alderman William Roach, pro-treaty candidate, 6,147. J. J. Walsh, pro-treaty candidate, 6,057. Mary MacSwiney, anti-treaty candidate, 6,058. Professor Beamish, independent, 4,769. Frank Daly, 3,043. O'Callaghan, 1,807. The first four candidates have been declared elected to the Dail Eireann. As Mr. Day favors the treaty the sister of the martyred lord mayor is the only anti-treaty member returned in Cork.

It is said here Sunday that the republicans would have made no showing at all had not Michael Collins agreed to form a coalition government.

Republicans Lose Two Seats. The republicans have now lost two seats to the free staters. The labor party is over-joyed, declaring that it will win at least four seats in Dublin. Organizer Foran of the labor party said that he regretted that labor was not represented by more candidates. He continued: "The next election will result in a labor government." DeValera is expected to make a statement Monday launching a heavy broadside against the constitution. Everybody is convinced that DeValera's pact with Collins is now dead and that a coalition government is unlikely.

DE CESPEDES TO HAVANA. Washington, June 19.—Dr. Carlos Manuel de Cespedes, envoy extraordinary and minister plenipotentiary from Cuba to the United States, left here Sunday morning for Havana to assume his new duties as secretary of state in the government of his country. It was announced at the legation that he would return to Washington in about a week and that it was not expected his successor would be named until then.

## TWO IN CANOE UPSET BUT BOTH RESCUED

Universal Service. Chicago, June 19.—Earl Paulson and Alfred Puff were rescued from Lake Michigan on Sunday. Their canoe turned turtle during a squall. They slung to the boat for two hours and were near exhaustion when rescued by Emil Slack with a rowboat.

Each Has His Own. From the Chicago Daily News. It may be difficult to find a solution for our troubles, but it is safe to say it doesn't lie in telling them.

## HALE WILL WIN TODAY, BELIEF

But New Element, Women Voters, Has Politicians Guessing In U. S. Senatorial Campaign.

Universal Service. Augusta, Me., June 19.—Although the general impression prevails that United States Senator Frederick Hale, of Portland, will be renominated in the republican primaries Monday, yet a new element has set all the politicians guessing—the women voters, who for the first time will participate in a state-wide primary. Leading republicans do not know what women will do. Some people say that a number of women will vote against Hale because he is not married. On the other hand, Hale's friends say that such an idea is preposterous.

Senator Hale has two opponents, former Congressman Frank E. Guernsey, of Dover, and former State Senator Howard Davies of Yarmouth. Congressman Guernsey has been campaigning for nine months and has released the argument that one of the United States senators from Maine should come from the northern or eastern section, as both Senators Hale and Fernald, are residents of the western part of the state. Guernsey has also been attacking Senator Hale because the latter voted to seat Senator Newberry, of Michigan. Davies Uses Bachelor Argument. Former Senator Davies has bitterly attacked Senator Hale on the stump, declaring in speeches that people of Maine should not vote for the renomination of Senator Hale because he is a bachelor. It is supposed that Davies has the backing in part at least of the union people of that part of the state.

On the other hand, friends of Senator Hale say that since his election six years ago, he has been an "errand boy" in Washington for the people of Maine; that he has been on the job all the time, and that the longer a senator stays in Washington the more valuable will be to his constituents.

"I have been busy in Washington looking after the affairs of the people of Maine and have left my campaign in the hands of my friends, who seem to be confident of the result," said Senator Hale Sunday night.

Hale Defends His Record. "I was elected to the Senate six years ago and during all that time I do not think anyone will say that I have not looked after the interest of my state and my constituents. "While I understand that the issue of loyalty has been raised by one of my opponents, I have never considered that I was senator for one part of Maine any more than for another part."

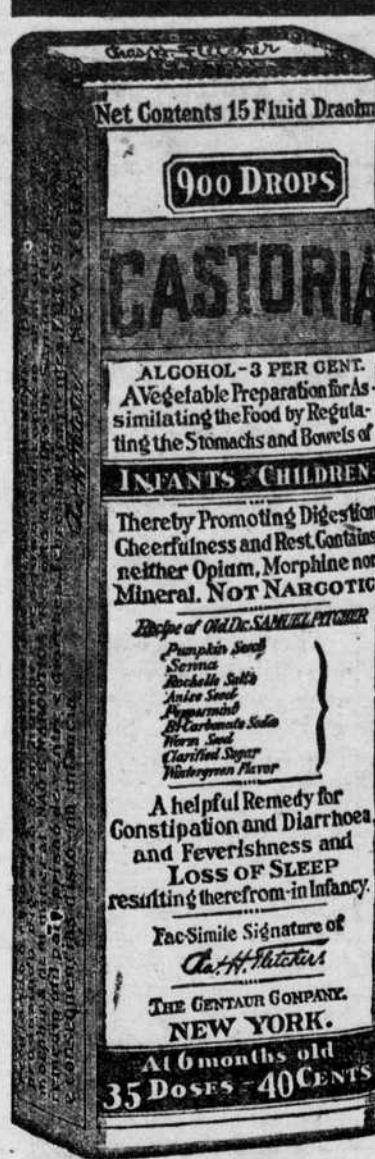
## 75 INDIANA MINERS HELD AS RIOTERS

Terre Haute, Ind., June 19 (U. P.)—Authorities Saturday arrested 74 union miners in Vigo county on bench warrants charging rioting. Warrants were sworn out by mine operators of Clay county following disorders at mines when union strikers attempted to force non-union men to quit work.

## RADIO FOR RESCUE WORK IN U. S. MINES

Universal Service. Washington, June 19.—The bureau of mines is planning to use radio phones to speed up mine rescues and safety work.

High power broadcasting towers at the bureau's experiment stations in Pittsburgh and Salt Lake City will receive news of an accident in a flash and will broadcast it to specially equipped cars maintained in all parts of the country.



## Children Cry For

# Fletcher's CASTORIA

### Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

## GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

## 10 Cents Gives Charming New Shade to Old Lingerie

PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Neat, clean, ornamental, convenient, cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed effective. Sold by druggists, or by EXPRESS, prepaid, 10c.

to replace old, should be getting all the time. It will if you use Q-Ban Hair Tonic—Don't get hold of Q-Ban today—It's much more pleasant. At all good druggists, 75c, or direct from HESSIG-ELLIS, Chemists, Memphis, Tenn.

No Whiskers. Teddy, age four, was not particularly fond of her sister's frequent caller, in spite of the many efforts on his part to make friends with her. "Muvver," she said wearily one Sunday evening, "please make that kid do home."

"Why, dear?" exclaimed mother, "he isn't a kid; he's a man." "Well," Teddy said, surprised, "he hasn't got any whiskers!"

An Unjust Accusation. Mrs. Knapp—I just know you're going out to spend the evening with some other woman. Her Husband—How foolish you talk! I'm going out to get relief from one woman. Think I'd spend my precious moments of freedom with another?

Marks of Care. Ethel—"Her face shows marks of care." Clara—"Yes; she isn't very clever at making up!"

Better Still. Turner—"Theory raises a man's hopes." Brookes—"But practice raises his wages."—London Answers.

There isn't much criticism of the man who always comes back with flour in the flour barrel.

Documents Ironed Out. Out in Phoenix, Ariz., where they have flood rains at times, a violent storm caused water to enter the basement of the state capitol and soak all the valuable records stored there. An electrical salesman's inspiration enabled the state to dry out the papers with virtually no loss. An electric ironing machine was called into play and did the trick satisfactorily, although it took several weeks to restore the great mass of water-damaged documents.—Detroit Free Press.

After the Spread. Peterson came home from the banquet blissfully unconscious that some of his friends had fastened the menu card on the back of his coat. "Why, Peter!" said his wife. "What's that you have got on your back?" "Ah!" said he, removing the card. "Only a table of contents, my dear."

Shaw's Latest. Introducing an American admiral at a dinner in London, the irrepressible G. B. S., after telling how pleased he was to present a representative of the great American people, added: "We speak the same language, but through different organs."—Boston Transcript.

Africa for the Africans. Propaganda is being skillfully circulated in Africa against the whites. These activities are said to be centered in a colony of American negroes. The blacks want the Dark Continent for themselves.

Far Worse. "There is witchery in moonlight." "And even more diabolical influences in moonshine."

Contentment may make people grow fat, but fat people are not necessarily contented.

## ALLEN'S FOOT-EASE FOR THE FEET

Sprinkle one or two Allen's Foot-Ease powders in the Foot Bath and soak and rub the feet. It takes the sting out of Corns and Bunions and smarting, aching feet. Then for lasting comfort, shake Allen's Foot-Ease into your shoes. It takes the friction from the shoe, rests the feet and makes walking a delight. Always use it for dancing parties and to break in new shoes. Over One Million Five Hundred Thousand pounds of Powder for the Feet were used by our Army and Navy during the war.

### In a Pinch, Use ALLEN'S FOOT-EASE

He Knows. Tommy, age five, has just started to school and his parents run their house on a budget plan. The other day his mother paid 50 cents to have his umbrella fixed, and that night when his father was marking up the budget he said: "I really don't know under what heading to put this 50 cents." Tommy piped up and said: "Well, I think that it would come under shelter."

Electricity to Force Plants. Large electric lamps, 1,000-watt capacity, are being used in an intensive study of the rate of respiration and the process of photosynthesis in plants at the University of Wisconsin. The plants are allowed to grow under these powerful lamps in a room cooled to about 65 degrees Fahrenheit.

Uncle Eben. "Don't be afraid to have a good opinion of yourself, son," said Uncle Eben, "as long as you'llin't to take de opinion serious an' work hard to deserve it."—Washington Post.

Coupons are the veal cutlets of the golden calf. Censure, like charity, should begin at home.



"Watch me," said the strong swimmer, "I'm not afraid"

So he matched his strength against the swirl of the rapids, and laughed at the danger, and kept repeating the stunt, until—

It was the day the life-savers had been waiting for—that day the call for help came.

It's an easy matter to smile at coffee warnings when you're going strong.

But a good many strong swimmers won't risk the rapids, and a good many coffee drinkers are beginning to think of the caffeine in coffee.

Coffee can disturb nerves and digestion, and often it does.

There's a safe and satisfying course for everybody in the selection of a table drink.

Postum has charm without harm. It's the safe drink for all, and probably, therefore, it's the better drink for you. Thousands have found it better, and fully satisfying, for them.

Your grocer has both forms of Postum: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for fully 20 minutes.

"There's a Reason" for Postum

Made by Postum Cereal Company, Inc., Battle Creek, Michigan