

## A FRIEND IN NEED A FRIEND INDEED

Writes Mrs. Hardee Regarding  
Lydia E. Pinkham's Vegetable  
Compound

Los Angeles, Calif. — "I must tell you that I am a true friend to Lydia E. Pinkham's Vegetable Compound. I have taken it off and on for twenty years and it has helped me change from a delicate girl to a stout, healthy woman. When I was married I was sick all the time until I took Lydia E. Pinkham's Vegetable Compound. I was in bed much of my time with pains and had to have the doctor every month. One day I found a little book in my yard in Guthrie, Oklahoma, and I read it through and got the medicine—Lydia E. Pinkham's Vegetable Compound—and took eight bottles and used the Sanative Wash. I at once began to get stronger. I have got many women to take it just by telling them what it has done for me. I have a young sister whom it has helped in the same way it helped me. I want you to know that I am a 'friend indeed,' for you were a 'friend in need.'"  
—Mrs. GEORGE HARDEE, 1043 Byram St., Los Angeles, California.  
Let Lydia E. Pinkham's Vegetable Compound be a "friend indeed" to you.



## Vaseline

PETROLEUM JELLY

For sores, broken blisters, burns, cuts and all skin irritations. Also innumerable toilet uses.

CHESEBROUGH MFG. CO.  
State Street New York

## Not a Laxative

Nujol is a lubricant—not a medicine or laxative—so cannot gripe. When you are constipated, there is not enough lubricant produced by your system to keep the food waste soft. Doctors prescribe Nujol because its action is so close to this natural lubricant. Try it today.

**Nujol**  
For Constipation

**Cuticura Soap**  
AND OINTMENT  
Clear the Skin  
Soap 25c, Ointment 25 and 50c, Talcum 25c.

Cap or Skin? In probably the last speech Booker T. Washington ever made, an address at the anniversary exercises of the American Missionary association in New Haven, with that quiet humor so characteristic of him, he satirized the prejudice against his people. "A member of my race," he said, "wanted to go from New York to San Francisco. He wanted to travel first class in a Pullman sleeper. He bought a red cap—fez, I think you call it—forgot the English language, and went as an East Indian, and no one objected. It appears that it is not the color of the skin, but the color of the cap to which you object."—The Outlook.

## Sure Relief FOR INDIGESTION

BELLANS FOR INDIGESTION 25 CENTS  
6 BELLANS Hot Water Sure Relief  
25¢ and 75¢ Packages, Everywhere

**PISO'S**  
SAFE AND SAFE  
for Coughs & Colds  
The group is different from all others. Quick relief. No opiates. 35c everywhere.

SIoux CITY FTG. CO., NO. 6-1922

## Russian Trade.

From the Memphis News-Scimitar.  
Senator France, who recently returned from Russia, denies the charge that has been so frequently made that he favors the recognition of the Russian government. On the other hand, the senator declares that he has urged upon the secretary of state the importance of sending a commission to Russia to investigate conditions and to discuss with the de facto government questions of the possible difference between the two countries. In his opinion the time is opportune to begin negotiations with Russia with the view to helping her people solve the problems concerning them, and to open up the markets of Russia to American goods.

Senator France spent some months in Russia, during which time he made careful study of conditions, and like most other men who have been there in recent months, recognizes the possibility for the utilization of commodities for which there is no market at present in this country. In the course of his statement setting forth his interest and his reason for advocating the appointment of a commission to visit Russia, he says:

My interest in the rehabilitation of Europe has been prompted by my interest in the welfare of the farmers, of the workers, and of the business men of America. We are suffering here an agricultural, industrial, and financial depression which is wholly unnecessary and which is due to the fact that we are not able to sell our surplus foodstuffs and manufactured articles to Europe. During the first 10 months of 1920 our exports were in round numbers \$6,800,000,000, while in the same period of 1921 they were approximately \$3,800,000,000.

I called attention to the fact that this sum of \$3,000,000,000 would have been more than sufficient to pay 4,000,000 men \$70 a month for 10 months. Our exports have fallen off while Europe requires our goods in quantities perhaps as great as those required during the period of the war. Our farmers have on hand great supplies of wheat, corn, cotton and wool, while millions of people in Europe face starvation and disease or death from exposure to the cruel blasts of winter unprotected by the proper clothing. Our shoe factories are marking time while millions in Europe must walk the winter snows unshod. Many of our machinists, car steel workers, are idle. Our railroad equipment, factories, all lines of industry are running but a portion of the time, while Russia needs machinery, steel products, railroad equipment, tools, and almost every conceivable manufactured article. America should have an opportunity of supplying this need for her own interest and for the sake of humanity.

The policy of sending a commission to Russia is not a radical policy. It is one conceived for the very purpose of looking after our trade interests, as the British, as the Italians, as the Germans, as the Chinese, and as other countries are looking after theirs in Russia. We have been relying entirely upon the information furnished us by other countries concerning Russia, whereas undoubtedly those countries have been and are interested in keeping us alienated from the Russian people and separated from the great Russian markets.

It is true that so long as this country relies upon information furnished it by other nations for the determination of its trade policy it will remain in the dark. The United States is as capable as any other nation of investigating conditions in Russia, and unless it sends its own representatives to that country it is not likely to learn very much about it. The other nations will tell us just what they want us to know, which is nothing.

### CONSISTENCY.

It seem extremely hard for statesmen to be consistent nowadays. Perhaps the fluctuating currents of international affairs preclude it. At any rate the greatest of the statesmen now actively on the job, David Lloyd George, premier of Great Britain, is the most shining exemplar of inconsistency that history can show. And what has his inconsistency brought him? Unparalleled success. Like Corporal Trim's hat, Lloyd George is here today and gone tomorrow. Consistency may be a jewel, but its market value has slumped insofar as statesmanship is concerned.

Therefore it is idle for critics of Secretary Hughes to accuse him of being inconsistent. What of it? All diplomats are doing it. It is true that in relation to Mexico the American secretary of state came out strongly for the inviolability of existing commitments. Why shouldn't he? Existing commitments in Mexico meant to Mr. Hughes land leases acquired by Americans, and what right did the sovereign state of Mexico have to interfere with those leases?

It is also true that Mr. Hughes at the Washington conference, in relation to China, is insisting upon a review of the existing commitments. And, again, why shouldn't he? To the secretary, existing commitments in China mean concessions which Japan and other foreign nations have acquired by one means or another; and what is plainer than that the sovereign state of China has an inherent right to revise conditions upon which she has granted concessions? The situation in China and Mexico, one sees, is similar yet different.

Consistency appears to be a vice of little minds.

The marriage register at Neu Ulm, Bavaria, has issued a decree that he will not say the marriage ceremony of any woman who cannot prove to his satisfaction that she can cook and keep house. A rule like that in America would doom thousands to single boredom.

It is now up to the Nebraska legislature to make good on promises of reductions in expenses or take the consequence.

One thing that holds up public interest in the Washington conference is the uncertainty as to what the Senate will do with the treaties.

Whether the farm conference proves as barren of results as the conference on unemployment did, depends upon the so-called "farm bloc" in congress.

A Joplin, Mo., bellboy, from his "tips" of the last 11 years has bought a farm. He now intends to have his farm cultivated, but wisely continues on the job of answering bells.

Governors of South Dakota and Iowa should not overlook the action of Governor McKelvie's special session of the Nebraska legislature, which passed a revised appropriation bill carrying a tax reduction for the current year of nearly \$3,000,000.

### Armour's Loss Due to By-Products.

From the Bache Review.  
If one had otherwise no knowledge of what has been taking place in the industrial world during the last year, it would be necessary only to read the statement for the year ending October 29, 1921, issued by Armour & Co., in order to obtain a graphic picture of general industry last year.

The volume of business for the 12 months was \$600,000,000—only 7 per cent. smaller than the great year of 1920, when the turnover due to higher prices was \$640,000,000. The net profits, however, in 1920, \$3,319,375, were turned last year into a net loss of \$3,709,817. This, deducted from the surplus at the close of the year 1920 (\$80,711,494), left the surplus at \$77,001,677.

The statement to the stockholders by the president of the company registered the year just passed as the most disastrous in the business history of the company, as well as in the packing industry in general. Such a business, it said, must carry many millions of pounds of products in process of cure. Price declines, therefore, mean losses, not only in sales but in inventory values as well. The extent of these losses can be visualized in price fluctuations of live hogs, which fell from a 14 cents level at the beginning of the year, to a 7 cent level at the end.

### The Stew-At-Home.

The village knew her as a faithful wife, Low voiced and patient with her husband's ways.

Busy through out the uneventful days, With small home duties that made up her life.

She'd married young; a quiet, sober man Not one to talk much; satisfied to sit And smoke his pipe of evenings; drowse a bit, His slow thoughts on the little store he ran.

The times were hard the year they married, so They took no wedding trip, but waited, till The years had somehow drifted by, and still It never seemed time to go.

So they lived together, he and she, The children grew up, married, went away, Things went along from quiet day to day Then she died suddenly.

And when they came to tidy up, they found Down in the bottom of her box of scraps A child's geography with colored maps, A shell that made a curious murmuring sound,

A steamship guide with pictures crude and blurred Of white ships sailing by a palm green shore— Java, Sumatra, Bangkok, Singapore— A strange, bright feather from some foreign bird;

A bit of paper daubed with gilt and red That once had wrapped a pound of Chinese tea; A yellowed clipping: "How to Dress at Sea;"

"What queer trash some folks keep around!" they said, —Marjorie C. Driscoll, in Pictorial Review.

In regard to the consignment of American arms to Abyssinia, to be used in the slavery traffic, our state department points out that American manufacturers have a clear "right" to ship arms and ammunition to Abyssinia. A legal right, perhaps, but not a moral right. Great Britain, France and Italy signed an arms convention in 1919 by which they bound themselves not to permit their nationals to supply arms to such nations, in accordance with the plans for promotion of peace. "Lip service" is about all the aid America has given so far to peace efforts.

Returning influenza has claimed its first notable victim. Arthur Nikisch, for many years conductor of the Boston Symphony Orchestra, has succumbed in Leipzig. Nikisch was one of the greatest conductors of his time, though in Boston he was looked upon as too modern.

## MOTHER! OPEN CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Your little one will love the "fruity" taste of "California Fig Syrup" even if constipated, bilious, irritable, feverish, or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup," which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

### A Bostonian Lesson.

Pronounce "Cannes" with the Bostonian "n" as in "dance," to rhyme with "aunts" and not with "ants."—Boston Globe.

## IN BUYING ASPIRIN ALWAYS SAY "BAYER"

Look for the Name "Bayer" on Tablets, Then You Need Never Worry.

"Bayer Tablets of Aspirin" can be taken safely for Colds, Headache, Toothache, Earache, Neuralgia, Lumbago, Rheumatism, Joint Pains, Neuritis, and Pain generally.

To get quick relief follow carefully the safe and proper directions in each unbroken package of "Bayer Tablets of Aspirin." This package is plainly stamped with the safety "Bayer Cross."

The "Bayer Cross" means the genuine, world-famous Aspirin prescribed by physicians for over twenty-one years.—Advertisement.

## MAY REMODEL UNION JACK

Ireland's New Position in British Empire Likely to Bring Change in Famous Flag.

Among the lesser and more sentimental sacrifices the British feel they are making for Irish peace, there is the prospect of the changed Union Jack.

The diagonal red cross in the Union Jack stands for Ireland. The original national flag was the banner of St. George, a plain red cross on a white background. In 1606 the Scottish flag, a white diagonal cross and a blue background, was blended with the white upright cross, with a blue background of the diagonal white cross being added.

On the death of Charles I the cross of St. George again became the national flag, but in 1706, after the union with Scotland, the cross standard with the blue background was restored. In 1801 the red cross of St. Patrick was superimposed on St. Andrew's cross, making the present Union Jack.

### Expressive but Modern.

Mother had just brought Judy, age three, some candy. As children usually do, Judy forgot her lessons in courtesy.

"What are you going to say to me for bringing you the candy?" her mother asked.

With a grin, Judy threw her arms around her mother and exclaimed: "I'll tell the world, mother, you're some kid!"

### Slow to Learn.

"De difficulty of learnin' by experience," said Uncle Eben, "is shown by de fact dat we kin go on year after year bein' surprised when de weather turns freezin' cold in January."

### Pithy Paragraphs.

Thousands of men are striving, with their best light, to introduce Christianity into their business, and you and I are not helping them by shouting "greed" into their ears.—Marion D. Shutter.

The new church will be founded on moral science. Poets, artists, musicians, philosophers, will be its prophet teachers. The noblest literature of the world will be the Bible. Love and labor, its holy sacraments. Truth its supreme being—and instead of worshipping one savior, it will gladly build an altar in the heart for every one who has suffered for humanity.—Ralph Waldo Emerson.

The piling up of armaments is causing general bankruptcy, anarchy and perpetual and universal war. If governments, after the lesson of the war, do not agree simultaneously to limit their armaments, they commit suicide.—Baron d'Estournelles de Constant.

Quite often, one who is behind the times in the fashions is right up to date in his intellect.

A tombstone epitaph isn't necessarily a hard fact.

**STOMACH CATARRH**  
Causes untold misery and suffering, all of which is needless. Peruna acts so quickly and surely on catarrh of the stomach and bowels as in cases of that common form, nasal catarrh.

**PERUNA**  
IN USE FIFTY YEARS

Exercises a soothing, healing effect upon all mucous linings. Relieving gas, sour stomach, nausea, vomiting, cramps, pains in the abdomen, diarrhoea, constipation are all symptoms of a catarrhal condition in the organs of digestion.

Don't suffer another day. It is needless and dangerous. Two generations have found Peruna just the medicine needed for such disturbances.

Sold Everywhere  
Tablets or Liquid

Practical jokers prosper in their joking because so few have the disposition to retaliate.

A bluff is seldom a luxury, and often is a grim necessity.

**ASPIRIN**

WARNING! Say "Bayer" when you buy Aspirin.

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark of Bayer Manufacture of Monoclonaldehyde of Salicylicacid

## NOT A MATTER FOR POLICE

Elderly Gentleman Meant Well, but He Had Not Allowed for Possible Contingencies.

The wisest person may sometimes make a serious mistake by judging entirely by appearances, as is shown by this case.

A careless young woman, in starting to leave a car, dropped her purse. A young man, who evidently intended to leave the car at the same time, saw her drop the purse, picked it up and put it into his pocket.

But his action had not been unnoticed. Just as he stepped from the car an elderly man gripped him by the arm and whispered: "If you don't give that purse to the young lady this instant I'll expose you."

"Yes, certainly!" gasped the astonished young man. Then, with a grin, "I beg pardon, Marie; you dropped your purse."

"Oh, thank you, Harry," she replied, as she took it.

"I hope you are satisfied," said Harry, turning to the elderly man. "The lady is my sister."—Pittsburgh Dispatch.

## NOT BEGINNING OF ROMANCE

Beautiful Girl Mistaken in Thinking She Had Made Impression on Attractive Stranger.

They sat together; total strangers, on the narrow seat of a Fifth Avenue bus.

She was beautiful and conscious of it. And she felt his eyes upon her. She turned her lovely head and met his gaze. He was good to look upon, dark and virile, and in his clear eyes was a look of question and pleading. She turned away, her young blood thrilling with the premonition of romance and adventure.

Again she felt his longing but hesitant gaze fixed upon her averted face. She flashed him a fleeting look of encouragement.

Emboldened, he bent toward her, his eager breath fanning her flushed cheek and whispered, hoarsely: "Say, can't you move over, lady, and gimme some more room?"—Judge.

**An Even Break.**  
"She's a girl after his own heart," Hunter says.  
"Yes, and he's a man after her money."  
"But you know it's whispered on the quiet that she hasn't any money."  
"Well, it's a notorious fact that he hasn't any heart."—Boston Transcript.

## Why does any healthy person want to be kicked into wakefulness in the morning?

Many people feel that they have to be agitated into wakefulness in the morning. They think that without the tea or coffee they take in the morning that they will not be able to meet the tasks and duties of the day.

Nothing could be more false than this reasoning. Any doctor can tell you this. For a healthy body does not require a stimulant. It gets all the stimulant it needs from food.

The thein and caffeine found in tea and coffee are irritating to the heart and nervous system. They jolt the nerves into undue activity. The result is a reaction. This is why regular tea and coffee drinkers think they must have their stimulant the first thing in the morning to wind them up for the day.

If you will stop using tea and coffee for a week, and drink

Postum, the pure cereal beverage instead, it will give Nature an opportunity to rid the system of the irritating substances that harass your nerves, upset digestion, increase your heart action, and make you nervous and irritable.

Many people who have tried Postum say that inside of a week they wake in the morning without that "all gone" feeling that they used to have, and are full of energy, strength and endurance.

Order Postum from your grocer today, and make it according to directions. Your first sip of Postum will surprise and please you.

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.



**Postum for Health—"There's a Reason"**  
Made by Postum Cereal Co., Inc., Battle Creek, Mich.