WONDERFUL GAIN IN WEIGHT REPORTED

Young Woman Only Weighed 76 Pounds—Now Weighs Over 100 and Is Gaining Every Day.

"Before I began taking Tanlac I only weighed 76 pounds, I now weigh over one hundred and am gaining every day," said Miss LaRue Davis of Chattanooga, Tenn.

"I bought my first bottle of Tanlac at Gas City, Ind., and it helped me so much that I continued using it. I have always been very delicate and suffered a great deal from stomach trouble and rheumatism. I rarely ever had any appetite and simply could not relish anything. I fell off until I only weighed 76 pounds and was so thin I looked perfectly awful. This is the condition I was in when I began taking Tanlac.

"Oh, I feel so different now. Even my complexion is improved. My appetite is good and I can hardly get enough to eat. Tanlac is simply grand and I can truthfully say it is the only medicine that has ever done me any good."

Tanlac is sold by leading druggists everywhere.—Advertisement.

A man who is well to do is also hard to do.

MOTHER! MOVE CHILD'S BOWELS WITH CALIFORNIA FIG SYRUP

Hurry, mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful today may prevent a sick child tomorrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.—Advertisement.

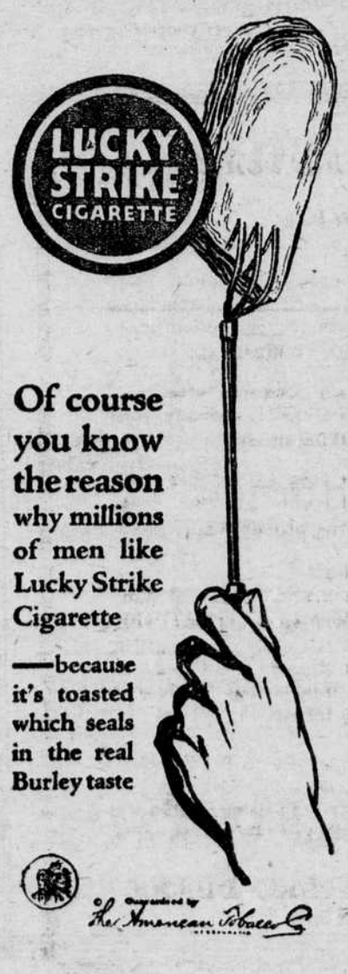
fore the Caucasians did, including backscratchers.

WIFE TAKES HUSBANDS ADVICE

And Is Made Well Again by Lydia E. Pinkham's Vegetable Compound

Springfield, Mass.—"The doctor told my husband that I had to have an operation, otherwise I would be a sickly woman and could not have any more children on account of my weakened condition. I refused to have the operation. My husband asked me to try Lydia E. Pinkham's Vegetable Compound to see if it would not help me. For the first four months I could do but little work, had to lie down most of the time, was nervous and could eat hardly anything, but my husband was always reminding me to take the Vegetable Compound, which I did. Of my eight children this last one was the easiest birth of all and I am thankful for your Vegetable Compound. I recommend it to my friends when I hear them complaining about their ills."—Mrs. M. Natale, 72 Fremont St., Springfield, Mass.

Sickly, ailing women make unhappy homes, and after reading Mrs. Natale's letter one can imagine how this home was transformed by her restoration to health. Every woman who suffers from such ailments should give Lydia E. Pinkham's Vegetable Compound a fair trial. It is surely worth while.



Of course you know the reason why millions of men like Lucky Strike Cigarette

—because it's toasted which seals in the real Burley taste

The American Tobacco Co.

SPRUE.

The people who live in the southern states are beginning to hear of a disease which is new to them. It is called sprue, and is a first cousin to pellagra.

Boyd reports seeing a good many cases of it in Texas. Wood reported some cases in North Carolina and Michel saw a case in a man in the south who had never been out of the United States.

And why not? It is very prevalent in Porto Rico and Caribbean countries. It is contagious, and it is spread by people who are walking around, many of them considering themselves well. Ashford of the United States army estimates that 3 per cent. of the people in the tropics carry the parasite which causes this disease. That being the case how are you going to keep it out of this country?

Briefly, it is due to a kind of a cousin to the yeast germ. This organism has been formed on baker's bread and in milk. Infection, in all probability, is due to eating food containing it. It is a white man's disease, rarely affecting negroes, Indians, or half breeds. It affects women three times as often as man. It prefers the well to do to the poor, those who live in clean surroundings to the careless and dirty, and the city dweller rather than the country man.

It generally starts with a sore mouth. A red burning tongue is an early symptom. So also are cankers. When a canker comes on the under side of the tongue it gives a lot of trouble. I am sure there are 10,000 people in all parts of the country who could read this fact in the description, who if they stopped here would swear they had it.

The redness and burning of the tongue extends to the back of the throat and down to the stomach. A burning feeling is felt behind the breast bone. Lots of people with pellagra who read up to this point will say: "Just my symptoms. Fits my case exactly."

It causes a light, foamy diarrhea. There may be eight or 10 bowel movements a day or there may be only one, but what there is will be loose, watery, white, foamy, and with lots of gas. One name for the disease given by those who had it is white diarrhoea. Another is foamy diarrhoea.

Emaciation is progressive and may become extreme. The liver shrinks in size, because, although the chief function of this organ is to destroy poisons, the poison of the germ of sprue is too much for it. However, sprue is not a very fatal disease. Only one-tenth of the cases die, while nine-tenths recover more or less completely.

The symptoms of the disease are much the same as those of pellagra; that nobody will deny. How are they to be told apart? In sprue the germ can be found in scrapings from the tongue, particularly in scrapings from those cankers. The yeastlike organisms are found in the bowel discharges.

The little red, cherrylike places on the tongue are not found in pellagra. Sprue does not give the eruption of pellagra. The diarrhoea is not the same in the two diseases. The outlook for recovery is better in sprue.

The treatment of sprue consists in getting the sick one into a colder, higher, dryer climate. The diet should contain little starch. The medical treatment is up to the doctor.

Whom Shall We Educate?

The great English authority, Tredgold, thinks we waste a lot of money trying to educate people who cannot be educated. Furthermore, we waste money educating some people unnecessarily. Finally, we do some harm educating some people who should not be educated.

Many people cannot be educated because they have not the necessary mentality. Tredgold says the degree of educability varies in different individuals and in the main this difference is inborn. A marked lessening of educability is pathological. A tendency in this direction tends to be born in families.

Of course, there are children who cannot be educated because of physical defects. Tredgold has not those children in mind, because a moderate amount of attention makes them educable. He has in mind morons and dullards, most of whom were born that way because one or both of their parents were born that way. To educate children of this group up to the limits of their educability and to prepare them for the work which they have the mentality to do is one of the best investments a state can make. To try to educate them up to the eighth grade or through high school or until of a certain age as fixed standards is wasteful.

If a person is definitely anti-social, a criminal by instinct, a definite enemy of society, we do harm by educating him because we increase his power for harm. Some of the personality, character, and behavior types are as fixed in their anti-social attitudes as are the morons in their mental limitations.

In spite of Tredgold's firm conviction that educability is in the main a matter of inheritance, he holds that people of some capacity may increase their educability by exercise of mind, and that such exercise of mind through generations will eventually stamp the strain with greater possibilities in the line of educability. In other words, while inheritance is the greater factor in educability, environment has some influence, and that environment kept up for a few generations has considerable influence.

And now for certain rather radical suggestions which will make teachers think. He holds that compulsory education should stop at a much lower level than it now does. That even the higher elementary studies should be open only to those who have proved their ability to profit by them.

Many individuals reach the limits of their educability long before they stop school. He would have examinations by which individuals would be stopped when they had reached that limit.

To determine fitness to be educated in the higher subjects, passing scholastic examinations and gaining scholarships is not enough. The examination should take into consideration medical and psychological aspects as well. An inquiry into the mental ratings of the family should be made.

Wood Nuptial.

The woods are still; the scent of old rain stirs
Out of the trampled fronds and over us;
And now the evening air is glamorous
With parley of the bramble gossipers,
And fireflies who trace diameters
Of light along a winking radius,
And rasping saws, and the continuous
Insistence of the thicket carpenters.

The architects of night are scaffolding
Our minster to a pandemonium
Of flute and timbrel, warmth of brass and string,
And thrill of triangle and tympanum;
The Reverend Beetle hems his fa's and do's,
And frogs intone their oratorios.
—Joseph Auslander, in Atlantic Monthly

There is no bigger blot upon the escutcheon of British labor than the refusal of some trades to welcome to their ranks former service men. Now the master builders in the building trades have relented, and it is expected that the journeymen will soon follow suit. If they do it will be the belated righting of a wrong.

"Give Us This Day Our Daily Bread."

Edward A. Filene, in Century Magazine.

THE TIMES have given a new significance to this ancient prayer. It is a hungry world that has emerged from the war, and how to provide it with its daily bread—by which I mean restoring the world to sound economic health—is a problem that is vexing business man and statesman alike.

Not as a churchman, but as a business man, I am impressed by the fact that "give us this day our daily bread" has become the prayer of the world's business no less than of the world's religion. And, still thinking as a business man, I want to suggest that while the mechanics of its answer will be found in the business of the world's market places and exchanges, the motive, the impulse, the power that will insure its answer must be found in the religion of the churches. What I mean concretely is this: whatever mechanism of international credit and commerce our business men and statesmen devise must be used, if it is to work in time to save the situation, in that spirit of service and sense of moral responsibility which the churches, above and beyond creed, exist to stimulate.

That this is not "mere idealism" in the cynic's sense of that term, but hard, practical, common sense, is plain, I think, from a simple survey of the straits in which the world finds itself in this after the war period.

The basic conditions of our country are good; we are the richest nation in the world; our savings bank deposits are the largest in our history; there is enough work that needs to be done to keep every man and woman in the United States busy.

And yet there are more than 3,000,000 (now 5,000,000) unemployed in the country. The fundamental cause of this paradoxical situation is our inability to export our surplus goods. We not only have on hand a surplus of goods, but, as a result of the war stimulus, we possess a surplus-producing ability that would have been thought impossible in 1913. And up to the moment of writing our exports have continued to fall off from month to month by hundreds of millions of dollars.

This is serious business for us, any way that we choose to look at it. Of course, if we do not solve this riddle of international economic relations and find a way to export our surplus goods, it does not mean that we are going to the dogs. It does mean, however, a far-reaching re-adjustment of our whole plan of national life and work. Unless we find a way to export our surplus goods, there will come a super-competition between businesses and industries within our own country—a super-competition not only between our producers, but between our distributors as well. If we cannot let off our surplus energy in export trade, we shall use it in fighting one another for domestic business. If such a condition of affairs obtains, this intensified competition will go on for a number of years until the amount of national production will be scaled down to the volume of what we ourselves can consume, plus, of course, whatever export trade we may have.

This super-competition will mean a domestic battle of price-cutting and, as an inevitable result, of wage-cutting, which will let us in for all sorts of industrial discontent and political unrest. In the end we shall swing to an economy as extreme as the extravagance we have been practicing. All this cannot but mean an ultimate lowering of the standards of life in the United States.

But is all this necessary? Why can we not export our surplus goods? We have them, we want to sell them, and the world cannot be restored to its normal economic health nor the peace of the world be assured until we do. The answer is simple: the European nations are for the time too poor to pay for them in gold or in goods. The only way in which the European nations can take off our hands these surplus goods is by the grace of long-term credits extended by the United States.

But—and here is the crux of the matter—long-term credits cannot be extended until there is greater social and political stability in Europe, less danger of revolutions or wars that will make repayment of loans uncertain or impossible.

In Europe the military war has been followed by a series of economic wars. These wars of trade, if not as dramatic, have been as devastating in their effect upon many European nations as was the military war. Now, normal production is the only thing that can insure daily bread and daily jobs to the peoples of Europe. Normal production depends upon a steady flow of food and raw materials to where labor is. Until such flow begins, there will never be peace and prosperity in the world.

At the end of the war food and raw materials were used up in Europe. The lack of food and raw materials has plunged Europe into genuine want and created a shortage of work. As was to be expected, this has resulted in great deficiencies in national incomes, and incitement to revolutionary and semi-revolutionary movements that have overturned governments and precipitated military and economic battles between the exhausted nations. It is because of these conditions that business and banking find themselves unable to give long-term credits.

The fact is that the defect is too deep to be corrected by business and banking alone. Business and banking will be able to solve this critical problem only when the United States co-operates in statesmanlike fashion with Europe in restoring social and political stability. We are now facing a situation in which political stability must precede economic restoration. American isolation must in the end make for European dissolution.

Now, what are the practical things we can do to help the world and ourselves out of the plight into which we have fallen? Personally, I think the fundamental need is still to "make the world safe for democracy," but I think that as a cold matter of business procedure that phrase can now be translated to mean that our immediate aim should be to "make the world safe for long-term credits." This alone will insure that flow of food and raw materials which will mean, on the one hand, the restoration of Europe to normal work and wealth, and, on the other hand, set free our surplus goods and stimulate our own business health. I have only three suggestions to offer, three things we, as American citizens, may and should do now:

First, we should mind our M's, and Help Harding, Hughes, and Hoover. These three men are in strategic positions, the three men through whom America must express its political and economic ideas of world relations.

President Harding needs to understand that the great mass of Americans is with him in making this country an active member of an effective association of nations. We must begin to differentiate between the Americanism of political campaigning and the real Americanism involving our duty to our neighbors as well as to ourselves.

Second, we should make clear to our senators our willingness, our determination, to do our part in helping to restore normal production and distribution in Europe and to establish an effective international court.

Third, we should determine by careful study what is necessary to put our millions of idle back at work.

Disarmament agreements are offered by many people as a substitute. Reduction of military expenses is necessary in all nations, because in Europe especially, they are too great a burden to be borne safely in addition to the huge expenses of the war. But disarmament on an adequate scale is impossible without some efficient substitute. There is no substitute for war except law—international law. But international law effective enough to be a substitute for was is impossible without an association of nations of which the United States is a member.

Organized religion can help by giving leadership and voice to the understanding of our countrymen. This is the great opportunity for religion. The church's fundamental ideals are justice, mercy, brotherhood. These are the foundations for international friendship, the foundations for international co-operation.

as to the cause of eczema "there are three schools—the external irritation school of Vienna, the infection school of Hamburg, and the humoral school of France. As a matter of fact there are many cases of eczema due to external irritation.

"Most cases of eczema of the hands come from substances which get on the hands while at work. The essential of cure in these cases is to protect the skin or else to change occupation or method of carrying out the harmful occupation."

Dr. Harris suggested that there might be a relation between deficient adrenal secretion in the blood in all diseases which were characterized by itching. That includes eczema. Therefore he suggested that trial be made of epinephrin, obtained from the adrenal gland. It is given by hypodermic and applied locally.

But the theory which is attracting most attention now is the French or humoral explanation of eczema. Many investigators have found that half or more of the cases of eczema are due to eating foods which, while wholesome enough to most people, cause eczema in some.

In an investigation digestive trouble was found in 78 per cent. of a series of cases of pruritis, 58 per cent. of urticarias, 75 per cent. of rosaceas, 54 per cent. of eczemas, 52 per cent. of tetters in babies.

Harris found that constipation, high protein diet, and alcohol were potent factors in causing eczema. His investigations into just which foods cause the trouble were interrupted by death. In about half the cases of eczema diet appears to be the cause. Experimentation in each case should show what foods that person should avoid.

The Worst Possible.

From Answers, London.

Stella—What can be more aggravating than a man who tells you of his love and never mentions matrimony?

Ruth—A man who tells you of his money and never mentions love.

Game Always.

Preacher (solemnly)—Rastus, do yo' take dis here woman for better or for worse?

Rastus (from force of habit)—Pahson, Ah shoots it all!

Athens has a newspaper written entirely in verse, even to the advertisements.

No Doubt.

Simpkins was talking about miracles.

"Supposing," he said to his friend, "you saw a man fall from a high wall and land on his head, get up and walk away. What would you say?"

No answer.

"Supposing the same thing happened again soon after?"

No answer.

"Supposing the man did it three times in a day, what would you call it?"

"Habit," answered the friend, with a yawn.

A Salem, Mass., clergyman has been robbed of three sermons. He says he hopes the thief will read them.

First Aid.

From London Weekly Telegram.

Small boy (to doctor who is attending bathing mishap)—Just stand back, please, and keep cool. Leave this to me. I'm a Boy Scout.

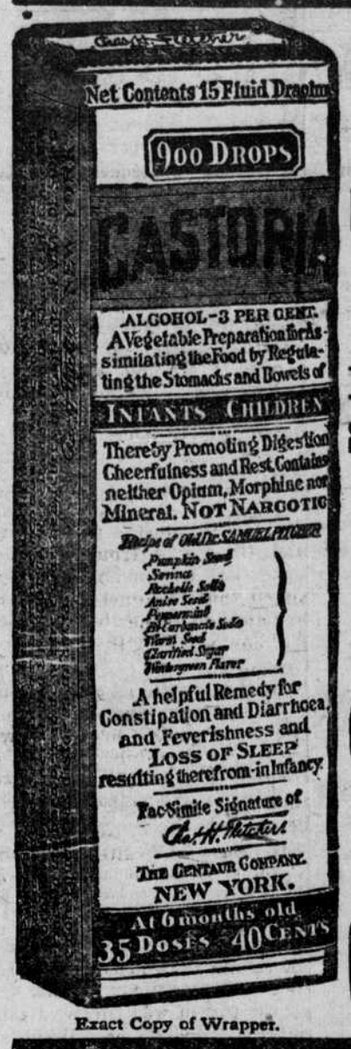
The Victor.

From the Passing Show, London.

Mother—Good gracious, John, you're wet through! However did you get like that?

John—Sorry, mum, but Freddie and I were playing at who could lean farthest over the canal bridge, and I won.

A company has been formed to grow flax in Egypt.



Exact Copy of Wrapper.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Imperturbable Official.

"Is this the detective bureau?" asked the disheveled stranger.

"It is," replied a corpulent man in uniform who was seated at a desk and writing in a large ledger.

"I'm lost."

"You are, eh?" replied the corpulent man, as he continued writing. "Well, if you can prove that anybody's missing you we'll take up the case."—Birmingham Age-Herald.

DYED HER DRAPERIES, SKIRT AND A SWEATER

Each package of "Diamond Dyes" contains directions so simple that any woman can dye or tint faded, shabby skirts, dresses, waists, coats, sweaters, stockings, hangings, draperies, everything like new. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is guaranteed, even if you have never dyed before. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade, or run. So easy to use.—advertisement.

He Couldn't Tell by the Looks.

The domestic animals on a farm proved a source of great wonder and speculation to Bob, who was making his first visit to the country.

One morning an extremely young colt was shown him.

"Well, Bob, what do you call that?" asked the farmer.

After a few minutes of deliberate thinking Bob replied: "It looks horse, but I guess sheep."

Hall's Catarrh Medicine

Those who are in a "run down" condition will notice that Catarrh bothers them much more than when they are in good health. This fact proves that while Catarrh is a local disease, it is greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and acts through the blood upon the mucous surfaces of the body, thus reducing the inflammation and assisting Nature in restoring normal conditions.

All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

She Didn't Mind It.

Algernon Tassin, whose views concerning women in his play, "The Craft of the Tortoise," are very irritating to many women, tells of one at a lecture of his, who turned to another woman, seated near her, and said fiercely:

"I'd hate to be married to that man!"

"Oh, it isn't so bad," replied Mrs. Tassin. "I don't mind it."—New York Evening Post.

Chinamen invented everything be People agree with you because they don't care.

If the popular song is a good one it can survive a rest of ten years.

When singleness is bliss it is folly to have wives.

Waterproof Aprons—Buy direct—the best at lowest cost—attractive patterns of Gingham, Percale, plain—spl. prices on request. Amer. Apron Co., 2116 Smith Bldg., Seattle, Wash.

AGENTS—SELL SELF-THREADING NEEDLES. A sale in every home. Send 10c for sample and particulars. Box 512, DEPT. D, SPARTANBURG, SOUTH CAROLINA.

KREMOLA A WONDERFUL FACE TREATMENT. Removes Tan, Liver Spots, Pimples, etc. Dealer or mail $1.25. Free book. Dr. C. H. BERRY COMPANY, 2970 Michigan Ave., Chicago.

SIOUX CITY PTG. CO., NO. 40-1921.

Not He.

"A feller came to my house futher day, wanting me to take stock in the Disarmament league, or something of the sort, at a dollar a share," related Gap Johnson of Rumpus Ridge, Ark.

"I don't reckon you bought none?" returned an acquaintance.

"You're mighty durn right I didn't! While he was showing 'em to me he stepped on the tail of one of the dogs, and when the pore varmint snapped at him the infernal cuss kicked the dog. I wouldn't buy nuthin from no such inhuman scoundrel as that. If I never got rich!"—Kansas City Star.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful sometimes what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Advertising.

Progression in China.

At no very remote time China will have a very superior radio system. An American company has undertaken the contract for building a station at Shanghai which will be as powerful as that of Bordeaux, but will be superior in that it will have masts 1,000 feet high. Other stations will afterward be erected at Harbin, Peking and Canton. The Shanghai station will be able to maintain communication across the Pacific without relay.

Ice Barrier Caused Falls.

Niagara Falls came into existence because ice in past ages closed the ancient outlet of Lake Erie. The lake overflowed along a new course, which caused it to tumble over a cliff.

Good Hint.

Mrs. Spreadit—"My husband tells me everything." Mrs. Smart—"I'm glad you told me; I'll warn my husband."

Identified.

Bill—"It's a beagle!" 'Erl—"It's not; it's a bowl!" 'Arry—"Yer both wrong; it's a hawk!"—London Answers.

Some men who don't seem to know when they are whipped, doubtless have suspicions.

Genuine

BAYER

Aspirin

Never say "Aspirin" without saying "Bayer"

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. All druggists sell Bayer Tablets of Aspirin in handy tin boxes of 12, and in bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.