

WRIGLEY'S P-K'S

WRIGLEY'S
Newest
Creation

10 for
5c



A delicious
peppermint
flavored sugar
jacket around pep-
permint flavored chew-
ing gum.

Will aid your appetite
and digestion, polish
your teeth and moisten
your throat.



The Flavor Lasts

Quite Imaginary.
Professor—Give me an example of
an imaginary spheroid.
Student—A rooster's egg, sir.

Sure Relief



At All Events, the Object of His Affec-
tions Perfectly Agreed With
Her Fiance.

For several minutes the young man
did not speak. His heart was too
full. It was enough for him to know
that this glorious creature loved him;
that she had promised to share his
fate.

With a new and delightful sense of
ownership he feasted his eyes once
more upon her beauty, and as he real-
ized that henceforth it would be his
privilege to provide for her welfare
and happiness, he could have almost
wept with joy.

His good fortune seemed incredible.
Finally he whispered tenderly:

"How did it ever happen, darling,
that such a bright, shining angel as
yourself fell in love with a dull, stu-
pid fellow like me?"

"Goodness knows," she murmured
absently; "I must have a screw loose
somewhere."

Nothing Serious.
"Forty young fellows in love with
her without arousing any responsive
emotion."
"A vampire?"
"Their school teacher."

No hot cooking No trouble to serve

For breakfast or lunch, no
food is quite so convenient
or satisfying as

Grape-Nuts

Served from the package,
with cream or milk—full of
splendid body-building nutri-
tion. Its flavor and crispness
charm the taste—a splendid
summer food.

"There's a Reason" for Grape-Nuts
Sold by grocers



MANNERS.

From the London Express.
Manners are a pleasant deceit—
a conspiracy to rob existence of
much of its crudity. Because of
them the elusive element of
charm lingers in the world, and
gentler natures are encouraged
to their robust growth.

A lot of efficient people, though,
have discarded manners as so
much unnecessary impedimenta.
Why rise when a woman enters
the room? Why appear interested
when others talk? Why ask to
be remembered to the people you
have hitherto forgotten? Why
thank anyone for giving you what
you have paid for?

There is not much reason or
logic behind it all. It is merely
that with the finer natures there
is an instinctive courtesy that ex-
presses itself in manners. Just
as with so many others there is
an instinctive lack of courtesy
which finds expression in boor-
ishness.

Manners are not useless. They
prevent you from giving thought-
less hurt to others. They make
you remain silent when Chopin is
being played. Good manners come
from a good heart.

At Least 2.75% Beneficial.

Prohibition may not be working—at
least there are some pretty good signs
that it is not working 100 per cent.—but
there are also some mighty good signs
that partial prohibition—the brand we
have—is helping out the world.

In Chicago the physicians at the county
hospital tell us they do not have the
flood of weak-and-pneumonias that they
were troubled with in former days; the
men who got drunk on Saturday, de-
veloped pneumonia about Monday, and
died by the next Saturday.

Far be it from me to say that it was
more than coincidence, but do you re-
member how the doctor was decked
with advertisements of whisky as a
remedy for flu and pneumonia in 1918,
and how the death list from flu and
pneumonia grew—and how, in January,
1920, when the flu came back, there were
no advertisements calling on people to
drink whisky for the flu, and how the
death rate came down?

This story deals with another angle
of the whisky situation. In the old days
Cook county hospital, each week, under
the care of 150 cases of cirrhosis of the
liver, sometimes called drunkard's liver. In
1916 that hospital cared for 160 such
cases. There was one patient with this
disease for every 195 patients of all
sorts. In 1920 the great hospital was
cared for 19 such cases, or one case for
each 1,486 patients.

The drop has been progressive. In
1918 about half as many as 1917, 1919
about half as many as 1918, 1920 about
half as many as 1919.

Cirrhosis of the liver is a slowly de-
veloping disease and the county hospi-
tal usually gets the late and fully de-
veloped cases. The 1921 cases will in-
clude the booze fighters of two or three
years ago. Therefore we expect to get
some cases this year that earned their
disease by working at the bar before
the prohibition law went into effect.

After all, will drunkard's liver disap-
pear from the county hospital? Will we
have to appeal to the patriotic senses
to keep it up in order that each medical
student may see one case of cirrhosis
of the liver as a part of his training?

I do not think so. In the first place,
there is the hootch brigade. I have one
neighbor who pays three dues in this
brigade—one for himself in the daytime
and two for himself at night—and this
loyal member of the order should be able
to serve as clinical material a few years
from now.

But even aside from the hootch bri-
gade, we will be able to get some cases
—not many, but some—from the must-
ard eaters.

Dr. J. L. Miller, who makes the above
quoted report from Cook county hospi-
tal, discusses alcoholic beverages as
the cause of cirrhosis of the liver.

The German literature in the main
accuses this disease of the liver. The
controversy relates to the proportions
due to beer and the distilled liquors,
respectively. The British literature as-
cribes it to liquors in the main, but the
Hindus have it and they do not drink;

they get it from eating ginger, and the
Egyptians have it, though they do not
drink. They get it from eating highly
spiced foods.

When the day comes that prohibition
approaches perfection and the cases of
alcoholic cirrhosis of the liver are no
longer found, we will be able to find
enough cases to teach our students with
among the pickle eaters and those who
varnish their meat with mustard, not
to mention those who eat cove oysters
swimming in pepper and salt and those
who sop their rare roast beef in high
sauces.

But why think of it. Let us be thank-
ful for what we've gained.

In Praise of Carrots.

From the Philadelphia Public Ledger.
Researchers of the Lister Institute in
London assign a high place to the car-
rot as a producer of vitamins.

It was Funk in a German book, "Die
Vitamine," who coined the word in 1911
to name the nutritious food element
found in the outer envelope (pericarp)
of the rice grain. If a population feeds
on rice grains from which the pericarp
has been stripped by polishing, the in-
fectious, neuritic and progressively par-
alytic disease known as beriberi
flourishes. In Newfoundland and Lab-
rador, where beriberi is rather common,
Dr. Grenfell insistently recommends the
use of bread made with the whole wheat
straw.

Vitamins must be present in our diet
if the proper chemical changes (meta-
bolism) are to follow the assimilation
of our food. The horse had no Lister in-
stitute to tell him, but "horse sense"
led him to eat carrots; and every horse-
man knows that carrots are to horses
what fish is to cats. We have still a
lot to learn about vitamins, but we
are assured on good authority that we
cannot go far wrong if we follow the
example of the horse in eating carrots
as we already have done in the case of
oats.

Ambassador Harvey, according to
European information, has become
involved in a diplomatic "intrigue."
Premier Briand is reported to be fer-
reting efforts to have Ambassador
Herrick replace Colonel Harvey on
the supreme council. The French
are of the opinion that Colonel Har-
vey is biased in favor of the British
view on the upper Silesian problem.
Hadn't Senator Borah better intro-
duce a resolution asking that Colonel
Harvey be recalled, if he is going to
get all tangled up this way in foreign
affairs?

Representative Isaac Siegel of the
House immigration committee, estimates
that in Greater New York there are
1,022,000 adults not citizens of the United
States.

WAS THE NEIGHBOR'S CHICKEN

Incident That Was Embarrassing, Al-
though It Also Had an Amus-
ing Side to It.

Some years ago, while living in the
suburbs, we kept a few chickens; our
neighbors also had chickens. After
the garden season was over we let
them run, as did our neighbors. In
this way I suppose they got more or
less mixed.

One day I decided to have a chicken
for dinner, and, not liking to kill it
myself—my husband being away—I
asked our neighbor if he would kill
it for me. He kindly consented, so I
brought out the particular fowl I had
selected. He killed it, and I thanked
him and proceeded to prepare it for
dinner.

When dinner was over I went out
to feed the chickens. What was my
surprise to find among them the fowl
I thought I had just eaten. It was my
neighbor's chicken I had asked him to
kill for me.

Of course, I lost no time in making
apologies—and also insisted that they
take ours instead, and they had a
good laugh at my expense.

ASPIRIN

Name "Bayer" on Genuine



Take Aspirin only as told in each
package of genuine Bayer Tablets of
Aspirin. Then you will be following
the directions and dosage worked out
by physicians during 21 years, and
proved safe by millions. Take no
chances with substitutes. If you see
the Bayer Cross on tablets, you can
take them without fear for Colds,
Headache, Neuralgia, Rheumatism,
Earache, Toothache, Lumbago and
for Pain. Handy tin boxes of twelve
tablets cost few cents. Druggists also
sell larger packages. Aspirin is the
trade mark of Bayer Manufacture of
Mononaceticacidester of Salicylicacid.—
Advertisement.

His "Diplomacy."
"I say, dad," piped the small boy,
"can I ask you a question?"
"Yes; go ahead," replied the in-
dulgent dad.

"What's your diplomacy, dad? I saw it
in a book the other day."

"Diplomacy, my boy," said dad, with
a patronizing smile, "means doing or
saying precisely the right thing at the
right moment."

"Ah! Then I was a diplomatist last
night, dad."

"Really, my boy. How'd you make
that out?"
"Why, when mum came in with the
castor oil, I rolled Bobbie into my
place in bed and then rolled him back
before she came round to the other
side!"

Citizen Worth While.
"Every man should aspire to serve
his country," remarked the perpetual
candidate for office.

"I quite agree with you," said Mr.
Duhwalte, "but he ought not to let am-
bition get such a strange hold on him
that it interferes with his earning a
living. My idea of a patriot is a man
who is also a good producer."—Bir-
mingham Age-Herald.

They'll Feel at Home.
"Great days for kids." "What now?"
"They say school plates will replace
textbooks."

After Thorough Trial at Detroit, Mich., Man Endorses Pe-ru-na

The following letter written
from Detroit, Michigan is no snap
judgment expressed on the merits
of Pe-ru-na, the well-
known catarrh remedy,
but rather a mature,
sober opinion formed
after a full year's trial.
This is the way Mr.
Michael Fako of 906
East Palmer Avenue,
in the Michigan Metro-
polis, writes: "After
using PE-RU-NA for
about one year will say
I have found it a very
good medicine for ca-
tarrh. It has helped
me a great deal and I
am very well satisfied. I have
gained in weight, eat and sleep
well, my bowels are regular and
better color in my face."



"PE-RU-NA has done wonders
and to me is worth its weight in
gold. I shall continue to use
PE-RU-NA as long as
I live and recommend
it to my friends who are
troubled with catarrh."
Nothing can be more
convincing than an en-
dorsement of this na-
ture from an actual
user. There are many
people in every com-
munity whose experi-
ence, in using Pe-ru-na,
has been identical with
Mr. Fako's. It is the
standby for coughs,
colds, catarrh, stomach
and bowel disorders and all ca-
tarrhal conditions.
Put up in both tablet and liquid
form. SOLD EVERYWHERE.

"Service That Serves" Satisfaction Guaranteed
RICE BROS.
LIVE STOCK COMMISSION
CATTLE, HOGS AND SHEEP
One of the Most Reliable Firms to Ship to.
Accurate Market Reports Gladly Furnished Free.
SIOUX CITY CHICAGO SIOUX FALLS

The steel trap was invented in 1704.

WATCH THE BIG 4

Stomach-Kidneys-Heart-Liver
Keep the vital organs healthy by
regularly taking the world's stand-
ard remedy for kidney, liver,
bladder and uric acid troubles—

GOLD MEDAL MARBLEN OIL CAPSULES

The National Remedy of Holland for
centuries and endorsed by Queen Wilhel-
mina. At all druggists, three sizes.
Look for the name Gold Medal on every box
and accept no imitation



Flavor is
sealed in by toasting
Cigarette
The American Cigarette Co.

Western Canada Land of Prosperity

offers to home seekers opportunities that can-
not be secured elsewhere. The thousands of
farmers from the United States who have
accepted Canada's generous offer to settle on
FREE homesteads or buy farm land in her
provinces have been well repaid by bountiful
crops. There is still available on easy terms
Farmland at \$15 to \$30 an Acre
—land similar to that which through many
years has yielded from 20 to 45 bushels
of wheat to the acre—oats, barley and
flax also in great abundance, while raising
horses, cattle, sheep and hogs is equally
profitable. Hundreds of farmers in Western
Canada have raised crops in a single season
worth more than the whole cost of their land.
With such success comes prosperity, inde-
pendence, good homes and all the comforts and
conveniences which make life worth living.
Farm Gardens, Poultry, Dairying
are sources of income second only to grain
growing and stock raising. Attractive
climate, good neighbors, churches and
schools, good markets, railroad facilities,
utilities in Manitoba, Saskatchewan, etc.,
Alberta and British Columbia, etc.
write

For certificate entitling you to re-
duced railway rates, illustrated litera-
ture, maps, description of farm oppor-
tunities in Manitoba, Saskatchewan,
Alberta and British Columbia, etc.,
write
S. A. GORD, Director, 107, Waterloo,
I. B. W. V. BERNETT, 414
Bliss, Omaha, Neb.; R. A. GARRETT,
317 Jackson Street, St. Paul, Minn.
Authorized Agent, Dept. of Immigration
and Colonization, Dominion of Canada

80 Years Old —Was Sick

Now Feels Young After
Taking Eatonic for
Sour Stomach

"I had sour stomach ever since I had
the grip and it bothered me badly
Have taken Eatonic only a week and
am much better. Am 80 years old,"
says Mrs. John Hill.

Eatonic quickly relieves sour stom-
ach, indigestion, heartburn, bloating
and distress after eating because it
takes up and carries out the excess
acidity and gases which cause most
stomach ailments. If you have "tried
everything" and still suffer, do not give
up hope. Eatonic has brought relief to
tens of thousands like you. A big box
costs but a trifle with your druggist's
guarantee.

SIOUX CITY PTG. CO., NO. 33-1921.

Children Cry For



Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it
is more reasonable for an infant to sleep with grown-ups than to use
a man's medicine in an attempt to regulate the delicate organism of
that same infant. Either practice is to be shunned. Neither would
be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be
prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged
by improper food. Could you for a moment, then, think of giving
to your ailing child anything but a medicine especially prepared
for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that
you should remember that to function well, the digestive organs of
your Baby must receive special care. No Baby is so abnormal that
the desired results may be had from the use of medicines primarily
prepared for grown-ups.

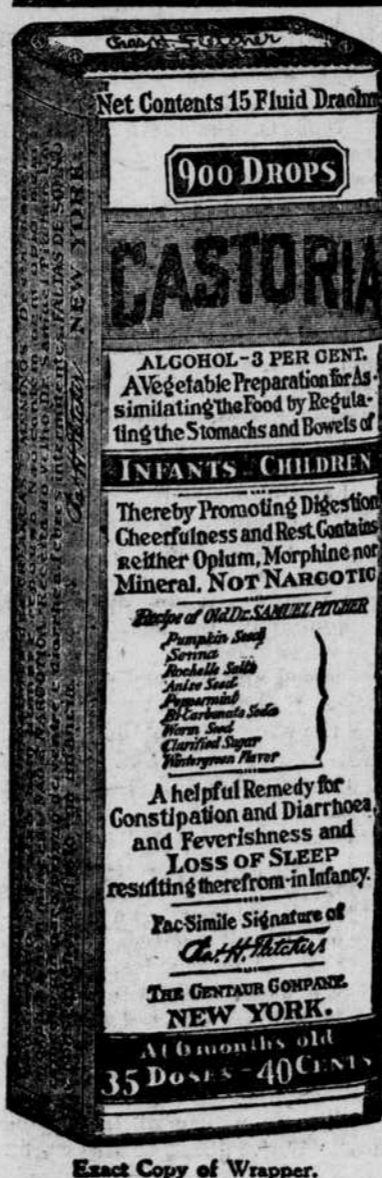
MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.



Exact Copy of Wrapper.