

SO WEAK SO NERVOUS

How Miserable This Woman Was Until She Took Lydia E. Pinkham's Vegetable Compound

Toomsboro, Ga.—"I suffered terribly with backache and headache all the time, was so weak and nervous I didn't know what to do, and could not do my work. My trouble was deficient and irregular periods. I read in the papers what Lydia E. Pinkham's Vegetable Compound had done for others and decided to give it a trial. I got good results from its use so that I am now able to do my work. I recommend your Vegetable Compound to my friends who have troubles similar to mine and you may use these facts as a testimonial."—Mrs. C. F. PHILLIPS, Toomsboro, Ga.

Weak, nervous women make unhappy homes, their condition irritates both husband and children. It has been said that nine-tenths of the nervous prostration, nervous despondency, "the blues," irritability and backache arise from some displacement or derangement of a woman's system. Mrs. Phillips' letter clearly shows that no other remedy is so successful in overcoming this condition as Lydia E. Pinkham's Vegetable Compound.

BASE BALL Equipment
Tennis and Golf Goods
Fishing Tackle Camping Outfits
Ask for Catalogs
Olson Sporting Goods Co.
315-317 4th St., Sioux City, Ia.

PARKER'S HAIR BALM
Removes Dandruff—Stops Hair Falling Out—Restores Color and Beauty to Gray and Faded Hair
60c and \$1.00 at Druggists
Wholesale: Chicago, Wis. Parkers, N. Y.

HINDERCORNS Remove Corns, Calluses, etc. from all parts of the feet, makes walking easy, the only safe, reliable, effective treatment.
"Hinder Corns," 10c. Parkers, N. Y.

ONLY 50 CENTS
for this beautiful Gold Filled Ring set with two sparkling imitation gem, any color you wish. Send fifty cents with your name and address and a ring exactly like illustration will be sent prepaid. If not satisfied return it in three days and your money will be refunded. Send no money now. Order and measurement of finger and be sure to state color of stone wanted. Colley, P. O. Box 249, Providence, R. I.

Mr. Newrich (examining curio)—"Two thousand years old? You can't kid me! Why, it's only 1921 now!"
The Passing Show (London).

An interesting pastime is to test the purchasing power of a dollar by seeing "how it will go."

COCKROACHES EASILY KILLED TODAY
BY USING THE GENUINE
Stearns' Electric Paste
Also SURE DEATH to Waterbugs, Ants, Rats and Mice. These pests are the greatest carriers of disease and MUST BE KILLED. They destroy both food and property.
Directions in 15 languages in every box.
Ready for use—two sizes 50c and \$1.00.
U. S. Government buys it.

DAISY FLY KILLER PLACED ANYWHERE ATTRACTS AND KILLS ALL FLIES. Neat, safe, effective. Contains no poisons, no chemicals, no fumes, no odor. Guaranteed effective. Sold by all druggists, or by EXPRESS, 10c. per box.
BAROLD SOMERS, 160 De Kalb Ave., Brooklyn, N. Y.

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1695. Three sizes, all druggists.
Look for the name Gold Medal on every box and accept no imitations.

Mrs. Hicks Relieved By Four Eatonics

"I have taken four Eatonics tablets and they relieved me of sour stomach. I recommend it to everybody," says Mrs. G. P. Hicks.
If stomach is not digesting your food; if you have sourness, bloating, food repeating, indigestion or acid stomach, Eatonics will remove the cause by taking up and carrying out the acidity and gases, bringing quick relief and healthy digestion. Why suffer stomach trouble? Why not keep your digestion normal and enjoy good health? An Eatonics taken after each meal will prevent discomfort and pain. Make the test today and see how quickly this wonderful remedy acts. It comes in handy tablet form. Carry it with you. A big box costs only a trifle with your druggist's guarantee.

SIoux CITY Ptg. Co., No. 22-1921.

TODAY.

By Arthur Brisbane.
Gorky, the Russian, says 5,000 of the most intelligent men in Russia, scientists, artists, philosophers, are actually dying of hunger. That doesn't say much for the government that Gorky supports. It manages to feed its soldiers.

Germany, apparently, will yield to the demands of the allies and undertake to pay \$32,000,000,000 in gold. Financiers seem to think she is able to pay, or that she will in some way escape the payment, for the value of German currency goes up on this news. War is expensive. If the Germans must pay \$32,000,000,000 for having enjoyed five years of war, how expensive would such a war be to the United States? We barely got into the war, and we spent about \$50,000,000,000 just simply getting ready.

A mother, in Monday's news, was ill and worried. Her son, a nervous child, 11 years old, worried because his mother was ill. He had not been told why his mother was so depressed. He kissed her goodby, went to his room and hanged himself. Two hours later the mother gave birth to her 11th child. Wondering how she could take care of it had caused her to worry. This little story from the news will interest those that advocate birth control.

A judge has said that he would not allow anybody to become a citizen if lacking in average knowledge. One of the questions was: "What is the difference between a king and a president?" Of course, the candidate is not expected to give the real answer, which is, "a king is a man in Europe who imagines that he rules the country and does not. The president is the head of a people that thinks it rules itself but does not."

You know the story of Frankenstein. Mrs. Shelley wrote it. A man created his Frankenstein monster, powerful and cold. Then the monster chased him all over creation. That's how the allies feel about Poland. They created that fine country; now it has a standing army of 600,000 men, and the allies are wondering what they are going to do about that Frankenstein.

Freeing the Cables.
From the St. Louis Post Dispatch.
As an outgrowth of the controversy of the Wilson administration with the Western Union Telegraph Co., over the landing of a cable at Miami, Fla., to connect at Barbados with a British cable running to Brazilian ports, Congress is considering legislation to define the powers of the government beyond question in the future.

President Wilson forbade the landing of the Miami connection primarily because of dissatisfaction with the British cable monopoly in Brazilian ports, which runs until 1933. During a period of 50 years, with one exception, the executive has assumed to license and control such landings as a part of the implied powers of the president. The exception was in Cleveland's administration, when Secretary Olney held firmly go home and wash the supper dishes. Legal procedure as it is observed in a world where plaintiff, defendant, jurors, witnesses and attorneys have no affairs of importance to attend to is too slow for the movies. Here is the way a witness is examined in a real court:

State to the jury, if you please, where you live. I live at 312 Blank street.
What is your home? Yes, sir, you live there? Yes, sir. How long have you lived there? About 12 years. About 12 years? Yes, sir. Now you have stated I believe, that you are in the grocery business? Yes, sir. Where is your place of business? My store is at 408 West Blank street. You run a grocery store there, do you? Yes, sir. Now you state that on the afternoon of February 18 you had gone to attend a funeral. Yes, sir. Your brother's funeral, I believe, you stated. My brother-in-law. Oh, your brother-in-law, yes, sir. Your brother-in-law was dead was he? Yes, sir. Then you were not at your grocery store on the afternoon in question? No, sir.

It is obvious that this rate of progress will not serve for the movies.
Canned Books for Sale.
From the Cleveland Plain Dealer.
Everything from tinned beef and toothpicks to motor trucks, ocean transports and cities has been offered at public sale by the army or navy in the course of liquidating surplus stocks accumulated for war. Now the secretary of the navy is preparing to dispose of 40,000 books. Who wants to buy 40,000 books?

It is announced that the books will be disposed of at nominal cost. If the right kind of organization can be formed for distribution an excellent opportunity is offered to lovers of books. However, it is suggested that the government itself should undertake to distribute these volumes. Government sales through the postoffice of certain kinds of foods was successful. The same method, it is argued would work equally well in the sale of the navy's 40,000 superfluous books.

When Capital Goes Hungry.
From the New York World.
"Capital never goes cold and hungry," says Vice President Easty of the Brotherhood of Railway and Steamship Clerks, Freight-Handlers and Station Employees. "Capital is never out of a job unless it wants to be." The statement is good rhetoric but not so much can be said of its economic soundness.

Capital is sometimes out of a job involuntarily when a mill shuts down or a mine peters out. It may even go cold and hungry when an industrial company passes its dividends or a street railroad goes into a receiver's hands.
Capital, of course, is less likely than labor to feel the immediate pinch of a sudden reversal. It usually has more fat to sustain on. But in a general sense both are subject to the same economic conditions. When labor is at work capital is at work, and when either suspends operations the other suffers and it becomes a question of endurance as between the strike fund of the one and the bank account of the other. The stockholder whose dividends are cut off is in the same boat with the employee whose pay envelope is empty. How long either can keep from going cold and hungry depends on the size of the rainy day fund.
The bulk of capital is not in the form of swollen private fortunes but in small individual investments the income from which is as necessary to the support of the investor as his wages are to the workman. Their interests are identical. It is essential to the support of both that the mills should be kept going and the trains running.

Several native African girls are in London to study dressmaking. They say the girls in Africa who wish to be gowned fashionably have to wait too long for consignments of wearing apparel from Europe.
The company which launders most of the radium in the United States says that the precious metal is vanishing rapidly. At least one lot has disappeared each day for the past 10 days. Recent losses amount to \$40,000.
The annual convention of the I. W. W. in Chicago, found itself composed of only 35 delegates. "It's hardly worth while holding a convention," said Chairman Roy Brown. "Nearly all our best people are in jail or under cover."

Earl of Minto Carries Montreal Bride Into New Home in England



The Earl of Minto, who was married in Montreal, Canada, recently to Miss Marion Cook, of Montreal, took his wife to his ancestral home in England and followed out the old custom which decrees that a bridegroom must carry his bride over the threshold of her new home. The custom is said to be a relic of the runaway marriages of olden times. The photo shows Lord Minto carrying the new Lady Minto into the house.

Jethro---Original Efficiency Expert.

Scriptural Suggestion Some Executives Have Overlooked.

Frank W. Taylor, Jr., in Circulation.
The Book of Exodus is the story of the Israelites on their journey through the wilderness under the guidance of Moses. Jethro was the father-in-law of that competent man. History sets forth how well and to what purpose Moses discharged the obligation of leadership, but obscured in the narrative of that undertaking—one of the vital features of the story, if you please—is the splendid philosophy of Jethro as expounded to his son-in-law and turned to practical account by him to serve as a perennial guide-post for men who travel the road to progress.
Jethro remained in Egypt when the children of Israel departed on their experiment in self-determination. In the course of time, however, he too traversed the wilderness and arrived in the camp of the wanderers.
There is, in the course of human events, the psychological moment. That was the moment Jethro arrived!
Wearied with the weight of people's woes, cast down with the perpetual problems of their days and nights, law-givers frequently go to pieces, and, as the gentle Jethro perceived his kinsman engaged in the daily task of judging the multitude of their transgressions, he discovered that an enterprise undertaken in faith and hope was about to become an object of charity.

Then what happened? Read it, beginning with the 13th verse of the 18th chapter of Exodus:
And it came to pass on the morrow that Moses sat to judge the people; and the people stood by Moses from morning unto the evening.
And when Moses' father-in-law saw all that he did to the people, he said, "What is this thing that thou doest to the people? Why sittest thou thyself alone, and all the people stand by thee from morning unto even?"
And Moses said unto his father-in-law, "Because the people come unto me to enquire of God."
"When they have a matter they come unto me; and judge between one and another, and I do make them know the statutes of God and His laws."
And Moses' father-in-law said unto him, "The thing that thou doest is not good."
"Thou wilt surely wear away, both thou and this people that is with thee; for this thing is too heavy for thee; thou art not able to perform it thyself alone."
"Hearken now unto my voice. I will give thee counsel and God shall be with thee."
"Thou shalt provide, out of all the people, able men to be rulers of thousands, and rulers of hundreds, rulers of fifties and rulers of tens."
"And let them judge the people at all seasons; and it shall be that every great matter they shall bring unto thee, but every small matter they shall judge; so shall it be easier for thyself and they shall bear the burden with thee."
"If thou shalt do this thing, then thou shalt be able to endure and all this people shall also go to their place in peace."
So Moses hearkened to the voice of his father-in-law and did all that he had said.
And Moses chose able men out of all Israel, and made them heads over the people, rulers of thousands, rulers of hundreds, rulers of fifties and rulers of tens.
And they judged the people at all seasons; the HARD causes they brought unto Moses, but every small matter they judged themselves."

The modern Moses, engulfed in the problems of his own particular organization, leads his workers through the maze of the day's affairs. He carries the load to the breaking point. He believes that the only way properly to get things done is to do most of them himself. He does not entrust the multitude of minor problems to competent assistants, thereby denying to them the right to develop and progress.
He knows that that day whose low descending sun sees not the major portion of the work by his own performance done is wasted. Someone had better begin playing Jethro to his Moses!

Supreme Court Rulings.
From the New York World.
In dealing with the Volstead prohibition enforcement law the supreme court of the United States read the word "concurrent" out of the constitution. In dealing with a recent question of free speech it upheld the authority of congress to empower the postmaster general to exclude permanently and arbitrarily from the second-class privileges any publication whose political and economic doctrines he regarded as inimical to the present order of government. In dealing with the issue of money in politics and the systematic debauching of a senatorial primary the court finds that congress exceeded its constitutional power when it undertook to limit a candidate's expenditures.

Honest Charles.
"I'm glad I broke off my engagement with Charles," said Merry Blue. "He's no gentleman."
"Oh," said her friend, Cherry. "Why, I always thought him one. What has he done?"
"Well, I sent him back his presents," answered Merry. "I sent them all back, except the diamond ring and a few other things which I thought I was really entitled to, considering the hours of my time I gave him, and I asked him to return mine."
"Well," asked Cherry, "did he refuse?"
"He did not. He not only sent me back a box of cigars, unopened, and a necktie, which the brute had never worn, but he also sent five boxes of face powder, saying that he estimated that to be about the quantity he had taken away on his coat during the time that we were engaged."

Damages to the amount of \$1,000 hang on the verdict of a Boston court as to whether or not a dog, killed by an automobile, "exceeded due care" in its use of the city's streets.
Ordinary telegraph instruments can be transformed instantly by a slight adjustment into wireless receiving and sending apparatus, according to a statement today by Prof. Lipman, of the French Academy of Science.
Such phrases as "I see the cat" and "the dog runs," in lessons in elementary grades should be replaced by sentences similar to "I look right and left when I cross the street," according to the manager of the safety division of the Milwaukee association of commerce.

She Admitted It.
Tennyson and Browning should have been present the other afternoon. They would have found what they themselves strove to be.
A woman in one of the government departments has been writing verse for about a year, having suddenly found out that she has some aptitude along that line.
In showing her work, some one expressed surprise that she was writing verse.
"I didn't know you wrote poetry," he said.
The woman smiled sweetly:
"Oh, I write perfect poetry," she said.—Washington Star.

Catarrh
Catarrh is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Ponic and Blood Purifier. By cleansing the blood and building up the System, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.
All Druggists. Circulars free.
F. J. Cheney & Co., Toledo, Ohio.

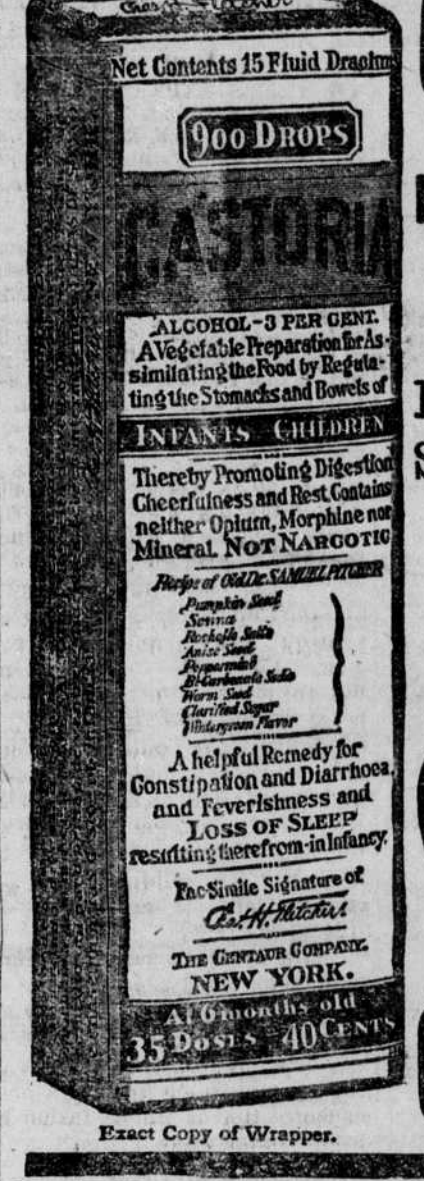
Paint Clothes Wire.
Give the new wire clothesline two coats of white enamel. It will make it wear longer and keep it from getting rusty.

Help That Bad Back!

Why be miserable with a "bad back"? It's time you found out what is wrong! Kidney weakness often causes much suffering from backache, lameness, rheumatic pains, headaches, dizziness and kidney irregularities. Neglected, it may lead to dropsy, gravel or Bright's disease, but if taken in time it is usually easily corrected by using Doan's Kidney Pills. Doan's have helped thousands. Ask your neighbor!

A South Dakota Case
Mrs. W. C. Richman, 309 W. Dartmouth St., Vermillion, S. D., says: "In the last attack of backache I had, there was a steady, dull ache in the small of my back which kept me feeling irritable and all out of sorts. My kidneys acted irregularly. I was nervous and all worn out. I felt better when in a few days after taking Doan's Kidney Pills and one box cured me and I have never been troubled since."
Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

KREMOLA A WONDERFUL FACE BLEACH. Removes all Dark Spots, Freckles, Scurf, etc. Cleanses the Skin. Free Book. Dr. C. H. REEVY COMPANY, 115 West Michigan Ave., Chicago.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher* In Use For Over Thirty Years **CASTORIA**

THE CENTAUR COMPANY, NEW YORK CITY.

WHY WHITEY STAYED HOME
Stuff He Put Away at Coney Was Too Much Even for Stomach of Healthy Boy.

"I couldn't come to work yesterday," said Whitey, the thin whomper of office boys. "I was at Coney the day before and I let too much."
"Heaven's sakes, what did you eat?" asked the office manager.
"Well," said Whitey, "first we had peanuts, and then we had three hot dogs apiece and a couple ice cream cones. Then we had some popcorn and salt water kisses and red lemonade, and then we pushed names on a pushboard for boxes of candy, and I won a box, and we eat that; they was chocolates, and then we had some sassa-parilla, because just before that we had some more peanuts, and they was kinda dry, and finally we finished 't off with a banana split. After that we didn't have no more money, so we didn't eat no more except when a fellow treated us to a hot fudge sundae and bought us some more peanuts afterward.—New York Sun.

Her Discovery.
"Charley, dear," said young Mrs. Tokins, "I didn't know you were so fond of children!"
"What makes you think I'm so fond of them?"
"Every now and then you mention some one you call Babe Ruth with such extraordinary affection."

DOG CAUGHT HIS OWN FISH
Sportsman Given Authority for Remarkable Story That Appears in a London Periodical.

The London "zoo" fishing cat which so steadfastly refuses to show itself—except at meal times—has a rival in the fishing dog, says London Answers.
A sportsman was on the west coast of Madagascar, when he observed a dog come out of the thick bush in front of him and trot briskly down to the edge of the sea. When it had got a little way into the water it stopped and remained perfectly still, as a heron might when fishing at home. Its glance was never once taken off the water.
Suddenly it thrust its head into an oncoming wave, and reappeared with a large fish in its mouth. Quickly taking its capture ashore it squatted down and made a hearty meal. After a while the fishing operation was repeated, and it was evident to the witness of the incident that the dog made a regular practice of it.

French Youth Defective.
As a result of the lack of opportunity to take physical exercise half of the youths of France are said to be physically unfit for military service. Out of more than 3,000,000 eligibles, only 165,000 measured up to the ordinary physical standards in a recent examination of the class of 1921, which will join the colors soon.

Ready to Eat and Every Bit Eatable Grape-Nuts

is convenient, free from waste, and moderate in price.

Skilled blending and long baking bring out the full flavor and richly-nourishing qualities of this cereal food, and make it easy to digest.

"There's a Reason"
For sale by all grocers