



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of *Dr. J. C. Hutchins*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

ORGANIZATION RESPONSIBILITY INTEGRITY

In other words the reputation of

Rice Brothers

LIVE STOCK COMMISSION

Sioux City Stock Yards

GUARANTEES SATISFACTION

A RELIABLE FIRM TO SHIP TO

Accurate market reports gladly furnished free. Write us! Also Chicago, Ill., Sioux Falls, S. D.

PROVED TRUE TO HER WORD COULDN'T TAKE HER IN CUP

Fair Autoist ad Said She Would Be Back Promptly, and It Was Even More So.

"Honey" Was What the Youngster Was After, but Not in Quite Such a Generous Quantity.

On one of my first excursions in our new car, writes a correspondent, I stopped at the grocery with my car parked with the back toward the store door. I gave my order and told the clerk that I would be back to get my things in a very few minutes.

As I stepped into the car, my best "dear" came down the street, and anxious to show him how well I could drive, I hurriedly threw into gear. I reached the engine and let the clutch out to get a quick pickup.

It proved to be a wonderful one, as I had thrown into reverse and found myself in the doorway of the grocery store. I had gone over the curbing and all, breaking the window as I bumped into the store.

The grocer hurried out, and when he saw who it was, "Well," he said, "you have proved yourself a woman of your word, but it will cost you the price of a new show window."

Most men will tell you that a good name is better than riches—but they keep right on hustling.

Prosperity has ruined more men than adversity—but that kind of ruin is so much more delightful.

That Wholesome Table Drink

POSTUM CEREAL

gains new friends right along because of its pleasing taste healthfulness, and saving in cost

Postum Cereal is delicious when properly made: boil fully fifteen minutes after boiling begins. The more you boil Postum Cereal the better it is.

When ordering be sure to get the original POSTUM CEREAL

A 50-cup package usually sells for 25¢

Made by Postum Cereal Co., Inc., Battle Creek, Mich.

How to Reduce Taxes.

From the Indianapolis News (Republican).

If all the federal taxes to which objection had been made were repealed tomorrow the people of the United States would still be paying almost \$1,000,000,000 for preparation for future wars. Out of every dollar taken from the citizen 78 cents goes to the army and navy, pensions, interest, etc., all these items being chargeable to wars past and to come. We shall next year spend almost four times as much for war purposes as for purposes of peace. Seventy-eight per cent. of our total expenditures is war expenditure. And we have not yet reached the limit.

Congress at its late session appropriated \$855,956,960 for army and navy, which is practically the same as the amount appropriated for the civil side of the government, exclusive of the postal appropriation. As long as other nations arm for war we must do the same, but we should think that the people, who are complaining of their tax burdens, would be somewhat startled by these facts. We are spending \$855,000,000 a year for machinery and equipment to be used by "our boys" in foreign wars, and challenging other nations to provide the same machinery and equipment with which to kill our boys. Every resident of the United States including children and babies, pays, or some one pays for him, \$8 a year for big guns, rifles, battleships, ammunition, explosives, etc. Such is the enormous cost of insurance against future wars.

The matter is one that should have a keen interest for business men. They and all others bore this burden uncomplainingly and cheerfully when it was realized that it was unavoidable. But now men are asking—or should be asking—whether there may not be a cheaper and more effective insurance. If there is, sound business sense will demand that it be adopted. The League of Nations strikes directly at this great evil. It is recognized by the members of the league that "the maintenance of peace requires the reduction of national armaments to the lowest point consistent with national safety and the enforcement by common action of international obligations." The council is charged with the duty of formulating "plans for such reduction for the consideration and action of the several governments." There is the following provision:

The members of the league agree that the manufacture by private enterprise of munitions and implements of war is open to grave objections. The council shall advise how the evil effects attendant upon such manufacture can be prevented, due regard being had to the necessities of those members of the league which are not able to manufacture the munitions and implements of war necessary for their safety. The members of the league undertake to interchange full and frank information as to the state of their armaments, their military, naval and air programs and the condition of such of their industries as are adapted to warlike purposes.

A permanent commission is created for the purpose of carrying on this disarmament program. In view of present conditions it surely would be worth while to try this method. By employing it we might cut down very considerably the 78 cents now devoted to war, and thus greatly relieve business and the people. There is another cause of war that the league utterly destroys, and that is the secret treaty. Article XVIII of the covenant provides that "every treaty or international engagement entered into hereafter by any member of the league shall forthwith be registered with the secretariat and shall as soon as possible be published by it," and that "no such treaty or international engagement shall be binding until so registered." With each nation knowing what the other nations were doing in the way of preparation, and each familiar with all the treaties that bind the others, the chance of war, disregarding all the other provisions of the covenant, would be greatly lessened, and our tax bills materially reduced.

Bread Making Made Easy

been the favorite because it excels first in the proper kind of gluten. Some wheat contains gluten which is not elastic and rubbery, and while such flours may absorb water the gluten cells do not retain the moisture, most of which is driven out by baking.

It is generally conceded that spring wheat flour will make more loaves per barrel, making larger loaves of a creamy white color and fine even texture. Bakers prefer spring wheat flour and are willing to pay a little more for it because it makes better bread and more of it.

Soft wheat flour is often advised for pastry and cake, but its use is geographical rather than always preferable.

[National Crop Improvement Service.]

HOME bread making is becoming just art.

However, the world loves good home-made bread, and a great proportion of our people do not live in localities where good fresh bread may be had from the baker.

Most women think that bread making is too hard work; that is only because they make it so. Whatever their recipe may be, they should not laboriously knead the air out of the dough with vigorous punchings and pokings, because it is better to fold air into the dough, which is a very simple process occupying but a few minutes.

The quality of the bread depends largely upon the quality of the flour. Spring wheat flour has long

Reclamation in Japan.

Robertson Scott, in Asia.

Every year in Japan there are about 600,000 more Japanese to provide for. Some of the surplus of the population must go to sea or abroad, but subsistence for a certain proportion has to be found at home.

Marvelous as the efforts of the Japanese farmers toward land reclamation have been, and ingenious and far-sighted as have been the plans that they have adopted in order to procure, conserve and transport water, often for long distances, there is still the possibility of increasing the cultivated area in Japan. It is asserted that there are available as many as 3,500,000 acres of land, most of which could be made into rice fields.

The cost of doing so is the important point. A countryside may be suitable for rice, but if the cost of bringing water and maintaining the supply is prohibitive to the farmer, what can be done? Already the hills seem to be terraced in all the convenient places. Needless to say, the cultivated area in Japan is in other countries, is constantly being encroached on by cities, towns and villages. Nearly 20,000 acres disappeared in this way every year. But in the same space of time some 75,000 acres are reclaimed.

Meaning of Antwerp.

From the Detroit News.

The city of Antwerp received its name in a curious fashion. The first habitation was a castle of three towers on the River Scheldt, ruled by a great robber named Antigonus. Legend gives him a height of 40 feet, and strength in proportion. As the main road ran by his castle gates he ferried the jolly habit of halting travelers and demanding heavy toll ere he would allow them to proceed. In case they refused, or did not pay the toll, he seized them and cut off their heads, holding them in the sight of such unfortunate wretches wandering about the country would be excellent propaganda to the effect that he meant business. The heads he threw or tossed into the river, and in time the spot became known as "Zantwerpen" or "Head-losing." A giant wooden figure of Antigonus is in existence, and on great parades it is dragged through the streets with a man inside, who by means of a lever, works the head back and forth in a somewhat lifelike manner. The figure is 40 feet in height.

George Washington's Notebook.

From the New York Sun.

The New York public library, in its bulletin, announces a most interesting manuscript discovery. Somebody sent to the library an old notebook which appeared to contain a roster of the regiments raised in Virginia in 1767 for the last of the wars between the English and the French of Canada. An exam-

ASPIRIN

Name "Bayer" on Genuine

"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monaceticacidester of Salicylicacid.—Adv.

Unbiased.

She hadn't been particularly interested in the fight for woman suffrage through the years of her useful life, but had devoted herself loyally to domestic pursuits in the service of her employer. However, when informed that women were to have full rights to vote, she announced:

"Well! I'm going to read up on all the men who are trying to be elected and find out all about 'em and who's the best man before I vote for him—but it ain't goin' to be no Republican."—Indianapolis News.

—if you catch me!

To the wearer who finds PAPER in the heels, counters, insoles or outsoles of any shoes made by us, bearing this trade-mark.

See your neighborhood dealer and insist on the Friedman-Shelby "All-Leather" Trade-Mark. It means real shoe economy for the whole family.

OLD SORES, PILES AND ECZEMA VANISH

Good, Old, Reliable Peterson's Ointment a Favorite Remedy.

"Had 51 ulcers on my legs. Doctors wanted to cut off leg. Peterson's Ointment cured me."—Wm. J. Nichols, 40 Wilder Street, Rochester, N. Y.

Get a large box for 60 cents at any druggist, says Peterson, of Buffalo, N. Y., and money back if it isn't the best you ever used. Always keep Peterson's Ointment in the house. Fine for burns, scalds, bruises, sunburn, and the surest remedy for itching eczema and piles the world has ever known.

GREEN'S AUGUST FLOWER

A Marvelous Remedy for Indigestion.

Those who suffer from nervous dyspepsia, constipation, indigestion, torpid liver, dizziness, headaches, coming up of food, wind on stomach, palpitation and other indications of disorder in the digestive tract will find Green's August Flower a most effective and efficient assistant in the restoration of nature's functions and a return to health and happiness. There could be no better testimony of the value of this remedy for these troubles than the fact that its use for the last fifty-four years has extended into the civilized world and no indication of any failure has been obtained in all that time. Very desirable as a gentle laxative. Sold everywhere.—Adv.

Tip They Deserve Sometimes.

Headline—"Man in Restaurant Knocked Down Head Waiter." This, the waiter himself will probably admit, is carrying the tipping system a little too far.—Boston Transcript.

Thousands of Women

Owe Their Health To

Lydia E. Pinkham's Vegetable Compound—overshadowing indeed is the success of this great medicine. Compared with it, all other medicines for women's ills seem to be experiments. Why is it so successful? Simply because of its sterling worth. For over forty years it has had no equal. Women for two generations have depended upon it with confidence.

Thousands of Their Letters are on our files, which prove these statements to be facts, not mere boasting.

Here Are Two Sample Letters:

Mother and Daughter Helped.

Middleburg, Pa.—"I am glad to state that Lydia E. Pinkham's Vegetable Compound did me much good when I was 35 years old. I was run down with female trouble and was not able to do anything, could not walk for a year and could not work. I had treatment from a physician but did not gain. I read in the papers and books about Lydia E. Pinkham's Vegetable Compound and decided to try it. The first few bottles gave me relief and I kept on using it until I got better and was able to do my work. The Vegetable Compound also regulated my daughter when she was 15 years old. I can recommend Lydia E. Pinkham's Vegetable Compound as the best medicine I have ever used."—Mrs. W. YERGEN, R. 3, Box 21, Middleburg, Pa.

Wise Is the Woman Who Insists Upon Having

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.