

ORGANIZATION

In other words the reputation of

INTEGRITY RESPONSIBILITY

Rice Broth

Cattle Hogs

LIVE STOCK COMMISSION Sioux City Stock Yards **GUARANTEES SATISFACTION**

A RELIABLE FIRM TO SHIP TO

That Wholesome

POSTUM CEREAL

gains new friends right along because of its pleasing taste

healthfulness, and saving in cost

Postum Cereal is delicious when properly made: boil fully fifteen

minutes after boiling begins. The more you boil Postum Cereal

the better it is.

When ordering be sure

to get the original POSTUM CEREAL

A 50-cup package usually sells for 25¢

Made by

Postum Cereal Co., Inc.,

Battle Creek, Mich.

tenegrapheneuenenenenenenene baeneneuenenenenen

Table Drink

Accurate market reports gladly furnished free. Write us! Also Chicago, Ill., Sioux Falls, S. D.

PROVED TRUE TO HER WORD | COULDN'T TAKE HER IN CUP

Fair Autoist ad Said She Would Be Back Promptly, and It Was Even More So.

On one of my first excursions in our new car, writes a correspondent. I stopped at the grocery with my car parked with the back toward the store door. I gave my order and told the clerk that I would be back to get my things in a very few minutes.

As I stepped into the car, my best "leau" came down the street, and anxious to show him how well I could drive, I hurriedly threw into gear. raced the engine and let the clutch | wife and said:

out to get a quick pickup. It proved to be a wonderful one, as be?" 7 had thrown into reverse and found myself in the doorway of the grocery store. I had gone over the curbing he added, eyeing the buxom lady, and all, breaking the window as I

bumped into the store. The grocer hurried out, and when he saw who it was, "Well," he said, "you have proved yourself a woman of your word, but it will cost you the price of a new show window."

Most men will tell you that a good name is better than riches-but they keep right on hustling.

is so much more delightful.

"Honey" Was What the Youngster Was After, but Not in Quite

Such a Generous Quantity.

Hogs

Sheep

Tommy Brown had not studied pelmanism and his brain was like a sieve. When his mother told him to take a cup to the grocer's and get it filled with honey he heard what she said; but when he got to the grocer's he forgot what he had come for.

The grocer named one article after another in the good-natured attempt to refresh his memory, but all to no avail. Then he turned to his plump

"Honey, can you think what it might

"That's it; that's it!" cried the boy, excitedly. "Honey! But, look here," "you'd better put her on my back and let me take her that way, for the-cup wouldn't hold her."

From Bad to Worse.

"I don't find so many people borrowing umbrellas and forgetting to return them," remarked the observant citi-

"I believe the umbrella borrower was a less expensive friend," rejoined the man who is always longing for the Prosperity has ruined more men old days. "What you've got to lend than adversity-but that kind of ruin new is a taxicab fare all the way to the suburbs."

How to Reduce Taxes.

From the Indianapolis News (Republican.)

If all the federal taxes to which objection had been made were ro pealed tomorrow the people of the United States would still be paying almost \$1,000,000,000 for preparation for future wars. Out of every dollar taken from the citizen 78 cents goes to the army and navy, pensions, interest, etc., all these items being chargeable to wars past and to come. We shall next year spend almost four times as much for war purposes as for purposes of peace. Seventy-eight per cent. of our total expenditures is war expenditure. And we have not yet reached the limit.

Congress at its late session appropriated \$855,956,960 for army and navy, which is practically the same as the amount appropriated for the civil side of the government, exclusive of the postal appropriation. long as other nations arm for war we must do the same, but we should think the the people, who are complaining of their tax burdens, would be somewhat startled by these facts. We are spending \$855,000,000 a year for machinery and equipment to be used by "our boys" in foreign wars, and challenging other nations to provide the same machinery and equipment with which to kill our boys. Every resident of the United States including children and babies, pays, or some one pays for him, \$8 a year for big guns, rifles, battleships, ammunition, explosives, etc. Such is the enormous cost of insurance against future wars.

The matter is one that should have a keen interest for business men. They and all others bore this burden uncomplainingly and cheerfully when it was realized that it was unavoidable. But now men are asking—or should be asking—whether there may not be a cheaper and more effective insurance. If there is, sound business sense will demand that it be adopted. The League of Nations strikes directly at this great evil. It is recognized by the members of the league that "the maintenance of peace requires the reduction of national armaments to the lowest point consistent with national safety and the enforcement by common action of international ob-ligations." The council is charged with the duty of formulating "plans for such reduction for the consideration and action of the several governments." There is the following provision:

The members of the league agree that the manufacture by private enterprise of munitions and implements of war is open to grave objections. The council shall advise how the evil effects attendant upon such manufacture can be prevented, due regard being had to the necessities of those members of the league which are not able to manufacture the munitions and implements of war necessary for their safety. The members of the league undertake to interchange full and frank information as to the scale of their armaments, their military, naval and air programs and the condition of such of their industries as are adapted to warlike purposes.

considerably the 78 cents now devoted to war, and thus greatly relieve business and the people. There is another cause of war that the league utterly destroys, and that is the secret treaty. Article XVIII of the covenant provides that "every treaty or international engagement entered into hereafter by any member of the league shall forthwith be registered with the secretariat and shall as soon as possible be published by it," and that "no such treaty or international engagement shall be binding until so registered." With each nation knowing what the other nations were doing in the way of preparedness, and each familiar with all the treaties that bind the others, the chance of war, disregarding all the other provisions of the covenant, would be greatly lessened, and our tax bills ma-



OME bread making is becom-

good home-made bread, and a great while such flours may absorb waproportion of our people do not live ter the gluten cells do not retain in localities where good fresh bread | the meisture, most of which is drive may be had from the baker. Most women think that bread

making is too hard work; that is spring wheat flour will make more only because they make it so. loaves per barrel, making larger Whatever their recipe may be, they loaves of a creamy white color and should not laboriously knead the fine even texture. Bakers prefer punchings and pokings, because it to pay a little more for it because is better to fold air into the dough, it makes better bread and more of which is a very simple process oc- it.

cupying but a few minutes. The quality of the bread depends for pastry and cake, but its use is largely upon the quality of the geographical rather than always flour. Spring wheat flour has long | preferable.

been the favorite because it excels first in the proper kind of gluten. Some wheat contains gluten which However, the world loves is not elastic and rubbery, and en out by baking.

It is generally conceded that

Soft wheat flour is often advised

Reclamation in Japan. Robertson Scott, in Asla.

Every year in Japan there are about \$00,000 more Japanese to provide for. Some of the overplus of the population must go to sea or abroad, but subsist-

ence for a certain proportion has to be found at home.

Marvelous as the efforts of the Japanese farmers toward land reclamation have been, and ingenious and far-sight-ed as have been the plans that they have ed as have been the plans that they have adopted in order to procure, conserve and transport water, often for long distances, there is still the possibility of increasing the cultivated area in Japan. It is asserted that there are available as many as 3,250,000 acres of land, most of which could be made into rice fields.

The cost of doing so is the important point. A countryside may be suitable

point. A countryside may be suitable for rice, but if the cost of bringing water and maintaining the supply is prowater and maintaining the supply is prohibitive to the farmer, what can be
done? Already the hills seem to be terfaced in all the convenient places. Needless to say, the cultivated area in Japan,
as in other countries, is constantly being encroached on by cities, towns and
villages. Exarty 20,000 acres disappeared
in this way every year. But in the same
space of time some 75,000 acres are reclaimed.

> Meaning of Antwerp. From the Detroit News.

The city of Antwerp received its name in a curious fashion. The first habitation was a castle of three towers on the River Scheldt, ruled by a great robber named Antigonus. Legend gives him a height of 40 feet, and strength is proportion. As the main road ran by his castle gates he formed the jolly habit of halting travelers and demanding heavy toll ere he would allow them to proceed. In case they refused, or find not the money, he seized them and cut off their hands, holding that the sight of such unfortunate wretches wandering about the country would be excellent propagands to the effect that he meant business. The hands he threw or tossed into the river, and in time the spot hecame known as "Hantwerpen" or "Hand-lossing." A giant wooden figure of Antigonus is in existence, and on great parades it is dragged through the the streets with a man inside, who by means of a lever, works the head back and forth in a somewhat lifelike manner. The figure is 40 feet in height. The city of Antwerp received its

George Washington's Notebook

From the New York Sun. The New York public library, in its The New York public library, in its bulletin, announces a most interesting mahuscript discovery. Somebody sent to the library an old notebook which appeared to contain a roster of the regiments raised in Virginia in 1757 for the last of the wars between the English and the French of Canada. An exam-

ination of the relic by Victor Hug Paltsits, keeper of manuscripts in th library, proved not only that the roste was genuine but that it was written by George Washington. Colonel Washing ton's notes, made in that period of his life which lay between his defeat as Fort Necessity and his victory at Fort Duquesne, relate principally to military affairs. But as an example of Washington's spelling, punctuation and capitalization it is best to offer the longest item in the book. It happens not to re-late directly to preparation for war: "To make Small Beer-

"To make Small Beer—
"Take a large Siffer full of Bran hops to your Taste.—Boil these 3 hours then strain out 30 Gallns into a Cooler put in 3 Glins Molasses while the Beer in Scalding hot or rather draw the Melases into the Cooler & St(r)ain the Beer on it while boiling Hot. let this stand till it is little more than Blood warm then put in a quart of Yea(s)t if the Weather is very Cold cover it over with a Blank(et) & let it Work in the Cooler 24 hours then put it into the Cask—leave the Bung open till it is almost den(e) Working—Bettle it that day Week it was Brewed."

Nothing is said about the wisdom of

Nothing is said about the wisdom of using patent stoppers or crown caps Men of those stern days managed with something else.

> A Hot One. From the Dallas News.

From the Dallas News.

"A flirt, am IT" exclaimed Mary Ann, under notice to go. "Well, I know them as flirts more than I do, and with leas hexcuse.' She shot a spiteful look at her mistress and added: "I'm better looking than you. More 'andsome, 'Gw do I know? Your husband told me so."

"That will do," said her mistress, frigidly.

frigidly.

"But I ain't finished yet!" retorted
Mary Ann. "I can give a better kise
than you! Want to know 'co told me that mum?"
"If you mean to support that my husband.
"No, it wasn't your 'unband this time,"
said Hary Ann. "It was your chauf-

As it Sounded.

From Lendon Tit-Bits.

Visitor (to small gist hugging a large Teddybear, whose batton eyes convey the impression of a preneunced squint)—Well, little girl, and what de you call your nice new bear?

Small girl (gravely)—His name is "Gladly," same as the one in the hymn. Visitor (mystified)—What on earth are you talking about, child? Which hymn? Small Girl—You know. The one that says "Gladly my crosseyed bear."

Miss Agnes Wilson, daughter of the secretary of labor, is considering running for congress from her Pennsyl-

ASPIRIN

Name "Bayer" on Genuine



"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monvaceticacidester of Salicylicacid .- Adv.

Unbiased.

She hadn't been particularly interested in the fight for woman suffrage through the years of her useful life, but had devoted herself loyally to domestic pursuits in the service of her employer. However, when informed that women were to have full rights to vote, she announced:

"Well! I'm going to read up on all the men who are trying to be elected and find out all about 'em and who's the best man before I vote for himbut it ain't goin' to be no Republican,"-Indianapolis News,

GREEN'S AUGUST FLOWER

A Marvelous Remedy for Indigestion.

Those who suffer from nervous dyspepsia, constipation, indigestion, torpid liver, dizziness, headaches, coming up of food, wind on stomach, palpitation and other indications of disorder in the digestive tract will find Green's August Flower a most effective and efficient assistant in the restoration of nature's functions and a return to health and happiness. There could be no better testimony of the value of this remedy for these troubles than the fact that its use for the last fifty-four years has extended into many thousands of households all over the civilized world and no indication of any failure has been obtained in all that time. Very desirable as a gentle laxative. Sold everywhere.-Adv.

Tip They Deserve Sometimes. Headline - "Man in Restaurant Knocked Down Head Waiter." This, the waiter himself will probably admit, is carrying the tipping system a little too far.-Boston Transcript.



OLD SORES, PILES AND ECZEMA VANISH

your aeighborhood dealer insist on the Friedman-by "All-Leather" Trade-

Shelby "All-Leather" Trade-Mark, It means real shoe econ-omy for the whole family.

Good, Old, Reliable Peterson's Ointment a Favorite Remedy.

"Had 5i ulcers on my legs. Doctors wanted to cut off leg. Peterson's Ointment cured me."—Wm. J. Nichos, 40 Wilder Street, Rochester, N. Y. Get a large box for 60 cents at any druggist, says Peterson, of Buffalo, N. Y., and money back if it isn't the best you ever used. Always keep Peterson's Ointment in the house. Fine for burns, scalds, bruises, sunburn, and the surest remedy for itching eczema and piles the world has ever known.

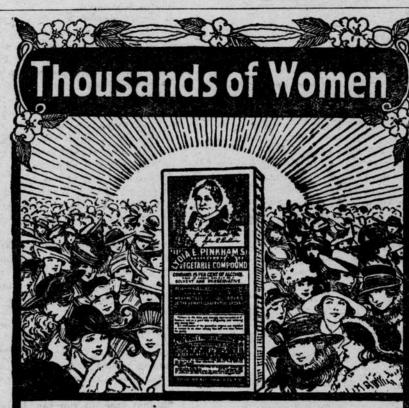
FORTUNES BEING MADE IN OIL

Get your share of California oil profits. Famous RICHFIELD District leads state's production. Write for FREE folder descriptive of this favored field and its oppor-

EDWARD L. OLMSTEAD & CO., Brokers Bank references. 20 years in California H. W. Hellman Bldg. Los Angeles, Cal.



FRECKLES POSITIVELY REMOVED by Dr. Berry's Prockie Claiment --- Your draggister by mail, 86c, Free book, Br. C. W. Cerry and Co., 2975 Michigan Avenue, Chicago SIOUX CITY PTG. CO., NO. 41-1920.



Owe Their Health To

Lydia E. Pinkham's Vegetable Compound — overshadowing indeed is the success of this great medicine. Compared with it, all other medicines for women's ills seem to be experiments.

Why is it so successful? Simply because of its sterling worth-For over forty years it has had no equal. Women for two generations have depended upon it with confidence.

Thousands of Their Letters are on our files, which prove these statements to be facts, not mere boasting.

Here Are Two Sample Letters:

Mother and Daughter Helped.

Middleburg, Pa.—'I am glad to state that Lydia E. Pinkham's Vegetable Compound didme much good when I was 35 years old. I was run down with semale trouble and was not able to de anything, could not walk for a year and could not work. I had treatment from a physicha but did not gain. I read in the papers and books about Lydia E. Pinkham's Vegetable Compound and decided to try it. The first few bottles gave me relief and I kept on using it until I got better and was able to do my work. The Vegetable Compound abe regulated my daughter when sile was 15 years old. I can recommend yegetable Compound as the best medicine I have ever used."—Mrs. W. Yeager, R. 3, Box 21, Middleburg, Pa. Mother and Daughter Helped.

Fall River, Mass. — "Three years ago I gave birth to a little girl and after she was born I did not pick up well. I doctored for two months and my condition remained the same. One day one of your little books was left at my door and my husband suggested that I try a bottle of Lydis E. Pinkham's Vegetable Compound. I started it immediately and I felt better and could eat better after the first bottle, and I continued taking it for some time. Last year I gave birth to a baby boy and had a much easier time as I took the Vegetable Compound for four months before baby came. On getting up I had no pains like I had before, and no dixiness, and in two weeks felt about as well as ever."—Mrs. THOMAS WILKINSON, 363 Columbia Street, Fall River, Mass.

Wise Is the Woman Who Insists Upon Having

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO. LYNN, MAS