

## THE MISERY OF BACKACHE

Removed by Lydia E. Pinkham's Vegetable Compound.

Muskegon, Mich.—"For six years I was so weak in my back at times that I could hardly walk. Lydia E. Pinkham's Vegetable Compound was recommended to me and it made me good and strong again so that I am able to do all my work. I highly recommend your medicine and tell everyone I meet what it did for me."  
—Mrs. G. SCHOONFIELD, 240 Wood Ave, Muskegon, Mich.

### Woman's Precious Gift

The one which she should most zealously guard is her health, but she often neglects to do so in season until some ailment peculiar to her sex has fastened itself upon her. When so affected women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

### Heredity.

"Do you think the baby will take after Jim?"  
"Yes, if there is anything to take."

## LIFT OFF CORNS!

Freezone is magic! Corns lift off with fingers without pain



Hurt? No, not one bit! Just drop a little Freezone on that touchy corn. Instantly it stops aching, then you lift that bothersome corn right off. Yes, magic! Costs only a few cents.

Try Freezone! Your druggist sells a tiny bottle, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezone is the mysterious ether discovery of a Cincinnati genius.—Adv.

A policeman should watch that others do not prey.

When one suspects, he is right at least half the time.

## Sure Relief



**BELLANS**  
6 BELLANS Hot water Sure Relief  
**BELLANS**  
FOR INDIGESTION  
**16799**  
**DIED**

In New York City alone from kidney trouble last year. Don't allow yourself to become a victim by neglecting pains and aches. Guard against this trouble by taking

## GOLD MEDAL HARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Holland's national remedy since 1696. All druggists, three sizes. Guaranteed. Look for the name Gold Medal on every box and accept no imitation.

Shave, Bathe and Shampoo with one Soap.—Cuticura  
Cuticura Soap is the favorite for safety razor shaving.

SIoux CITY PTG. CO., NO. 26-1920.

Use **MURINE** Night and Morning  
Keep Your Eyes Clean, Clear and Healthy  
Write For Free Eye Care Book, Murine Co., Chicago, U.S.A.

## PLATFORM SUGGESTIONS TO THE G. O. P. WIN COLLEGE BOYS \$10,000 IN PRIZES



Carl Smith Jaslyn (left), Howard B. Wilson and (below) E. P. Smith.

After competing with thousands of young men and women under 25 years of age, these youths are the winners in the Walker Blaine Beale \$10,000 platform contest. The contest was conducted by the republican national committee for educational purposes. The first prize of \$6,000 was awarded to Carl Smith Jaslyn, of Springfield, Mass.; the second of \$3,000 to Howard B. Wilson, of Philadelphia; the third of \$1,000 to E. P. Smith, of Ann Arbor, Mich. All are college men attending respectively the Universities of Harvard, Pennsylvania and Michigan.

### Motor Rules In Japan.

From World Outlook.  
You must drive your automobile at the speed of 8 knots per hour on the city roads and at 12 knots per hour on the country roads.

In narrow place of road corner and bridge speed slowly.

When you see the policeman throwing up his hand you must not drive in front of him.

When you pass the corner and the bridge ring the horn.

When you get ahead of the passenger on foot or the cow or the horse, you must ring the horn.

When you meet the cow or the horse speed slowly and take the care to ring the horn and not be afraid of them.

Drive slowly when you meet the horse or the cattle, do not make them afraid and carefully make the sound. If they are afraid of the sound you must escape a little while at the side of the road until they pass away.

When you drive the motor car do not leave the driver seat and take care lest unexpected trouble happen.

Do not drive the motor car when you get drunk and do not smoke on the driver seat.

When two cars are driving in the same road, if there is another car in front of yours or behind yours you must keep 60 yards away from him. If you go ahead of him ring horn and pass him.

When you cross the railway, wait until the other train and other cars pass through.

When anything matter with your car you go to station and tell him.

When you want to have a driver or exchange another, you must enclose driver's address, career and age.

**SPECIAL NOTICE.** You must never put overload on your automobile. The licensed capacity of your Ford car is 5 passengers—two in front and three in rear of house.

### Need Coal and Toils.

From the New York Times.  
The Davison plan to use \$500,000,000 in extending long term credits to selected manufacturers in central Europe, so that the chimneys of their mills can send out smoke again, appears not only as wise philanthropy but as sound business. The point seems to be lost on congress. It is a pure gift, cries senator Borah, and America ought not to give anything to people who will not work. But the whole aim is to enable them to work. It is eminently a kind of bounty which blesses him who gives as well as him who takes. The economies of the operation would seem to be within the grasp of a child, but congress fumbles the matter. It appears to have little heart in the affair and still less head.

### HELP STARTS AT HOME.

Editor Sioux City Tribune. I just read in your paper where Wilson is asked to aid the farmers, as there is not to be a shortage in the food supply; that millions of acres of land are uncultivated. I think that if these farmers who are around 30 years of age would spend more of their time in the field instead of riding around the country in their cars and leaving the hired man to do a day's work in the field and then come in and do all the chores, men wouldn't be so hard to keep on the farm; and these men who have their land and laying idle should be made to rent it at reasonable figures. Then, maybe some of the boys who spent their time in the army in the past struggle would like to try farming; but no, we haven't got anything for them.

From a Subscriber.

### An Eskimo Banquet.

From World Outlook.  
The feast had already begun when I arrived at Narsarsuaq's tent. The men were sitting in the open, behind some seal skins which were hung in front of the opening of the tent in order to keep the cold wind out. They were all dressed alike in blue fox and Polar bear furs, and each had a "billout," or butcher knife, in his hand. They cut into the carcass with these knives dripping with blood, and tore the raw meat with their strong, beautiful teeth. In the midst of this savage looking entertainment, however, there was apparent the most genuine courtesy. The men often helped each other to what they considered the best part of the seal, and the host, selecting a huge piece of meat, handed it to me with the smile of a gourmand, saying: "I hope you will find it to your taste."

I took the meat and thanked him, but sat down at a little distance from the others, for I hoped in an unobtrusive moment to give the nauseous mess to the dogs. As usual, on such occasions

they were standing around as closely as they dared come, greedily watching their opportunity to snatch or catch a bit of the meat. Alas, my host anxious, I suppose, to see that I was happy and satisfied, kept his eyes on me! And when he saw that I was in no hurry to eat the meat, remarked kindly: "Yes, it smells so good it is truly a sin to eat it, but let it sink down into your stomach, anyhow. I will afterwards give you another piece to smell on!"

### Cause of The Blush.

From the London Mail.  
Blushing is the most peculiar and the most human of all expressions, and it is inherent in some people and not in others, for the tendency to blushing runs in families. Unlike the expression of other emotions, which may be caused by physical means, we cannot cause a blush by any action of the body—it is the mind which must be affected. Blushing is not only involuntary, but also the wish to restrain it, by leading to self-attention, actually increases the tendency to blush.

It has been said that blushing is acquired as an ornament, in support of which theory the argument is put forward that a slight blush adds to the beauty of a woman's face. Incidentally it is on record that women candidates for the harem of the sultan who are capable of blushing invariably fetch a higher price. But the true cause of this strange expression is the intimate relationship between the sensory nerves of the face and the minute capillaries whose supply of blood is regulated by these nerves. Thus anything which attracts attention, perhaps only indirectly, to the face puts into action its sensitive nerve supply and thus excites the facial capillaries to relax and fill with blood.

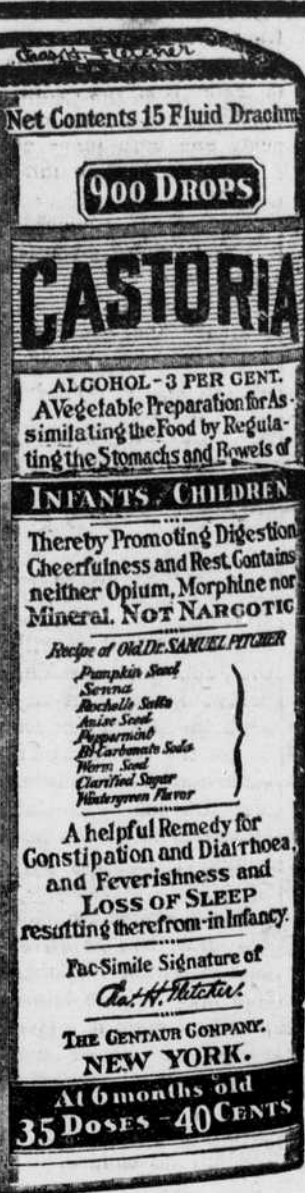
This primary cause of blushing, however, is a process of years, which brings about a blush when there is no suspicion as to anything about the face itself, but merely the suggestion of some general depreciation or criticism. It is easy therefore to understand the blushing of the blind, and why younger people are affected more than old, and also why the opposite sexes excite each other's blushes. It will also be understood why, because of this control of the capillaries of the face by its sensory nerves, shyness is the most powerful cause of blushing, for shyness relates to the presence and opinion of others, and the shy are always more or less self-conscious.

### Nature is Obstinate.

From Munsey's Magazine.  
The government learns by experience just as individuals do. In the consciousness of the public sinks a lesson which eventually becomes a policy, a statute, the process of years, which brings about a blush when there is no suspicion as to anything about the face itself, but merely the suggestion of some general depreciation or criticism. It is easy therefore to understand the blushing of the blind, and why younger people are affected more than old, and also why the opposite sexes excite each other's blushes. It will also be understood why, because of this control of the capillaries of the face by its sensory nerves, shyness is the most powerful cause of blushing, for shyness relates to the presence and opinion of others, and the shy are always more or less self-conscious.

"Flames?" he said. "Not yet, I think."

"And he laughed quizzically and joked again."



Exact Copy of Wrapper.

Different Kinds.  
He—Dancing is the poetry of motion, you know.  
She—Yours is the blank verse stuff.

The prices of cotton and linen have been doubled by the war. Lengthen their service by using Red Cross Ball Blue in the laundry. All grocers, 5c.

### A Warning.

"Harry asked my hand for the next dance." "Then give it to him on condition he keeps off your feet."

### ALLEN'S FOOT-EASE DOES IT.

When your shoes pinch or your corns and bunions ache so that you are tired all over, get Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes and sprinkled in the foot-bath. It will take the sting out of corns and bunions and give instant relief to Smarting, Aching, Swollen, Tender feet. 1,500,000 pounds of powder for the feet were used by our Army and Navy during the war. Sold everywhere.—Adv.

No, Alfred, a girl never suspects a young man's intentions until he asks her whether she can cook.

### Cuticura for Pimply Faces.

To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum.—Adv.

### TIME MAKES LITTLE CHANGE

Booth Tarkington Relates Anecdote to Show How Characteristics Prevail to the End.

Novelist Booth Tarkington was talking about the cowardly attack that a gang of Germans had made on a solitary French officer in the restaurant of the Hotel Adlon in Berlin.

"The Germans," he said, "were unpleasing in the beginning, and they will be unpleasing to the end."

He shook his head thoughtfully.

"People can't change," he said.

"Henry Labouchere was born a fearless wit, and a fearless wit he died. A few hours before his death, you know, Labouchere's nephew upset a tiny spirit lamp that was burning by the bedside. The dying man awoke out of a fitful doze and saw the miniature conflagration.

"Flames?" he said. "Not yet, I think."

"And he laughed quizzically and joked again."

### The Usual Thing.

"Sir," thundered Senator Blawhaw, "day and night, from every stump and hustling, I have denounced in no uncertain tones the merciless rapacity of the soulless profiteers, and—"

"But," we asked, "what have you done about it?"

"Done? Heavens above! Haven't I just said I denounced it?"—Kansas City Star.

## Children Cry For



### Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for Infants and Children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

THE CENTAUR COMPANY, NEW YORK CITY.

## ASPIRIN

Name "Bayer" on Genuine



"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monocetacidester of Salicylicacid.—Adv.

### BREAK IN TRAIN'S SCHEDULE

Fair Driver of Auto Had a Hunch, and the Sequel Proved She Was Correct.

Let me recommend a ride in a new car with a woman driver as the best prescription for a thrill that will last a lifetime, writes a correspondent. Mine came when, after reluctantly accepting an invitation to ride from a friend who had just received her new machine, we mounted the incline to a grade crossing in a suburb and started across the tracks. In the exact middle the engine stopped and nothing we could do had the slightest effect on it. While working we were approached by an excited flagman.

"A limited is due here in two minutes," he said, "and it never has stopped at this station."

"It will today," calmly replied my friend. And it did, but not before it had been flagged and the train crew helped boost us from the rails.

He'd Heard That Before.

My husband and I were in New York last fall. One day while he went to attend to some business I thought I would take a ride in one of the motor buses. A man sat next to me and, glancing down at his shoes, I absentmindedly put my hand on his knee and said: "Sweetheart, your shoes need shining." He smiled and said: "Yes, my wife said so this morning."—Exchange.

Couldn't Escape Them.  
"Hello, George. I hear you can't meet your creditors." "You're all wrong! I meet one every five minutes."

Yes, Luke, the grass widow knows enough to make hay while the sun shines.

Love isn't blind. It's obstinacy that kills it.

## Back Giving Out?

That "bad back" is probably due to weak kidneys. It shows in constant dull, throbbing backache or sharp twinges when stooping or lifting. You have headaches, too, dizzy spells, a tired feeling and irregular kidney action. It is usually easy to correct these early troubles, and avoid the more serious ailments by giving prompt help. Use Doan's Kidney Pills. They have helped thousands the world over. Ask your neighbor!

### An Iowa Case

Mrs. Chas. A. Malden, 8 E. Grant St., Marshalltown, Iowa, says: "My kidneys were weak and I had dull pains across my back and loins. I was sore and lame and became tired easily. I also had headaches and dizzy spells and my kidneys acted irregularly. Doan's Kidney Pills soon put my kidneys in good condition and relieved all the backache and other symptoms of kidney complaint."

Get Doan's at Any Store, 60c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

## Kill All Flies!

THEY SPREAD DISEASE  
Fly Killer  
Harold Somers, 150 E. Kail Ave., Brooklyn, N. Y.

## Acid Stomach Makes the Body Sour

Nine Out of Ten People Suffer From It

It sends its harmful acids and gases all over the body, instead of health and strength. Day and night this ceaseless damage goes on. No matter how strong, its victim cannot long withstand the health-destroying effects of an acid stomach.

Good news for millions of sufferers. Chemists have found a sure remedy—one that takes the acid up and carries it out of the body; of course, when the cause is removed, the sufferer gets well.

Bloating, indigestion, sour, acid, gassy stomach miseries all removed. This is proven by over half a million ailing folks who have taken EATONIC with wonderful benefits. It can be obtained from any druggist, who will cheerfully refund its trifling cost if not entirely satisfactory. Everyone should enjoy its benefits. Frequently the first tablet gives relief.

**PARKER'S HAIR BALMS**  
Removes Dandruff, Stops Hair Falling, Restores Color and Beauty to Gray and Faded Hair. 50c and \$1.00 at druggists.  
HINDERCORNS Removes Corns, Calluses, etc. Stops all pain, causes comfort to the feet, makes walking easy. 50c. by mail or at drug stores.  
FRECKLES Positively removed by Dr. Barry's Freckle Ointment—Just dropped or by mail, 50c. Free book, Dr. C. H. Barry Co., 215 Michigan Avenue, Chicago.

**KODAKS** Films and Photo Supplies  
Finishing for Amateurs  
Enlarging  
Prices on application  
ZIMMERMAN BROS., EASTMAN KODAK CO., 215 Broadway, New York City.

## This time of year it's a good idea to combine fresh fruit or berries with your morning dish of Grape-Nuts

The blend of flavor proves delightful and is in tune with June.

"There's a Reason"

