

NERVOUS PROSTRATION

Mrs. J. Christman Proved That Lydia E. Pinkham's Vegetable Compound is a Remedy for this Trouble.

Binghamton, N. Y.—"I was in a very nervous condition for over a year, my mind was gloomy, could see no light on anything, could not work and could not have anyone to see me. Doctor's medicine did not help me and Lydia E. Pinkham's Vegetable Compound was recommended. I took it and a month later I was well and it all afflicted with nervous prostration."—Mrs. J. CHRISTMAN, 193 Oak Street, Binghamton, New York.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be used with perfect confidence by women who suffer from nervous prostration, displacements, inflammation, ulceration, irregularities, periodic pains, backache, bearing-down feeling, flatulency, indigestion and dizziness. Lydia E. Pinkham's Vegetable Compound is the standard remedy for female ills. If there are any complications about which you need advice write in confidence to Lydia E. Pinkham Medicine Co., Lynn, Mass.

FORD OWNERS

Don't Crank Your Heads Off Start your car in coldest weather first turn over with "One Minute Manifold Heater." Sent postpaid \$1.00. Satisfaction guaranteed or money refunded. CARD-HAWKINS CO., Franklin, Neb.

ASTHMA

Greatest remedy for Asthma and Bronchitis. Write full history of your case to Dr. E. A. Gayton, Eau Claire, Wisconsin. Reliable Automobile School, Mechanical, Electrical, Vulcanizing. Low tuition. Free Catalog. Nat. Auto. School, 2322 N. 20th, Omaha.

The Difficulty. "What do you think of street paving in the abstract?" "How can you take abstract views of a concrete subject?"

GREEN'S AUGUST FLOWER.

Constipation invites other troubles which come speedily unless quickly checked and overcome by Green's August Flower which is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the bile and impurities from the blood. It is a sovereign remedy used in many thousands of households all over the civilized world for more than half a century by those who have suffered with indigestion, nervous dyspepsia, sluggish liver, coming up of food, palpitation, constipation and other intestinal troubles. Sold by druggists and dealers everywhere. Try a bottle, take no substitute.—Adv.

Books.

Some books are edifies to stand as they are built; some are heavy stones ready to form a part of future edifices; some are quarries from which stones are to be split for shaping and after use.—Holmes.

Watch Your Kidneys!

That "bad back" is probably due to weak kidneys. It shows in a dull, throbbing backache, or sharp twinges when stooping. You have headaches, dizziness, spots, a tired nervous feeling and irregular kidney action. Don't neglect it—there is danger of dropsy, gravel or Bright's disease! Use Doan's Kidney Pills. Thousands have saved themselves more serious ailments by the timely use of Doan's. Ask Your Neighbor!

A South Dakota Case

J. H. Smith, retired farmer, Springfield, S. D., says: "Cold set in on my kidneys and brought on attacks of kidney trouble. I had to pass the kidney secretions too often and was obliged to get up as many as seven times at night. The secretions were distressing in passage too. My back got terribly lame and I was miserable when I began taking Doan's Kidney Pills. They brought me quick relief and one box fixed me up all right; the lumbago was removed and the trouble with my kidneys." Get Doan's at Any Store, 60c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

PARKER'S HAIR BALSAM

Restores Color and Faded Hair. Beauty to Gray and Faded Hair. 50c and \$1.00 at druggists. H. W. Parker, N. Y.

HINDERCOINS

Removes Corns, Calluses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 50c. by mail or at Druggists. Hindercoins Chemical Works, Patokogue, N. Y.

DANCING--FREE

Be an expert dancer. Learn at home. My new, wonderful, illustrated method of dancing. Send \$1.50 for book. I will give free One Step and Fox-Trot with every order. Send for free booklet on Dancing. PROF. G. ERICKSON. P. O. Box 622. Joplin, Mo.

FRECKLES

POSITIVELY REMOVED by Dr. Barry's Freckle Remover. Free book, Dr. C. H. Barry, Co., 2975 Michigan Avenue, Chicago.

A Bad Cough

If neglected, often leads to serious trouble. Safeguard your health, relieve your distress and soothe your irritated throat by taking PISO'S

The Scarlet Thread.

Behold, when we come to the land, thou shalt bind this line of scarlet thread in the window which thou hast let us down by.—Joshua, 2: 18.

Red as the lips of the Rahab, Harlot of Jericho, Hung the thread from her casement Ages and ages ago!

Over the fire and slaughter Shone the cord's rich flame! Out of her ruined city Rahab, the shrewd, came!

Swiftly the spinners of evil Gathered the thread and spun: Nightly rebed in its color Daughters of Babylon!

How its riotous tangles Twisted dancer and priest! Twined the groves of Astarte; Girdled the emperor's feast!

Solomon, from his window, Watching Jerusalem, Mused on the subtle woman Plauding his scarlet hem!

Men so marching to battle: Suddenly bares from a door— Deadlier than their foemen— Crimson that Rahab wore!

Yea, and the spindles that fashioned Nineveh's red attire Spun for our present cities The halter of desire!

Then is the thread so woven Into the web of the race That, age through age, we must bear it Down to the Judgment place?

When will our spirits sicken Of weaving the cloth of doom? When will the God within us Shatter its shuttle and loom?—Daniel Henderson, in "Life's Minstrel" (E. P. Dutton).

Why There is a Fiume Issue.

From the New York World.

With his usual gift of plain speech, Premier Clemenceau puts in one short sentence the core of the Fiume question: "Italy promised Fiume to the Jugo-Slavs but went back on her promise."

The fact is undeniable. The Italian-Jugo-Slav love feast in Rome confirmed it. The treaty of London, between Britain, Italy and France, formally ratified it in terms precise. And neither with the love feast and the treaty of London nor with the official and unofficial proposals preceding both had the United States anything to do.

The Fiume issue, thus settled, was revived in an attempt to save the Orlando ministry. It was claimed that, after the treaty of London, the Russian collapse imposed fresh duties, dangers and sacrifices upon Italy—which was true. But that disaster did not lessen the need of the Jugo-Slavs behind Fiume, and the Magyars behind them, of a trade outlet by the only standard gauge railroad across the Dalmatian Alps.

The history of the Fiume question may not indicate its solution now. But openly or secretly, Fiume merchants favor the treaty of London; a custom house behind as well as before their doors would throw trade to Trieste. The recent prohibitions, though its full meaning is ill understood, shows that Fiume tires of d'Annunzio. He admits that "Fiume's voice has changed."

All Italy's troubles in respect to Fiume are the result of the Italian government's attempt to nullify a promise.

Farmers Earned Their Profit.

From the Topeka Capital.

The wages the farmers have been obliged to pay, the feed for teams and the high priced seed and implements absorbed a good part of the price of \$2 wheat and even of \$1.50 corn, when corn crops were near failures. A good part of the country has talked about the farmer's \$2 wheat as if the increase was profit. But with the industrial strikes and threats of strikes the country is coming around to believe that whatever profit accrued to the farmer was earned.

A Safety Zone.

From the Minneapolis Tribune.

Once in a while an idea comes out of Mexico that is quite worth encouragement on this side of the border. One of these ideas has just floated across. It contemplates the establishment of a neutral zone throughout the length of the boundary line in which the sale of intoxicants shall be restricted. Especially is this plan desirable if the smuggling and use of liquor have tended to inflame a situation that is delicate and dangerous enough at best.

Two-thirds of the estate of Lord Plymouth in East Worcestershire, England, was purchased by his tenants. Most of the estates being sold by various lords and dukes throughout England are being purchased by the tenants.

One Streak of Luck.

From the New York World.

There is not much luck in this world for democrats but they must be able to find a few grains of comfort in the report that Henry Cabot Lodge is to be chairman of the republican national convention.

A Fine National Habit.

The relief of suffering has become a national habit, and those who are not affected by altruistic considerations may remember that a starving Europe is not the best guarantee of a prosperous America.

HE'S ONLY 132, BUT FEARS HE WON'T SEE ANOTHER CHRISTMAS



"Uncle John" Shell as he appeared at his Christmas party. This is the latest photograph of "Uncle John" Shell, who, at 132, is the world's oldest human being. At his Christmas party this year, attended by more than 200 of his children, grandchildren and other descendants, he declared that he would not be alive to eat turkey on Christmas day, 1920.

The Real American Stab.

She Would Not Agree to Limit Armaments—Other Nations Must Now Arm.

From the London Spectator.

In our opinion, then, we must go forward with the league whatever the policy momentarily adopted by America. The real danger of America's action does not concern herself. It consists in the fact that other nations, great and small, in whom ambition is beginning to awaken, may make the American reservations an excuse for abandoning the league. In all probability the American senators do not fully realize the enormous dynamic force which America now exercises in the European world. It is not too much to say that if the Senate passed the treaty without reservation, no European state would have dared to consider the possibility of breaking away. With America apparently only hanging loose on the league, all the Machiavellis, petty and great, of Europe are inclined to say: "Why should we tie our hands if America won't tie hers? Let us be as free as she is." If that evil counsel were to prevail, Europe would indeed be in deadly peril. Whether then the Americans are able to help us at the moment or not, the rest of the great powers, Britain, France, Italy, and Japan, and such smaller states as they can influence, must go forward with the league. We detest the idea of exposing ourselves to the charge of exaggeration in such a matter as this, but the truth must be spoken even at the risk of being thought sensational. If the League of Nations were to be abandoned, the world would be exposed to dangers greater than it has ever before encountered.

We must take from America as much as she can give us, and—for we are certain we can do this safely—trust to her "making good" at a later date. If she cannot at present give us a sealed bond, we at any rate may find in her history and in the character of her people, guarantees as firm in reality though not in appearance, as her pledged word.

The league must be made a living thing, and if any difficulty should arise the powers that compose it must, without any false shame or sense of amour propre, appeal to America, if she remains outside, to help them in supporting it. They would not, we are sure, make such an appeal in vain. Those who are inclined to think that the league, with America not committed to it, will be of no use, and so had better be thrown over at once, should consider how infinitely easier it will be to carry out the general wishes of mankind if such an organization as the league exists. Take the trouble of the moment. There is no country in the world, certainly not Russia, which does not passionately desire to stop the fighting which is now going on in northeastern Europe, to end bolshevist tyranny, and to give the people of Russia whatever government the majority of them desire. If the League of Nations were in existence, its council would be just the body which could handle the situation in Russia effectively, which could tell the warring parties and nations to put up their swords—which, in fine, could make an end of the agony of a continent. Before Europe and America gathered under one banner even the astute and most self-confident of bolshevist tyrants must fear and tremble.

We have one more word to say by way of postscript. Though generally we do not take a tragic but only a serious view of the reservations, there is one point on which we agree that serious damage has been done by the Senate. The reservations in regard to Article X do not by any means kill the league. The real trouble is found in the reservation under which America will not agree to the limitation of armaments. Here is the crux. If America will not agree to this limitation, it is to be feared that many of the small states will follow her example, for we can hardly say to them, though it is the truth: "America is far more likely to let her armaments go to sleep than any other country in the world, and therefore she can safely be allowed the luxury of insisting on this reservation. You cannot." If we are not able to do something to limit armaments and to prevent the old deadly competition, how is it possible that Europe should ever heal her wounds? The mitigation of armaments, though admittedly the most difficult point under the league, is also the point of most practical importance. We can hardly survive unless we beat our swords into ploughshares. But in the present unrest and distrust, how can we accomplish that process unless there is a firm stand against competition in armaments, and some machinery for preventing ambitious nations from sacrificing the material interests of their people in order to have the opportunity some day of practicing that system of international brigandage which we hoped to have destroyed forever when we destroyed the Prussian tyrants?

Pooling With a Difference.

From the New York World.

In a recent letter to the World, Judge Lovett, of the Union Pacific system objects to a parallel drawn in these columns between the old pooling system and certain features of the pending Cummins bill. He says:

The facts are that all the old pooling arrangements dealt only with gross earnings, not with net. The whole point of the objection to the Cummins bill is that it appropriates net earnings.

And the whole point of this objection to the Cummins bill is that an appropriation of net earnings above a certain percentage would tend to destroy competitive effort among all the roads in improving and economizing service.

There is force in what Mr. Lovett says, considering the Cummins plan by itself. But with the pooling of gross instead of net earnings, and practically speaking, how greatly was competition in character and economy of service stimulated? The whole tendency and the whole purpose of the old pooling system was monopolistic and against competition of any sort. The public records are silent about the existence of any effective competition. The development of public policy against that form of pooling is a continuous negation that competition existed. The whole scheme was of monopoly among all possible competing carriers whose individual incentives to better service might be none the less deadened by diversions of gross instead of net earnings for the benefit of others in the pool.

That the Cummins plan is a great improvement over that one in respect to service competition will have to be conceded. Its particular feature at this point is that it avoids monopoly for all of the carriers which might be competing and divides them up into 20 or more groups, which are left freely competing as to service and solvency, but not as to rates.

MEN MUST COOPERATE.

From Governor Lowden.

Private property must remain if civilization is to go on, and the more people who own property the higher will that civilization be. Our country should be, not to destroy private property, but to distribute it more widely and more equitably.

The path must be kept open for the young man of brains to go from labor to owner of the farm. Men must be brought into more kindly relations with the raw materials and the forces of nature, with which they work. This can only be done if men cooperate with one another in production, and are thus brought into better relations with one another. The great organizing genius at the head of an industry and the humblest worker in the mill are jointly laboring to produce something for the use of the happiness of mankind. Unless they both get satisfaction from their work and they both have failed.

Cheated.

From Judge.

Mrs. Newbridge—John, dear, I think that horrid butcher cheated me.

Hubby—Why, my love?

Mrs. Newbridge—Because he sold me a turkey that didn't have a blessed bit of stuffing in it.

Lamp Inventions Slow.

From the Christian Science Monitor.

For at least 10,000 years, says a writer who has made a hobby of collecting old lamps, there was practically no change in the type of lamp with which mankind sought to carry on his affairs after night-fall. The ancient Romans, for example, used almost identically the same kind of lamp as the so-called "betty" that the Pilgrims brought to America in the Mayflower. A container held the oil, and wick, floating or loosely confined in it, provided a "smoky, smelly spark of light," all the more inconvenient because the oil was so crude and the wick had frequently to be "picked up" and freed of the accumulated carbon crust. Yet the "betty" had its conveniences, for it possessed a staple by which it could be hung up as a sconce. No wonder, then, that, prising to learn, did Argand, a Swiss or French chemist, conceive the idea of a lamp with a wick and chimney; less surprising is it to know that Benjamin Franklin took a hand in the matter and discovered that two wicks placed close together were better than one.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of

Chas. H. Stebbins

In Use For Over Thirty Years CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

In Hopeless Mood.

"Is your family trying to economize on clothes?"

"Can't be done," declared Mr. Growcher. "The less material they put in gowns the more they appear to cost."

Children's handkerchiefs often look hopeless when they come to the laundry.

Wash with good soap, rinse in water blued with Red Cross Ball Blue.

WHENCE THE WORD CANNIBAL

Eaters of Human Flesh Were Inhabitants of the West Indian Island of Caniba.

When Columbus landed on the island of Haiti a huge banquet was given in his honor by a native chieftain, and on that occasion he chanced to notice that two or three of the aboriginal guests bore scars on their naked bodies suggesting serious wounds.

In response to his polite inquiry, they said that the scars represented bites which gentlemen from the nearby island of Caniba had casually taken out of their persons.

It was further explained that the people of Caniba (known today as Porto Rico) were addicted to the habit of eating human flesh, and that, to obtain this gastronomic luxury they were accustomed to undertake armed raids upon the Haitians and other neighbor folks.

Hence (as we learn) the origin of the word "cannibal."

Showing the Budding Mind

Unwitting Humor in Conclusions Drawn From Statements Made by Teachers and Others.

A group of fifth-grade pupils had been studying the uses of cottonseed oil in geography and their teacher had said that the cottonseed oil was used as a substitute for linsed oil in paints. In a written lesson one child wrote: "Cottonseed oil is used as a substitute for lining in pants."

The pupils of the third grade in an Indiana school were asked to write letters as a part of their language lesson. One little boy wrote the following: "Dear Bobby—I am inviting you to my home for Thanksgiving dinner. We will play games and eat. We will have chicken and gravy and everything you can think of. If you can't come, you can invite me. I will come rain or shine. It may be raining but who cares? Lovingly, BIRCH."

Doing Well.

When mother and her brood started for town the weather was threatening, so she did not go unprepared. In due time they stepped off the crowded train at the South station.

"Have you got all the umbrellas, Johnny?" was her first question.

"I should say I had," said the boy. "I had three when I started, and now I've got five."—Boston Transcript.

Times Change.

"In the old days a man had to be engaged before he ventured to address a lady by her first name."

"Well?"

"But now frequently a girl never knows the chappie's last name until they apply for the license."

The front parlor is the most popular of all court rooms.

Coffee troubles Vanish

when the table drink is changed from coffee to Postum Cereal

Its rich flavor makes it fully acceptable to those who like coffee but find coffee doesn't like them.

This healthful table beverage has not increased in price

At Grocers and General Stores

Two Sizes

Usually sold at 15¢ and 25¢

Made by Postum Cereal Co. Battle Creek, Mich.