

# THIS WOMAN SAVED FROM AN OPERATION

By taking Lydia E. Pinkham's Vegetable Compound, One of Thousands of Such Cases.

Black River Falls, Wis.—"As Lydia E. Pinkham's Vegetable Compound saved me from an operation, I cannot say enough in praise of it. I suffered from organic troubles and my side hurt me so I could hardly be up from my bed, and I was unable to do my housework. I had the best doctors in Eau Claire and they wanted me to have an operation, but Lydia E. Pinkham's Vegetable Compound cured me so I did not need the operation, and I am telling all my friends about it."—Mrs. A. W. BINZER, Black River Falls, Wis.

It is just such experiences as that of Mrs. Binzer that has made this famous root and herb remedy a household word from ocean to ocean. Any woman who suffers from inflammation, ulceration, displacements, backache, nervousness, irregularities or "the blues" should not rest until she has given it a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass.

The New Way.  
"She is working hard fishing for compliments."  
"But not with bated breath."

There should be music in every home—except the one next door.

## BITRO-PHOSPHATE IS GOOD FOR THIN NERVOUS PEOPLE

A PHYSICIAN'S ADVICE.

Frederick S. Kelle, M. D., Editor of New York Physicians' "Who's Who," says that weak, nervous people who want increased weight, strength and nerve force, should take a 5-grain tablet of Bitro-Phosphate just before or during each meal.

This particular phosphate is the discovery of a famous French scientist, and reports of remarkable results from its use have recently appeared in many medical journals.

If you do not feel well; if you tire easily; do not sleep well, or are too thin; go to any good druggist and get enough Bitro-Phosphate for a two weeks' supply—it costs only fifty cents a week.

Eat less; chew your food thoroughly, and if at the end of a few weeks you do not feel stronger and better than you have for months; if your nerves are not steadier; if you do not sleep better and have more vim, endurance and vitality, your money will be returned, and the Bitro-Phosphate will cost you nothing.



To Preserve and keep all household linen spotlessly white and in perfect condition use

**Red Cross Ball Blue** in the laundry every week.

Nothing else will take its place and nothing else is just as good. All grocers, 5c

## B.A. THOMAS HOG POWDER

### "Saves the Bacon"

Mr. Pleasant, Ia.—"When I found sickness appearing in my herd I got a 30 lb. pail of B.A. Thomas Hog Powder. Before I finished feeding it, I was satisfied that I got another, and when my hogs were all well I got a third pail and find that twice a week feed keeps them well."—Jim Kerns, B. No.

## Cuticura Soap is Easy Shaving for Sensitive Skins

## Olson SPORTING GOODS Co.

Everything for the Sportsman and Athlete

## Children's Coughs

## PISO'S

CONCESSIONS NEEDED.  
From the New York World.  
What we are going now is legalizing private warfare at public cost.  
The history of self governing freedom abounds in the denial of the surrender of just such baronial pretensions as now are pronounced applicable by some of our war lords of capital and labor. They speak factually of enslavement, but nobody is going to enslave them.  
Every constitution, every contract, every law, every police regulation involves the relinquishment by sections, interests or individuals of some right once enjoyed. If that is servitude, then we are all in bondage, but it is bondage only to law and order.  
Employers and employees who take these lessons most profoundly to heart and recognize the rights of the public as well as of one another are the only ones who can contribute to the reasonable adjustment of present difficulties.

Evil of Soldiers' Bonuses.  
Letter to the New York Times.  
A recent trip to England so impressed me with some of the evils arising from bonus payments, such as out-of-work allowances for British soldiers who have no service, that it seems well to sound a note of warning to Americans who, in their enthusiasm for and appreciation of what our boys have done in the service of their country, are ready to advocate the payment of large sums of money to them in the form of bonuses.  
As a father of one of these returning soldiers, I would be the last one to underestimate the services rendered and believe that the gratitude of the nation should have full expression in legitimate ways. The experience of Great Britain, however, points out that the payment of cash bonuses should not be one of these ways.  
In that country, suffering now to a serious extent from underproduction, with unsettled labor conditions, and with the need of increased production indicated on every hand, there is still great unemployment, among whom are many formerly in the service of their country, who are now drawing unemployment pensions to an extent costing the British government £100,000,000 (\$500,000,000) per week, while a vast amount of essential work is waiting to be done, thus proving not only a demerit in curtailing production, but being in itself demoralizing to the men, who would much prefer to be at work than living on the bounty of their government.  
The fact that it is understood that Britain is on the point of withdrawing the out-of-work pensions, both because of the demoralization it is causing in industry and of the financial burden, would indicate that it would be wisdom on the part of America to adopt means of showing appreciation other than that now being so actively urged, even by well meaning persons, of providing a money bonus.

Luther Burlingame.  
Providence, R. I.

"Cabbage Snake" Harmless.  
Dr. Ean of Iowa sends me a long worm found in a cabbage head and asks if it is poisonous. He suggests that a story be written about this worm. The doctor does not say so, but it is a safe guess that the people who found this worm have heard their raising stories about large numbers of people killed by eating cabbages containing specimens of this worm and he wants some publicity given to its harmlessness.  
A while ago the United States bureau of entomology put out a bulletin on the cabbage hair worm. This bulletin said not since the kissing bug craze had any worm or bug caused such a furor as had this so-called cabbage snake.  
The first one known in this country was found at Mayes, Tenn., in 1903. A few fancy repertorial touches made this incident into a good newspaper story. This story started the floodgates and from here, there and yonder there came accounts of fatalities due to eating cabbage containing cabbage snakes.  
A physician was reported to have said this worm contained poison enough to cause instant death. A chemist, not to be outdone, examined a worm and found enough poison to kill eight persons. Another chemist, thinking the first a piker, said he found poison enough to kill 25 people.  
So many of these stories came out that people were afraid to eat cabbage and the sauerkraut business "went on the bum."  
In sections of Indiana fields of cabbage rotted because fear had destroyed the market. The government got busy with the fearful stories. They found plenty of cabbage worms, but they could not find anybody who had been poisoned by them. The investigators always were just about to find a place where a group had died from eating cabbage worms, but they never found one. When they would get to the designated place they were told "it didn't happen here, but go over into the next county and you will learn all about it." The physician interrogated several said the worm could cause instant death, but I heard that Dr. So-and-So said it. The chemists were still more elusive.  
The subject was investigated by Dr. Louis Leroy of Memphis. He fed the worms to animals. He examined the worms for poison. His conclusion was that the "cabbage snake," so called, contains no poison. It is entirely harmless and the public rumors and superstitions are without semblance of foundation.  
The cabbage hair worm is about a foot long and about twice as thick as a broom straw. Its diameter is about midway between that of a coarse flax thread and ordinary cotton wrapping cord. In its proper phase it is a parasite on such insects as apple worms, grasshoppers, locust and various caterpillars.  
Therefore it is beneficial rather than otherwise. Its name is Kermis albicans. The insect lays its eggs in the ground, where the worm hatches, and then reaches the surface.  
And that is the story of the cabbage hair worm or cabbage snake. I hope no one will take this as an invitation to send me samples of insects and worms. I happened to know a little about this one because of the furor it created once. I do not know bugs or worms.

Two Cities in Disgrace.  
At first thought, one is inclined to commiserate the citizens of Chicago and Milwaukee as social groups in the deep humiliation they must have felt when they learned that in the arrangements making for the tour of the United States by the king and queen of the Belgians it had been decided, quite deliberately and with full realization of what the decisions implies, that the royal couple shall not visit those two cities.  
Of course, in both cities there are thousands of good citizens, who would be glad to unite with other good citizens all over the country in expressing to the heroic king and his equally, though differently, heroic wife the admiration and respect which they have earned so well. Of course, too, there is an element of cruel injustice, as always, in imposing a like disgrace on guilty and innocent alike. For disgrace it is thus to have it announced to the country and to the world that there has recently been displayed, by the chosen and official representatives and spokesmen of these cities, such vicious and boorish sentiments of antagonism to persons held in high honor by every appreciator of valorous devotion to right and justice that a man like King Albert and a woman like Queen Elizabeth cannot go there without risk of encountering some ungodly manifestation that such as they are not welcome.

Mr. Marshall, Orator.  
From the New York Times.  
It is far from easy and perhaps impossible, at this late day, to achieve originality of phrase or thought in eulogizing the king of the Belgians. Innumerable people, moved by sincerest admiration, already have ascribed to him all the virtues and valors there are, and done it with such eloquence as they possessed. Not to equate in quantity the results has been "fine," in the finest sense of that fin, but often missused word.  
These remarks lead naturally to recognition of the not unimportant fact that Vice President Marshall, having had devolved upon him the task of telling King Albert that, and why, he was welcome in the United States, at least as equal to the best efforts of an army of eulogists. His speech of greeting when Albert came down the gangplank was perfect, and variously perfect. For one thing, not least, it was mercifully short. It was simple, too, without being simple-minded. The part of it all we have the sentence in which the vice president told the king from what Americans he had a welcome. "Today," he said, "there is no man in this proud land who loves liberty, fidelity, justice, and courage, who does not gladly greet you, a king well equipped with the finest sense of that fin, but often missused word."

A Hopeful Sign.  
From the Philadelphia Public Ledger.  
There can be no mistaking the signs of the times. The story told by the long lines of students waiting to be registered at the University of Pennsylvania is being told all over the country; the culmination being reached, unquestionably, in the reported addition of 5,000 new students to the already bulging classes at Columbia university. So what with all the nearby colleges reporting "record" classes also, everywhere in the smallest to the largest collegiate or technical institutions the state and stress of what almost amounts to a craze to be educated are in evidence on all sides.

## Worse Things Than Wilson.

The Lancer, in the Los Angeles Times.  
Now we begin to realize the extent of the storm that has been raging underneath the cold, calm, somewhat satirical exterior of President Wilson. Since the world began no man has staggered under such a weight of responsibility—and had so little sympathy for the cross that he bore. With his critical illness it comes to some of us guiltily the realization of the emotions and the struggles that have been going on in his heart. A man of the Roosevelt type who plans his fights after he gets into the ring, so to speak, could have enjoyed this crisis. Roosevelt really enjoyed getting his plans through congress. Most of the fun he had was fighting with congress. He had the time of his life getting out the big stick and rough housing his way down Pennsylvania avenue to the capitol.

Mr. Wilson is another type. In a private talk he once made to the newspaper correspondents in Washington he made it clear that he believes only the unselfish action of the United States can save civilization; that the world is quite likely as a result of this war to return to the dark ages when men will be beasts again and education will disappear. In these circumstances you can imagine the effect upon his sensitive, high strung nature to have dirty party politics thrown across the path he is struggling so hard to climb! Personally, I am "agin" him. The only kind of president who could please my Celtic soul would be one who spent most of his time making faces at England. But I shall have to admit that I am glad that one of my kind of president is not on the job at the present time. There are seasons of the year when one has to take molasses and sulphur and other unpalatable concoctions. In this spirit I am prepared to take my dose of English brotherly love. Even at that, you will have to hand the laurels to old England. If ever a country has "stood the gaff" without a whimper it is she. I have a letter from Anita King McKnight, the former movie star, who was a city mother in Los Angeles and is familiar with organized charity work. She says that the worst poverty in Europe is in England. The children are more poorly nourished than anywhere on the continent. In Belgium, on the other hand, Mrs. McKnight says the children are well fed and well dressed. In Italy the children are living on thick black bread, but the conditions are not as bad as in England.  
The only complaint I have heard out of England is against the American movies which are flooding the country. A writer in one of the prominent British reviews lifts up his voice in a wail of sarcasm and protest against the invasion. He particularly objects to the subtleties. He says that when a movie producer is dealing with a drama involving a great international struggle between the United States and Germany over Mexico, for instance, the message that comes from the Kaiser to his ambassador is something like this:  
"Stir up trouble between Mexico and the United States. Have plenty of guns and coffins ready."

## Education Going Down Hill.

From the Chicago Herald and Examiner.  
Colleges this fall east and west are reporting an enormous registration. Here in Chicago, Northwestern and the University of Chicago have both the largest undergraduate attendance in their history. The professional schools are also crowded. But except in the department of science, the graduate schools are not large. In some cases, indeed, they are smaller than usual.  
The reason is not far to seek. The graduate students of science are in many cases planning to go into business. Chemistry, botany and geology in particular offer attractive opportunities. But in such fields as economics, modern languages, history and philosophy, the graduate school leads either to teaching or to nothing. And the great mass of our ablest young men in this country today are convinced that teaching and nothing are one and the same, as far as prospects go.  
They may be wrong. There are today the same compensations inherent in the teaching profession that there always were. It gives a certain leisure, a certain opportunity to satisfy the heart that inquiries for truth. And these are very real rewards to some.

But the last few years, indeed the last few months, have driven home the belief that the ordinary college teacher does not get pay enough to bring up a family decently. They have convinced young men that when a college teacher proposes marriage he is offering the girl of his heart a gold brick. He is neither purely selfish nor in love with celibacy.  
Therefore he makes up his mind to do anything except teach, and when he asks older teachers for advice they are half hearted in setting forth the advantages of their own profession.  
What this means exactly is that the next generation will not be trained as well as the last. It means that education will go down hill. And a nation in which education goes down hill is a nation that is going down hill altogether.  
The remedy is in the hands of the public. It is applying it slowly, but very slowly. More speed is necessary, or the effect will come too late.

Cottonseed as a Beverage.  
From the Cotton Oil Press.  
Just as the establishment of a Cottonseed research laboratory is uppermost in the minds of progressive students in the industry, time Cotton Oil Press is in receipt of a letter from a chemical engineer in one of the New England states with information of the discovery and patenting of a maltlike beverage to take the place of coffee and which utilizes cottonseed as a basis. "It is remarkably interesting," says the inventor of the new beverage, "that when cottonseeds are roasted they have an aroma and a taste closely resembling coffee." This commodity has not yet been placed on the market, as it requires boiling of the seed, just as the coffee bean required boiling and processes are being sought for converting it into an "instant" state without loss of its beneficial qualities and at a not too great cost of conversion.

As To "Free" Trolleys.  
From the New York Times.  
There is difficulty in believing that any serious minded person sincerely believes in both the practicability and the desirability of making street cars free-of-charge. I remember being present at a meeting where would be paid out of tax money collected from the general public, instead of from fares collected from the people who ride. Yet the Ralph S. Bauer, who has made this strange proposal and who has defended it in a sober sounding speech delivered before the federal electric railways commission in Washington, is not a bolshevik, nor a socialist, nor even an "agitator," at least not one of any familiar and recognized kind. He is a rich Massachusetts manufacturer, president of the Associated Boards of Trade in his country, and he is credited with possessing his fair share of the hard headedness and common sense characteristic of his class.

Gallery Wit.  
From the Boston Transcript.  
An old timer was reminiscing at the club. "Speaking of famous singers," he said, "I remember being present at a concert at which Madam Nilsson was to sing, but she was indisposed. The foreigner who announced the fact said: 'Madam Nilsson sees a loath horse.'"  
"Noticing the ripple of laughter run through the audience, he repeated in some confusion a loath horse, a loath horse, a loath horse."  
"Whereupon a facetious occupant of the gallery brought down the house by asking: 'Well, then, why don't you trot her out?'"  
Asking Bobby Behave.  
From London Opinion.  
Fond Parent to headmaster—My little Bobby is so sensitive; if he is naughty, just punish the boy next to him, and that will frighten Bobby.  
As It Is Today.  
From Judge.  
"My vegetables are late," said the farmer.  
"What's the trouble?" asked the summer boarder.  
"The train from the city is behind time."

Reduction of the forces to the limit prescribed by congress will release 10,000 men from service by Dec. 31, including 500,000 more.

## ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin—say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin boxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Mono-aceticacidester of Salicylicacid.—Adv.

Pay to Jap Soldiers.  
In the opinion of the Jul, the pay of Japanese soldiers is too small. At present it is 1.56 yen (78 cents) a month for first and second class privates, and 1.95 (98 cents) for corporals. Even if the pay be increased 50 per cent, says the editor, it will not suffice for the needs of the soldiers. At present they have to get money from home to make up the shortage, which is not right. The total pay of the soldiers amounts to \$2,150,000. If it is trebled, the government will need only \$4,300,000 additional.

## BREAKS YOUR COLD IN JUST A FEW HOURS

"Pape's Cold Compound" instantly relieves stuffiness and distress.  
Don't stay stuffed-up! Quit blowing and snuffing! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken usually breaks up a severe cold and ends all gripe misery.  
The very first dose opens your clogged-up nostrils and the air passages of the head; stops nose running; relieves the headache, dullness, feverishness, sneezing, soreness and stiffness.  
"Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance, tastes nice, contains no quinine—insist upon Pape's!—Adv.  
Influenza Exterminates Red Men.  
Reports from Cross Lake, 80 miles north of Winnipeg, indicate that influenza has almost wiped out the Indian population in that district. According to the report there are no physicians near to give aid.

Important to Mothers  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of **Dr. J. C. Fletchman** In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Teddy Told Him.  
When Theodore Roosevelt was president a man visited him who had a request to make. In his arms he carried a bundle of letters of introduction. He stated his request and closed his argument with these words:  
"Mr. President, I am sure that if you do this for me you will please the people of my state. In fact, I could have brought with me a thousand letters more asking you to do it."  
"Oh, pshaw," was Roosevelt's blunt reply, "I could get a thousand people in your state to sign a petition to have you hanged."

Getting Bail for Moses.  
It was at the Greek theater, "Miriam, sister of Moses," alias Ruth St. Denis, was dancing the Israelites from the Red sea to the wilderness. At left center of the stage stood two policemen listening. The actors were discussing the merits and demerits of one god, Baal, who appeared to have a big influence on the play.  
"What are they doing now?" asked one cop of the other.  
"Well," replied the second, "it's kinda mixed up, but the way I make it the guy on the end with whiskers is trying to get bail for Moses."

Certain landholders in Scotland are bound, under momentary penalties, to marry at the king's command.  
Much charity ends with the bestowal of a sympathetic smile.

## NERVES GAVE OUT

Serious Kidney Trouble Had Made Life Miserable, But Doan's Removed All the Trouble. Hasn't Suffered Since.  
"I had such severe pains in my back," says Mr. Albert Akroyd, 304 W. Indiana Avenue, Philadelphia, Pa., "that they almost doubled me up. Many a day I could not do my housework and at every move it seemed as if my back would break in two. My feet and ankles swelled until I had to wear large-sized slippers and sometimes I couldn't stand up.  
"I had dizzy spells and dreadful headaches and a fiery flashes passed before my eyes. Had a heavy weight been resting on my head, the pain could not have been more distressing. The least noise startled me. I was so nervous, I couldn't control the kidney secretions and the pain in my passage was awful."  
"It began to look as though my case was beyond the reach of medicine until I used Doan's Kidney Pills. The first box benefited me and four boxes cured all the troubles. I have had no further cause for complaint."  
Sworn to before me.  
Thos. H. Walters, Notary Public.  
Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

## BILIOUSNESS Caused by Acid-Stomach

If people who are bilious are treated according to local symptoms they seldom get very much better. Whatever relief is obtained is usually temporary. Trace biliousness to its source and remove the cause and the chances are that the patient will remain strong and healthy.  
Doctors say that more than 70 non-organic diseases can be traced to an Acid-Stomach. Biliousness is one of them. Indigestion, heartburn, belching, sour stomach, flat acid gas, constipation, and acid-stomach, EATONIC, the marvelous modern stomach remedy, brings quick relief from these stomach miseries which lead to a long train of ailments that make life miserable if not corrected.  
EATONIC literally absorbs and carries away the excess acid. Makes the stomach strong, cool and comfortable. Helps digestion; improves the appetite and you then get full strength from your food. Thousands say that EATONIC is the most effective stomach remedy in the world. It is the help YOU need. Try it on our money-back-if-not-satisfied guarantee. At all druggists. Only 50 cents for a big box.

## EATONIC FOR YOUR ACID-STOMACH

Feeders Attention  
Get on our mailing list for quotations on custom made cake, peanut cake, cotton seed and peanut meal. We have best prices. We handle the volume. Both nut and peanut, ready for shipment. Write today! BARRY BROS. CO., San Francisco, Cal.; Ft. Worth, Tex.; Seattle, Wash.

## KODAKS Films and Photo Supplies

Prices on application  
ZIMMERMAN BROS., EASTMAN KODAK CO.  
608 Pierce St., Sioux City, Iowa.  
SIoux CITY P.T.G. CO., NO. 43-1919.

Crooked Golf.  
Suzanne Lenglen, the world's tennis champion, was talking to a group of American correspondents at Wimbledon.  
"I don't care for golf," she said. "I think tennis is much nicer. I think golf is queer."  
"How queer?" said a golfer.  
"It lets you cheat so easily if you're inclined that way. My father played golf one day at Nice with a German. As he holed out on the first green the German said to him:  
"How many strokes did you do the hole in?"  
"Seven," said father.  
"It's my hole, then," said the German. "I did it in five."  
"Father didn't say anything, but when the German asked him at the second green how many strokes he had taken he laughed.  
"No, you don't, Herr Sauerkraut," he said. "This time it's my turn to ask first."

Good Suggestion.  
"What?"  
"For the grocer to start selling us food on the installment plan."

## Build Up With Grape-Nuts

Popular for its delightful flavor and because it furnishes certain food values necessary for building the best in body and brain

Users know by test  
"There's a Reason"