THIS WOMAN SAVED FROM AN OPERATION

By taking Lydia E. Pinkham's Vegetable Compound, One of Thousands of Such Cases.

Black River Falls, Wis.-"As Lydia E. Pinkham's Vegetable Compound saved me from an operation, I cannot

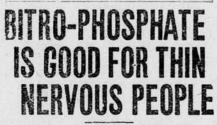


an operation, but Lydia E. Pinkham's Vegetable Compound cured me so I did not need the operation, and I am telling all my friends about it."-Mrs. A. W. BINZER, Black River Falls, Wis.

It is just such experiences as that of Mrs. Binzer that has made this famous root and herb remedy a household word from ocean to ocean. Any woman who suffers from inflammation, ulceration, displacements, backache, nervousness, irregularities or "the blues" should not rest until she has given it a tria, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass.

The New Way. "She is working hard fishing for compliments." "But not with bated breath."

There should be music in every home-except the one next door.



Frederick S. Kolle, M. D., Editor of New York Physicians' "Who's Who," says that weak, nervous people who want increased weight, strength and nerve-force, should take a 5-grain tablet of Bitro-Phosphate just before or during each meal

Bitto-Phosphate just before or during each meal. This particular phosphate is the dis-covery of a famous French scientist, and reports of remarkable results from its use have recently appeared in many medical journals. If you do not feel well; if you tire easily; do not sleep well, or are too thin; go to any good druggist and get enough Bitro-Phosphate for a two weeks' sup-ply—it costs only fifty cents a week. Eat less; chew your food thoroughly, and if at the end of a few weeks you do not feel stronger and better than you have for months; if your nerves are not steadier; if you do not sleep better and have more vim, endurance and vitality, your money will be returned, and the Eitro-Phosphate will cost you nothing.



CONCESSIONS NEEDED. From the New York World. What we are doing now is legalizing private warfare at public cost. listory of self governing freemen abounds in the denial or the burnender of just such baronial privileges as now are pronounced incidenable by some of our war lords of capital and halor. They speak feelingly of enslavement, but nobody is going to enslave them. Every constitution, every contract, every law, every police regu-lation, involves the relinguishment by sections, interests or individuals of some right once enjoyed. If that is servitude, then we are all in bondage, but it is bondage only to law and order. Employers and employes who take

these lessons most profoundly to heart and recognize the rights of the public as well as of one another are the only one who can contribute to the reasonable adjustment of present difficulties.

*++++++++++++++++

Evil of Soldiers' Bonuses ... Letter to the New York Times.

A recent trip to England so impressed to with some of the evils arising from A recent trip to England so Impressed the with some of the evils arising from lowances for British soldiers who have seen in service, that it seems well to bund a note of warning to Americans tho, in their enthusiasm for and appre-tation of what our boys have done in the vervice of their country, are ready to tovernment money in the form of bonuses. As the father of one of these returning voldiers, I would be the last one to under-rate the services rendered and believe that the gratitude of the nation should have full expression in legitimate ways. The experience of Great Britain, however, points out that the payment of cash bonuses should not be one of these ways. In that country, suffering now to a cerious extent from underproduction, with uncettled labor conditions, and with the need of increased production indicated on every hand there are still great numneed of increased production indicated on every hand, there are still great num-bers unemployed, among whom are many formerly in the service of their country, who are now drawing unemployment pencions to an extent costing the British gov crnment £100,000,000 (\$500,000,000) per week, while a vast amount of essential work is waiting to be done, thus proving not only a detriment in curtailing production, but being in itself demoralizing to the men, who would much better be at work than lying on the bounty of their government. The fact that it is understood that Britain is on the point of withdrawing the out of work pensions, both because of the demoralization it is causing in indus-try and of the financial burden, would indicate that it would be wisdom on the part of America to adopt means of showing appreciation other than that now being so actively urged, even by well meaning persons, of providing a money bonus.

Luther Burlingame. Providence, R. I.

"Cabbage Snake" Harmless.

Dr. Ean of Iowa sends me a long worm found in a cabbage head and asks if it is poisonous. He suggests that a story be written about this worm. The doctor does not say so, but it a safe guess that the people who found this worm have heard hair raising stories about large numbers of people killed by eating cab-bages containing specimens of this worm and he wants some publicity given to its harmlessness.

while ago the United States bureau of entomology put out a bulletin on the cabbage hair worm. This bulletin said not since the kissing bug craze had any worm or bug caused such a furore as had

this so-called cabbage snake. The first one known in this country was found at McCays, Tenn, in 1903. A few fancy reportorial touches made this incident into a good newspaper story. This story started the floodgates and from here, there and yonder there came ac-counts of fatalities due to eating cabbage containing cabbage snakes. A physician was reported to have said

this worm contained poison enough to cause instant death. A chemist, not to be outdone, examined a worm and found enough poison to kill eight persons. An-other chemist, thinking the first a piker,

Worse Things Than Wilson.

The Lancer, in the Los Angeles Times.

Now we begin to realize the extent of the storm that has been raging underneath the cold, calm, somewhat satirical exterior of President Wilson. Since the world began no man has staggered under such a weight of responsibility—and had so little sympathy for the cross that he bore. With his critical illness it comes to some of us guiltily the realization of the emotions and the struggles that have been going on in his heart. A man of the Roosevelt type who plans his fights after he gets into the ring, so to speak, could have enjoyed this crisis. Roosevelt really enjoyed getting his plans through Most of the fun he had was fighting with congress. congress. He had the time of his life getting out the hig stick and rough housing his way down Pennsylvania avenue to the capitol.

Mr. Wilson is another type. In a private talk he once made to the newspaper correspondents in Washington he made it clear that he believes only the unselfish action of the United States can save civilization; that the world is quite likely as a result of this war to return to the dark ages when men will to beasts again and education will disappear. In these circumstances you can imagine the effect upon his sensitive, high strung nature to have dirty

party politics thrown across the path he is struggling so hard to climb! Personally, I am "agin" him. The only kind of president who could please my Celtic soul would be one who spent most of his time making faces at England. But I shall have to admit that I am glad that one of my kind of president is not on the job at the present time. There are seasons of the year when one has to take molasses and sulphur and other unpieasant concoc-tions. In this spirit I am prepared to take my dose of English brotherly love.

Even at that, you will have to hand the laurels to old England. If ever a country has "stood the gaff" without a whimper it is she. I have a letter from Anita King McKnight, the former movie star, who was a city mother in Los Angeles and is familiar with organized charity work. She says that the worst poverty in Europe is in England. The children are more poorly nourished than enywhere on the continent. In Belgium, on the other hand, Mrs. McKnight says the children are well fed and well dressed. In Italy the children are living

on thick black bread, but the conditions are not as bad as in England. The only complaint I have heard out of England is against the American thovies which are flooding the country. A writer in one of the prominent British reviews lifts up his voice in a wail of sarcasm and protest against the invasion. He particularly objects to the subtitles. He says that when a movie producer is dealing with a drama involving a great international struggle between the United States and Germany over Mexico, for instance, the message that comes from the kaiser to his ambassador is something like this:

"Stir up trouble between Mexico and the United States. Have plenty of guns and coffins ready."

Education Going Down Hill.

From the Chicago Herald and Examiner.

Colleges this fall east and west are reporting an enormous registration. Here in Chicage, Northwestern and the University of Chicago have both the largest undergraduate attendance in their history. The professional schools are also crowded. But except in the department of science, the graduate schools are not large. In some cases, indeed, they are smaller than usual.

The reason is not far to seek. The graduate students of science are in many cases planning to go into business. Chemistry, botany and geology in particular offer attractive opportunities. But in such fields as economics, modern languages, history and philosophy, the graduate school leads either to teaching or to nothing. And the great mass of our ablest young men in this country today are convinced that teaching and nothing are one and the same, as far as prospects go.

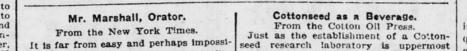
They may be wrong. There are today the same compensations inherent in the teaching profession that there always were. It gives a certain leisure, a certain opportunity to satisfy the heart that inquiries for truth. And these are very real rewards to some.

But the last few years, indeed the last few months, have driven home the belief that the ordinary college teacher does not get pay enough to bring up a family decently. They have convinced young men that when a college teacher proposes marriage he is offering the girl of his heart a gold brick. He is neither purely selfish nor in love with celibacy.

Therefore he makes up his mind to do anything except teach, and when he asks older teachers for advice they are half hearted in setting forth the advantages of their own profession.

What this means exactly is that the next generation will not be trained as well as the last. It means that education will go down hill. And a nation in which education goes down hill is a nation that is going down hill altogether.

The remedy is in the hands of the public. It is applying it slowly, but very slowly. More speed is necessary, or the effect will come too late.





ASPIRIN FOR HEADACHE

Insist on "Bayer Tablets of Aspirin' in a "Bayer package." containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin toxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.-Adv.

Pay to Jap Soldiers.

In the opinion of the Jui, the pay of Japanese soldiers is too small. At present it is 1.56 yen (78 cents) a month for first and second class privates, and 1.95 (98 cents) for corporals. Even if the pay be increased 50 per cent, says the editor, it will not suffice for the needs of the soldiers, At present they have to get money from home to make up the shortage, which is not right. The total pay of the soldiers amounts to \$2,150,000. If It is trebled, the government will need only \$4,300,000 additional.

BREAKS YOUR COLD IN JUST A FEW HOURS

"Pape's Cold Compound" instantly re lieves stuffiness and distress

Don't stay stuffed-up! Quit blowing and snuffling! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken usually breaks up a severe cold and ends all grippe

misery. The very first dose opens your clogged-up nostrils and the air passages of the head; stops nose running; relieves the headache, dullness, feverishness, sneezing, soreness and stiffness. "Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance, tastes nice, contains no quinine-Insist upon Pape's !-- Adv.

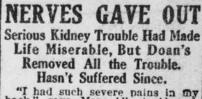
Influenza Exterminates Red Men. Reports from Cross Lake, 80 miles north of Winnipeg, indicate that influenza has almost wiped out the Indian population in that district. According to the report there are no physicians near to give aid.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remery for infants and children, and see that it Bears the Cart Hitchers In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Teddy Told Him.

When Theodore Roosevelt was president a man visited him who had a request to make. In his arms he carried



Hasn't Suffered Since. "I had such severe pains in my back," says Mrs. Albert Akroyd, 304 W. Indiana Avenue, Philadel-phia, Pa., "that they almost doubled me up. Many a day I could not do my housework and at every move it seemed as if my back would break in two. My feet and ankles swelled until I had to wear large-sized slippers and sometimes I couldn't stand up.

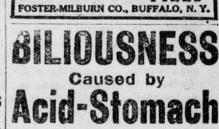
stand up. "I had dizzy spells and dreadful head-a ches and fiery flashes passed be-fore my eyes. Had a heavy weight head heavy weight

been resting on my head, the pain could not have been more distressing. The least noise startled me, I was so nervous. I couldn't control the kidney secretions and the pain in passage was awful.

"It began to look as though my case was beyond the reach of medi-cine until I used Docn's Kidney Pills. The first box benefited me and four boxes cured all the trou-bles. I have had no further cause for complaint.

Sworn to before me. Thos. H. Walters, Notary Public.

Got Doan's at Any Store, 60c a Box DOAN'S HIDNEY PILLS



If people who are billous are treated ac-cording to local symptoms they seldom get very much better. Whatever relief is ob-ness to its source and remove the cause and the charces are that the patient will re-move the subscript of the patient will re-move the source and remove the cause and the charces are that the patient will re-move the source and remove the cause and the charces are that the patient will re-move the source and remove the source of the stomach. Billousness is one of them. Indi-to the source of the source of the source of the stomach remedy, brings quick relief from these stomach miseries which lead to a long in of ailments that make life miserable. EATONIC literally absorbs and carries sway the excess acid. Makes the stomach stomach remedy in the world. It is the help out and source the appetite and you then set full strength from your food. Thousands you that EATONIC is the most effective to the tender by the the world. It is the help out and remedy in the world. It is the help out and remedy in the world. It is the help out and the remedy in the world. It is the help out and remedy in the world. It is the help out and remedy in the world. It is the help out and remedy in the world. It is the help out and the remedy in the world. It is the help out and remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help out and the remedy in the world. It is the help



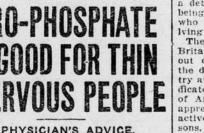
Feeders Attention Get on our mailing list for quotations on cotton seed cake, pesnut cake, cotton seed and pesnut meal. We have best prices. We handle the volume. Both nut and pee size, ready for shipment. Write today. BAGBY BRUS. CO., San Francisco, Cal.: Ft. Worth Tex ; Seattle, Wash.

Films and Photo AND Supplies Finishing for Amateurs Enlarging Prices on application ZIMMERMAN BROS., EASTMAN KODAK CO. 608 Pierce St., Siouz City, lows

Crooked Golf.

Suzanne Lenglen, the world's tennis champion, was to "ing to a group of

SIOUX CITY PTG. CO., 110. 43-1919.



A PHYSICIAN'S ADVICE.

To Preserve and keep all household linen spotlessly white and in perfect condition use

Red Cross Ball Blue in the laundry

every week. Nothing else will take its place and nothing else is just as good. All grocers, 5c



Mt. Pleasant, Ia.— "When I found sickness appear-ing in my herd I got a 30 lb. pail of B. A. Thomas' Hog Remedy. Before I finished feeding it. I was as satisfied that I got another, and when my hogs were all well I got a third pail and find that twice a week feed keeps them well." Jim Kermeen, R. No. 1. OLD KENTUCKY MFG. CO., Inc. Paducah, Ky.



After Sept. 1at 315-317 4th STREET, SIOUX CITY, IOWA

Hemstitching and Picoting. Attachment that works on all sewing machines, \$1.50. Add. J. F. Light, Box 127, Birmingham, Ala.

Children's Coughs may be checked and more serious conditions of the throat often will be avoided by promptly giving the child a dose of safe



said he found poison enough to kill 25 people.

So many of these stories came out that people were afraid to eat cabbage and the sauerkraut business "went on the bum." In sections of Indiana fields of cabbage rotted because fear had destroyed the market. The government got busy with market. The government got busy with the fearful stories. They found plenty of cabbage worms, but they could not find anybody who had been poisoned by them. The investigators always were just about to find a place where a group had died from eating cabbage worms, but they aever found one. When they would get to the designated place they were told 'It didn't happen here, but go over into the next county and you will learn all about it." The physician interrogated never said the worm could cause instant death, but I heard that Dr. So-and-So said it. The chemists were still more elusive.

The subject was investigated by Dr. J.cuis Leroy of Memphis. He fed the Te examined the worms to animals. worms for poison. His conclusion was that the "cabbage snake," so called, contains no poison. It is entirely harmless and the public rumors and superstitions are without semblance of foundation.

The cabbage hair worm is about a foct long and about twice as thick as a broom straw. Its diameter is about mid-way between that of a coarse flax thread and ordinary cotton wrapping cord. In Its proper phase it is a parasite on such insects as apple worms, grasshoppers, locust and warious caterpillars.

Therefore it is beneficient rather than otherwise Its name is Kernis albicans. The insect lays its eggs in the ground, where the worm hatches, and then reaches the surface.

And that is the story of the cabbage air worm or cabbage snake. I hope no hair worm or cabhage snake. I hope no one will take this as an invitation to send me samples of insects and worms. I hap-pened to know a little about this one because of the furore it created once. I do not know bugs or worms.

The French ministry of war has signed the death warrant of the red trousers which for so long formed part of the uniform of the French soldier. The chas-seurs are to retain their distinctive dress, The chaswith the tam o' shanter cap, and the colonial and African troops are to remain in khaki. The rest are to wear the horizon blue uniform used during the war, and, except for the kepl, the pre-war uniforms are definitely abolished, and their manufacture is prohibited.

A Hopeful Sign.

From the Philadelphia Public Ledger. There can be no mistaking the signs of the times. The story told by the long lines of students waiting to be registered at the University of Pennsylvania is being at the retold all over the country, the culmina-tion being reached, unquestionably, in the reported addition of 5,000 new students to the already bulging classes at Columbia university. So what with all the nearby university.

ble, at this late day, to achieve originality of phrase or epithet in eulogizing the king of the Belgians. Innumerable pcople, moved by sincerest admiration, already have ascribed to him all the virtues and have ascribed to him all the virtues and valors there are, and done it with such eloquence as they possessed. Not infre-quently the results have been "fine," in the finest sense of that fin, but often misused, word.

These remarks lead naturally to recog nition of the not unimportant fact that Vice President Marshall, having had de-volved upon him the task of telling King Albert that, and why, he was welcome in the United States, at least equaled the best efforts of an army of eulogists. His speech of greeting when Albert came down the gangplank was perfect, and variously perfect. For one thing, not least, it was mercifully short. It was

simple, too, without being over simple. Best part of it all was the sentence in which the vice president told the king from what Americans he had a welcome from what Americans he had a wetcone "Today," he said, "there is no man in this proud land who loves liberty, fidelity, justice, and courage, who does not gladly greet you, a king without a king's cunning, a man with a man's high sense of tonor.

Two Cities in Disgrace.

At first thought, one is inclined to com miserate the citizens of Chicago and Milwaukee as social groups in the deep hu-millation they must have felt when they learned that in the arrangements making for the tour of the United States by the king and queen of the Belgians it has full realization of what the decisions im-share of the hard headedness and common plies, that the royal couple shall not visit sense characteristic of his class.

those two cities. Of course, in both cities there are thousands of good citizens who would be glad to unite with other good citizens all over the country in expressing to the heroic king and and his equally, though differently, heroic wife the admiration and respect which they have earned so well. course, too, there is an element of Of cruel injustice, as always, in imposing a like disgrace on guilty and innocent alike. For disgrace it is thus to have it announced to the country and to the world that there has recently been displayed, by the chosen and official representatives and spokesmen of these cities, such vicious and boorish sentiments of antagonism to persons held in high honor by every appreciator of valorous devotion to right and preciator of valorous devotion to right and justice that a man like King Albert and a woman like Queen Elizabeth cannot go there w out risk of encountering some unend ion le manifestation that such

some unend son te manifestation that such as they are ur welcome. Probably Mrs. aukee, the reception of the king a with en would be marked by the ordina. , entites of civilized life, the good ce ens who are also good Americans would see to that, or at least try to do so. And even if the mayor who try to do so. And even if the mayor who would consign King Albert, with all other kings, to perdition, or the other mayor university. So what with all the hearby colleges reporting "record" classes also, everywhere in the smallest to the largest collegiate or technical institutions the stir and stress of what almost amount to a craze to be educated are in evidence of all sider ""The transformation of the institution of the institution of the stress of what almost amount to a craze to be educated are in evidence of all sider ""The transformation of the institution of the institution of the stress of what almost amount to a craze to be educated are in evidence of all sider ""The transformation of the institution of t

seed research laboratory is uppermost in the minds of progressive students in the industry, thme Cotton Oil Press is in receipt of a letter from a chemical engineer in one of the New England states with information of the discovery and patent-ing of a mealtime beverage to take the place of coffee and which utilizes cottonseed as a basis. "It is remarkably inter-esting," says the inventor of the new bev-erage, "that when cottonseeds are roested

they have an aroma and a taste resembling coffee." This commod resembling coffee." This commodity has not yet been placed on the market, as it requires boiling of the seed, just as the coffee bean required boiling and processes are being sought for converting it into an "instant" state without loss of its beneficial qualities and at a not too great cost of conversion.

As To "Free" Trolleys.

From the New York Times There is difficulty in believing that any serious minded person stace ely believes in both the practicability and the desira-bility of making street cars free-free, that is, in the sense that the cost of runthat is, in the sense that the cost of run-ning them would be raid out of tax money collected from the general public, instead of from fares collected from the people who ride. Yet the Ralph S. Bauer, who has made this strange proposal, and who has defended it'in a sober sounding speech delivered before the federal electric railways commission in Washington, is not a bolshevist, nor a socialist, nor even an "agitator," at least not ore of any familiar and recognized kind. He is a rich Massa-chusetts manufacturer, president of the Associated Boards of Trade in his county,

Gailery Wit.

From the Boston Transcript. An old timer was reconnicing at the club. "Speaking of famous singers," he said, "I remember being present at a concert at which Madam Nilsson was to sing, but she was indiscosed. The foreigner who announced the fact said: 'Madam Nilsson ees a leetle horse.'

"Noticing the ripple of laughter run through the audience, he repeated in some confusion, 'a leetlo borse, alectlo borse, a leetle colt.' "Whereupon a facellour occupant of the

gallery brought down the house by ask-ing, 'Well, then, why don't you trot her out?"

Making Bobby Behave.

From Landon Opinien. Fond Parent to headmaster)-My little Bobby is so sensitive; if he is usughty, just punish the boy next to him, and that will frighten Bobby.

As It is Today. "My vegetables are late," said the

"What's the trouble?" asked the sum mer bearder.

The train from the city is belond time.

Reduction of the forces to the limits pre-scribed by congress till release 10,000 men from sources by Cletch r vi, including 12,000

a bundle of letters of introduction. He American correst idents at stated his request and closed his ardon. "I don't care for golf," she said. "I

gundent with these words: "Mr. President, I am sure that if you do this for me you will please the people of my state. In fact, I could have brought with me a thousand letters more asking you to do it."

"Oh, pshaw," was Roosevelt's blunt reply, "I could get a thousand people in your state to sign a petition to have you hanged."

Getting Bail for Moses.

It was at the Greek theater, "Miriam, sister of Moses," alias Ruth St. Denis, was dancing the Israelites from the Red sea to the wilderness. At left center of the stage stood two policemen listening. The actors were discussing the merits and demerits of one god, Baal, who appeared to have a big influence on the play.

"What are they doing now?" asked one cop of the other.

"Well," replied the second, "it's kinda mixed up, but the way I make it the guy on the end with whiskers is trying to get bail for Moses."

Certain landholders in Scotland are bound, under momentary penalties, to marry at the king's command.

Much charity ends with the bestowal of a sympathetic smile.

think tennis is much nicer. I think golf is queer." "How queer?" said a golfer. "It lets you cheat so easily if you're

inclined that way. My father played golf one day at Nice with a German, As he holed out on the first green the German said to him:

"How many strokes did you do the hole in?

"Seven,' said father.

"'It's my hole, then,' said the German. 'I did it in five.'

"Father didn't say anything, but when the German asked him at the second green how many strokes he had taken he laughed.

"'No, you don't, Herr Sauerkraut,' he said. "This time it's my turn to ask first.'"

Need Plows.

Asia Minor offers unusual opportunities for the introduction of agricultural implements, as large tracts await the plow. Great Britain already has an agent there.

A Good Suggestion. "It wouldn't be a bad idea."

"What?" "For the grocer to start selling u food on the installment plan."

...... **Build Up** With Grape=Nuts Popular for it's delightful flavor and because it furnishes certain food values necessary for building the best in body and brain Users know by test

"There's a Reason"