### Couldn't Work

S. W. Bishop Was Laid Up By Kidney Trouble. Now Gwes Good Health to Doan's.

"I owe my present good health, largely, to Doan's Kidncy Pills," says S. W. Bishop, 5162 Kensington Ave., St. Louis. Mo. "I wasn't able to work. Sharp pains would catch me when I stooped or tried to lift anything, and at night the kidney secretions passed frequently and were scanty and painful. Specks seemed to be before my eyes and I would get dizzy. There was a puffiness under my eyes. I could see myself failing from day to day and I finally was laid up from June until September. I got Doan's Kidney Pills and used them. I received relief with the first box and became stronger every day. I could sleep well

rener with the first hox and became stronger every day. I could sleep well at night and the kidney secretions were now of natural color. The dizziness and other troubles disappeared and I picked up in weight. After I had used four boxes of Doan's Kidney Pills I looked and felt like my old self. The cure seemed a miracle and I firmly believe that my life was saved by this remedy."

Sworn to before me. JOHN W. BRUNS, Notary Public.

DOAN'S RIDNEY PILLS FOSTER-MILBURN CO., BUFFALO. N. Y



Baby's Clothes will be white as the driven snow when laundered if you use

#### Red Cross Ball Blue

It never streaks or spots the clothes, nor does it injure the most delicate fabric.

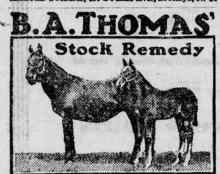
All good grocers sell it; 5 cents a package.



FOR PERSONAL HYGIENE solved in water for douches stops pelvic catarrh, ulceration and inflam-mation. Recommended by Lydia E. Finkham Med. Co, for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical extraordinary cleaning and germicidal power, orple Free. 50c. all druggists, or postpaid by and. The Paxton Toilet Company, Boston, Mass.



ALL FIIES. Nent, clean, ornamental, convenient, cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed effective. Sold by deslers or



For Horses, Cattle and Sheep OLD KENTUCKY MFG. CO., Inc., Paducah, Ky

#### BEBBBBBB Use Cuticura Soap To Clear Your Skin All druggists: Soap 25, Ointment 25 & 50, Taloum 25, Sample each free of "Cuticura, Dept. Z. Boston." MANARA BE

4,606 ACRES, schools, rallroad, telephons, fenced, abundance water; 1,400 a. meadow, open to forest reserve; A-1 for stock, dairy, sheep ranch; in the temperate Bitter Root Valley Geo. F. Brooks, own. Missoula, Mont.

SIOUX CITY, PTG. CO., NO. 31-1919.

Unfinished Business.

"Do you believe that fighting is at an end?" asked Mr. Dolan. "Yes," replied Mr. Rafferty. "We're going to live peaceable hereafter."

"Well, I don't want to spoll any pleasant sociability. But there was two or three little meetings I'd like to have had before they changed the rules."

Poetry and Prose.

"Across the Alps lies Italy" may be a good graduating motto, but a high school class in Kansas chose this: "Beyond us lies the sawbuck and the washtub."-Boston Transcript.



IRINE Rests, Reireshes, Southes, Heals—Keep your Eyes
Strong and Healthy. If
they Tire, Smart, Itch, or
Burn, if Sore, Irritated,
Inflamed or Granulated, use Murine often. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murt. Eye Somedy Company, Chicago, U. S. &.

#### CURED BROKEN NECK.

From Popular Mechanics. From Popular Mechanics.
How an American army filer, whose neck was broken by a fall, recovered and reentered the service, was briefly told in Popular Mechanics last March. Now that a permanert cure has been effected, the apparatus that accomplished an extraction of the service of the servic so extraordinary a result is dis-closed. Devised for the occasion by the army surgeon in charge of the case, it took the form of a rigid support for the patient's head, with support for the patient's head, with adjustments which kept the neck sufficiently stretched to separate the injured vertebrae. A sqle leather pad for chin and neck was made from a plaster case. A metal yoke fitted to the shoulders was inclosed in leather bads held vigidly in place by a firm body harness. To the metal yoke were soldered upright rods of metal, extending well up toward the top of the head, and the neck had was strapped to the the rock pad was strapped to the tips of these rods. Wing nuts at this point were screwed upto great-er tension each day, until the pa-tient's head assumed its normal

#### \*\*\*\*\*\*\* YOUNG AND FRESH VEGETABLES

Feed the children a lot of fresh vege-tables and fruits. They need it and like it. A lot of experimental work has been done on vegetables during the last two years. Much of it has been done in ar effort to find out whether dried vege-tables can take the place of fresh ones. One discovery has been that vegetables vary greatly as they mature. Fresh, for us than older, tougher ones. In fact, fresh, young, tender vegetables, after having been dehydrated, have more antiscurry substance than old, tough, undehydrated ones. Therefore it is not advisable to dehydrate old, tough, matured vegetables. Select the young, tender

Guinea pigs could be cured of scurvy by feeding them dehydrated carrots, provided the roots dehydrated were young and tender. It was likewise found that prolonged heating extracted the antiscurvy principle from carrots. If young carrots are boiled for 20 minutes and then permitted to finish cooking by allowing them to stand in the hot water they retained the anti-scurvy principle. If they were boiled longer they lost it.

Nothing is better for young children than tomato juice. It not only prevents

scurvy, but it has anti-neuritic proper-ties. When pigeons are fed too long and monotonously on a diet that is wrong in certain ways they get neuritis and eventually become paralyzed. Human beings have neuritic pains and even a disease similar to that referred to in pigeons and known as beriberi. It has been found that plenty of tomato juice is a remedy for these neuritic difficulties

as well.

But the tomatoes must be fresh, tender, and not at all spoiled. In cooking the heat must not be too long applied. If fresh, young tomatoes are used and the heating is properly done the pulp can be canned and even after a year or more it is a cure for mild scurvy and an antineuritic as well as a preventative for the disease conditions referred to.

Falk, McGuire and Blount say that to get prime products in canning and de-

get prime products in canning and de hydrating vegetables the goods must be young and tender; they must not be over ripe, and they must be cooked at a high temperature for a short time.

Another suggestion that seems to of-

fer much is that we make use of yeast as a staple article of diet. It is especially promising as a food for persons between 10 and 20 years of age. Yeast is a plant. It grows rapidly and is inexpensive to produce. It has not the limitations of wheat which can only be grown on rich soil or of beef which is expensive to produce. However, it remains for the cooks to learn to make palatable dishes of it and for the growers to put it on a com-

Yosemite Park.

From the Book of National Parks, Scribners' Sons Publishers, In the impressive surroundings of the Cosemite National Park in California, F. E. Matthes, of the United States geological survey, will this month announce in a series of three lectures a new and final solution of the long debated problem of the origin of the Yosemite valley in Cali-

fornia. The fact, as advanced by Matthes, is that the Yosemite valley was cut from the solid granite nearly to its present depth by the Merced river, long before the be-ginning of the glacial period; before the glaciers arrived the river cut valley was already 2,400 feet deep opposite El Capitan, and 3,000 feet deep opposite Eagle Peak. The valley was then V-shaped, and the present waterfalls were cascades; those which are now the Yosemite falls were 1,800 feet deep and those of Sentinel creek

2,000 feet deep.

It was not the dawdling modern Merced river that cut this chasm, but a torrent which, day and night for several million years, swept with terrific force down a sharply tilted bed, sand papering its path with the friein of the messes of sand with the friction of the masses of sand and granite fragments borne down from the high Sierra. That the river could continue in this process for millions of years without cutting down to a level, choking up with the sand and gravel it carried, and eventually slowing up, was due to the frequent tilting and shifting of the Sierra throughout its geological history. For the present Sierra Nevada is not the first mountain chain upon its site.

Can Money Buy It?

From the Springfield Republican.

The project to make New York city the world's medical capital, an honor heretofore divided between Berlin and Vienna, has a reasonable basis. America is already well to the fore in surgery and has made notable contributions to the science of bacteriology. Whatever cash may be necessary can doubtless be raised withnecessary can doub out much difficully.

Mexico's "William Weeks."

From the New York Sun.
For some years past Mexico has been extensively engaged in the agreeable pastime of making money. More than \$2,000,000,000 worth of engraved certificates have been issued since the revolutionary trou-bles set in. The notes are given the curious name "billembiques," which is

curious name "billembiques," which is only a Mexican effort to pronounce the American name "William Weeks."

This William Weeks was once a paymaster who used to give orders to the peons for small sums to carry them along until next they aligned themselves before the cashier's window. The local merchants would accent the notes with the efertives.

would accept the notes with the signature of the accommodating paymaster as good currency, and they were named "Billembiques." By a simple transition the term came to applied to the revolutionary paper money.

It isn't every man who selects his birthday as a fitting occasion to derrick himself out of one of the biggest jobs in the country but Edward N. Hurley, chairman for civilians. For head lice they recommend washing of the United States shipping board, has arranged for such a double celebration on July 31. On that day he will be 35 years old and out of a government job, but lie will still have a few hig business enter old and out of a government job, but he will still have a few big business enter prices that he June and his form a

Wheaton, !!!

### We Can Build League of Nations

From Stars and Stripes, Newspaper of the A. E. F.

The flag on Ehrenbreitstein may weather a few more summers, but this summer is the last that the A. E. F., as most of us know it, will sweat through. We've finished. And we have the satisfaction of knowing that we did a good ob and we're glad to quit.

But can we carry the lesson home? Print can't do It.

Photographs can't do it. Many will come to Belleau Wood, people who have read all about the Great War. Already worn paths scar that once pathless hell. Those people will see the twisted trees. But they won't see the sprawling forms beneath them. They will see the bullet bitten rocks. But they can never visualize the trembling horror of lying in those crevises while the German guns spat their death through the grass. Here and there they may pick up an empty shell. But

the fingeriess hand protruging from the rotting khaki blouse has been gra ciously buried beneath a heat white cross.

The horror has been hallowed. The misery has become picturesque, the murder turned to romance. And those little villages in the valleys! Their strange sad windows look out across fresh meadows now like staring blinded eyes. They are so still, so

garish patch perhaps, where some unremembering bush flaunts its green branch across the gray. This cannot touch the tourist. The home folk can never feel it beside their friendly hearths. Nobody under God's great, tranquil skies can tell of

deathly still-not a single wisp of friendly smoke, no human color, only a

the rottenness of war but the men who suffered through it.

Upon them rests a selemn duty. They must go home and choke the coward-jingo who masks himself behind his false and blatant patriotism, and the merchant politician, not content with stuffing his home coffers till they burst— but anxious to barter the blood of his country's young manhood for new places

The Prussian guardeman died hard, fighting for such a place. The men in frock coats who make the laws never had to stand up against him. They never took a machine gun nest or saw a barrage roll down, stop and then uncurtain a wall of shricking steel. We know what the Prussian guardsman means-his code, his cold courage and the blind patriotism that sent him forward, granting none the right to live but those who wore his uniform.

We know, but we cannot give that knowledge to others. But upon it we can act. We can help build a League of Nations with such sinews of war and such conscience for peace that no one will dare oppose it.

If we don't, the blood will be on our own foolish heads, which, by the grace of God, chance, or some Prussian guardsman's poor aim, are still on our foolish

#### The Finical Taste.

From the Portland Oregonion.

The war department recently rejected some 68 bids for purchase of 43,000,000 pounds of canned and cured meat which it had on hand when the armistice was signed. These bids in a majority of easeswere for less than half of the sums the government had paid for the goods. Many of them were made by the same packers who had sold the goods to the government.

There is, perhaps, an element of profiteering in these later transactions. Evidently the war department is going to get more money for its supplies if it can. It will not, however, in ordinary expectation, get out all that it put into them. They were bought in a war market; when they are sold their own weight will serve to bring down the scale in some degree. There is a certain allowance to be legitimately made between markets then and now.

But there is another and an even more influential factor. One element in fixing the price of these goods for civilian use is that they are packed in army packages. The army packages are durable enough, but, as the New York Commercial, speaking with authority from the trade viewpoint, observes, they "have a generally unfinished appearance, are unattractive to the eye, and the public would expect to get them at a considerably reduced price.

So the public pays for its finical taste in such matters as these Grown accustomed to buying its food put up attractively, it will have it no other way. The eye, no less than the palate and the digestion, figures in the purchase of necessities for the table.

the body to feed. Attention, therefore, should be concentrated on the clothing. When the clothes are only moderately in-

fested, ironing the scams with a hot iron, brushing of the outside clothing and boil-

ing of the underwear will generally suffice. Lice in stored clothing will live about 10 days. A louse will starve to death in about two weeks. Eggs do not

hatch at a temperature lower than 72 degrees. They require from one to two weeks to hatch, according to the temper-

weeks to hatch, according to the temperature and humidity. A temperature of 140 to 150 degrees will kill both lice and nits. Immersion in water at 131 degrees for 10 minutes will kill both lice and nits.

Among insecticides of value against lice from which choice may be made are:

pomade or olive oil.

Corrosive sublimate in vinegar, 1 to 30.

Carbolic solution, 214 per cent in water,

Kerosene alone or mixed with equal

Crude naphthalene and soft soap, 9 te

Why Bolshevists Kill.

From Leslie's Weekly.

Maj. George W. Simmons, special com-missioner of the American Red Cross, who

returned from Sibera, says those who op-pose bolshevism by word or deed are shot,

Hinting at Somebody.

From the Humboldt Chronicle.

Some of the matrons of this community

went to see "The Good For Nothing Hus-band" last week. Certain other married ladies didn't have to go.

Not So Bad.

From London Tit-Bits.

Babes of Various Lands.

From the Buffalo Times.

table in the vegetarian restaurant.

"No, no; shell shock," he replied.

sight.

Cresol soap, kerosene soap. Cresol-kerosene soap

Bomb Logic.

From the Dearborn Independent. Brom the Dearborn Independent.

Bomb logic is the argument of a man without a case. It is the snap of the dog who resents society's insistence on a standard of manners even for dogs; it is the climatic blow of the ignorant, out argued by his times and baffled by the moving forces of the world with which he is out of step; it is the curse of exasperaolze the pet hobby; it is the earnest desire savagely and selfishly conceived, to "make 'em suffer,' 'to "hurt 'em," to "give em pain.'

poor and insufficient premise for assassination, yet bombing has a strong compelling appeal to the inarticulate, submerged fragment, struggling to voice things which are only half formed, at best, in their own lopsided brains. They nouth fearful things, frothing at the nouth, running along at top speed like mill race, and pouring over a Niagara of incoherence; the world looks with taised eyebrows, and, with a patient thrug of the shoulder, passes on; the humiliated zealot, speechless but blazing with bitter, sullen anger, takes the one step which, to him, carries the most im-pressive punishment. "Hurt 'em." That's als creed. He can understand that; but not much else. He never realizes he is stupid; yet he is

It never occurs to him that there are a dozen far more effective ways of making society sorry for its indifference than by whom nine-tenths of society have never teen and never expect to see. He sets its bomb, and, barring misadventures to its own person by premature explosion, rugs himself, the silly fool, and grins a oothy grin of glee at his "triumph." He's curt someone; he's made a wound.

Pity the unfortunate bomb logicians he's made a wound. Pity the unfortunate bomb logician; he's il dressed up with unwanted ideas, and o place to go.

LICE.

Some of our good people are alarmed est the returning soldiers scatter gray-acks all over the country. They say he boys who are now coming back have then more closely in touch with the naives and the danger of bringing back nfections is greater in consequence. mong the men who are now getting back re many who have been in Russia, some n Siberia, and a few who have been in he Balkans. There countries are over-um by a variety of terrible diseases. In wrtain sections of the Balkans half the opulation have died from typhus within twe years, and typhus is spread by lice. The fear is not justified. Every miliary command returning to this country as a delousing and bathing officer and very soldier is held until he has been hrough the baths and delousing staions as often as the delousing officers hink necessary in order that he and his slothing shall be safe.

On the other hand a considerable por-fon of the civilian population is lousy. No man is safe from fice and not because of the soldiers. We need the same stand-ards for civilians that the soldiers have.

of mercury.

of mercury.

For lice on the body-Ordinary shing times pets seasick when he is taking his with hot water and cap and combing timpely to meet airling.

**GREEN'S AUGUST FLOWER** 

In the good old summer time when fruits of all kinds are getting ripe and tempting, when cucumbers, radishes and vegetables fresh from the garden are too good to resist, when the festive picnic prevails and everybody everents and your stomach goes back on you, then is the time for "August Flower," the sovereign remedy for tired, overworked and disordered stomachs, a panacea for indigestion, fermentation of food, sour stomach, sick headache and constipation. It gently stimulates the liver, cleanses the intestines and alimentary canal, making life worth living. Sold everywhere. Adv.

An Even Bet.

Gerald-I am going to kiss you. Geraldine--I'll bet you don't. Gerald-What will you bet? Geraldine-A kiss.

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Signatur

Efficient Refrigerator.

Refrigeration cars for transporting meat with which an English railroad is experimenting are said to maintain as even a temperature as elaborate refrigeration plants on steamships.

To Have a Clear Sweet Skin. Touch pimples, redness, roughness or itching, if any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin. Everywhere 25c each .-- Adv.

Queen a Photograper. Queen Helena of Italy is a clever amateur photographer, her favorite subject being her children at their out-

## "BAYER CROSS" ON **GENUINE ASPIRIN**



"Bayer Tablets of Aspirin' to be genuine must be marked with the safety "Bayer Cross." Always buy an unbroken Bayer package which contains proper directions to safely relieve Headache, Toothache, Earache, Neuralgia, Colds and pain. Handy tin boxes of 12 tablets cost but a few cents at drug stores—larger packages also. Aspirin is the trade mark of with a fine tooth comb are enough, provided one remembers that body lice live and breed in the clothes and only go into Bayer Manufacture of Monoaceticacidester of Salicylicacid.-Adv.

> Phenomenal Feat. "The dentist who operated on young Brassy is possessed of miraculous pow-

"What makes you say that?" "He did what I never thought it possible for anybody to do. He killed Brassy's nerve."

#### HOW RHEUMATISM **BEGINS**

The excruciating agonies of rheumatism are usually the result of failure of the kidneys to expel poisons from the system. If the irritation of these uric acid crystals is allowed to continue, incurable bladder or kidney disease may result. Attend to it at once. Don't resort to temporary relief. The sick kidneys must be restored to health by the use of some sterling remedy which will prevent a return of the disease.

Get some GOLD MEDAL Haarlem Oil Capsules immediately. They have brought back the joys of life to countless thousands of sufferers from rheumatism, lame back, lumbago, soiatica, gall stones, gravel and other affections of the kidneys, liver, stomach, bladder and allied organs.

They will attack the poisons at once, clear out the kidneys and urinary tract and the soothing healing oils and herbs will restore the inflamed tissues and organs to normal health.

All others are imitations. Ask for GOLD MEDAL and be sure the name GOLD MEDAL is on the box. Three sizes, at all good druggists.—Adv.

Lots of people who rob Peter to pay Paul manage to stand Paul off.

# HUSBAND

From Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.

Pittsburgh, Pa.—"For many months I was not able to do my work owing to a weakness which caused back ache and headaches. A friend called my attention to one of your nev spaper advertisements and immediately my husband bought three bottles of Lydia E. Pinkham's Vegetable Compound for me.

Vegetable Compound for me. After taking two hotties I felt fine and my troubles caused by that weakness are a thing of the past. All women who suffer as I did should try Lydia E. Pinkham's Vegetable Compound."—Mrs. Jas. Rohrberg, 620 Knapp St., N. S., Pittsburgh, Pa. Women who suffer from any form of weakness, as indicated by displacements, inflammation, ulceration, irregularities, backache, headaches, nervousness or "the blues," should accept Mrs. Rohrberg's suggestion and give Lydia E. Pinkham's Vegetable Compound a thorough trial.

For over forty years it has been

For over forty years it has been correcting such ailments. If you have mysterious complications write for advice to Lydia E. Pinkham Medicine Co., Lynn, Mass.

## Caused by **Acid-Stomach**

Millions of people who worry, are despondent, have spells of mental depression, feel blue and are often melanchoty, believe that these conditions are due to outside influences over which they have little or no control. Nearly always, however, they can be traced to an internal source—asid-stomach, beginning with such well defined symptoms as indigestion, belching, heartburn, bloat, etc., will, if not checked, in time affect to some degree or other all the vital organs. The nervous system becomes deranged. Digestion suffers. The blood is impoverished. Health and strength are undermined. The victim of acid-stomach, although he may not know the cause of his aliments, feels his hope, courage, ambition and energy slipping. And truly life is dark—not worth much to the man or woman who has acid-stomach!

Get rid of it! Don't let acid-stomach hold you back, wreck your health, make your days miserable, make you a victim of the "blues" and gloomy thoughts! There is a marvelous modern remedy called EATONIC that brings, oh; such quick relief from your stomach miseries—sets your stomach to rights—makes it strong, cool, sweet and comfortable Helps you get back your stomach to rights—makes it strong, cool, sweet and comfortable Helps you get back your stomach to rights—makes it strong, cool, sweet and comfortable Helps you get back your stomach to rights—makes it strong, cool, sweet and comfortable Helps you get back your stomach to rights—makes it strong, cool, sweet and comfortable Helps you get back your stomach to rights—ranke it strong, cool, sweet and comfortable Helps you get back your stomach to rights—ranke it strong, cool, sweet and comfortable Helps you get back your stomach to rights—the document in the such marvelous helpful results that we are, sure you will feel the same way if you will just give it a trial. Get a big 50 cent box of EATONIC—the good tasting tablets that you eat like a bit of enady—from your druggist today. He will return your money if results are not even more than you expect.

## FOR YOUR ACID-STOMACE

Of Two Great Evils.

Wife-Richard, I wish you would take care of the baby for an hour or two. I am going to mave a tooth pulled.

Husband-See here, dearle, you a couple of teeth pulled .- Cartoons Magazine.

A Leading Question. "Oh, Meestaire Soapking," exclaimed Count de Bustup. "I love your daughtaire! Eet would give me ze supreme plaisure to marry wis her!"

"A'right, count, but now listen t' me: Are you able t' be supported in th' manner in which my daughters are accustomed t' supporting their hus bands?"



For Sale or Exchange—1.070 a. black river bottom soil; best unimp.; soil or trade for highly imp. F. K. Ashby, Charleston, Mo.

