

WOMAN WORKS 15 HOURS A DAY

Marvelous Story of Woman's Change from Weakness to Strength by Taking Druggist's Advice.

Peru, Ind.—"I suffered from a displacement with backache and dragging down pains so badly that at times I could not be on my feet and it did not seem as though I could stand it. I tried different medicines without any benefit and several doctors told me nothing but an operation would do me any good. My druggist told me of Lydia E. Pinkham's Vegetable Compound. I took it with the result that I am now well and strong. I get up in the morning at four o'clock, do my housework, then go to a factory and work all day, come home and get supper and feel good. I don't know how many of my friends I have told what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. ANNA METERIANO, 36 West 10th St., Peru, Ind.

Women who suffer from any such ailments should not fail to try this young root and herb remedy, Lydia E. Pinkham's Vegetable Compound.

RAISE BELGIAN HARES FOR US We supply stock and express. Profits immense: book and contract free. Write: THE BARREN, 808 HARBOR CITY, N. Y.

SIoux CITY P.T.G. CO., NO. 41, 1918.

Plain Talk.

"Husband, will you have your eggs boiled two minutes or three minutes?"
"Well, let me see. I don't know. I think—"
"Better think quickly. Those eggs are on the fire."—Exchange.

Catarhal Deafness Cannot Be Cured by Local Applications as they cannot reach the diseased portion of the ear. There is only one way to cure Catarhal Deafness, and that is by constitutional remedy.

HAIR'S CATARRH MEDICINE acts through the Blood on the Mucous Surfaces of the System. Catarhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing may be destroyed forever. Many cases of Deafness are caused by Catarrh, which is an inflamed condition of the Mucous Surfaces.

ONE HUNDRED DOLLARS for any case of Catarrhal Deafness that cannot be cured by HAIR'S CATARRH MEDICINE.
All Druggists Sell. Circulars free.
E. J. Cheney & Co., Toledo, Ohio.

Uncle Eben.

"Every once in a while," said Uncle Eben, "I keeps runnin' across de same man's picture till I begins to wonder what he does to be famous, besides gettin' hisself photographed."

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcherson* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Couldn't Understand It.
"When I was a lad I was never naughty like you."
"What was the matter with you, pa? Debauch or somethin'?"

Cuticura Kills Dandruff.

Anoint spots of dandruff with Cuticura Ointment. Follow at once by a hot shampoo with Cuticura Soap, if a man; next morning if a woman. For free samples address, "Cuticura, Dept. X, Boston." At druggists and by mail, Soap 25, Ointment 25 and 50.—Adv.

Most of the things that seem too good to be true are not.

Don't Go From Bad to Worse!

Are you always weak, miserable and half-sick? Then it's time you found out what is wrong. Kidney weakness causes much suffering from backache, lameness, stiffness and rheumatic pains, and if neglected, brings danger of serious troubles—dropsy, gravel and Bright's disease. Don't delay. Use Doan's Kidney Pills. They have helped thousands and should help you.

A Nebraska Case

Mrs. G. Earl, Madison, Neb., says: "I couldn't lie in bed on account of the pain and stiffness in my back. When I sat down, a sharp twinge darted through my left kidney and I had dizzy spells. Puffy sacs appeared beneath my ankles and my feet and ankles were so swollen and painful I was unable to wear my shoes. After using Doan's Kidney Pills and in two weeks my back was free from pain and the swellings disappeared."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Brute force should be but a vehicle to carry great thought.

Happy is the home where Red Cross Ball Blue is used. Sure to please. All grocers. Adv.

The will of the people disinherits a bad or unbecoming character.

When Your Eyes Need Care
Try Murine Eye Remedy
Murine—Just Eye Comfort
Beware of cheap imitations
Write for Free Eye Book
L. W. MERRILL CO., CHICAGO

AMERICAN DENTISTS ARE DOING WAR WORK

Ten Thousand of Them Already In the Service—Those at Home Are Helping.

Chicago—Six thousand of the 42,000 dentists in America are in active military service and 20,000 of these remaining at home are members of the preparedness league and have performed more than 500,000 dental operations free of charge to permit young men to pass strict military examinations. Members of the National Dental Association from all parts of the country are gathering here for a big "Win the War" convention August 5 to 10, at which results already obtained will be reviewed and plans discussed for extending further aid to the government. Ten thousand delegates are expected to attend.

The Canadian Dental Association has decided to attend in a body instead of meeting in Canada this year, and this will give the convention an international character. A series of dental clinics will be held, experts will give special attention to pyorrhea and focal infection, the two teeth diseases most feared by the public, and steps will be taken to impress upon young men the advisability of consulting dentists before entering military service and thus relieving the great strain on the army and navy dental corps. Then will be taken up the art of plastic surgery, which was developed by the dentists to meet conditions brought on by trench warfare. Striking results achieved in restoring health and making normal the appearance of men suffering serious face wounds by means of plastic surgery have given the dentists a new distinction.

Recognition of the importance of the dentist's work has led the military authorities to place members of the profession in the service on a full equality with other members of the medical corps and for the first time the dentist, as well as the medical man, is eligible to a commission as high as colonel. The splendid response of the American dentist to the demands of war antedates America's entrance into the conflict. The preparedness league, founded and headed by Dr. J. W. Beach, New York, was the outgrowth of voluntary and extended by a group of New York state dentists to Canadian dentists. These Americans crossed into Canada and contributed their services, when the Canadian dental corps was having difficulty meeting the great demands upon it.

League Members Busy.
Thousands of members of the preparedness league now are devoting part of their time to the work of preparing men for military service. They estimate the number of dental operations will reach the 1,000,000 mark before the first of the year. The Psi Omega, leading dental fraternity, has pledged every one of its 10,000 members to extend free services to aid prospective soldiers in getting into uniform. Dr. D. U. Cameron, Chicago, has arranged for a big loyalty banquet on the opening day at which a Psi Omega service flag bearing 1,000 stars will be unfurled. The National Association's service flag, bearing 6,000 stars, will be unfurled the opening day.
Dr. Newell Dwight Hillis and Lieut. Vesile Stoica of the Rumanian army will be the chief speakers at a big patriotic meeting August 7, over which Col. William H. G. Logan, Chicago, president of the national association, will preside.

"Important Changes in the Medical Department of the Army" will be the subject of an address by Maj. Gen. William C. Gorgas, surgeon general of the army, at another session. Lieut. Col. Horace D. Arnold will outline the surgeon general's plans for maintaining the health of the soldier. Col. Robert H. Ivy and Joseph D. Eby of the army will discuss and illustrate the wonders of modern plastic surgery, and Col. Guy Hume, returning from active service with the Canadian army in France, will tell of his observations. A bronze statue of the late Dr. Greene Vardiman Black, of Chicago, one of the great pioneers of dental research, which is life size and stands in Lincoln park, will be unveiled on August 8. Thousands of American dentists contributed to the fund with which the monument was constructed.

GREATEST CONFIDENCE IN AMERICAN IDLERS

London, (by mail).—"There is a new land confronting us," said Premier Lloyd George in a recent speech. "What manner of country it will be," he continued, "will depend on how we march on and on how things go after the war."
"I am more confident today than I have ever been, and for reasons it would not be relevant for me to enter into at the moment; but one of the latest reasons is the impression made on me by the American troops I saw in France. They are superb in material and in training, and in the way they have borne themselves in the trying conditions of battles they have fought. I found a great spirit of confidence which strengthens our convictions of victory."

"The war has upset everything and when it is over the falling back into normal conditions will be another disturbance. There will be a great social and economic disturbance."
"There are two alternatives. One is that the war will have sobered the millions who have passed through the fires, whether in France or in the anxieties at home. Their vision will have been broadened, their sympathy deepened, their outlook and purpose made clearer, firmer and more exalted. There are millions who have been in daily contact with death, walking hourly over its trap doors. They have come into contact with very terrible realities. That is one view."
"The other is that there are millions who for these years have endured privations, discomforts, wretchedness, as well as pain and terror, and who have made up their minds to have a good time for the rest of their lives when it is over. That is a very dangerous frame of mind for a nation to be in."

TORTURED BY GANNED TALK.
"On March 27 my husband came home and wound up the Victrola and played a record known as 'A Fool There Was' from 8 a. m. until 1 p. m. as an added type of torture."
"Thus did Mrs. Luella Hinrichs complain in the supreme court that she was a victim of cruelty on the part of William John Hinrichs, a commission merchant, from whom she wants a separation."

Mrs. Hinrichs added, however, that the climax in the family discord did not occur until one morning last April when, she alleges, Mr. Hinrichs threw several buckets of water over her while she slept. She also complained that her husband failed to keep his promise that his three children by a previous marriage were not to be a part of her divorce suit.

Britain's Coal Problem.

From the London Times.

Sir Guy Calthrop, the coal controller, recently addressed the delegates to the conference of the British Miners' Federation. He said that he was faced approximately with a coal deficiency of 36,000,000 tons a year. By means of the rationing of household coal, gas, and electricity throughout the country, he hoped to save from 8,000,000 to 9,000,000 tons upon last year's consumption, leaving a balance of 27,000,000 tons to be found. This deficit could only be met by a policy of rationing coal supplies to industries which, though not directly concerned with war work, were nevertheless important, and by an improved output of coal.

The economies and privations of our allies in the matter of coal far exceeded anything he was asking the people of this country to submit to, either as household consumers or as consumers of industrial coal. The ration of coal in France for a household of five persons was only 28 hundredweight a year. Every day American troops were pouring into France, and this meant a constantly increasing demand for coal, a demand he always tried to meet without grudging. He was sure no miner would grudge the American soldiers their coal. Whereas, last autumn, American requirements were only at the rate of 600,000 tons a year, from now onwards they would represent millions. He was hopeful that under the household rationing scheme no real hardship would be inflicted, though many people would have to submit to inconvenience and a change of habits. The coal stocks of public utility undertakings in this country had been reduced much below the level which was formerly considered the margin of safety. There was a deficiency in gas works stocks based on six weeks peak load for London and 17 large provincial centers of 951,758 tons. Recently he had to suspend for a period nearly all deliveries of coal to railways, in order to divert shipments to Italy for military purposes.

It was necessary to send coal to neutral countries to carry out definite agreements between the governments under which we secured materials and services of fundamental importance for carrying on the war. The Germans were in worse straits than we were for coal, but they were using the coal weapon against us with neutrals. In wartime coal was not merely gold. Money could not buy it. It was not only the prime factor in nearly all war materials, but the prime article of barter and bargain with neutral countries. "I may as well tell you quite frankly," Sir Guy Calthrop proceeded, "that during July we have not been able to fulfill our obligations to ship coal to our allies and to the neutral countries with which we have agreements, and that we are short upon our shipment program. In June and July and this month came that serious epidemic of influenza which fell severely on some coal fields, and in some cases caused 50 per cent of the men employed at the pits to be absent for a week. Consequently July must not be looked upon as a normal month, but the output for July was the worst of any month since the war started, being only 15,760,000 tons, or a decrease of 3,800,000 tons compared with July, 1917. This has made the situation precarious."

WHAT RESTORATION MEANS.

From the New York Times.

Senator Lodge stated as the first of the terms in what he would regard as a just peace that "Belgium must be restored." This was also the first of the specific territorial terms in the president's address of January 8, last: "Belgium, the whole world will agree, must be evacuated and completely restored."
Exactly how much Germany owes Belgium is undoubtedly known to certain persons in Germany, but is hard to compute from the outside. The Belgian government, however, estimated certain kinds of damage done at a total of \$1,500,000,000—"which," it added, "must by no means be supposed to represent the total of Belgium's material losses." War taxes and contributions levied in cash already amount to \$465,000,000. Of this sum about \$43,000,000 represents levies imposed on towns or provinces at the time of the invasion; the remainder is the special tribute imposed on the nation by the German government, beginning at \$8,000,000 a month in December, 1914, and raised from time to time until June of last year, when it was fixed at \$12,000,000, which has been maintained since.

Besides this \$465,000,000 of special levies, the German government has taken over the ordinary taxes levied before the war by the Belgian government upon its citizens, and some of them it has greatly increased, while new ones have been added. Then there have been any number of special fines. Brussels was fined \$1,000,000 because two members of the German secret service, in plain clothes, had received no aid from the police when attacked by a crowd; although the Germans had assured the burgomaster, just before that, that they had no secret police in Belgium. Another fine of \$10,000,000 was levied on Brussels for a demonstration in favor of Cardinal Mercier. Mons was fined \$125,000 because a Belgian paper published in Holland had said that Crown Prince Rupprecht, then making his headquarters in that city, moved from one house to another for fear of air raids. And so on. These fines, which no less than the original levies are in violation of The Hague convention, are estimated at a total of more than \$100,000,000.

All this is official or semi-official theft. Whatever any German soldier saw fit to take, in Belgium, he has been able to take, unless a German officer happened to want it; of the value of these private stealings no estimate can be made. But the tale is not yet complete. Some \$250,000,000 has been spent by the Belgian and allied governments, and by private contribution, in feeding the people of Belgium—a duty which by international law devolved on Germany. This, too, should be restored.

How can Germany exhausted by war make restoration? There are two ways. To a large extent Germany can give indemnity in kind. She still has on hand some raw material; her factories, many of them at least, have machinery which could be replaced in the Belgian factories, from which it was stolen, or sent to take the place of Belgian machines scrapped to make shell cases. And if allied victory is complete, the payment of the remainder in cash can be and should be expected before Germany pays and more interest on her own war bonds.

Caste.

From the Christian Science Monitor.
For many years it has been recognized, by those who know India well, that one of the chief obstacles in the way of that great country achieving unity and responsible government is the caste. There is nothing in any other country really comparable to this. Class distinctions are all common enough in all countries, but the caste system of India is much more than a class distinction. It constitutes the most complete social divorce which it is possible to imagine, for no amount of legislation will ever achieve unity in a country split up into sections, communication between which is laboriously difficult, and between the highest and lowest, utterly impossible.
The pariah class in India, the "untouchables," as they are called, number at least 50,000,000. They are all, as far as the Hindu religion is concerned, outside the pale of humanity. They cannot enter a Hindu temple, they cannot draw water from wells used by people of the higher caste, and if any Indian, even unintentionally, touches a pariah he is obliged to purify himself. When this has been said, only a tithe has been told of the burdens which weigh upon the "depressed people," while nothing at all has been said concerning the social barriers, which no occasion is sufficient to obliterate; existing between caste and caste.

First Play in America.
From the Christian Science Monitor.
Theater going in so peculiarly a direction that it seems strange

PERUNA

Made Me a Well Man

Mr. Louis Young, 205 Merrimac St., Rochester, N. Y., writes:
"I suffered for thirty years with chronic bowel trouble, stomach trouble and hemorrhages of the bowels. We bought a bottle of Peruna and I took it faithfully, and I began to feel better. My wife persuaded me to continue, and I took it for some time as directed. Now I am a well man."

Suffered thirty years with stomach trouble and hemorrhages of the bowels.

Liquid or Tablet Form

Cuticura Soap

IS IDEAL For the Hands

For genuine comfort and lasting pleasure use Red Cross Ball Blue on wash day. All good grocers. Adv.

Keep hammering away and success will come your way.

Soap Co., Ointment 25 & 50c, Tablets 25c. Sample each mailed free by "Cuticura, Dept. E, Boston."

GOOD-BYE BACKACHE, KIDNEY AND BLADDER TROUBLES

For centuries all over the world GOLD MEDAL Haarlem Oil has afforded relief in thousands upon thousands of cases of lame back, lumbago, sciatica, rheumatism, gallstones, gravel and all other affections of the kidneys, liver, stomach, bladder and allied organs. It acts quickly. It does the work. It cleanses your kidneys and purifies the blood. It makes a new man, a new woman, of you. It frequently wards off attacks of the dread and fatal diseases of the kidneys. It often completely cures the distressing diseases of the organs of the body allied with the bladder and kidneys. Bloody or cloudy urine, sediment or "brickdust" indicate an unhealthy condition.

Do not delay a minute if your back aches or you are sore across the loins or have difficulty when urinating. Go to your druggist at once and get a

COLT DISTEMPER

You can prevent this loathsome disease from running through your stable and cure all the colts suffering with it when you begin the treatment. No matter how young, SPOHN'S is safe to use on any colt. It is wonderful how it prevents all distempers, no matter how cold or how hot at any age are "exposed." All good druggists and turf goods houses and manufacturers sell SPOHN'S at 60 cents and \$1.15 a bottle. \$5.50 and \$11.00 a dozen.

SPOHN MEDICAL CO., Goshen, Ind., U. S. A.

Heartburn, Belching, Indigestion, Food Repeating and Nearly All Kinds of Bodily Miseries

The first sign of stomach misery usually comes after over-eating. The doctors call it "superacidity." The people say—"sour stomach."

Millions of people who have lost their ambition, energy, courage, vitality and strength—who are weak, pale and listless—who go through life just dragging one foot after another—tired and worn out nearly all the time—nervous, irritable, subject to severe headache, insomnia, and a long train of physical ills—would be surprised, yes, dumbfounded, to learn that it is just an acid-stomach that is causing them all their misery. Yet in nearly nine cases out of ten that is just where the trouble starts.

Now a sour, acid-stomach, or "superacidity", of course, simply means too much acid in the stomach. You can now quickly rid your stomach of its excess acid. A wonderful modern remedy called EATONIC literally wipes it out. It does the work easily, quickly and thoroughly. It makes the stomach pure, sweet, cool and comfortable. It helps you to get full strength out of every mouthful of food you eat; and unless you do get full strength from your food you cannot enjoy robust, vigorous health.

EATONIC is in tablet form. They are pleasant tasting—just like a bit of candy—and are absolutely harmless. Take EATONIC and find out for yourself how wonderfully different you will feel. See how quickly EATONIC banishes the immediate effects of acid-stomach—bloat, heartburn, belching, food repeating, indigestion, etc. See too, how quickly your general health improves—how much you relish your food—how much more easily your food is digested—how soundly you sleep—how nervousness and irritability disappear. And all simply because, by taking EATONIC, you have rid your stomach of a lot of excess acid that has been holding back and making your life miserable.

So get a big box of EATONIC from your druggist today. He is authorized to guarantee EATONIC to please you and you can trust him to make this guarantee good. If EATONIC fails in any way, take it back and you will get your money. If your druggist does not keep EATONIC write to us direct and we will send you a big 50c box and you can send us the box for your return. Address: H. Kramer, Frank Eaton's Remedy Co., 1018 Wabash Ave., Chicago.

As Age Advances the Liver Requires occasional slight stimulation.

CARTER'S LITTLE LIVER PILLS correct **CONSTIPATION**

Small Pill, Small Dose, Small Price But Great in its Good Work

Genuine signature *Brewster*

Colorless or Pale Faces usually indicate the absence of Iron in the blood, a condition which will be greatly helped by Carter's Iron Pills

160 ACRE FARMS IN WESTERN CANADA FREE

Get under the Shower of Gold

coming to farmers from the rich wheat fields of Western Canada. Where you can buy good farm land at \$15 to \$30 per acre and raise from 20 to 45 bushels of \$2 wheat to the acre it's easy to make money. Canada offers in her provinces of Manitoba, Saskatchewan and Alberta

160 Acre Homesteads Free to Settlers

and other land at very low prices. Thousands of farmers from the U. S. or their sons are yearly taking advantage of this great opportunity. Wonderful yields also of Oats, Barley and Flax. Mixed Farming is fully as profitable an industry as grain raising. Good schools; markets convenient; climate excellent. Write for literature and particulars as to reduced railway rates to Supt. Immigration, Ottawa, Canada, or to

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