

Spring Colds Are the Worst

They lead to catarrh and pneumonia. They weaken the entire system and leave it unable to resist the sudden changes. They interfere with your digestion and lessen your activity. Neglected they soon become that dread disease known as systemic catarrh. Don't neglect them. It's costly as well as dangerous.

PERUNA Will Safeguard You

Have a box of Peruna Tablets with you for the sudden cold or exposure. Tone your system up with a regular course of the liquid Peruna, fortify it against colds, get your digestion up to normal, take care of yourself, and avoid danger. If you are suffering now begin the treatment at once. Give Nature the help she needs to throw off the catarrhal inflammation, and again become well.

Peruna has been helping people for 44 years. Thousands of homes rely on it for coughs, colds and indigestion. It's a good tonic for the weak, as well.

The Peruna Company
Columbus, Ohio

One Great Truth.

"I suppose you claim that you will leave office poorer than you entered it?"

"I'm not making any statement about that. But I can truthfully say that the campaign depleted my bank roll considerably."—Kansas City Journal.

CORNS LIFT OUT! COSTS FEW CENTS

Drops of magic! Doesn't hurt one bit! Drop a little Freezone on a touchy corn, instantly that corn stops hurting, then you lift it off with the fingers. No pain! Try it!



Why wait? Your druggist sells a tiny bottle of Freezone for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without soreness or irritation. Freezone is the much talked of discovery of the Cincinnati genius.

Proving Their Patriotism.

"Of course we have a family skeleton."
"Well, let's trot it out. It will be a credit to us now. Shows we are not overacting."—Kansas City Journal.



Building-up for the Spring Attack at the Front is a good deal like putting the body in condition for an invasion of the germs of grip, pneumonia or "Spring fever" here at home.

At this time of the year most people suffer from a condition often called Spring Fever. They feel tired, worn out, before the day is half thru. They may have frequent headaches and sometimes "plumpy" or pale skin and white lips. The reason for this is that during the wintertime, shut up within doors, eating too much meat and too little green vegetables, one heaps fuel into the system which is not burned up and the cinders remain to poison the system—a clogging up of the circulation—with inactive liver and kidneys. Time to put your house in order.

For an invigorating tonic which will clarify the blood, put new life in the body, sparkle to the eyes, and a wholesome skin, nothing does so well as a glyceric herb extract made from Golden Seal root, Blood and Stone root, Oregon grape root and Wild Cherry bark. This can be had in convenient, ready-to-use tablet form at all drug stores, sixty cents, and has been sold for the past fifty years by Dr. Pierce's Golden Medical Discovery. By reason of the nerves feeding on the blood, when the blood is pure the nerves feel the effect, and neuralgia or other nerve pains disappear because such pain is the cry of the starved nerves for food. When suffering from headache, frequent or scanty urine, rheumatic pains here or there, or that constant tired feeling, the simple way to overcome these disorders is merely to obtain Dr. Pierce's Anuric from your druggist. In tablets, sixty cents.

COUGHING PISO'S

Annexes others and hurts you. Relieves throat irritation and tickling, and gets out coughs, colds and hoarseness by taking at once

CLEVER EXCUSES ARE PUT UP BY SLACKERS

While Others Who Want to Serve Are Equally Ingenious About Getting In.

Kansas City, Mo. (by mail)—The very serious business of selecting from the manhood of Kansas City and vicinity the representatives in the national army was attended by much humor and pathos. The draft appeal board from its opening session was besieged by throngs who sought to serve their country in any but a military way and exhausted their ingenuity in thinking up reasons why they should be drafted. And in contrast, there were those who yearned for army life and sometimes were hard put to it to prove they would be useful to their country in soldier uniform.

There was the man who declared, in answer to a question as to why he thought he should be exempted, that no other man in the world except himself could live with his wife. To this a member of the draft board replied: "If I should tell her on what grounds you are asking exemption, I'll bet you couldn't either."

There was the representative of a county organization who asked the district board that his entire county be dealt with leniently since it was an agricultural county and there was the woman of 47 years who asked exemption for her 30-year-old husband because she loved him so much. There was a coffee salesman who pointed out that several hotels would suffer if he were called to the colors.

Likewise there was a petition signed by 40 members of a Sunday school conducted in a rural church five miles from a town asking for exemption for the school's superintendent and asserting the school could not be maintained without his leadership.

Work for the government did not exempt from military service. A postmaster in vain filed an affidavit that a rural mail carrier was necessary to the proper distribution of the mail on his route and a district draft board refused to make any concessions for an assistant secretary of a state board of agriculture seeking exemption on industrial grounds, although many influential public men were interested in his case. The physical director of a high school who had charge of the school military drill was not exempted.

On the other hand a deputy United States collector of internal revenue was placed in division 1, class 3, as a necessary government employee. He was engaged in technical work in the administration of the income tax law.

One Buchanan county man assigned five reasons to the appeal board why he should be exempted. He said he was under weight, had a crippled foot and defective eyesight. These reasons were rejected. Then he claimed he was the sole support of his father and that being disallowed, made the claim he was a farmer working on land his father rents. He was certified for the national army.

Although the small salaries given country school teachers in this and other states are notorious, many school boards in the Kansas City district filed affidavits that the teachers were necessary in educational work.

In one case "an act of God" was responsible for an exemption claim. The overflowing of the Platte river in Buchanan county devastated the farm of the grandfather of a man already serving at Camp Funston. The grandparents were left destitute and 40 of their neighbors petitioned the district draft board to return the grandson from training camp.

Some actual fraud and deceit was found among those seeking to avoid military service. One man, asking exemption on the ground that he was the sole support of his wife, challenged the draft board to find that either he or his wife had funds or property. They accepted and discovered he had a bank account of about \$3,500 that had been hidden in a safety deposit box and that his wife owned property.

Another man became ill when notified to report for service and his mother asked that he be examined and exempted because he was mentally unbalanced. The doctors made a written report, finding that the man's mental condition was brought on by his own volition.

Some queer exhibits reached the draft boards to back up claims for dependency. One man produced a jeweler's diamond guarantee issued last April to prove a dependency claim in the case of a marriage since May 13. He passed a dependency claim although married last September. He had been engaged in the spring, he explained, and to prove it pinned the engagement ring guarantee to his questionnaire. Love letters were offered to show intention to marry before the draft law went into effect and a Wichita paper with news of an announcement party and pictures of the bride and bridegroom-to-be was sent to a draft board. To prove that one bridegroom was no "marriage slacker," a Jewish couple sent in a marriage contract made out last winter.

REAL ACTION SEEN IN TRENCH RAIDING

Personal Combat Counts Most and That's Where Fritz Falls Short.

London. (by mail)—The following is a graphic description of the work of American soldiers here to learn in France; it is told by a British Tommy who is here in hospital:

"I got this packet in a raid on the Gerries' line. It was a good little show—too good to be lost to the fish of the Fomme. We used to have a raid every other night then. I like a raid better than a push, though of course a push is more useful. What I mean is this, you get good and close to the Gerries in a raid—right in amongst them—and you sometimes can get to grips with them. In a push they're too keen on getting away to let you right in amongst them. You get bits of their line, though in a push and I suppose that's the game right enough.

"Our officer was a first class chap in a raid. He was a great big man, not fat, but hellish powerful. I bet he weighed 15 stone if he weighed a pound, and it was all big bone and hard muscle. It gave you a tinkle in the throat to go after him. He used to go into the raid with a revolver and two knuckle-dusters. If he got close enough to use his fists, God help the Gerry that he hit. He used to grunt like a pig, you know. 'Auch!'—biff!—over they would go. It was a bit of all right watching him. Of course, no one German had a chance against him, but the wonder was how he escaped being copped out, they used to go for him so much in bunches.

"Well, this was the officer that took us out on the raid that night. It was in a bit of the line we took at the last

push we did, and the Germans hadn't been able to put up much wire. What there was had been flattened out by the T. M. E.'s.

Trench Mortar Work.
"It was a good little T. M. battery we had in that bit of the line. The officer in charge of them was a Yorkshireman—one of those keen chaps that are always on the job. He didn't belong to our regiment, but he'd have been a credit to us if he had. He lammed it into the Gerries the whole day, and of course it meant that they hit back. They strafed us with five-nines, and that was a bit deadly; still, I suppose you've got to take that as it comes. Anyhow, this T. M. battery officer was a pretty fair dodger. He would give the German trenches two bombs and the wire one. I expect, and all the time it was the wire he was at. He blew two or three clean paths through the wire. He was a workman, a journeyman at his job, that T. M. battery officer.

The Raid.
"We knew that the Gerries would be out mending their line that night, but our officers arranged that the raid was to come off as soon as it was dark. It was very well done. The T. M. battery officer kept banging away until the dark was just coming on, then started with the Kame-rad, and a bit of fight, too. It was a strong point in the German line, with two or three machine gun emplacements. One of the machine guns started to play on us and I let drive with the bomb in the post. Then we rushed and landed into a bunch with a bit of fight in them. There was a tidy mixup then, and I engaged a fellow with the bayonet. He fired at me and got me in the side just as I made a point at him. Whether it was lunging or if I slipped I don't know, but I got him in the shoulder when I meant to get his chest. He did the 'Kame-rad' act, and I took him prisoner. He talked good English, too.

"Light Duty" for Wounded.
"The sergeant saw I was hit, and told me to take four Gerries' back with my rifle. I never been in England though he could speak the language so well. He was a sort of corporal or something, and he thought I'd bear a grudge for my packet, but I gave him a gasper to smoke when we went down to the dressing station to show him it was all right. That loosened his tongue and he talked a lot.
"He had the hump about Germany. He said that they seemed to have a lot of victories, but none that led to anything, and he said the news from his business had all gone, and food was awful scarce with the folks at home. Lots of his relations were sick and couldn't get better, and it seemed to be pretty general in Germany all over. He said that the Gerries in the firing line were fed up with the letters they got from home, always grousing about no food and about being sick.
"Too Many Victories."
"He couldn't understand how it was if they were winning such a lot of victories that there was no peace. I told him that there was no victory worth talking about, and asked him about Vimy and Messines. He said it was just because we had such a lot of guns that no troops on earth could stand the fire. Then I spoke about Cambrai with no gas and he said he'd never thought that they'd won all the ground back. I told him what a little bit it was they'd taken back, and that it didn't make much difference, as we were still holding Mr. Blooming Hindenburg's line—only I spoke really about like about Hindenburg. I didn't like to hurt a chap that was down and a prisoner. It wouldn't be good manners—we leave that sort of thing to the Gerries.

"I praised up Hindenburg, but still I could see that he was not too sure everything was all right; he seemed to think that the Germans were being diddled by their superiors. He was a decent enough chap, that Gerry, and had the makings of a good soldier. He said a queer thing, something about me making our wounds a 'bond of sympathy.' He couldn't get over me being decent to him though he'd shot me in the side.
"I cannot understand you, Englishman," he says, "you are generous too much."
"I says to him, 'That's all right, corporal. If you hadn't shot me, you'd have been dead. I was going straight for your chest.'"

Shelling of Rheims Cathedral.
From the Wide World.
A great picture of carnage and suffering at the western end near the main entrance. Here on piles of straw lay the wounded Germans in all stages of suffering. Their round, shaven heads, thin cheeks and bluish gray uniforms contrasted starkly with the white of the silent priests attending them, while in the background the red trousers of the French soldiers were just visible on the steps outside. Most of the wounded had dragged their straw behind the great Gothic pillars, as if seeking shelter from their own shells. The priests conducted us to one of the aisles beneath the window where the shell had entered that morning. A great pool of blood lay there, staining the column just as the blood of Thomas a Becket must have stained the altar of Canterbury seven centuries before.

"That monster, is the blood of the French gendarme who was killed at 11 this morning; but he did not go alone." The priest pointed to two more recumbent figures clad in the bluish gray of the Kaiser's legion. There they lay stiff and cold as the effigies around them. All three had perished by the same shell.

Horrors.
From the Florida Times-Union.
"Well, darling, here is some consolation," said the impecunious lover to the pretty little heiress, "there is one ship that can never be torpedoed."
"What ship is that, Harold?" asked the young thing, shifting her chewing gum.
"Count-ship," he replied, and just then her father came in and gave him a blowing up.

A seven-pound electro magnet that will lift 15 times its own weight has been invented for many uses about machine shops.

Lemons Whiten and Beautify the Skin! Make Cheap Lotion

The juice of two fresh lemons strained into a bottle containing three ounces of orchard white makes a whole quart pint of the most remarkable lemon skin beautifier at about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness, and tan and is the ideal skin softener, smoothen and beautifier.

Just try it! Make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It should naturally help to whiten, soften, freshen and bring out the hidden roses and beauty of any skin. It is wonderful for rough, red hands.

Your druggist will sell three ounces of orchard white at little cost, and any grocer will supply the lemons. Adv.

His Righteous Wrath.

"I received a compliment yesterday in which I did not thank the giver," grumbled old Festus Pester. "A total stranger wrote me a letter and addressed me as 'the Hon.' I do not know why he should have applied that epithet to me, unless it was because he did not know me. I feel safe in saying that even my enemies would not charge me with having many of the characteristics of an Hon. I am not a fawning, sniveling blatherskite, too lazy to work, nor am I a liar and dead-beat. It may be that I have one attribute of an Hon.—very likely I am a bore, but beyond that I am not guilty."—Kansas City Star.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Ideals That Uphold.

We cannot reverse anything lofty without ourselves becoming exalted; we cannot reverse anything holy without ourselves becoming purer. The character of our homage determines our characters.—J. H. Jowett, D. D.

How's This?

We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Sold by druggists for over forty years. Price 5c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

Cautious.

"Have you been taken, too, with these arguments about the excitement of aviation?"
"Well, I wouldn't so to speak, care to fall for it."

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative, three for a cathartic. Ad.

A Hot One.

Foxy—He seems to be well seasoned. Handsome—Yes; he's full of ginger.

We must learn to read before we can read to learn, and learn to listen before we can learn by listening.

It is estimated that 1,000,000 horsepower could be obtained from Scotland's waterfalls.

Millions of particular women now use and recommend Red Cross Ball Blue. All grocers. Adv.

Everything comes to the man who advertises while he waits.

Win the War by Preparing the Land Sowing the Seed and Producing Bigger Crops

Work in Joint Effort the Soil of the United States and Canada CO-OPERATIVE FARMING IN MAN POWER NECESSARY TO WIN THE BATTLE FOR LIBERTY

The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply.

Every Available Tillable Acre Must Contribute; Every Available Farmer and Farm Hand Must Assist

Western Canada has an enormous acreage to be seeded, but man power is short, and an appeal to the United States allies is for more men for seeding operation.

Canada's Wheat Production Last Year was 225,000,000 Bushels; the Demand From Canada Alone for 1918 is 400,000,000 Bushels

To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a man we can spare to Canada's fields after ours are supplied, we want to direct him there.

Apply to our Employment Service, and we will tell you where you can best serve the combined interests.

Western Canada's help will be required not later than May 5th. Wages to competent help, \$50.00 a month and up, board and lodging.

Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent a mile from Canadian boundary points to destination and return.

For particulars as to routes and places where employment may be had apply to:

U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR

DES MOINES, IOWA

Carter's Little Liver Pills

You Cannot be Constipated and Happy

A Remedy That Makes Life Worth Living

Genuine bears signature
Dr. J. C. Carter

ABSENCE of Iron in the Blood is the reason for many colorless faces but CARTER'S IRON PILLS will greatly help most pale-faced people

SPHON'S DISTEMPER

Puts a .. Stop to all Distemper CURES THE SICK

And prevents others having the disease no matter how exposed. 50 cents and \$1 a bottle, \$5 and \$10 a dozen bottles. All good druggists and turf goods houses.

Sphon Medical Co., Manufacturers, Goshen, Ind., U.S.A.

Scenes of Prosperity Are Common in Western Canada

The thousands of U. S. farmers who have accepted Canada's generous offer to settle on homesteads or buy farm land in her provinces have been well repaid by bountiful crops of wheat and other grains.

Where you can buy good farm land at \$15 to \$30 per acre—get \$2 a bushel for wheat and raise 20 to 45 bushels to the acre you are bound to make money—that's what you can do in Western Canada.

In the provinces of Manitoba, Saskatchewan or Alberta you can get a **HOMESTEAD OF 160 ACRES FREE** and other land at very low prices.

During many years Canadian wheat fields have averaged 20 bushels to the acre—many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley, and Flax. Mixed Farming is as profitable an industry as grain raising. Good schools, churches; markets convenient, climate excellent. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Can., or to M. J. Johnston, Drawer 197, Watertown, S. D.; W. V. Bennett, Room 4, Bee Bldg., Omaha, Neb., and R. A. Garrett, 311 Jackson Street, St. Paul, Minn., Canadian Government Agents.

160 ACRES FARM IN WESTERN CANADA FREE

Heal Skin Troubles That Itch and Burn with Cuticura

The Soap to cleanse and purify, the Ointment to soothe and heal. Everywhere Soap 25c Ointment 25c 30c

"When are you going to begin digging in your garden?"
"Not for some time. It is still too early for fishing worms."
Gas is always shut in when it is turned out.

Middle Aged Women Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. FLORENCE ISELLA, Box 197, North Haven, Conn.

In Such Cases LYDIA E. PINKHAM'S VEGETABLE COMPOUND has the greatest record for the greatest good

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.