

CLIMBED STAIRS ON HER HANDS

Too Ill to Walk Upright. Operation Advised. Saved by Lydia E. Pinkham's Vegetable Compound.

This woman now raises chickens and does manual labor. Read her story: "For two years I was so sick and weak with troubles from my age that when going up stairs I had to go very slowly with my hands on the steps, then sit down at the top to rest. The doctor said he thought I should have an operation, and my friends thought I would not live to move into our new house. My daughter asked me to try Lydia E. Pinkham's Vegetable Compound as she had taken it with good results. I did so, my weakness disappeared, I gained in strength, moved into our new home, did all kinds of garden work, shoveled dirt, did building and cement work, and raised hundreds of chickens and ducks. I cannot say enough in praise of Lydia E. Pinkham's Vegetable Compound and if these facts are useful you may publish them for the benefit of other women."—Mrs. M. O. JOHNSTON, Route D, Box 190, Richmond, Ind.

TO KILL RATS, MICE AND COCKROACHES ALWAYS USE STEARNS' ELECTRIC PASTE
U. S. Government Buys It SOLD EVERYWHERE—25c and \$1.00

Gain in Loss. He that loses anything and gets wisdom by it, is a gainer by the loss.—L'Esrange.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

Lightness is the chief claim for an aluminum billiard cue that a Nebraska inventor has patented.

Constipation can be cured without drugs. Nature's own remedy—selected herbs—is Garfield Tea.—Adv.

The best jokes told about a man are those he never heard.

Good Health Makes a Happy Home
Good health makes household easy. Bad health takes all happiness out of it. Hosts of women drag along in daily misery, back aching, worried, "blue," tired, because they don't know what ails them.

These same troubles come with weak kidneys, and if the kidney action is distressingly disordered, there should be no doubt that the kidneys need help. Get a box of Doan's Kidney Pills. They have helped thousands of discouraged women.

A South Dakota Case
Mrs. F. L. Haight, 416 Second St., S. W., Watertown, S. D., says: "I was laid up with kidney trouble and lumbago and was in agony from pains through my back a n d shoulders. My hands were badly swollen and my kidneys gave me no end of trouble. In fact, I was all run down. Doan's Kidney Pills helped me as soon as I took them and continued use made me well. I have had no further trouble."

Make the Liver Do its Duty
Nine times in ten when the liver is right the stomach and bowels are right. **CARTER'S LITTLE LIVER PILLS** gently but firmly compel a lazy liver to do its duty.

Black Leg
Losses surely prevented by CUTTER'S BLACK LEG PILLS. Low priced, fresh, reliable, preferred by men, because they protect where other tonics fail.

CANCER
and Tumors successfully treated (removed) without knife or pain. All work guaranteed. **Cure, or we write for free 3-cent Coupon Book.** Dr. WILLIAMS' SANATORIUM, 323 University Ave., Minneapolis, Minn.

PARKER'S HAIR BALM
A toilet preparation of merit. Helps restore color and beauty to gray or faded hair. Sold by all druggists.

APPENDICITIS
If you have been threatened or have GASTROENTERITIS, COLIC, CHOLERA, or any of the above, write for the valuable book of information FREE. S. K. ROBERTS, DEPT. 10, 212 S. WABASH ST., CHICAGO.

THE BASIS OF CANADA'S RICHES

A Theme Discussed by the Wall Street Journal.

In speaking of Canada a short time ago the Wall Street Journal made the statement that "The basis of Canada's riches is the fertility of the soil, and no freak of warfare can injure that while her grain will increase in demand as the population of the world grows. As an investment field Canada is worthy of consideration." These words are well worthy of attention, especially coming from such a source as this eminent financial journal. With a land area exceeding that of the United States and with tillable areas coming under cultivation, the wealth of Canada's future can scarcely be estimated, while the wealth today is such as to bring her most prominently before the world.

During the past year thousands of farmers in Western Canada sold their crops for more than the total cost of their land. Lands at from \$15 to \$30 an acre produced crops worth \$40 to \$75 an acre. Stock raising and dairying were equally profitable.

The year 1915 saw most wonderful crops and magnificent yields over the entire country, and many farmers wiped out indebtedness that had hung over them long before they came to the country, and the year 1916 put them in a condition of absolute independence. A report to hand verified by a high official might seem marvelous, were the particulars not well known, and where are not other cases that would seem almost as phenomenal. This is a southern Alberta story: A farmer wished to rent an adjoining farm on which a loan company held a mortgage. The applicant said he wanted the first ten bushels of wheat, after which he would divide, giving the loan company one-third. After threshing he paid into the bank at Calgary \$16 per acre for every acre cultivated, to the credit of the loan company, as their share or their third of the crop. Sixteen dollars per acre rent. His two-thirds was \$32 and in addition the first ten bushels of wheat. Land on this same security can be purchased for from \$16 to \$30 per acre. Wonderful yields are reported from all parts of this district. Recently 4640 acres of a ranch were sold to an Illinois farmer; 300 acres of wheat in 1916 produced a yield that averaged 42½ bushels of wheat per acre. George Richard, formerly of Providence, R. I., on a southern Alberta farm got 2,052 bushels of wheat from a 50-acre field, or over 40 bushels per acre, and from a 50-acre field of oats got a return of 75 bushels per acre and still had some sheaves left over for feeding.

A report just issued by the Alberta government gives the yield of wheat in the showing of 1916 as 28 bushels per acre; 45 bushels of oats and 20 bushels of barley.

Travelers through Alberta's wheat belt have had revealed to them scenes of agricultural productivity unapproached in any other part of the world. Alberta farms, selected with even moderate discretion, have raised men to independence and affluence with records of wonderful development unsurpassed amongst the phenomenal industrial success of which Canada well may boast.

Many almost incredible yields have been reported by reliable authorities, wheat exceeding 70 bushels per acre and oats 145 bushels.

Numerous records show that the cost of farms has become more than repaid by this year's crop. In one instance, land purchased for \$3,200 produced wheat which was sold for a little over \$10,000.

During the year 1917 there will be an immense amount of labor required to take care of the crop in Manitoba, Saskatchewan and Alberta.

One of the problems which Western Canada has to face every year is the securing of an adequate supply of labor to handle the harvesting and threshing of its big crops. This problem, indeed, is always present in any country that has a big agricultural production in the case of Western Canada it is enhanced by the comparative sparsity of population and the long distance from industrial districts, which can be expected to offer a surplus of labor.

In Western Canada the present difficulties are increased by the war. A very large number of Western Canada's small population have enlisted for service with the Canadian forces in Europe, and at the present time there is generally speaking no surplus of labor for the ordinary channels of industry, to say nothing of the abnormal demands of harvest time. The situation, however, has to some extent been met by the action of the Canadian militia department, who have released all such men who are still in training in the western military camps and who desire to engage in harvest work for a period of generally one month.

The Man Who Forgot

A NOVEL By JAMES HAY, JR.

GARDEN CITY NEW YORK DOUBLEDAY, PAGE & COMPANY 1915

CHAPTER I (Continued).

"And that's why you dislike him?" "Why doesn't he say who he is—who he was? Why all this mystery about him? Where's his family or his father?" "Why should he say?" she inquired, her glance again on the roses. "Because most of these people are returned drinkers with a past that won't stand scrutiny. That's why!" The senator had lost his temper. "He may be a murderer for all you know," he declared. "No," she contradicted, her voice still calm and even; "I don't think so. It is merely a man who has refused to be caused by learned by bitter experience the evils of drinking."

"What do you know about him?" her father inquired, leaning still further forward. "What makes you say that?" "It is merely an idea." He got up from the table and went to the window, standing for a few moments silent before he wheeled toward her and delivered his ultimatum: "Well, I don't approve of him, and that's all there is to it. I don't want him to come to this house any more. That was why I told you the other day I'd be glad to see you marry Dick Mannersley. Mannersley's a good fellow, one of the best in congress. Marry him—marry anybody you choose, but cut out this Smith person. That's my last word on it!"

More than ever, his daughter looked like a strong, graceful flower. "Father," she said, her voice a whole octave lower, "I can't." "What?" he stamped his foot. "I tell you there's something wrong with you—something wrong sure. I tell you he's unfit for you to associate with. The first thing you know, there'll be something in the papers about his coming here so much. I can't stand it! I can't stand having my daughter mixed up in something that would hurt the family reputation. It will get into the papers sure."

"That," she said in the same low tone, "is not the slightest difference in the world to me." The atmosphere was becoming volcanic. "Then," said the senator, his head thrust forward on his long neck, his tall body bent forward almost like a half-log, "I'll forbid him the house!" "Oh," she breathed, "you wouldn't?" "Wouldn't? The next time he comes here I'll—if it's necessary—I'll throw him out. I'll—"

The threat was interrupted by somebody who burst through the hangings of the door and called in the parlour, in riding costume, was blonde and chubby and bubbling with laughter. The laughter still bubbled, even when she saw that her precipitate entrance had cut off the anger on the senator's tongue tip. "Ah! she has a conspiracy of dimples," a serious discussion at breakfast! What a mistake! My dear senator, no one can be human so early in the morning."

Mrs. Griswold Kane had to her credit a wide, cheerful, and a great heart. Still aglow from her gallop in the park, she brought with her the suggestion of the russets and browns and reds of the changing foliage there. She turned to Edith. "That is," she added, "not unless you ride. Give me some breakfast, do!" The senator started out of the room, with the explanation: "I was lamenting the unreasonable demands of my constituents, Mrs. Kane."

"Oh," she corrected him, "constituents are things to be left at home. Never bring them to Washington with you. Politics wouldn't be any fun if you did." She was all animation, excitement, glow. After the butler had brought her the coffee and rolls, she began to say to Edith the things she had made up her mind to say. "There is," she remarked, munching a roll, "only one way for a man to make a woman love him forever. That is, to die within 18 months after he has married her."

Edith poured her a cup of coffee. "You know, Edith," she said, next, "you are the most wonderful catch in this fair city of ours. You are rich and you are beautiful. You are my dear, if I engage in this saccharine conversation at this ungodly hour of the day—and what's more to the point, you have brains. Behold the modern miracle—a really lovely woman with real brains."

"Nellie," Edith expostulated indifferently. "And that is such a rare combination—so delightful!" Mrs. Kane bubbled on. "Think of me! I am not beautiful, and I have to overwork my brains to appear charming, to make my arms look chubby, to grow myself cunningly, to disarrange my blond hair attractively—oh, everything. But you—you can have your 'Thursdays for girls,' dear work of telling the poor things how to make a living and not lose a virtue, and do all your queer, queer, charities, and yet—and yet, be the belle of every ball!"

The PERUNA Family

has three members you should know if you desire to enjoy life.
1. The popular liquid form of Peruna—the reliable tonic of the American household, with a long history of success in treating all curable ailments.
2. The tablet form, which is made after the same formula and is more convenient for many.
3. Manalin, the ideal laxative, by the regular use of which constipation may be overcome and natural action restored. Manalin has no habit-forming drug, but is an aid to nature.
Your druggist has all three. So many thousands have received benefit from the use of one or both these remedies that they are a recognized part of the equipment of every careful household.
THE PERUNA COMPANY, Columbus, Ohio

Getting Her Own Back. "So the lawyers got about all of the estate. Did Edith get anything?" "Oh, yes; she got one of the lawyers."

"CASCARETS" ACT ON LIVER, BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box. Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have headache, biliousness, coated tongue, indigestion, sour stomach or constipation. Adv.

Many a would-be poker player made a mistake in his calling.

TO LIVE LONG!

A recipe given by a famous physician for long life was: "Keep the kidneys in good order! Try to eliminate thru the skin and intestines the poisons that otherwise clog the kidneys. Avoid eating meat as much as possible; avoid too much salt, alcohol, tea. Try a milk and vegetable diet. Drink plenty of water, and exercise so you sweat—the skin helps to eliminate the toxic poisons and uric acid."

For those past middle life, for those easily recognized symptoms of inflammation, as backache, scalding "water," or if uric acid in the blood has caused rheumatism, "rusty" joints, stiffness, get Anuric at the drug store. This is a wonderful eliminator of uric acid and was discovered by Dr. Pierce of Invalids' Hotel, Buffalo, N. Y. If your druggist does not keep it send 10 cents to Dr. Pierce for trial package and you will find that it is many times more potent than lithia and that it dissolves uric acid as hot water does sugar.

The Quinine That Does Not Cause Nervousness or Ringing in Head

Because of its Tonic and Laxative effect, LAXATIVE BROMO QUININE can be taken by anyone without causing nervousness or ringing in the head. It removes the cause of Colds, Grip and Headache. Used whenever Quinine is needed.

—but remember there is Only One "Bromo Quinine"

That is the Original Laxative Bromo Quinine

This Signature on Every Box

C. M. Grove
Canadian Farmers Profit From Wheat

160 ACRES FARM IN WESTERN CANADA FREE

The war's devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and wheat near \$2 a bushel offers great profits to the farmer. Canada's invitation is therefore especially attractive. She wants settlers to make money and happy, prosperous homes for themselves by helping her raise immense wheat crops.

You can get a Homestead of 160 acres FREE and other lands at remarkably low prices. During many years Canadian wheat fields have averaged 20 bushels to the acre many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Clover.

Mixed farming as profitable an industry as grain raising. The excellent grasses full of nutrition are the only food required for beef or dairy purposes. Good schools, churches, markets convenient, climate excellent. Military service is not compulsory in Canada, but there is an extra demand for farm labor to replace the many young men who have volunteered for the war. The Government is urging farmers to put extra acreage into grain. Write for literature and particulars as to railroad railway rates to Supt. of Immigration, Ottawa, Canada, or M. J. Johnston, Drawer 187, Watertown, S. D.; W. V. Bennett, Room 1, Bee Building, Omaha, Neb.; and R. A. Garrett, 311 Jackson Street, St. Paul, Minn. Canadian Immigration Agents